

	<p style="text-align: center;"><b>2023 OH AP SPY Invitational</b>  <b>12/1/2023-12/3/2023</b>  <b>Held under the sanction of</b>  <b>YMCA Sanction #: CAQ-2023-OH09282594</b>  <b>USA Swimming Sanction Approval #: OH-24SC-[xx]</b></p>	<p style="text-align: center;"><b>Hosted by</b>  <b>SPY Swim Team</b></p>
<b>Location:</b>	<b>Springfield Family YMCA</b> 300 S. Limestone St. Springfield, Ohio 45505 937-323-3781	
<b>Facility:</b>	Six Lane 25-yard pool. Water depth measured from 1 to 5m from end walls are 12 feet for start and 4 feet for turn. Colorado System 6 Timing system. The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i> , Article 104.2.2C(4). The copy of such certification is on file with USA Swimming.	
<b>Meet Director:</b>	Jason Hill jmhill46@att.net (937) 215-4096	
<b>Meet Referee:</b>	Tina Gifford	
<b>Officials Contact for the Meet:</b>	Tina Gifford Email: tinagifford@gmail.com Cell phone (937) 838-1201	
<b>Entry Chair:</b>	Christine Bathgate cbathgate78@gmail.com 937-361-5691	
<b>Disclaimer:</b>	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.	
<b>Meet Type:</b>	<b>Invitational (Closed YMCA meet)</b> Timed Finals YMCA Sanctioned pending status once granted USA Swimming Approval Status once sanction is granted	
<b># of Sessions:</b>	5	
<b>Medical Supervision available to athletes</b>	Description of the medical & safety supervision are YMCA lifeguards as first responders and YMCA staff available to athletes participating in the meet. AED Device is centrally located and staff trained in our building EAP.	

Organization Regulations/Waivers	
<b>USA Swimming Rules</b>	<ul style="list-style-type: none"> <li>• At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet.</li> <li>• Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</li> <li>• Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices.</li> <li>• Deck changes are prohibited.</li> <li>• Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches,</li> </ul>

Organization Regulations/Waivers	
	<p>officials and/or spectators are present.</p> <ul style="list-style-type: none"> <li>Flash photography is not permitted at the start of any race.</li> <li>All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li> </ul>
<b>Technical Suit Ban</b>	<p>Per USA Swimming Rule 102.8.1F, 12 &amp; Under athletes may not compete in Technical Suits at this meet.</p> <p>A Technical Suit is one that has the following components:</p> <ul style="list-style-type: none"> <li>Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or</li> <li>Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.</li> </ul>
<b>Ohio State Laws that are applicable to Ohio Swimming sanctioned events</b>	<ul style="list-style-type: none"> <li>Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at <a href="http://www.swimohio.com">www.swimohio.com</a> under Safe Sport&gt;Concussion.</li> <li>There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.</li> </ul>
<b>Safe Sport 360</b>	<ul style="list-style-type: none"> <li>The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.</li> <li>The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.</li> <li>Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at <a href="http://www.uscenterforsafesport.org/report-a-concern">www.uscenterforsafesport.org/report-a-concern</a>. Various state laws may also require reporting to law enforcement or to a designated child protection agency.</li> <li>All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.</li> </ul>
<b>Waiver/Release</b>	<ul style="list-style-type: none"> <li>By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.</li> <li>All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or</li> </ul>

<b>Organization Regulations/Waivers</b>	
	have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.
<b>Entering the Meet</b>	
<b>Eligibility:</b>	<ul style="list-style-type: none"> <li>• All contestants must be verified USA Swimming members for SWIMS consideration under OH LSC Approval Meet status. Membership will not be verified at the meet.</li> <li>• USA Swimming Membership verification deadline is 5 PM EST one (1) business day prior to the first day of the meet (12/1/2023) for times to be considered for this APPROVED meet status. Unverified USA Swimming swimmers' times will not be considered for SWIMS.</li> <li>• All adult athletes must hold current Athlete Protection Training certification.</li> <li>• Age on the first day of the meet will determine age for the entire meet.</li> <li>• Follow requirements for YMCA Sanctioning for participating athletes following the " The Rules that Govern YMCA Competitive Sports &amp; the Addendum"</li> </ul>
<b>Disability Swimmers:</b>	<ul style="list-style-type: none"> <li>• Ohio Swimming welcomes swimmers with a disability.</li> <li>• Entry Procedures: <ul style="list-style-type: none"> <li>1. Enter the USA-S swimmers with a disability electronically or on the paper entry form.</li> <li>2. Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations.</li> <li>3. List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions.</li> </ul> </li> <li>• Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats.</li> <li>• See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).</li> </ul>
<b>Entry Limits</b>	<ul style="list-style-type: none"> <li>• Swimmers may swim a maximum of 4 individual events per day.</li> </ul>
<b>Entry Fees:</b>	<ul style="list-style-type: none"> <li>• \$5.00 per individual event.</li> <li>• \$ 18.00 per relay event.</li> <li>• \$ 2 surcharge per swimmer.</li> </ul>
<b>Entry Procedures:</b>	<ul style="list-style-type: none"> <li>• <b>Deadline for receipt of entries is WEDNESDAY 11/15/2023</b></li> <li>• Each Team must provide completed "<b>YMCA Sanctioned Meet Declaration Form</b>" before <b>12/1/2023</b>; email to Meet Director <a href="mailto:jmhill46@att.net">jmhill46@att.net</a></li> <li>• Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify).</li> <li>• All Swimmers must meet YMCA participation requirements and be member of YMCA for their team.</li> <li>• NO Unattached swimmers.</li> <li>• Entries not completed through a team software are subject to a \$25/swimmer surcharge. These fees are due at the time of the entry submission.</li> <li>• Send entries via email to: <a href="mailto:cbathgate78@gmail.com">cbathgate78@gmail.com</a> Christine Bathgate, Meet Entry Chair</li> <li>• Checks should be made payable to <b>SPRINGFIELD FAMILY YMCA</b>; memo place your TEAM's Name.</li> <li>• Meet Fee Payment due on or before 12/1/2023</li> <li>• "No Time" (NT) entries will be accepted.</li> <li>• The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.</li> </ul>
<b>Warm-up and Safety Guidelines:</b>	<ul style="list-style-type: none"> <li>• The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet.</li> <li>• Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees).</li> <li>• Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck.</li> </ul>

<b>Organization Regulations/Waivers</b>	
	<ul style="list-style-type: none"> <li>• YMCA and Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet.</li> <li>• Only Swimmers, Coaches, Officials, and Designated Meet Workers are permitted behind Starting Blocks.</li> </ul>
<b>Competition Guidelines:</b>	<ul style="list-style-type: none"> <li>• This meet will be a timed finals meet.</li> <li>• This meet will be contested in SCY.</li> <li>• This meet will be pre-seeded. Deck entries will be accepted at the meet (see Deck entry section below).</li> <li>• There will be Clerk of Course will be available for 10 &amp; Under Individual events. Teams will be responsible for reporting to starting blocks for Relay events</li> </ul>
<b>Scratch/ No Shows Procedures</b>	<ul style="list-style-type: none"> <li>• There is no penalty for No Show Swimmers. If coaches are aware of scratches before start of each session, it would be appreciated to assist in flow of meet and provide opportunity for any DECK Entries.</li> <li>• Teams are still responsible for meet fees of No Show Swimmers</li> </ul>
<b>Deck Entries</b>	<ul style="list-style-type: none"> <li>• Deck entries will be accepted at this meet for athletes verified by the published deadline in this meet information. Swimmer must still follow the FOUR individual per day meet rule. Deck entries will be entered in empty lanes only.</li> <li>• <b>DECK ENTRIES</b> \$7 per individual Event; \$20 per relay; \$3 surcharge if swimmer not currently entered in meet</li> <li>• <b>Deck Entries must be submitted 45 minutes before start of meet session</b></li> </ul>
<b>Awards:</b>	<ul style="list-style-type: none"> <li>• There will be awards at this meet. For individual events, 1<sup>st</sup>-16<sup>th</sup> place ribbons. For relays, 1<sup>st</sup>-8<sup>th</sup> place ribbons.</li> <li>• Heat Winner Ribbons for 10 and younger events</li> <li>• Results will be posted in main hallway of Y during the meet. If there is a concern with those posted results. Team Coach is designated person to talk with Meet Director.</li> </ul>
<b>General:</b>	<ul style="list-style-type: none"> <li>• Hospitality will be available for Coaches on Saturday &amp; Sunday. Limited Hospitality will be set up on Friday.</li> <li>• Concessions will be provided on Saturday and Sunday; located in small gym by racquet ball courts</li> <li>• Heat Sheets will be for sale</li> <li>• Results are unofficial on the Meet Mobile App</li> <li>• Live Results will be posted on SWIMSPY.com and are unofficial</li> <li>• Poco Loco Swim Gear will be available on Saturday and Sunday</li> <li>• There will be bottled water provided for officials, coaches and volunteers during the entire meet.</li> <li>• ONLY Swimmers, Coaches, Meet Workers, and officials are permitted in the start block deck area</li> <li>• Visiting Teams will be housed our YMCA's Large Gym</li> <li>• <u>Note Special MIXED Relay Event on Saturday: 201 Mixed 11-12 200 Medley Relay, 202 Mixed 13-14 200 Medley Relay, 203 Mixed 15 &amp; Over 200 Medley</u></li> </ul>
<b>Code of Conduct:</b>	Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams.

**2023 OH AP SPY Invitational**  
**Friday, December 1, 2023 – Sunday, December 3, 2023**  
**ORDER OF EVENTS**

<b>Friday Session #1 Evening</b>	<b>Saturday Session #2 11 &amp; Older Morning</b>	<b>Saturday Session #3 10 &amp; Younger Afternoon</b>
101 Girls 10 & Under 200 Freestyle 102 Boys 10 & Under 200 Freestyle 103 Girls 11 & Over 500 Freestyle 104 Boys 11 & Over 500 Freestyle 105 Girls 11-12 200 Freestyle 106 Boys 11-12 200 Freestyle 107 Girls 13-14 200 Freestyle 108 Boys 13-14 200 Freestyle 109 Girls 15 & Over 200 Freestyle 110 Boys 15 & Over 200 Freestyle	201 Mixed 11-12 200 Medley Relay 202 Mixed 13-14 200 Medley Relay 203 Mixed 15 & Over 200 Medley Relay 205 Girls 11 & Over 400 IM 206 Boys 11 & Over 400 IM 207 Girls 11-12 50 Freestyle 208 Boys 11-12 50 Freestyle 209 Girls 13-14 50 Freestyle 210 Boys 13-14 50 Freestyle 211 Girls 15 & Over 50 Freestyle 212 Boys 15 & Over 50 Freestyle 213 Girls 11-12 50 Butterfly 214 Boys 11-12 50 Butterfly 215 Girls 13-14 100 Butterfly 216 Boys 13-14 100 Butterfly 217 Girls 15 & Over 100 Butterfly 218 Boys 15 & Over 100 Butterfly 219 Girls 11-12 100 Breaststroke 220 Boys 11-12 100 Breaststroke 221 Girls 11 & Over 200 Breaststroke 222 Boys 11 & Over 200 Breaststroke 223 Girls 11-12 50 Backstroke 224 Boys 11-12 50 Backstroke 225 Girls 13-14 100 Backstroke 226 Boys 13-14 100 Backstroke 227 Girls 15 & Over 100 Backstroke 228 Boys 15 & Over 100 Backstroke 229 Girls 11-12 100 Butterfly 230 Boys 11-12 100 Butterfly 231 Girls 15 & Over 200 Medley Relay 232 Boys 15 & Over 200 Medley Relay 233 Girls 13-14 200 Medley Relay 234 Boys 13-14 200 Medley Relay 235 Girls 11-12 200 Medley Relay 236 Boys 11-12 200 Medley Relay	251 Girls 8 & Under 50 Freestyle 252 Boys 8 & Under 50 Freestyle 253 Girls 9-10 100 Freestyle 254 Boys 9-10 100 Freestyle 255 Girls 6 & Under 25 Backstroke 256 Boys 6 & Under 25 Backstroke 257 Girls 7-8 25 Backstroke 258 Boys 7-8 25 Backstroke 259 Girls 9-10 50 Backstroke 260 Boys 9-10 50 Backstroke 261 Girls 8 & Under 50 Breaststroke 262 Boys 8 & Under 50 Breaststroke 263 Girls 9-10 100 Breaststroke 264 Boys 9-10 100 Breaststroke 265 Girls 6 & Under 25 Butterfly 266 Boys 6 & Under 25 Butterfly 267 Girls 7-8 25 Butterfly 268 Boys 7-8 25 Butterfly 269 Girls 9-10 50 Butterfly 270 Boys 9-10 50 Butterfly 271 Girls 8 & Under 100 Freestyle 272 Boys 8 & Under 100 Freestyle 273 Girls 9-10 200 IM 274 Boys 9-10 200 IM 275 Girls 8 & Under 100 Freestyle Relay 276 Boys 8 & Under 100 Freestyle Relay 277 Girls 9-10 200 Freestyle Relay 278 Boys 9-10 200 Freestyle Relay

<b>Sunday Session #4 11 &amp; OLDER Morning</b>	<b>Sunday Session #5 10 &amp; Younger Afternoon</b>	
301 Girls 11 & Over 200 Backstroke 302 Boys 11 & Over 200 Backstroke 303 Girls 11-12 100 Freestyle 304 Boys 11-12 100 Freestyle 305 Girls 13-14 100 Freestyle 306 Boys 13-14 100 Freestyle 307 Girls 15 & Over 100 Freestyle 308 Boys 15 & Over 100 Freestyle 309 Girls 11-12 100 Backstroke 310 Boys 11-12 100 Backstroke 311 Girls 11 & Over 200 Butterfly 312 Boys 11 & Over 200 Butterfly 313 Girls 11-12 100 IM 314 Boys 11-12 100 IM 315 Girls 13-14 200 IM 316 Boys 13-14 200 IM 317 Girls 15 & Over 200 IM 318 Boys 15 & Over 200 IM 319 Girls 11-12 50 Breaststroke 320 Boys 11-12 50 Breaststroke 321 Girls 13-14 100 Breaststroke 322 Boys 13-14 100 Breaststroke 323 Girls 15 & Over 100 Breaststroke 324 Boys 15 & Over 100 Breaststroke 325 Girls 11-12 200 IM 326 Boys 11-12 200 IM 327 Girls 15 & Over 200 Freestyle Relay 328 Boys 15 & Over 200 Freestyle Relay 329 Girls 13-14 200 Freestyle Relay 330 Boys 13-14 200 Freestyle Relay 331 Girls 11-12 200 Freestyle Relay 332 Boys 11-12 200 Freestyle Relay	351 Girls 8 & Under 100 IM 352 Boys 8 & Under 100 IM 353 Girls 9-10 100 IM 354 Boys 9-10 100 IM 355 Girls 8 & Under 50 Backstroke 356 Boys 8 & Under 50 Backstroke 357 Girls 9-10 100 Backstroke 358 Boys 9-10 100 Backstroke 359 Girls 6 & Under 25 Freestyle 360 Boys 6 & Under 25 Freestyle 361 Girls 7-8 25 Freestyle 362 Boys 7-8 25 Freestyle 363 Girls 9-10 50 Freestyle 364 Boys 9-10 50 Freestyle 365 Girls 8 & Under 50 Butterfly 366 Boys 8 & Under 50 Butterfly 367 Girls 9-10 100 Butterfly 368 Boys 9-10 100 Butterfly 369 Girls 6 & Under 25 Breaststroke 370 Boys 6 & Under 25 Breaststroke 371 Girls 7-8 25 Breaststroke 372 Boys 7-8 25 Breaststroke 373 Girls 9-10 50 Breaststroke 374 Boys 9-10 50 Breaststroke 375 Girls 8 & Under 100 Medley Relay 376 Boys 8 & Under 100 Medley Relay 377 Girls 9-10 200 Medley Relay 378 Boys 9-10 200 Medley Relay	

**YMCA Sanctioned Meet Declaration Form**  
**for 2023 OH AP SPY Invitational**  
(Return signed form to the meet director)

**Participating YMCA:** \_\_\_\_\_

**YMCA Address:** \_\_\_\_\_

**Meet Name:** **2023 OH AP SPY Invitational**

**Meet Date(s):** **12/01/2023- 12/03/2023**

**Meet Host:** Springfield Family YMCA

**Meet Location:** 300 S. Limestone St., Springfield, Ohio 45505

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We the undersigned attest to the following:

**SWIMMERS** - All swimmers representing the YMCA above are full privilege members of this YMCA and meet all eligibility requirements.

- All swimmers age 18 and older have completed Child/Athlete Protection Training within the past 12 months.

**COACHES** - All coaches representing the YMCA above have completed the annual YMCA coach registration and hold current certifications in:

- BLS (Professional Rescuer CPR)
- First Aid
- Safety Training for Swim Coaches
- Child/Athlete Protection Training
- Principles of YMCA Competitive Swimming and Diving

**INSURANCE** - Our Association has insurance coverage for representative(s) including participants, coaches, volunteers and leadership who will be in attendance at the **2023 OH AP SPY Invitational** for the entire period of the meet. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our participants, coaches, volunteers and leadership during their participation in the **2023 OH AP SPY Invitational**

**RELEASE** - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, Springfield Family YMCA, their agents, representatives or assigns, and the Facility of the Springfield Family YMCA for any and all injuries which may be suffered by participants at the **2023 OH AP SPY Invitational**. Furthermore, we understand that the YMCA of the USA and Springfield Family YMCA are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

*Printed Name and Signature of Head Coach* \_\_\_\_\_

*Printed Name and Signature of YMCA CEO or Executive Director* \_\_\_\_\_

