



Greetings and welcome to the new swim year! Please follow the process below to register your swimmer(s) for the new swim year. If you have any questions about any of these steps, please contact us so we can assist you.

Step One – Review Registration Packet:

- Once you have received your BDST Registration Packet, review all the information provided. Each packet should have the following:
 - Blue Dragons Swim Team Overview
 - BDST Registration Form
 - Swimmer Code of Conduct
 - Parent Code of Conduct
 - MAAPP Acknowledgement
 - Concussion Information Acknowledgement

Step Two – Go to our Website and Review the Online BDST Handbook:

- Go to our website at <https://www.teamunify.com/team/orbdst/page/home> to review the BDST Handbook. Go to Safe Sport Resources and then click on BDST Handbook. There is a lot of helpful information, please look through it thoroughly. Also, take the time getting to know our website, as this is the main source of information for the team.

Step Three – Register with Blue Dragons Swim Team

- Complete the registration packet received in step one above. Place the completed forms in the wooden payment box located in the equipment cage on the swim deck or hand the paperwork to one of the coaches. Once the paperwork is received an account will be created and you will receive a statement via email which will include your BDST registration fee of \$50 and monthly dues. Contact the team Treasurer at BDSTTreasurer@gmail.com if you have any questions.

Step Four – Register with Dallas Aquatic Center

- Register with Dallas Aquatic Center (DAC). All swim team members utilizing the Dallas Pool are required to have a seasonal or annual membership pass to the Dallas Aquatic Center. You can do this online at www.dallasor.gov/796/Admission-Rates or visit the front desk and they can help you. Please note, BDST rents pool time from the DAC and we operate independently from them. If you have any questions regarding your DAC membership, contact them directly.

Step Five – Register with USA Swimming

- Register and pay for your swimmer(s) USA Swimming Membership(s). All swim team members are required to have a USA Swimming Membership. Annual membership costs \$80. A link will be emailed within 3 business days of receiving the completed registration packet. The parent/guardian will create an account and then “Add Family Members” to register a swimmer.

Blue Dragons Swim Team Membership Overview



For over 50 years the Blue Dolphins Swim Team has proudly served our community and has now formed the Blue Dragons Swim Team (BDST) to continue to strive to give our children the best athletic program available. Our experienced coaching staff offers a competitive program kids can grow up in. For additional information go to <https://www.teamunify.com/team/orbdst/page/home>.

Try It Out:

All swimmers can test their skills during a one week, tryout period for free. Tryouts are for three days: Mondays, Wednesdays, and Fridays from 4:30pm to 5:15pm year around. This a great opportunity for beginner swimmers to experience a real practice and for our professional coaching staff to evaluate their skill level.

Membership & Start-Up Costs:

Annual BDST fees include USA Swimming registration (required), a team t-shirt and two swim caps. Dues are as follows:

	Monthly Dues	BDST Annual Reg. Fee	USA Swimming Annual Reg. Fee	DAC Membership <i>Ask DAC staff about in-city discounts</i>
Futures Novice	\$60.00	\$50.00	\$80.00	\$250 annually/\$156.25 six mos.
Futures Advanced/ Junior B	\$70.00	\$50.00	\$80.00	\$250 annually/\$156.25 six mos.
Junior A	\$100.00	\$50.00	\$80.00	\$250 annually/\$156.25 six mos.
Senior B	\$90.00	\$50.00	\$80.00	\$250 annually/\$156.25 six mos.
Senior A	\$125.00	\$50.00	\$80.00	\$250 annually/\$156.25 six mos.

Practice Schedule:

The BDST swimmers are organized into six primary training groups based on developmental levels, abilities, and age, as determined by coaching staff. The groups are as follows:

Group	Days	Times
Futures Novice	M-W-F	4:30pm to 5:15pm
Futures Advanced/ Junior B	M-W-F	4:30pm to 5:30pm
Junior A	M-W-F T-Th	5:30pm to 7:00pm 4:30pm to 6:00pm
Senior B	M-W-F	5:30pm to 7:30pm
Senior A	M-W-F T-TH Morning & Saturdays	5:30pm to 7:30pm 4:30pm to 6:30pm TBD Weekly

Contact Us:

Head Coach, Chris Purdy

Email: purdycoaching@gmail.com

Assistant Coach, Paul Hegney

Email: pxhegney@gmail.com



Registration Form

Swimmer Information					
First Name:			Middle Name:		
Last Name:			Date of Birth:		Gender:
Parent Information					
Parent/Guardian #1 First Name:			Parent/Guardian #1 Last Name:		
Phone Number:			Email:		
Parent/Guardian #2 First Name:			Parent/Guardian #2 Last Name:		
Phone Number:			Email:		
Mailing Address:					
Emergency Contact					
Name:				Relationship:	
Phone Number:					
Doctor's Name:				Doctor's Phone Number:	
Medical Conditions/Restrictions:					

T-Shirt Size (Choose one)							
<input type="checkbox"/>	Youth Small	<input type="checkbox"/>	Youth Medium	<input type="checkbox"/>	Youth Large	<input type="checkbox"/>	Youth X-Large
<input type="checkbox"/>	Adult Small	<input type="checkbox"/>	Adult Medium	<input type="checkbox"/>	Adult Large	<input type="checkbox"/>	Adult X-Large

Volunteer Interests (Check all that apply)							
<input type="checkbox"/>	Events	<input type="checkbox"/>	Administration	<input type="checkbox"/>	Fundraising	<input type="checkbox"/>	Officiating
<input type="checkbox"/>	Update Record Boards			<input type="checkbox"/>		<input type="checkbox"/>	

BDST's annual registration fee is \$50. The annual registration fee will appear on your October statement. The annual registration fee includes one t-shirt and two swim caps. Additional swim caps are available for \$10 each.



Media Consent

Team Photo: ☐ Yes ☐ No

Team Website: ☐ Yes ☐ No

Team Instagram: ☐ Yes ☐ No

Team Facebook: ☐ Yes ☐ No

Medical Waiver

I/We, the Custodial parents/guardians of the above-named participant, hereby give my/our approval to his/her participation in any and all Blue Dragons Swim Team activities associated with the specified sport. I/We assume all risks and hazards incidental to such participation including transportation to and from activities. I/We do hereby waive, release and relinquish any and all right or claim to damages which maybe be sustained in connection with or as a result of engaging as a swimmer in said activities, except to the extent of and the amount covered by accident insurance; WHICH IS SECONDARY INSURANCE and be limited in coverage with a high deductible. This release applies to the officials of Blue Dragons Swim Team, sponsors, officers, board members and all employees of said Association. I/We also hereby grant permission to the adult manager or coach to obtain medical care from any licensed physician, hospital or medical clinic for our son or daughter while participant is away from their legal address for the purpose of participation in Blue Dragons Swim Team activities. I/We hereby certify that I am the custodial parent or lawfully appointed guardian of the above-named child.

Signature of Athlete, Parent or Guardian

Date

Team Handbook Acknowledgement

I/We reviewed the Blue Dragons Swim Team Handbook and have a clear understanding of its contents. I agree to the payment policy and have an understanding of club operations. I/We agree with the vision and mission of BDST and will volunteer the required hours as stated in the handbook.

Signature of Athlete, Parent or Guardian

Date



Swimmer Code of Conduct Agreement

1. As a swimmer representing BDST, I will conduct myself with dignity and behave in a way that always reflects positively on me and the team.
2. I will be on time and ready to swim for practice, training sessions and meets.
3. I will be responsible and remember to check-in using my pool pass prior to practice, as required by Dallas Aquatic Center.
4. I will put forth my best effort during every practice I attend and complete any training set my coach gives me with honesty and integrity. My focus is only on my own practice no one else's.
5. I will demonstrate sportsmanlike behavior and respect for officials, coaches, parents, volunteers, and swimmers always.
6. I will never interfere with the progress of another swimmer; this includes pushing or pulling other swimmers under the water.
7. I will not bully or cause harm to another swimmer during practice and/or at any other swim team function. This includes practice, warm-ups, meets, locker rooms or off-site functions. If I witness this behavior, I will report it to a trusted adult right away.
8. I will not gossip about or be unkind to my teammates.
9. I will be supportive of my teammates at practice and in competitions. I understand that working as a unit will benefit each team member and is an important part of the BDST spirit.
10. I'll respect the staff and other guests at Dallas Aquatic Center (DAC) by following the safety rules, keeping the locker rooms clean, keeping my voice low in the locker room, showering in a timely manner and showing my respect for the building by leaving all areas as clean as, or cleaner than when I arrived.
11. During away meets, I will be courteous to meet hosts and pool facility operators. I will leave the BDST team area in a neat and clean condition at the conclusion of each meet. This applies to pool locker rooms, bleacher areas, pool decks, outdoor waiting areas, etc.
12. I will support and encourage my teammates and other fellow competitors.
13. I will know all my events/relays I will be swimming at swim meets and check-in with my coach before and after each event.
14. As a member of USA Swimming, I will uphold the USA Swimming's Code of Conduct.



Swimmer Code of Conduct Agreement

Please sign and return this signature page to your coach and keep the BDST Code of Conduct page for your review.

As a member of the Blue Dragons Swim Team I, _____, have read and understand my responsibilities as a member of the Blue Dragons Swim Team.

If for any reason I do not conduct myself under this code, my actions may result in disciplinary action. This can range from, but is not limited to: reprimands, repetitions of a drill, push-ups, etc., being sent home, being removed from competition or receiving any other disciplinary action the Coaching Staff and/or Board of Directors deems appropriate.

Swimmer Signature: _____ Date: _____



Parent Code of Conduct

The purpose of a code of conduct for parents is to establish consistent expectations for behavior by parents. As a parent/guardian, I understand the important growth and developmental support that my child's participation fosters. I also understand that it is essential to provide the coaching staff with respect and the authority to coach the team. I agree with the following statements:

1. I will always set the right example for our children by demonstrating sportsmanship and showing respect and common courtesy to the team members, coaches, competitors, officials, parents, and all facilities.
2. I will get involved by volunteering, observing practices, cheering at meets, and talking with my child and their coach about their progress.
3. I will refrain from coaching my child from the stands during practices or meets.
4. I understand that criticizing, name-calling, use of abusive language or gestures directed toward coaches, officials, volunteers, and/or any participating swimmer will not be tolerated.
5. I will respect the integrity of the officials.
6. I will direct my concerns first, to the Head Coach; then, if not satisfied, to the Board of Directors.

I understand the above expectations and that my failure to adhere to them may result in disciplinary action.

Signature: _____

Date: _____



Minor Athlete Abuse Prevention Policy (MAAPP) Acknowledgement

I acknowledge that I have received, read, and understood the Minor Athlete Abuse Prevention Policy and/or that the Policy has been explained to me or my family. I further acknowledge and understand that agreeing to comply with the contents of this Policy is a condition of my membership with Blue Dragons Swim Team (USA Swimming member club).

Athlete Name (Print): _____

Athlete Signature: _____

Athlete Signature Date: _____

Parent Name (Print): _____

Parent Signature: _____

Parent Signature Date: _____



Concussion Information Acknowledgement

Acknowledgment of Receipt of Concussion Information Sheet Pursuant to your state law, a concussion and head injury information sheet shall be given by each youth sports organization offering an athletic program to each athlete in that program. The information sheet shall be signed and returned by the athlete and, if the athlete is 17 years of age or younger, shall also be signed by the athlete's parent or guardian before the athlete initiates practice or competition. The USA Swimming Concussion Information Sheet (three pages) is attached to this acknowledgment. Please note, the information contained in the Swimming Concussion Information Sheet and this Acknowledgment is not medical advice and is no substitute for it.

I hereby acknowledge that I have received the USA Swimming Concussion Information Sheet (three pages) from the Blue Dragons Swim Team.

I have read and understand its contents. I also acknowledge that if I have any questions regarding the signs or symptoms of a concussion or other head injuries, the need to seek medical attention and the protocol for returning to daily activities, school and the swimming pool, I will consult with a licensed health care provider.

Athlete's Name: _____

Athlete's Signature: _____

Athlete's Signature Date: _____

If athlete is 17 years or younger, parent's or guardian's signature is required below.

Parent or Guardian's Name: _____

Parent or Guardian's Signature: _____

Parent or Guardian's Signature Date: _____