JUNIOR NATIONAL CHRISTMAS TRAINING SCHEDULE 2025/2026						
Monday Dec 22	Tuesday Dec 23	Wednesday Dec 24	Thursday Dec 25	Friday Dec 26	Saturday Dec 27	Sunday Dec 28
	Christmas Progle				6:00-8:00am EO LC	
	Christinas Diedk				17:00-19:00PM MPAC LC	12:30-14:30PM EO LC
Monday Dec 29	Tuesday Dec 30	Wednesday Dec 31	Thursday Jan 1	Friday Jan 2	Saturday Jan 3	Sunday Jan 4
	5:30-7:30AM CL	6:30-8:00AM CL	HAPPY NEW YEAR			
13:00-14:30PM CL	17:30-19:15PM EO LC			14:00-16:00PM MPAC LC	17:00-18:30PM EO	
7 1						
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	Monday Dec 29 13:00-14:30PM CL EO: Etobicoke Olympium CL: Clarkson	Monday Dec 22 Tuesday Dec 23 Monday Dec 29 Tuesday Dec 30 5:30-7:30AM CL 13:00-14:30PM CL 17:30-19:15PM EO LC EO: Etobicoke Olympium CL: Clarkson MPAM: Markham PanAm Center LC: Long Course	Monday Dec 22 Tuesday Dec 23 Wednesday Dec 24 Monday Dec 29 Tuesday Dec 30 Wednesday Dec 31 5:30-7:30AM CL 6:30-8:00AM CL 13:00-14:30PM CL 17:30-19:15PM EO LC EO: Etobicoke Olympium CL: Clarkson MPAM: Markham PanAm Center LC: Long Course	Monday Dec 22 Tuesday Dec 23 Wednesday Dec 24 Thursday Dec 25 Christmas Break Monday Dec 29 Tuesday Dec 30 Wednesday Dec 31 Thursday Jan 1 5:30-7:30AM CL 6:30-8:00AM CL HAPPY NEW YEAR 13:00-14:30PM CL 17:30-19:15PM EO LC EO: Etobicoke Olympium CL: Clarkson MPAM: Markham PanAm Center LC: Long Course	Monday Dec 22 Tuesday Dec 23 Wednesday Dec 24 Thursday Dec 25 Friday Dec 26 Christmas Break Monday Dec 29 Tuesday Dec 30 Wednesday Dec 31 Thursday Jan 1 Friday Jan 2 5:30-7:30AM CL 6:30-8:00AM CL HAPPY NEW YEAR 14:00-16:00PM MPAC LC EO: Etobicoke Olympium CL: Clarkson CL: Clarkson MPAM: Markham PanAm Center LC: Long Course LC: Long Course LC: Clarkson LC: Clarkson	Monday Dec 22 Tuesday Dec 23 Wednesday Dec 24 Thursday Dec 25 Friday Dec 26 Saturday Dec 27 Christmas Break Monday Dec 29 Tuesday Dec 30 Wednesday Dec 31 Thursday Jan 1 Friday Jan 2 Saturday Jan 3 5:30-7:30AM CL 6:30-8:00AM CL HAPPY NEW YEAR 14:00-16:00PM MPAC LC 17:00-18:30PM EO EO: Etobicoke Olympium CL: Clarkson MPAM: Markham PanAm Center CC: Long Course CO: Etopicoke