



Board of Directors Meeting Minutes
Newport Swim Team January 11, 2023

1) Welcome

- a) Called to order by President Kasey Postlewait at 5:35 pm.
- b) In attendance: Kasey Postlewait, John Wray, Randy Moore, Randi Weisz, Anneke Brown, Dani Williams, Anastasia Kaldy.
- c) Not in attendance: Mike Perucci, Kacey Baxter, Shayna Swanson.

2) Secretary Report

- a) November meeting minutes – Approved.

3) Treasurer Report / Registrar Report

- a) Account balance- Checking: \$26,114.32 Money Market: \$25,005.14 - Approved. Money Market account is accruing interest.
- b) Profit Loss Reports Comparison I: Report from September 1, 2022 to January 11, 2023 (Current season start to current day) compared to September 1, 2021 to January 11, 2022 (Last year season start to last year same day as current).
 - i) Coach Travel Income - Higher because the team has doubled since last year. More swimmers attending meets.
 - ii) Pool Fees - Raised approximately \$500.
 - iii) Fundraising Income - Approximately \$3000 higher than the report shows, because some money was received prior to September 1, 2022.
 - iv) Coach Payroll - In line with last year. Watching this number with addition of new coach.
 - v) Taxes – Number was expected to grow.
 - vi) Coach Travel Expense – Lower due to attention of expenses by coaches (i.e. hotel costs). More single day meets.
 - vii) Net Income – In the positive.
- c) Profit Loss Reports Comparison II: Report from November 1, 2022 to January 11, 2023 (Start of new coach hire to current day) compared to November 1, 2021 to January 11, 2022 (Last season same duration).
 - i) Coach Payroll – Approximately \$700 higher. Shayna added to payroll, John voluntarily reduced to half pay.

4) Fundraising Report

- a) Thank you, Acorn Studios! Sale of photos + Intel match = \$517.34.
- b) Basket for Boosters earned \$650! NST is the only youth sport involved with boosters in the fall. Some swimmers (Ivan, Jay, Jahan, Illona, etc.) have joined the meetings.
- c) Swim a Thon scheduled for April 8 and kick off February 15.
- d) Yummy Bowl Dine Out will be scheduled for February 15 to coincide with Swim a Thon kick off. Proceeds will be 20-30% of income sales for the entire day. Includes dine in, take out, delivery, and Door Dash!
- e) Two custom towel designs were presented. One was chosen.
 - i) Post meeting update: Total cost for 50 towels is \$889. Includes a bulk discount, design fee, and free shipping. Team purchased 1/13/23.

- f) Sponsors have been emailed a link of our thank you FB, photo of their logo on tv screen/banner.
- g) Signed and framed team photos were personally delivered to 19 sponsors.
- h) Spring fundraising – May not be necessary if Swim A Thon brings in goal amount of \$18K.

5) Coaches Report

COACHES REPORT / NST BOARD OF DIRECTORS

1/10/23

1. GROUP BREAKDOWN

Seniors	15
Gold	10
Silver	14
Bronze I	13
<u>Bronze II</u>	<u>8</u>
TOTAL	60

Note: This is the most swimmers NST has ever had. Approximately 40 swimmers were on the team this time last year. There is possibility that one senior and one gold member will come back to the team, plus interest from 3 high school swimmers joining NST. There are 6 kids in Level 5 swimming lessons, some of which may join the team. As a comparison, Eugene has 600 swimmers, 100 of which are masters, half of the remaining members are from learn to swim program. John is impressed with our small team competing against big teams with success and continuity.

2. MEET & EVENT SCHEDULE

Jan. 21-22 January Invit / Lebanon (18)

Note: First time NST having these many swimmers at a meet. John is very happy with the number of swimmers attending this meet and wants to be sure that we have more than 30% of our team consistently racing during the season.

Jan. 29. 2023 CGAL INVIT / Cottage Grove (10 currently)

Feb. 12 AAA Final Countdown / Albany

Feb. 18-19 OSI 10 & Under SC State Champs/ Springfield

Feb. 23-26 OSI 11-14 SC State Champs / Corvallis

Mar. 2-5 OSI Senior SC Champs/ Corvallis

Mar 9-12 Senior Sectionals / Federal Way, WA

Mar. 11-12 Valley Coast Swim League / Newport

Note: Travis Howard is organizing & sanctioning. Norm & Fran Heart to officiate. Only small teams are invited. This meet takes place of the Newport Invitational. Dani Williams to provide lodging free

of charge for officials. Post meeting update: Per Dani's insurance agent, the expense of additional insurance coverage is not feasible and team will need to obtain hotel rooms for meets.

Mar 16-20 NW Age Group Champs / Federal Way, WA

Mar 27-31 Spring Break – No NST

Note: High School District Championships will also be happening during this time.

Lost Meet Feb. 3-5 Coast Range Qualifier / Forest Grove

Note: There was a mix-up. NST did not receive an invitation.

2. QUALIFIERS TO DATE FOR CHAMPIONSHIP MEETS

OSI STATE CHAMPS: 12

SENIOR SECTIONALS: 1

NW AGE GROUP CHAMPS: 4

Note: There may be more qualifiers for this event. Relays are back. If some of the 10 & under or 11-14 age groups may extend to this year even if not qualified via invite. They must have B times. Expenses for championship meets will be coming up.

3. MEET SUMMARIES:

Pacific Coast All-Star meet in Snohomish, Washington on January 7-8, 2023. Ilona Weisz took 3rd in the 50 and 200 Free, 4th in the 100 Free and was a member of 4 relays that placed in the top 3. Along with that, she broke 4 11-12 girls NST team records.

Jan 6-8, 12 NST swimmers took part in the CAT SC Open, NST took 9th place. Nine of the NST 12 swimmers scored team points. The team recorded a 63% Personal Best percentage and recorded 18 Top 5 placings, with Sam Postlewait winning the 15 & Over 200 Backstroke and Jahan Eibner winning the 13-14 400 IM and 200 Breaststroke. Kindel Brandenberger, Maddie & Hudson Cline, Ivan Weisz, Jay & Jahan Eibner, Gwynn, William & Sam Postlewait, Layla Bretz, Ana Kaldy, and Ruby Perucci.

4. GROUP MOVES COMPLETED FOR JANUARY & FEB. PENDING - This is for distribution of swimmer numbers in each group. There is now room in Bronze II for new team members.

5. HOODIE REORDER & PERSONALIZED CAPS DISTRIBUTED

6. MEET DIRECTOR & STROKE/TURN JUDGE VOLUNTEERS - Kacey Baxter is in the final evaluation stages to receive her certification to become a stroke/turn judge. There has been no other feedback or interest from others. NST currently has two stroke/turn judges.

7. PENDING AQUATIC CENTER ACTIVITY

A. New Lane Lines – input provided to Keeley. Just for competition. Note: Keely has approved a new set of competitive swim lines which will be kept covered and used only at meets.

B. Motherboard in scoreboard status – Note: Even though display does not work, swim result reports are still generated. More of a nuisance than anything. CO Systems has shortage on chips. Suggestion to buy one used. May not be acceptable for regulations.

C. Crack – see below

D. Chlorine substitute program – Note: Newport City approved the upgrade to a UV system which reduces the amount of chlorine needed and costs in maintaining the condition of pool water. NST will contribute \$2500 toward this system.

8. POOL CLOSED WEEK OF FEB. 20 – email from Lincoln City (below). John decided not to move the team to Toledo for this week because of the warm pool temp. Swimmers who will be on taper/trim for championships will be swimming in LC.

9. STAYCATION TALKS WITH CAT – April or May pending. Note: Possible pool swap for gold/seniors between Newport and Corvallis. Gives the team the opportunity to swim in 25m outdoor pool and 50m indoor pool. Newport pool has become a popular place for other teams to practice. Hillsboro has rented for 2 days, and CAT for 3 days. Will not affect NST practice times. If staycation works out, the team will rent a van and get a hotel for the kids.

10. TEAM BOWLING PARTY – Note: Will need a parent volunteer to organize this event in January or February at Muggley's. Event is combined with farewell to Coach Tim (below). Post meeting update: Bowling alley has been reserved for Feb 4th. Cost is \$5/person which includes bowling, shoes, pizza, drinks. Board has voted in favor via email for NST to cover a portion of this cost, so bowlers do not have to pay \$14.95 ea., approximately a \$300 savings for participants.

11. COACH TIM'S RESIGNATION EFFECTIVE FEB. 9 – See resignation letter below. Note: Farewell party will be combined with the team bowling party (above). Tim served for 2.5 seasons.

- 1) Discussion regarding hiring a new coach. If it is decided a new coach is needed, recruiting and reviewing applications will begin in April so as not to interfere with championships or spring break. Experience will matter. Multiple ideas on strategy and expectations for possible new coach hire.

12. SHAYNA MEET & GREET WITH PARENTS – Event will be combined with Newport VCSL meet on March 11th in the hospitality room. Parents are encouraged to participate. Need parent volunteer to coordinate. More details to come.

TorinTostanoski

Jan 9, 2023, 2:36 PM (21 hours ago)
to me, Kasey, Shayna

John,

After speaking with Lissa about these accommodations, I have an answer and confirmation as to dates and times and cost.

Due to the number of swimmers Lissa has for her youth on Wednesday and Friday, she will likely be unable to offer any lanes those days until 5:00p (Taft high normally does their dry land from 4p-5p). I could keep the pools open and extra 30 minutes those dates to allow ample time for you. The days and respective times will be added below.

Date

Tues. 2/21 from 4p-6p

Wed. 2/22 from 5p-6:30p

Thurs. 2/23 from 4p-6p

Fri. 2/24 from 5p-6:30p

She will be able to offer at least 2 lanes during those times.

We will be charging \$3 per swimmer per day. i.e. for 10 swimmers = \$30 per day. If you are planning on having more than 10 swimmers all 4 days, we may be able to offer 3x15 use punch passes which would keep the total to \$120 for all 4 days.

1/8/23

John Wray, Head Coach

Board of Directors

With my ever increasing time commitment for my current full time job I find it necessary to resign as the assistant coach for the Newport Swim Team. My last day will be February 9th. I have truly enjoyed my time coaching such wonderful kids from such wonderful families and wish nothing but success that they may flourish in and out of the pool.

I must also offer my admiration for John. I have never witnessed a coach who has such a experienced finger on the pulse of this community. His tenure here in Newport speaks for itself in the winning atmosphere he has created with NST. Newport has been very blessed to have him at the helm.

Thank you all for so much support over these past few years.

Sincerely

Tim Rash

Additional discussion during Coach Report:

- Silver has a wide range of swimmer ability. This group has been split into 2 sub-groups. One which needs specific intense stroke work, led by Shayna. Swimmers from this group advance to Tim's group. This level of swimming is a "make or break" where the swimmers have lengthier and more difficult workouts. This prepares them for the next level.
- 3:30 practice start times are difficult for coaches and swimmers. Request to move start time to 4:00 PM has been submitted to the pool manager.
- Rec center is to start opening on Mondays.
- Small bronze groups allow for higher quality swim technique.
- 10 to 12 swimmers in gold is a comfortable number for coaching.
- Next year gold swimmers moving to senior may pose an issue for lane availability.
- John is replacing long wooden pole lap counters with upgraded expandable fiberglass.
- New coach: Shayna has been on deck 2 months. Feedback has mostly been positive. John is impressed with her work ethic, having workouts prepared for practice, immersing herself into the environment, practicing drills herself, and being in-line with his style of coaching with the willingness to adjust as needed. She is currently working on completing two certifications in chemical and management operations for her employment at the rec center in addition to coaching. It takes an average of 9-12 months for a team to transition to a new coach, but having both coaches on the deck eases this adjustment.

6) New Business

- a) Coach travel fee for one day meets - Board approved new fees. Swimmers will be charged \$15 for a one-day meet, \$20 for one day of a multi-day meet, and \$30 for attending more than one day of a multi-day meet.
- b) Bulletin board updated
- c) Swim-a-thon April 8
 - i) Funds for prizes \$600 for gift cards and \$900 for incentive prize – Board approved to raise incentive prize budget to \$1000.
- d) Board position information
 - i) Next season we need to replace 3 board seats
 - (1) General seat
 - (2) Treasurer – Note: Randy Moore would like to start this transition as soon as a candidate is secured
 - (3) Vice President
 - ii) President role – Note: Kasey Postlewait wants to phase out of this position and train the new member over a year. She will delegate portions of her duties into groups.

Note: Suggestion to build a description of each board members' roles into the website. They are currently available in the Policies.

- e) OregonSaves program for staff set up
- f) Club USA Registration for 2023 completed
- g) Bylaw updates, including board term changed to 2 years instead of 3 years, approved via email 11/30/22 - Board approved
- h) Holiday bonus approved for coaches via email 12/12/22-Total \$600 – Board approved

Note: Amazon Smiles – Uses its own portal which can make a transaction slightly more difficult but does not interfere with personal rewards. John will email the instructions currently available on the website to the team weekly update to encourage more people to use this feature.

7) Old Business

- a) Female arena suit issue – Team will be looking at a new line of suits for next season. Ryan with Blue Water will be more involved with the fittings.
- b) Payment that was debited for \$1312.40 on 9/2 was for Seahorse-got clarity
- c) Need new meet director-flyer posted on bulletin board
- d) Open money market account for \$25,000-completed 12/1/22

8) 2022-2023 Season Meetings

- a) February 8, *March 8, April 12, May 10
- b) *March 8th meeting may be changed or skipped due to meet schedule

9) Executive Session – None

10) Adjourned - By President Kasey Postlewait 7:20pm

Minutes Submitted By Dani Williams on 1/14/2023