



NW Region YMCA Qualifying Times (Girls 13-14)		GIRLS	OSI Short Course A Time Standards (Girls 13)		OSI Short Course B Time Standards (Girls 13)	
Yards	Meters	Event	SCY A	SCM A	SCY B	SCM B
31.49	34.39	<b>50 Free</b>	27.79	30.59	30.59	33.69
My Times:						
Goal Time: _____						
1:06.99	1:13.29	<b>100 Free</b>	1:00.29	1:06.39	1:06.39	1:12.99
My Times:						
Goal Time: _____						
2:27.99	2:41.99	<b>200 Free</b>	2:11.89	2:25.09	2:25.09	2:39.59
My Times:						
Goal Time: _____						
500 - 6:20.99	400 - 5:33.59	<b>500/400 Free</b>	500 - 5:56.79	400 - 5:13.29	500 - 6:32.49	400 - 5:44.59
My Times:						
Goal Time: _____						
37.49	41.09	<b>50 Back</b>	n/a	n/a	n/a	n/a
My Times:						
Goal Time: _____						
1:19.99	1:27.69	<b>100 Back</b>	1:08.69	1:15.59	1:15.59	1:23.19
My Times:						
Goal Time: _____						
2:52.99	3:09.79	<b>200 Back</b>	2:27.29	2:42.09	2:42.09	2:58.29
My Times:						
Goal Time: _____						
42.49	46.59	<b>50 Breast</b>	n/a	n/a	n/a	n/a
My Times:						
Goal Time: _____						

1:28.99	1:37.69	<b>100 Breast</b>	1:18.89	1:26.79	1:26.79	1:35.49
My Times:						
Goal Time: _____						
3:08.99	3:27.59	<b>200 Breast</b>	2:49.39	3:06.39	3:06.39	3:24.99
My Times:						
Goal Time: _____						
35.49	38.79	<b>50 Fly</b>	n/a	n/a	n/a	n/a
My Times:						
Goal Time: _____						
1:21.99	1:29.89	<b>100 Fly</b>	1:09.59	1:16.59	1:16.59	1:24.29
My Times:						
Goal Time: _____						
2:52.99	3:09.79	<b>200 Fly</b>	2:41.09	2:57.19	2:57.19	3:14.99
My Times:						
Goal Time: _____						
2:52.99	3:01.99	<b>200 IM</b>	2:30.19	2:45.29	2:45.29	3:01.79
My Times:						
Goal Time: _____						
5:34.99	6:11.79	<b>400 IM</b>	5:23.39	5:55.79	5:55.79	6:31.39
My Times:						
Goal Time: _____						
1000 - 12:40.99	800 - 11:06.39	<b>800/1000 Free</b>	1000 - 12:26.39	800 - 10:47.49	1000 - 13:41.09	800 - 11:52.29
My Times:						
Goal Time: _____						
1650 - 21:31.99	1500 - 21:33.79	<b>1500/1650 Free</b>	1650- 21:09.49	1500 - 21:35.39	1650 - 23:16.49	1500 - 23:44.99
My Times:						
Goal Time: _____						