

	JUNIOR NATIONAL CHRISTMAS TRAINING SCHEDULE 2025/2026						
	Monday Dec 22	Tuesday Dec 23	Wednesday Dec 24	Thursday Dec 25	Friday Dec 26	Saturday Dec 27	Sunday Dec 28
AM	Christmas Break					6:00-8:00am EO LC	10:45-11:45am Dryland
PM						17:00-19:00PM MPAC LC	12:30-14:30pm EO LC
	Monday Dec 29	Tuesday Dec 30	Wednesday Dec 31	Thursday Jan 1	Friday Jan 2	Saturday Jan 3	Sunday Jan 4
AM	11:15-12:15 Dryland	5:30-7:30AM CL	6:30-8:00AM CL	HAPPY NEW YEAR			
PM	13:00-14:30PM CL	17:30-19:15PM EO LC			14:00-16:00PM MPAC LC	3:15-4:15pm Dryland + 17:00-18:30pm EO SC	
	EO: Etobicoke Olympium						
	CL: Clarkson						
	MPAM: Markham PanAm Center						
	LC: Long Course						
	SC: Short Course						