

**ZDANCE**  
*Movement*

# STUDIO PACKAGE

2025-2026



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[www.zdance.ca](http://www.zdance.ca)

## PROGRAM OVERVIEW



### QUALIFIED INSTRUCTORS

All of our classes are taught by qualified instructors with teaching experience in multiple genres and age groups.



### SEPTEMBER TO MAY RECITAL PROGRAM

Our program operates from September through May. At the end of the year, all students will take part in a special dance recital showcasing all Zdancers.



### WHAT'S INCLUDED?

- Structured and engaging classes
- Full school year of dancing
- **FREE** video keepsake of recital performance



### TUITION

Payments are processed on:

1. Upon Registration
2. January 12, 2026



### RECITAL COSTUME

Each recreational class performs a dance routine in costume at our year end recital on May 14<sup>th</sup> 2026



### CLASSES START THE WEEK OF SEPT 8TH

Registration is ongoing throughout our season for classes with availability.



# ZDANCE

## Movement

### RECREATIONAL CLASSES

Ages 12+ years



## About the Classes

- Ballet
- Jazz
- Hip Hop
- Contemporary

**Age: 12+ years**  
**Length: 45 minutes**

*Enroll your child today in our  
fun, energetic, and engaging  
dance classes that they will  
absolutely love!*



## CLASS DATE & TIME

### MONDAY

8:00-8:45PM - Hip Hop

### TUESDAY

7:15-8:00PM - Contemporary

8:00-8:45PM - Jazz

*For more options please check out  
the 9+ classes*

**\*Space is Limited\***

*September 9th-May 31st*

## PAYMENT STRUCTURE

1st Installment: Due upon registration  
2nd Installment: Due by January 12<sup>th</sup> 2026

Two Installment Payments of \$342.50  
Costuming Fee: \$125.00

Taxes are additional.

## INCLUDED:

- FREE Recital Video!
- Participate in Professional Dance Photo Day
- Beautiful Costumes
- Participation in our Year-End Recital at the City Playhouse Theatre in May

## DRESS CODE:

\*Refer to dress code page



## IMPORTANT DATES 2025/2026

### Classes Begin

September 8<sup>th</sup> 2025

### Classes End

May 31<sup>st</sup> 2026

### Thanksgiving Weekend

Studio Open- Friday October 10<sup>th</sup> 2025

Studio Open- Saturday October 11<sup>th</sup> 2025

Studio Closed- Sunday October 12<sup>th</sup> 2025

Studio Closed- Monday October 13<sup>th</sup> 2025

### Halloween

Studio Closed- Friday October 31<sup>st</sup> 2025

### Winter Break

Studio Closed December 22<sup>nd</sup> 2025 to Jan 4<sup>th</sup> 2026

Studio Open- Monday January 5<sup>th</sup> 2026

### Family Day Weekend

Studio Closed- Monday February 16<sup>th</sup> 2026

### March Break Closure

Studio Closed- March 16<sup>th</sup> - 22<sup>nd</sup> 2026

*\*All Competitive Dancers are Scheduled for rehearsal\**

*\*Competitive Performance - March 7<sup>th</sup> 2026\**

### Good Friday

Studio Closed- Friday April 3<sup>rd</sup> 2026

### Easter Weekend

Studio Open- Saturday April 4<sup>th</sup> 2026

Studio Closed- Sunday April 5<sup>th</sup> 2026

Studio Closed- Monday April 6<sup>th</sup> 2026

### Picture Day

TBA - At Zdance Movement Studio



### Recital

Thursday May 14<sup>th</sup> 2026

Location: City Playhouse Theatre

### Victoria Day

Studio Closed Monday- May 19, 2025

### Last Week of Classes

May 26<sup>th</sup>-31<sup>st</sup> 2025





## RECREATIONAL PROGRAM COMMONLY ASKED QUESTIONS

### **What is recital?**

Recital is our year end performance that takes place at a local professional theatre. Dancers perform their routines that they have been rehearsing with their class throughout the season. It is an opportunity for students to showcase their passion for dance. We present one dance per class. The more classes your child enrolls in, the more dances they will be in.

### **When is the recital and what classes participate in it?**

Recital takes place on May 14, 2026 at the City Playhouse Theatre in Thornhill, ON. All Zdancers registered in full season programs (ages 4+) participate in recital.

### **How much is the recital costume?**

Each class will feature a recital costume for participants aged 6 and older, priced at \$125 plus HST. Fees will be included in the payment plan. Costumes will be available for pickup as the recital date approaches, and they are yours to keep!

### **What other costs should I factor in?**

Families should factor in the cost of dance wear (shoes, bodysuits, tights etc). As well as the cost of recital tickets for you and your family to come watch the year end show.

### **When are the tuition fees due?**

Tuition fees are quarterly based and are processed on:

1st Installment- Upon registration

2nd Instalment- January 12th





## IMPORTANT INFORMATION PAYMENT PLANS

Combo Dance Class (60 mins class) Ages 4-5		Due
Registration Fee	\$45	Time Of Registration
Tuition Installement Fee (2 Terms)	\$391.00	1st Installment: Due upon registration 2nd Installment: Due by January 12 <sup>th</sup> 2026
Recital Costuming Fee	\$150	Added and divided into the 2 term payments

Dance class (45 mins class) Ages 6-12+		Due
Registration Fee	\$45	Time Of Registration
Tuition Installments Fee (2 Terms)	\$342.50	1st Installment: Due upon registration 2nd Installment: Due by January 12 <sup>th</sup> 2026
Recital Costuming Fee	\$125	Added and divided into the 2 term payments



### Multi-Class Discount

10% off Tuition for 2 classes

15% off Tuition for 3 or more classes

10% Sibling Discount is applied per Family!

5% Discount applied to Tuition and Fees paid in full!

All Fees are subject to 13% HST

A non-refundable registration fee of \$45 + HST per family is payable upon registration





## DRESS CODE 2025/2026

At ZDance Movement & Wellness Centre, we believe that proper dance attire for each class is an important part of your child's dance education.

Please read the following guidelines thoroughly as it is mandatory for all students to follow the dress code.

### **HAIR**

All dancers should have their hair secured and pulled back in ALL styles of dance. If you have short hair, please use tight headbands and hair clips to neatly pull the hair back. Ponytails, buns, braids are great hairstyles for dance. When hair is neatly pulled away from the face it allows for less distraction for the dancer, the classmates and the teacher.

### **FITTED DANCE-WEAR**

Please ensure your child's dance-wear is fitted to the body. Fitted dance-wear allows our teachers to check proper placement and improve the dancers technique. Loose fitting clothes are not proper dance-wear. (Hip hop is the exception. Loose clothing can be worn in hip hop). Dancers should wear breathable fabrics that are suitable for high performance activities. Jeans and non-stretch clothes are not permitted in dance as they restrict movement.

### *Reminders:*

- Please label all dance shoes, bags, outdoor/indoor shoes & coats with your child's name or initials. Mix-ups can happen!
- Water bottles are encouraged. Dancers need to stay hydrated as they will be very active in dance class. We will have water available at the studio for the dancers to refill their bottles, as well as a functional water fountain in the hallway.
- No gum is to be chewed in class as it is a safety hazard
- No jewelry, such as big hoops/necklaces, should be wore in class, as it is a safety hazard.
- No phones are permitted in classes
- All lost dance shoes and dancewear will be put in the lost & found situated in the change room.



DRESS CODE  
2025/2026

## KINDER CLASS DANCE- COMBO DANCE (4-5 YRS)

**JAZZ/ACRO:** Convertible beige/skin tone tights and bodysuit for females.

**Beige/skin tone Bloch Neo Flex Slip on Leather Jazz Shoes (SO495G)**

T-shirt with shorts for boys. Black Bloch Neo Flex Slip on Leather Jazz Shoes (SO495G) Barefoot for acro.

**HIP HOP/TAP:** Convertible beige/skin tone tights and bodysuit for females.

Indoor running shoes. No Black Soles are permitted for running shoes. Black socks and **Black Mary Jane Capezio Tap Shoes (3800C)**

T-shirt with shorts or pants for boys. Black socks and black Mary Jane Capezio Tap Shoes with bow (3800C)

**BALLET/ACRO:** Convertible Pink (Mondor 319) ballet tights and a ballet

bodysuit (any colour) for females. Pink canvas So Danca (SD16) slippers

T-shirt with shorts or pants for boys. Black ballet So Danca (SD16) slippers.

Barefoot for acro

**JAZZ/HIP HOP:** Convertible beige/skin tone tights and bodysuit (any colour) for

females. Beige/skin tone Bloch Neo Flex Slip on Leather Jazz Shoes (SO495G)

Socks and indoor running shoes.

T-shirt with shorts for boys. Black Bloch Neo Flex Slip on Leather Jazz Shoes (SO495G)







## RECREATIONAL CLASSES AGE 6+ DESCRIPTIONS AND DRESS CODES

### BALLET:

This class provides students with a high standard of training as well as helping to build strong self-esteem and confidence. The program focuses on the study of classical technique through barre and centre exercises, as well as rhythm and free movement dance. From beginner to advanced classes, students are formally trained while being taught the value of technique, discipline, and honouring tradition. As Ballet is the foundation of many dance styles, we recommend that every student take Ballet classes to develop poise, good posture, proper body alignment, and graceful movement.

Ballet dancers enrolled in this classes will work to perfecting technique while developing coordination between the mind and body. Ballet requires dancers to channel their energy in a positive way, and is an excellent dance form for both male and female students.

### DRESS CODE:

**Attire:** Bodysuit (any colour) and Pink (mondor 319) tights. (chiffon skirt is optional). Boys white t-shirt with black shorts or dance pants.

**Footwear:** Pink Canvas Ballet Slippers - So Danca (SD16)

Boys Black Canvas Ballet Slippers





## RECREATIONAL CLASS DESCRIPTION AND DRESS CODE

### ACROBATICS :

If your child loves dance and gymnastics, then this class is for them! Acrobatic dance (Acro) is a fusion style of dance that combines classical dance technique with precision acrobatic elements. Dancers will concentrate on balance, flexibility, strength, control and dance skills.

Acro students will work on strengthening their minds and bodies to perform a variety of skills and exercises such as head/hand stands, back bridges, cartwheels, and more. Dancers will also work in pairs and groups, learning group tricks and stunts. These dancers will experience the joy of accomplishing hard earned personal goals with the techniques learned in class

### DRESS CODE:

**Attire:** Fitted dancewear. A bodysuit and non footed dance tights are acceptable. Yoga tights/shorts and sports bras/fitted tank tops are suitable as well.

**Footwear:** Barefoot







## RECREATIONAL CLASS DESCRIPTION AND DRESS CODE

### TAP:

Bring out your dancing shoes and feel the beat! Tap shoes are special dance shoes with metal taps on the bottom used to create different sounds and rhythms. Tap dancers have a special ear for percussion instruments, and are able to follow a variety of music styles with tap techniques. This includes sounds made from toes, heels, brushing, stomping and more.

Tap class concentrates on teaching our dancers the ability to communicate dance through sound. It also increases their awareness of rhythm and syncopation. Students will learn basic tap rhythms and combinations which will improve their coordination, musicality and multi-tasking!

### DRESS CODE:

**Attire:** : Fitted dancewear. A bodysuit and Tan/skin tone tights (Mondor 319) are acceptable. Yoga tights/shorts and sports bras/fitted tank tops are suitable as well. Please wear socks under your tap shoes to avoid blisters.

### **Footwear:**

(6-8 yrs) Biege Mary Jane Tap Shoes with bow (3800C) (Please no shiny patent)

(9-12 yrs) Black Capezio Fluid Oxford Tap Shoes (CG19)





## RECREATIONAL CLASS DESCRIPTION AND DRESS CODE

### BROADWAY:

Does your child love acting and dancing? Look no further, as this discipline is a combination of both styles. This class is based on jazz technique and is influenced by the showmanship of Broadway and movie musicals. This class is movement and musicality based, singing is not a component.

Musical Theatre is a theatrical style of dance rooted in Broadway Musicals. This class involves training in acting, lip-syncing and dancing to communicate the plot of the song in an entertaining way. This can be dance-heavy, incorporating many different styles, the main one being Jazz. Students will enhance their performance technique by learning the importance of storytelling and amplifying their stage presence.

### DRESS CODE:

**Attire:** Fitted dancewear. A bodysuit and Tan/skin tone tights (Mondor 319) are acceptable. Yoga tights/shorts and sports bras/fitted tank tops are suitable as well.

**Footwear:** (6-8 yrs) Tan/skin tone Bloch Neo Flex Slip on Leather Jazz Shoes (SO495G)







## RECREATIONAL CLASS DESCRIPTION AND DRESS CODE

### HIP HOP:

Hip Hop classes are filled with high energy fun for all ages! It is a vibrant form of dance that combines a variety of freestyle movements. Hip Hop is an urban ethnic dance form. It is an ideal way to express one's creativity. It features self-impressions and the dances come from the soul. This style of dance focuses on rhythm, as well as freestyle and isolated movements. Whacking, Grooving, Locking and Popping are just a few of the many styles within Hip-Hop.

Hip-Hop dances can range from being high energy and fast-paced, to slow and groovy. It has evolved into one of the most influential and popular styles of dance. Hip Hop classes is a great dance style to improve flexibility, develop balance, muscle coordination and confidence.

### DRESS CODE:

**Attire:** Comfortable dancewear. Yoga tights, shorts, sweat pants, sports bras/fitted tank tops are suitable as well. \*Please no jeans\* Baggy Clothing works well.

**Footwear:** Clean indoor running shoes (white sole). \*Outdoor shoes are not permitted!



# ZDANCE

## Movement

### RECREATIONAL CLASS DESCRIPTION AND DRESS CODE

#### JAZZ:

Jazz classes have high energy warm up, followed by exercises to stretch and tone muscles to develop proper alignment of the skeletal structure. The class practices Jazz technique and skills in the centre and across the floor. Jazz dance has evolved over the past few years and now includes a vast range of styles.

Jazz tends to be a faster paced dance form performed to popular music, new and old. It is a great way to help your coordination, and build your cardiovascular levels in an energetic and performance filled setting. Jazz is a fun, upbeat class combining technical elements and creativity, all while increasing flexibility, strength and musicality.

#### DRESS CODE:

**Attire:** Fitted dancewear. A bodysuit and tights are acceptable. Yoga tights/shorts and sports bras/fitted tank tops are suitable as well.

**Footwear:** (6-8 yrs) Beige/skin tone Bloch Neo Flex Slip on Leather Jazz Shoes (SO495G)







## RECREATIONAL CLASS DESCRIPTION AND DRESS CODE

### CONTEMPORARY :

Contemporary dance is a style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical and classical ballet. Contemporary dancers strive to connect the mind and the body through fluid dance movements.

Contemporary dance can be performed to many different styles of music. Contemporary dancers & choreographers all believe that dancers should have freedom of movement, allowing their bodies to freely express their innermost feelings.

### DRESS CODE:

**Attire:** Fitted dancewear. A bodysuit and tights are acceptable. Yoga tights/shorts and sports bras/fitted tank tops are suitable as well.

**Footwear:** Turners/Pirrouettes (Capezio Canva)





## IMPORTANT INFORMATION POLICIES

### Payments:

- 1) All payments are to be made in a timely manner. Payments can be made through our online system via credit card with a 3.2 % processing fee.
- 2) Payments that are more than (5) days overdue will be subject to a \$25 + HST late fee added to your account. Any dancers with an outstanding overdue balance by 30 days or more will be removed from the program
- 3) We do not accept cheque payments
- 4) The Annual registration fee is non-refundable regardless of the circumstance.



### Refunds/Withdrawals:

- 1) If you wish to withdraw your dancers from a class, please provide written notice 14 days prior to the next installment due date. Administration will remove your child from the class roster and no further payments will be charged.
- 2) No refunds will be provided for a current instalment period once fees are paid. If you wish to withdraw your dancer in the middle of an instalment period you will not be refunded for any part of that instalment fee.
- 3) Registration fees are not refundable if you wish to withdraw from classes. Registration fees will only be refunded in the event that Zdance Movement Inc. cancels your class due to low enrolment and the alternative class cannot be accommodated by you.
- 4) Refunds will not be provided for costume fees. Costumes will be provided in the spring. If you happen to withdraw from classes we will contact you once your costume is scheduled for pick up. Costumes are made to order and are special garments, therefore cannot be returned or refunded.





## IMPORTANT INFORMATION POLICIES

### Government Shutdowns:

- 1) In the event of a government mandated shutdown we will provide the opportunity to pause tuition if students do not want to participate in our virtual dance class schedule.
- 2) A \$25.00 administrative fee will be charged for anyone wishing to "pause" in the event of a government mandated shutdown. Your tuition will be adjusted and pro-rated/credited based on the length of the shutdown and how many classes you were paused for. A form will need to be submitted in order to pause tuition and have your tuition adjusted.
- 3) Classes will continue virtually for those wishing to participate. Classes may be combined with other ages depending on participation numbers.



### Class Cancellations/Make-Up Classes

- 1) Zdance Movement Inc. reserves the right to cancel or combine any classes due to low enrolment. You will be notified if this needs to happen and if it effects your class time.
- 2) In the event a substitute teacher can not be found for an ill teacher, Zdance Movement Inc. may need to cancel the class that week. A make-up class can be taken at a later date.
- 3) A total of 2 Make-up classes can be made if a child needs to miss class due to illness. Please email and notify administration at [info@zdance.ca](mailto:info@zdance.ca) to see which class is available for your child to attend. No make-up classes will be made due to vacation or other reasons
- 4) In the event of extreme weather, emergencies, or government mandated shut downs there will be no make-up classes or refunds provided if it is less than two consecutive weeks of missed class. If a shutdown occurs for longer than two consecutive weeks of missed classes we will provide you with a make-up class schedule at that time. Given the circumstances of the shut down these classes may be provided via an online platform instead of meeting in person.

# ZDANCE

MOVEMENT & WELLNESS  
CENTRE