



| NW Region YMCA Qualifying Times (Boys 15-21) | | BOYS | OSI Short Course A Time Standards (Boys 15&O) | | OSI Short Course B Time Standards (Boys 15&O) | |
|--|------------------|-------------------------|---|------------------|---|------------------|
| Yards | Meters | Event | SCY A | SCM A | SCY B | SCM B |
| 26.49 | 28.89 | 50 Free | 23.79 | 26.29 | 26.29 | 27.99 |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |
| 56.99 | 1:02.09 | 100 Free | 51.99 | 57.39 | 57.39 | 1:00.89 |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |
| 2:10.99 | 2:23.19 | 200 Free | 1:53.59 | 2:05.49 | 2:05.49 | 2:15.19 |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |
| 500 - 6:00.99 | 400 - 5:15.79 | 500/400 Free | 500 - 5:09.79 | 400 - 4:33.39 | 500 - 5:39.79 | 400 - 5:00.19 |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |
| 33.49 | 36.59 | 50 Back | n/a | n/a | n/a | n/a |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |
| 1:08.99 | 1:15.49 | 100 Back | 58.29 | 1:05.29 | 1:05.29 | 1:10.69 |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |
| 2:44.99 | 2:53.09 | 200 Back | 2:08.49 | 2:24.79 | 2:24.79 | 2:34.09 |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |
| 36.49 | 39.89 | 50 Breast | n/a | n/a | n/a | n/a |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |

| | | | | | | |
|--------------------|--------------------|---------------------------|--------------------|--------------------|--------------------|--------------------|
| 1:17.99 | 1:25.49 | 100 Breast | 1:06.49 | 1:14.09 | 1:14.09 | 1:18.99 |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |
| 2:44.99 | 3:00.89 | 200 Breast | 2:28.29 | 2:47.29 | 2:47.29 | 2:56.99 |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |
| 31.49 | 34.39 | 50 Fly | n/a | n/a | n/a | n/a |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |
| 1:05.99 | 1:12.09 | 100 Fly | 57.49 | 1:03.39 | 1:03.39 | 1:08.39 |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |
| 2:22.99 | 2:36.49 | 200 Fly | 2:13.49 | 2:29.09 | 2:29.09 | 2:40.29 |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |
| 2:29.99 | 2:44.29 | 200 IM | 2:06.79 | 2:20.09 | 2:20.09 | 2:33.89 |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |
| 5:18.99 | 5:54.09 | 400 IM | 4:33.19 | 5:04.49 | 5:04.49 | 5:35.79 |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |
| 1000 – 11:40.99 | 800 – 10:12.79 | 800/1000 Free | 1000 – 10:50.49 | 800 – 9:32.09 | 1000 - 11:50.49 | 800 - 10:58.69 |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |
| 1650 – 19:59.99 | 1500 – 19:59.99 | 1500/1650 Free | 1650- 18.26.19 | 1500 – 18.34.09 | 1650 - 19:37.39 | 1500 - 20:00.79 |
| My Times: | | | | | | |
| Goal Time: _____ | | | | | | |