



NW Region YMCA Qualifying Times (Girls 9-10)		GIRLS	OSI Short Course A Time Standards (Girls 9)		OSI Short Course B Time Standards (Girls 9)	
Yards	Meters		SCY A	SCM A	SCY B	SCM B
37.49	40.09	50 Free	37.79	41.59	41.59	45.79
My Times: _____ Goal Time: _____						
1:23.49	1:32.09	100 Free	1:26.39	1:35.09	1:35.09	1:44.59
My Times: _____ Goal Time: _____						
3:09.09	3:28.69	200 Free	3:08.99	3:27.89	3:27.89	3:48.69
My Times: _____ Goal Time: _____						
45.49	49.89	50 Back	44.59	49.09	49.09	53.99
My Times: _____ Goal Time: _____						
1:42.99	1:53.19	100 Back	1:38.39	1:48.29	1:48.29	1:59.09
My Times: _____ Goal Time: _____						
50.49	55.49	50 Breast	50.59	55.69	55.69	1:01.29
My Times: _____ Goal Time: _____						
1:51.99	2:03.19	100 Breast	1:52.29	2:03.59	2:03.59	2:15.89
My Times: _____ Goal Time: _____						

49.99	54.39	50 Fly	45.79	50.39	50.39	55.49
My Times:						
Goal Time: _____						
1:48.99	1:59.89	100 Fly	1:53.39	2:04.79	2:04.79	2:17.29
My Times:						
Goal Time: _____						
1:37.99	1:47.69	100 IM	1:37.49	1:47.29	1:47.29	1:57.99
My Times:						
Goal Time: _____						
3:30.99	3:51.99	200 IM	3:32.59	3:53.89	3:53.89	4:17.29
My Times:						
Goal Time: _____						

I qualified for regionals in:

I qualified for OSI Championships in:
