

La Grande Swim Club

Swimmer's Code of Conduct

The La Grande Swim Club practice and compete in rented facilities under an agreement and/or contract with Veteran's Memorial Pool or out of town facilities. La Grande Swim Club members and athletes must conduct themselves in a manner respectful of all policies and property at all facilities. Any violation of policies at any facility may result in disciplinary actions by the facility management and our teams as detailed:

- All swimmers are expected to follow directions and instructions of the coaching staff and designated chaperones. When traveling, swimmers are to remain in direct supervision of the designated chaperone.
- All swimmers are to display proper respect and sportsmanship towards their teammates, competitors, other coaches, meet officials, and the public.
- The following behaviors will not be tolerated and will result in immediate disciplinary consequences. Depending on the severity of the offense, suspension will be prescribed by the coaching staff. If necessary, a Board meeting may be called.
 - Insubordination to any coach, meet official, chaperone, or other parent volunteer
 - Displaying or promoting unsafe actions in or around the pool or locker room
 - The possession or use of alcohol, tobacco, or any non-prescribed drug
 - Theft, "borrowing or souvenir taking"
 - Fighting or other disorderly conduct
 - Use of profanity

ALL SWIMMERS WILL COMPLY WITH THE IES AND USA CODE OF CONDUCT AS WELL

Failure to comply with the Code of Conduct for minor offenses may result in, but not necessarily be limited to, the following:

First Incidence: The swimmer will be removed from the situation or problem and verbally reprimanded, and then allowed to return to the water. Other consequences as determined by the Coach may be assigned. The Coach will document action.

Second Incidence: The swimmer will be dismissed from practice, required to shower, dress, and return to the pool deck bleachers in a timely manner. The swimmer is to remain on the bleachers for the remainder of the practice and parents will be notified to discuss the situation. Other consequences as determined by the coach by the may be assigned.

Other consequences may include: formal written apology to offend parties; restitution of damages; parent notification; exclusion from a meet; forfeiture of all monies from IES or LGSC for sectional meets, zones, all-star camps, national etc; any swimmer may at any time be suspended from the team for an indefinite period of time for extreme and/or repeated violations after a review by coaching staff and the LGSC Board.

We have reviewed, discussed, and accept the Code of Conduct and the disciplinary procedures outlined here.

Athletes(s) Name (printed): _____

Athletes(s) Name (signature): _____

Parent Name (printed): _____ Date: _____

Parent Name (signature): _____

PARENT CODE OF CONDUCT

As a parent/guardian, I understand the important growth and developmental support that my child's participation fosters. I also understand that is essential to provide the coaching staff with respect and the authority to coach the team. I agree with the following statements:

I will set the right example for our children by demonstrating sportsmanship and showing respect and common courtesy always to the team members, coaches, competitors, officials, parents, and all facilities.

I will get involved by volunteering, cheering at meets, and talking with my child and their coach about their progress.

I will refrain from coaching my child from the stands during practices or meets and refrain from interrupting the coach on deck during practice.

I understand that criticizing, name-calling, use of abusive language (including all forms of communication) or gestures directed towards coaches, officials, volunteers, and/or any participating swimmer will not be tolerated.

I will respect the integrity of the officials.

I will direct my concerns as stated in the Grievance and Conflict Resolution Policy; then, if not satisfied, to the Board of Directors.

I understand the above expectations and that my failure to adhere to them may result in disciplinary action.

Parent Name (printed): _____ Date: _____

Parent Name (signature): _____