

Improvement Report
2023 Coast Range Qualifier
Meet Date: 02/03/2023
Location: Forest Grove, OR
Report Date: 02/06/2023

Athlete Name	Age	Gen	Event	P/F/T	Place	Points	Time	Base Line	Improvement	New Best Cut	Time Standard
Albritton, Emiliana	10	F	10-10 50 Breast	F	13	4.00	1:04.07Y	1:17.55Y	-13.48		
Albritton, Emiliana			10-10 50 Free	F	7	12.00	41.79Y	54.24Y	-12.45		
Beard, James	14	M	14-14 100 Back	F	1	20.00	1:02.03Y	1:00.79Y	1.24		
Beard, James			14-14 100 Breast	F	10	7.00	1:27.40Y	1:24.53Y	2.87		
Beard, James			14-14 200 Back	F	1	20.00	2:16.70Y	2:24.43Y	-7.73		
Beard, James			14-14 200 Breast	F	2	17.00	2:56.00Y				
Bowen, Jackson	15	M	15-15 100 Free	F	11	6.00	1:15.00Y	1:13.76Y	1.24		
Bowen, Jackson			15-15 200 Back	F	5	14.00	3:26.83Y				
Brown, Kajsa	16	F	16-16 100 Back	F	2	17.00	1:05.85Y	1:07.87Y	-2.02		
Brown, Kajsa			16-16 100 Fly	F	2	17.00	1:11.32Y	1:16.83Y	-5.51		
Brown, Kajsa			16-16 100 Free	F	1	20.00	59.09Y	1:00.11Y	-1.02		
Brown, Kajsa			16-16 200 Back	F	2	17.00	2:27.74Y	2:32.91Y	-5.17		
Brown, Kajsa			16-16 200 Fly	F	2	17.00	3:00.68Y				
Brown, Kajsa			16-16 200 Free	F	3	16.00	2:14.76Y	2:16.10Y	-1.34		
Brown, Kajsa			16-16 50 Free	F	1	20.00	26.78Y	27.28Y	-0.50		
Driscoll, Hannah	11	F	11-11 100 Free	F	19		1:38.87Y	1:48.02Y	-9.15		
Fryer, Jenna	15	F	15-15 100 Back	F	6	13.00	1:13.68Y	1:12.97Y	0.71		
Fryer, Jenna			15-15 100 Fly	F	5	14.00	1:17.72Y	1:21.22Y	-3.50		
Fryer, Jenna			15-15 100 Free	F	2	17.00	1:03.02Y	1:06.13Y	-3.11		
Fryer, Jenna			15-15 200 Back	F	3	16.00	2:38.08Y	2:46.96Y	-8.88		
Fryer, Jenna			15-15 200 Fly	F	1	20.00	2:43.90Y				
Fryer, Jenna			15-15 50 Free	F	3	16.00	29.39Y	30.07Y	-0.68		
Koch, Lucy	11	F	11-11 100 Back	F	13	4.00	1:39.99Y				
Koch, Lucy			11-11 100 Breast	F	10	7.00	1:43.11Y	1:46.44Y	-3.33		
Koch, Lucy			11-11 100 Free	F	13	4.00	1:21.55Y	1:19.91Y	1.64		
Koch, Lucy			11-11 50 Back	F	16		48.24Y	50.10Y	-1.86		
Koch, Lucy			11-11 50 Breast	F	15	2.00	50.65Y	49.90Y	0.75		
Koch, Lucy			11-11 50 Free	F	13	4.00	36.07Y	34.92Y	1.15		

Levy, Madyson	12	F	11-11 100 Breast	F	5	14.00	1:34.17Y	1:34.33Y	-0.16
Levy, Madyson			11-11 100 Fly	F	1	20.00	1:22.59Y	1:25.97Y	-3.38
Levy, Madyson			11-11 100 IM	F	1	20.00	1:21.98Y	1:21.67Y	0.31
Levy, Madyson			11-11 200 IM	F	2	17.00	2:51.75Y	3:10.30Y	-18.55
Levy, Madyson			11-11 50 Back	F	3	16.00	36.17Y	35.73Y	0.44
Levy, Madyson			11-11 50 Breast	F	8	11.00	43.80Y	44.54Y	-0.74
Levy, Madyson			11-11 50 Fly	F	3	16.00	35.98Y	36.80Y	-0.82
Levy, Madyson			11-11 50 Free	F	2	17.00	30.66Y	30.77Y	-0.11
Levy, Sadie	13	F	13-13 100 Breast	F	6	13.00	1:29.52Y	1:22.92Y	6.60
Levy, Sadie			13-13 100 Fly	F	3	16.00	1:12.21Y	1:11.54Y	0.67
Levy, Sadie			13-13 200 Back	F	4	15.00	2:37.92Y	2:32.74Y	5.18
Levy, Sadie			13-13 200 Breast	F	4	15.00	3:06.61Y	3:04.93Y	1.68
Levy, Sadie			13-13 200 Fly	F	3	16.00	3:06.26Y		
Levy, Sadie			13-13 200 Free	F	4	15.00	2:22.19Y	2:12.10Y	10.09
Martin, Rosemary	8	F	8 & Under 100 Back	F	2	17.00	1:41.23Y		
Martin, Rosemary			8 & Under 100 Breast	F	3	16.00	2:20.93Y		
Martin, Rosemary			8 & Under 100 Free	F	2	17.00	1:37.08Y	1:52.91Y	-15.83
Martin, Rosemary			8 & Under 25 Breast	F	4	15.00	29.79Y	33.51Y	-3.72
Martin, Rosemary			8 & Under 50 Breast	F	5	14.00	1:05.15Y	1:19.06Y	-13.91
Martin, Rosemary			8 & Under 50 Fly	F	2	16.00	57.69Y		
Naulty, Zackary	10	M	10-10 100 Breast	F	9	9.00	1:57.89Y	1:50.34Y	7.55
Naulty, Zackary			10-10 100 IM	F	2	17.00	1:33.28Y	1:30.51Y	2.77
Naulty, Zackary			10-10 50 Back	F	1	20.00	40.14Y	41.55Y	-1.41
Naulty, Zackary			10-10 50 Fly	F	4	15.00	42.91Y	43.02Y	-0.11
Neufeld, Lyndon	11	M	11-11 100 Breast	F	4	15.00	1:35.30Y		
Neufeld, Lyndon			11-11 100 Free	F	4	15.00	1:14.34Y	1:19.70Y	-5.36
Neufeld, Lyndon			11-11 50 Back	F	1	20.00	38.60Y	53.68Y	-15.08
Neufeld, Lyndon			11-11 50 Breast	F	1	20.00	42.30Y	45.28Y	-2.98
Neufeld, Lyndon			11-11 50 Fly	F	3	16.00	38.38Y	40.38Y	-2.00
Neufeld, Lyndon			11-11 50 Free	F	4	15.00	33.35Y	34.32Y	-0.97
Pitone, Miles	13	M	13-13 100 Back	F	9	9.00	1:38.77Y		
Pitone, Miles			13-13 100 Free	F	8	11.00	1:20.93Y	1:24.76Y	-3.83

Pitone, Miles			13-13 50 Free	F	9	9.00	35.70Y	38.27Y	-2.57
Smith, Addison	15	F	15-15 100 Back	F	8	11.00	1:21.49Y	1:27.56Y	-6.07
Smith, Addison			15-15 100 Breast	F	3	16.00	1:31.17Y	1:29.05Y	2.12
Smith, Addison			15-15 100 Free	F	6	13.00	1:08.74Y	1:09.66Y	-0.92
Smith, Addison			15-15 200 Back	F	6	13.00	2:55.23Y		
Smith, Addison			15-15 200 Breast	F	1	20.00	3:10.49Y	3:07.42Y	3.07
Smith, Addison			15-15 50 Free	F	6	13.00	32.16Y	32.57Y	-0.41
Swank, Ava	10	F	10-10 100 Back	F	10	6.00	1:47.12Y	2:00.29Y	-13.17
Swank, Ava			10-10 100 Free	F	9	9.00	1:39.31Y	1:39.85Y	-0.54
Swank, Ava			10-10 50 Back	F	12	5.00	51.17Y	55.68Y	-4.51
Swank, Ava			10-10 50 Breast	F	14	3.00	1:05.74Y	1:14.10Y	-8.36
Swank, Ava			10-10 50 Free	F	12	5.00	45.30Y	46.02Y	-0.72
Thoits, Lucy	14	F	14-14 100 Back	F	7	12.00	1:13.71Y	1:17.76Y	-4.05
Thoits, Lucy			14-14 100 Breast	F	7	12.00	1:28.74Y	1:27.85Y	0.89
Thoits, Lucy			14-14 100 Free	F	4	15.00	1:03.07Y	1:05.05Y	-1.98
Thoits, Lucy			14-14 200 Back	F	4	15.00	2:38.01Y	2:49.62Y	-11.61
Thoits, Lucy			14-14 200 Breast	F	4	15.00	3:06.02Y	3:08.47Y	-2.45
Thoits, Lucy			14-14 200 Free	F	2	17.00	2:16.84Y	2:22.70Y	-5.86
Thoits, Lucy			14-14 50 Free	F	9	9.00	30.77Y	31.40Y	-0.63
Tofel, Emerson	16	M	15-15 100 Breast	F	2	17.00	1:10.97Y	1:11.05Y	-0.08
Tofel, Emerson			15-15 100 Free	F	3	16.00	56.37Y	57.57Y	-1.20
Tofel, Emerson			15-15 200 Fly	F	3	16.00	2:26.65Y	2:34.53Y	-7.88
Tofel, Kelly	13	M	13-13 100 Back	F	4	15.00	1:13.15Y	1:17.21Y	-4.06
Tofel, Kelly			13-13 100 Breast	F	4	15.00	1:25.95Y	1:26.94Y	-0.99
Tofel, Kelly			13-13 100 Fly	F	5	14.00	1:25.06Y	1:28.48Y	-3.42
Tofel, Kelly			13-13 100 Free	F	3	16.00	1:01.63Y	1:04.70Y	-3.07
Tofel, Kelly			13-13 200 Back	F	3	16.00	2:38.46Y		
Tofel, Kelly			13-13 200 Breast	F	3	16.00	3:06.10Y		
Tofel, Kelly			13-13 50 Free	F	4	15.00	29.43Y	29.18Y	0.25
Wells, Avery	9	F	9-9 100 Breast	F	8	11.00	2:35.32Y	2:36.90Y	-1.58
Wells, Avery			9-9 100 Free	F	7	12.00	2:09.88Y		
Wells, Avery			9-9 50 Back	F	7	12.00	56.69Y	1:05.37Y	-8.68
Wells, Avery			9-9 50 Breast	F	9	9.00	1:09.58Y	1:12.55Y	-2.97
Wells, Avery			9-9 50 Free	F	9	9.00	59.76Y	52.97Y	6.79

pospasil, viktor	17	M	17-17 100 Back	F	4	15.00	1:14.10Y	1:29.54Y	-15.44
pospasil, viktor			17-17 100 Free	F	4	15.00	59.00Y	1:03.45Y	-4.45
pospasil, viktor			17-17 200 Back	F	3	16.00	2:41.43Y	2:48.77Y	-7.34
pospasil, viktor			17-17 200 Free	F	3	16.00	2:18.38Y	2:28.60Y	-10.22
pospasil, viktor			17-17 50 Free	F	4	15.00	26.28Y	27.10Y	-0.82