



JN MEET SCHEDULE 2024/2025 (TENTATIVE)

MEET	DATE	LC/SC	QUALIFYING STANDARDS
RHAC CLASSIC	19-Oct	SC	
MSSAC DISTANCE	18-Oct	SC	
HARVEST	1-3 NOV	SC	
AGI ESWIM	7-9 NOV	SC	
POINTE CLAIRE	5-8 DEC	SC	√
MSSAC DISTANCE	20-Dec	SC	

CHRISTMAS BREAK

Winter Invitational E Time Standard D Time for distance events	16-19 JAN	LC	√
CENTRAL REGION -B	7-9 FEB	SC	√
ONTARIO AGE GROUP	27 FEB - 2 MAR	LC	√
BAD SPRING INVITE	28 FEB - 1 MAR	SC	

MARCH BREAK

RHAC Spring Invitational	28-30 MAR	LC	
John Grootveld Sr.	25-27 APR	LC	
HICKEN	15-18 MAY	LC	√
June Performance Meet	6-8 JUN	LC	√
CENTRAL REGION -B	13-15 JUN	LC	√
BAD OUTDOOR	27-29 JUN	LC	√
ONTARIO SWIMMING CHAMPIONSHIP	9-13 JUL	LC	√
OPEN WATER	19-20 JUL	OW	√
Summer Invitational E Time Standard D Time for distance events	24-27 JUL	LC	√