

NW Region YMCA Qualifying Times (Girls 11-12)		GIRLS	OSI Short Course Qualifying Times (Girls 12)	
Yards	Meters		SCY A	SCY B
32.49	35.49	50 Free	27.89	30.79
My Times:				
Goal Time: _____				
1:10.99	1:17.69	100 Free	1:02.09	1:08.29
My Times:				
Goal Time: _____				
2:38.99	2:54.29	200 Free	2:18.59	2:32.49
My Times:				
Goal Time: _____				
500 - 6:40.99	400 - 5:53.59	500/400 Free	500 – 6:10.29	500 - 6:47.39
My Times:				
Goal Time: _____				
38.49	42.19	50 Back	33.39	36.79
My Times:				
Goal Time: _____				
1:25.99	1:34.29	100 Back	1:11.89	1:19.09
My Times:				
Goal Time: _____				
2:52.99	3:09.79	200 Back	2:27.29	2:42.09
My Times:				
Goal Time: _____				
42.49	46.59	50 Breast	36.39	40.09
My Times:				
Goal Time: _____				

1:35.99	1:45.39	100 Breast	1:21.69	1:29.89
My Times:				
Goal Time: _____				
3:08.99	3:27.59	200 Breast	2:54.69	3:12.59
My Times:				
Goal Time: _____				
38.49	42.19	50 Fly	32.89	36.29
My Times:				
Goal Time: _____				
1:25.99	1:34.29	100 Fly	1:15.69	1:23.39
My Times:				
Goal Time: _____				
2:52.99	3:09.79	200 Fly	2:41.09	2:57.19
My Times:				
Goal Time: _____				
1:21.99	1:29.89	100 IM	1:10.49	1:17.69
My Times:				
Goal Time: _____				
2:54.99	3:11.99	200 IM	2:34.89	2:50.79
My Times:				
Goal Time: _____				
5:34.99	6:11.79	400 IM	5:23.39	5:55.79
My Times:				
Goal Time: _____				
1000 - 12:40.99	800 - 11:06.39	800/1000 Free	1000 - 12:26.39	1000 - 13:41.09
My Times:				
Goal Time: _____				
1650 - 21:31.99	1500 - 21:33.79	1500/1650 Free	1650 - 21:09.49	1650 - 23:16.49
My Times:				
Goal Time: _____				

I qualified for regionals in:

I qualified for OSI Championships in:
