

## *High-Level Academic, Testing and College Swimming Timeline*

	<b>Pre-HS</b>	<b>9<sup>th</sup> Grade</b>	<b>10<sup>th</sup> Grade</b>	<b>11<sup>th</sup> Grade</b>	<b>12<sup>th</sup> Grade</b>
<b>College Selection &amp; Application</b>	<ul style="list-style-type: none"> <li>• Initial Investigation</li> </ul>	<ul style="list-style-type: none"> <li>• Begin Tours (determine favorite / least favorite types of school and environment)</li> </ul>	<ul style="list-style-type: none"> <li>* Continue college tours</li> <li>* Determine testing and curricular requirements for potential schools / majors</li> </ul>	<ul style="list-style-type: none"> <li>* Continue college tours, consider interviews, determine which schools weigh demonstrated interest</li> <li>* Determine preliminary college app list – safety/target/reach (spring of 11<sup>th</sup> grade)</li> <li>* Begin Common App, attempt to finish common app essay and as many supplemental essays as possible (summer after 11<sup>th</sup> grade)</li> </ul>	<ul style="list-style-type: none"> <li>* Determine initial round of apps, Early Action, Early Decision, etc.</li> <li>* Submit first round of applications</li> <li>* After first round of decisions, apply to other schools if necessary</li> <li>* Visit schools to which student was admitted but hasn't visited</li> <li>* Make Decision!</li> </ul>

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<b>High School /Academics</b>	<p>* Determine HS 4 Year Plan</p> <p>Work with HS counselor to determine 'Personal Pathway'</p> <p>Rigor Level: College Prep vs Honors vs AP</p> <p>&amp;</p> <p>Concentration: music / stem / language</p>	<p>* Establish strong GPA, consider GPA vs Rigor (or both!) remember many colleges weight GPAs</p> <p>* Register for courses that you're your pathway and admission curricular requirements of potential colleges</p> <p>* AP/IB Exams (If applicable)</p>	<p>* Maintain GPA</p> <p>* Register for courses that you're your pathway and admission curricular requirements of potential colleges</p> <p>* AP/IB Exams (If applicable)</p>	<p>* Maintain GPA</p> <p>* AP/IB Exams (If applicable)</p> <p>* Register for courses that you're your pathway and admission curricular requirements of potential colleges</p> <p>* Determine teachers, coaches, etc. for Letters of Recommend</p> <p>* Obtain Unofficial Transcript Requests for NCAA and some coaches</p>	<p>* Work with school counselor, teachers, etc for timing of letters and app process (beginning of school year)</p> <p>* Transcript Requests</p> <p>* Maintain GPA! Senioritis sets in once all apps are in (worse after decision is made)...</p> <p>* AP/IB Exams (If applicable)</p>

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<b>External Standardized Testing</b>	<p>* JHU, and other summer academic programs, require standardized testing</p>	<p>* SAT Subject tests, depending upon HS curriculum</p>	<p>* Practice PSAT in Fall and/or PACT exams in Spring</p> <p>* SAT Subject tests, depending upon HS curriculum</p> <p>* Choose standardized test(s)</p> <p>* Determine plan for two to three full exams of one or both types (ideally first attempt in fall of 11<sup>th</sup> grade at the latest)</p> <p>* Full SAT/ACT exam, if ready (prep during summer after 10<sup>th</sup> grade)</p>	<p>* Take PSAT</p> <p>* Take SAT and/or ACT one or more times (starting in fall at the latest)</p> <p>* SAT Subject tests, depending upon HS curriculum</p>	<p>* Take final SAT or ACT, if necessary</p> <p>* Order Score Reports</p>

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<b>College Swimming</b>	<ul style="list-style-type: none"> <li>* Understand different college swimming offerings</li> <li>* Note: swimmers change their minds about swimming in college, keep options open; (there is a program for everyone if they want to swim in college)</li> </ul>	<ul style="list-style-type: none"> <li>* Initial Research – talk to other families, online research, school swim team websites</li> </ul>	<ul style="list-style-type: none"> <li>* Online questionnaires initial emails to coaches</li> <li>* Fill out NCAA Clearinghouse</li> <li>* Talk to BCST coach about preliminary thoughts on college (spring after champ season)</li> </ul>	<ul style="list-style-type: none"> <li>• Visit schools, meet coaches/ assistant coaches (recruiting trips if applicable)</li> <li>* Stay in touch via email, text – very top recruits commit 11<sup>th</sup> grade, notify all coaches once commitment is made</li> <li>* Update NCAA Clearinghouse</li> <li>* Continue discussions with BCST coach about thoughts on colleges/ swimming</li> </ul>	<ul style="list-style-type: none"> <li>* Recruiting trips (be honest with coaches!)</li> <li>* Update NCAA Clearinghouse</li> <li>* Make decision before/after applying – varies by Division / school</li> <li>* Stay in touch via email, text – notify all coaches once commitment decision/ is made</li> <li>* Notify BCST</li> <li>* Update NCAA Clearinghouse as necessary</li> </ul>

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<b>Extracurricular</b>		* Get involved in volunteering / student activities for areas of passion – DECA, music, student gov, comm. Svc, (Quantity does not equal Quality)	* Continue while maintaining balance with other commitments and health	* Seek leadership positions if possible / balance with all other commitments and health  * Determine if advisor, etc will/ should provide letter of recommendation	