

## Hood River Swim Team

### RECORDS TEAM RECORDS

#### LC Meters-Women

8 & U	50 Free	38.33	<b>29-Jun-12</b>	HRST- OR	Sarah E. Arpag at Ted Walker Invitational	
	100 Free	1:25.11	<b>14-Jul-12</b>	HRST- OR	SARAH E. ARPAG at 2012 OSI LC 10 & UNDER CHAMPIONSHIPS	
	200 Free	3:15.31	<b>10-Aug-07</b>	HRST- OR	DHANI FREELAND at 2007 Oregon Trail Invitational	
	50 Back	46.49	<b>21-Jun-07</b>	HRST- OR	DHANI FREELAND at Mt Hood LC Open A/B	
	100 Back	1:49.22	<b>24-May-14</b>	HRST- OR	MICHELLE T. GRAVES at 2014 CRST Decathlon	
	50 Breast	53.16	<b>7-Aug-98</b>	HRST	MACKENZIE RYAN at EO DISTRICT	
	100 Breast	2:00.38	<b>4-Jul-03</b>	HRST- OR	SOPHIE S OSWALD at Pendleton Invitational Swim Me	
	50 Fly	44.96	<b>7-Aug-98</b>	HRST	MACKENZIE RYAN at EO DISTRICT	
	100 Fly	2:01.13	<b>9-Jul-04</b>	HRST- OR	MARIAH L RAWDING at 2004 TED WALKER INVITATIONAL	
	200 IM	3:46.54	<b>1-Jul-90</b>	HRST	BETHANY PENDLETON	
	200 Free Relay	3:26.39	<b>4-Jul-97</b>	HRST	J. DAVIS, K. HIDLE, E. HANEY, A. JOHNISEE at THE DALLES	
	200 Medley Relay	3:50.96	<b>1-Aug-97</b>	HRST	E. HANEY, M. RYAN, J. DAVIS, A. JOHNISEE at EO DISTRICT	
	9-10	50 Free	32.46	<b>19-Jun-98</b>	HRST	NETICIA ENESI at MT. HOOD
		100 Free	1:11.18	<b>19-Jul-14</b>	HRST- OR	SARAH E. ARPAG at 2014 OSI 12&U LC Championships
200 Free		2:37.06	<b>1-Jul-92</b>	HRST	BETHANY PENDLETON	
50 Back		38.85	<b>13-Jun-14</b>	HRST- OR	SARAH E. ARPAG at 2014 Howard Jones Memorial Age Group LC Meet	
100 Back		1:24.71	<b>26-Jun-98</b>	HRST	NETICIA ENESI at JD PENCE	
50 Breast		42.68	<b>10-Aug-07</b>	HRST- OR	KYLIE M. WEBB at 2007 Oregon Trail Invitational	
100 Breast		1:30.51	<b>14-Jul-07</b>	HRST- OR	KYLIE M. WEBB at Speedo 10 and Under Swim Champs LC 07	
50 Fly		37.34	<b>7-Aug-98</b>	HRST	NETICIA ENESI at EO DISTRICT	
100 Fly		1:30.29	<b>14-Jul-07</b>	HRST- OR	KYLIE M. WEBB at Speedo 10 and Under Swim Champs LC 07	
200 IM		2:58.22	<b>14-Jul-07</b>	HRST- OR	KYLIE M. WEBB at Speedo 10 and Under Swim Champs LC 07	
200 Free Relay		2:28.21	<b>1-Aug-97</b>	HRST	HRST "A" AT PENDLETON INVITATIONAL	
200 Medley Relay		2:54.77	<b>31-Jul-97</b>	HRST	N. ENESI, A. MACMILLAN, K. RYAN, J. DAVIS at AGE GROUP REGIONALS	
11-12		50 Free	29.81	<b>1-Jul-91</b>	HRST	BROOKE BALDWIN
		100 Free	1:04.30	<b>1-Jul-96</b>	HRST	KATIE HANEY
	200 Free	2:16.27	<b>1-Jul-96</b>	HRST	KATIE HANEY	
	400 Free	4:50.32	<b>1-Jul-96</b>	HRST	KATIE HANEY	
	50 Back	34.77	<b>24-Jul-08</b>	HRST- OR	MARIAH L. RAWDING at 2008 LC 11 and Over Championships	
	100 Back	1:15.82	<b>24-Jul-08</b>	HRST- OR	MARIAH L. RAWDING at 2008 LC 11 and Over Championships	
	50 Breast	39.25	<b>26-Jul-18</b>	HRST- OR	MICHELLE T. GRAVES at 2018 OSI Arena 11&O LC Championships	
	50 Breast	39.25	<b>24-Jul-08</b>	HRST- OR	MARIAH L. RAWDING at 2008 LC 11 and Over Championships	
	100 Breast	1:24.53	<b>5-Aug-08</b>	HRST- OR	MARIAH L. RAWDING at 2008 Western Zones Swimming Championships	
	50 Fly	32.57	<b>27-Jul-00</b>	HRST- OR	NETICIA F ENESI at OSI LC 11&OVER CHAMP	
	100 Fly	1:13.17	<b>15-Aug-00</b>	HRST- OR	NETICIA F ENESI at WESTERN ZONE CHAMPS	
	200 IM	2:40.95	<b>27-Jul-00</b>	HRST- OR	NETICIA F ENESI at OSI LC 11&OVER CHAMP	
	200 Free Relay	2:03.08	<b>4-Aug-94</b>	HRST	A. BIRCH, B. PENDLETON, C. SULLIVAN, A. PENDLETON at AGE GROUP REGION	
	400 Free Relay	4:39.94	<b>15-Jul-94</b>	HRST	A. BIRCH, C. SULLIVAN, A. PENDLETON, B. PENDLETON at OSI LC CHAMPS	
	200 Medley Relay	2:29.63	<b>12-Aug-94</b>	HRST	A. BIRCH, A. PENDLETON, C. SULLIVAN, B. PENDLETON at EO DISTRICT	
	400 Medley Relay	5:39.44	<b>15-Jul-94</b>	HRST	B. PENDLETON, A. PENDLETON, C. SULLIVAN, A. BIRCH at OSI LC CHAMPS	
	13-14	50 Free	28.15	<b>1-Aug-96</b>	HRST	BETHANY PENDLETON at JR NATIONALS
100 Free		1:00.46	<b>1-Aug-96</b>	HRST	BETHANY PENDLETON at JR NATIONALS	
200 Free		2:09.58	<b>1-Aug-96</b>	HRST	BETHANY PENDLETON at JR NATIONALS	
400 Free		4:34.08	<b>25-Jul-13</b>	HRST- OR	DHANI FREELAND at 2013 OSI LC 13 & OVER CHAMPIONSHIPS	
800 Free		9:52.83	<b>28-Jun-13</b>	HRST- OR	DHANI FREELAND at 2013 SUN COUNTRY INVITATIONAL	
1500 Free		18:15.93	<b>5-Jul-96</b>	HRST	BETHANY PENDLETON at PENDLETON	
100 Back		1:11.15	<b>26-Jul-18</b>	HRST- OR	SARAH E. ARPAG at 2018 OSI Arena 11&O LC Championships	

### Hood River Swim Team

#### RECORDS TEAM RECORDS

13-14	200	Back	2:34.06	<b>25-Jul-13</b>	HRST- OR	DHANI FREELAND at 2013 OSI LC 13 & Over Championship	
	100	Breast	1:17.38	<b>5-Aug-99</b>	HRST- OR	CAITLYN A SHORTT at AGR WENATCHEE	
	200	Breast	2:46.54	<b>22-Jul-99</b>	HRST- OR	CAITLYN A SHORTT at OSI 11&O LC CHAMPS	
	100	Fly	1:08.63	<b>25-Jul-97</b>	HRST	KATIE HANEY at OSI 11&O LC CHAMPS	
	200	Fly	2:46.64	<b>29-Jul-10</b>	HRST- OR	MARIAH L. RAWDING at 2010 Speedo LC 11 & Over Championship	
	200	IM	2:29.75	<b>25-Jul-13</b>	HRST- OR	DHANI FREELAND at 2013 OSI LC 13 & Over Championship	
	400	IM	5:18.78	<b>1-Aug-96</b>	HRST	BETHANY PENDLETON at JR NATIONALS	
	200	Free Relay	2:03.57	<b>14-Jul-95</b>	HRST	C. SULLIVAN, A. PENDLETON, L. DESROCHERS, B. PENDLETON at OSI LC CHAM	
	400	Free Relay	4:29.41	<b>14-Jul-95</b>	HRST	C. SULLIVAN, A. PENDLETON, L. DESROCHERS, B. PENDLETON at OSI LC CHAM	
	200	Medley Relay	2:23.50	<b>14-Jul-95</b>	HRST	B. PENDLETON, A. PENDLETON, C. SULLIVAN, L. DESROCHERS at OSI LC CHAM	
	400	Medley Relay	5:12.31	<b>14-Jul-95</b>	HRST	B. PENDLETON, A. PENDLETON, C. SULLIVAN, L. DESROCHERS at OSI LC CHAM	
15-18	50	Free	27.54	<b>5-Aug-97</b>	HRST	BETHANY PENDLETON at JR NATIONALS	
	100	Free	59.53	<b>28-Jul-16</b>	HRST- OR	DHANI FREELAND at 2016 OSI Speedo 11&O LC Championships	
	200	Free	2:08.49	<b>30-Jul-98</b>	HRST	BETHANY PENDLETON at AG REGIONALS WENATCHEE	
	400	Free	4:34.07	<b>20-Jul-16</b>	HRST- OR	DHANI FREELAND at 2016 Speedo Sectionals at Gresham	
	800	Free	9:35.37	<b>23-Jul-98</b>	HRST	BETHANY PENDLETON at OSI 11&O LC CHAMPS	
	1500	Free	18:24.94	<b>20-Jun-97</b>	HRST	BETHANY PENDLETON at MT HOOD	
	100	Back	1:09.06	<b>30-Jul-98</b>	HRST	BETHANY PENDLETON at AG REGIONALS WENATCHEE	
	200	Back	2:27.64	<b>30-Jul-98</b>	HRST	BETHANY PENDLETON at AG REGIONALS WENATCHEE	
	100	Breast	1:17.52	<b>25-Jul-13</b>	HRST- OR	KYLIE WEBB at 2013 OSI LC 13 & OVER CHAMPIONSHIPS	
	200	Breast	2:47.39	<b>21-Jul-94</b>	HRST	KIM SIMPSON at SENIOR REGIONALS	
	100	Fly	1:04.87	<b>28-Jul-16</b>	HRST- OR	DHANI FREELAND at 2016 OSI Speedo 11&O LC Championships	
	200	Fly	2:26.28	<b>21-Jul-22</b>	HRST- OR	SARAH E ARPAG at 2022 OSI Arena 11&O LC Championships	
	200	IM	2:25.00	<b>28-Jul-16</b>	HRST- OR	DHANI FREELAND at 2016 OSI Speedo 11&O LC Championships	
	400	IM	5:14.85	<b>23-Jul-15</b>	HRST- OR	KYLIE M. WEBB at 2015 OSI Speedo LC Championships	
	200	Free Relay	1:58.50	<b>7-Aug-98</b>	HRST	A.BIRCH, A. PENDLETON, B. PENDLETON, E. WEINHEIMER AT EO DISTRICTS	
	400	Free Relay	4:33.84	<b>14-Jul-95</b>	HRST	K. BRUMBAUGH, K. SIMPSON, K. MAYER, J. BRUMBAUGH at OSI LC CHAMPS	
	800	Free Relay	10:58.76	<b>30-Jun-95</b>	HRST	C. LEWIS, L. GALLOWAY, J. BRUMBAUGH, K. BRUMBAUGH at HERMISTON	
	200	Medley Relay	2:12.61	<b>20-Jun-14</b>	HRST	D.MILLER, K.WEBB, D.FREELAND, M. RAWDING	
		400	Medley Relay	5:14.27	<b>14-Jul-95</b>	HRST	J. BRUMBAUGH, K. BRUMBAUGH, K. SIMPSON, K. MAYER at OSI LC CHAMPS
	Senior	50	Free	27.54	<b>5-Aug-97</b>	HRST	BETHANY PENDLETON at JR NATIONALS
100		Free	59.53	<b>28-Jul-01</b>	HRST	DHANI FREELAND at 2016 OSI Speedo 11&O LC CHAMPS	
200		Free	2:08.49	<b>30-Jul-98</b>	HRST	BETHANY PENDLETON at AG REGIONALS WENATCHEE8	
400		Free	4:34.07	<b>20-Jul-16</b>	HRST	DHANI FREELAND at 2016 Speedo Sectinoals at Gresham	
800		Free	9:35.37	<b>23-Jul-98</b>	HRST	BETHANY PENDLETON at OSI 11&O LC CHAMPS	
1500		Free	18:24.94	<b>20-Jun-97</b>	HRST	BETHANY PENDLETON at MT HOOD	
100		Back	1:09.06	<b>30-Jul-98</b>	HRST	BETHANY PENDLETON at AG REGIONALS WENATCHEE	
200		Back	2:27.64	<b>30-Jul-98</b>	HRST	BETHANY PENDLETON at AG REGIONALS WENATCHEE	
100		Breast	1:17.38	<b>5-Aug-99</b>	HRST	CAITLYN SHORTT at AGR WENATCHEE	
200		Breast	2:46.54	<b>22-Jul-99</b>	HRST	CAITLYN SHORTT at OSI 11&O LC CHAMPS	
100		Fly	1:04.87	<b>28-Jul-16</b>	HRST- OR	DHANI FREELAND at 2016 OSI Speedo 11&O LC Championships	
200		Fly	2:26.28	<b>21-Jul-22</b>	HRST- OR	SARAH E. ARPAG at 2022 OSI Arena 11&O LC Championships	
200		IM	2:25.00	<b>28-Jul-16</b>	HRST	DHANI FREELAND at 2016 OSI Speedo LC Championships	
400		IM	5:14.85	<b>23-Jul-15</b>	HRST	KYLIE WEBB at 2015 OSI Speedo LC Championships	
200		Free Relay	1:54.24	<b>23-Jul-15</b>	HRST- OR	D. FREELAND, E. NELSON, K. WEBB, M. RAWDING	
400		Free Relay	4:12.56	<b>23-Jul-15</b>	HRST- OR	M. RAWDING, K. WEBB, E. NELSON, D. FREELAND	
800		Free Relay	9:36.87	<b>20-Jun-97</b>	HRST	B. PENDLETON, K. HANEY, A. BIRCH, A. BAKER at MT HOOD	
200		Medley Relay	2:08.52	<b>15-Jul-14</b>	HRST- OR	D. MILLER K. WEBB, D. FREELAND, M. RAWDING	
		400	Medley Relay	4:40.49	<b>23-Jul-15</b>	HRST- OR	D. MILLER, M. RAWDING, K. WEBB, D. FREELAND

### Hood River Swim Team

## RECORDS TEAM RECORDS

### LC Meters-Men

8 & U	50 Free	35.65	<b>7-May-11</b>	HRST- OR	EMILIO D. CASTANEDA at 2011 BEND-PAC-LOSC-HRVST QUAD MEET	
	100 Free	1:25.53	<b>17-Jun-11</b>	HRST- OR	EMILIO D. CASTANEDA at 2011 Howard Jones Memorial Age Group LC Meet	
	200 Free	3:18.06	<b>17-Jun-11</b>	HRST- OR	EMILIO D. CASTANEDA at 2011 HOWARD JONES MEMORIAL LC AGE GROUP MEET	
	50 Back	46.11	<b>7-Jul-95</b>	HRST	DOMINIC BUTTACCIO at PENDLETON	
	100 Back	1:50.27	<b>7-Jul-95</b>	HRST	DOMINIC BUTTACCIO at PENDLETON	
	50 Breast	53.73	<b>16-Jul-93</b>	HRST	SEAN JENNINGS at THE DALLES	
	100 Breast	1:52.67	<b>7-Jul-95</b>	HRST	DOMINIC BUTTACCIO at PENDLETON	
	50 Fly	45.05	<b>16-Jul-05</b>	HRST- OR	MATTHEW L. BERGSTROM at 2005 Speedo LC 10 & Under Champs	
	100 Fly	2:00.42	<b>8-Jul-05</b>	HRST- OR	MATTHEW L. BERGSTROM at Ted Walker Invitational 2005	
	200 IM	3:47.68	<b>30-May-09</b>	HRST- OR	JJ MEARS at 2009 Big Wave Decathlon-Pentathlon	
	200 Free Relay	3:16.93	<b>10-Jul-10</b>	HRST- OR	C. TRUMMEL, S. ARPAG, B. FICK, E. CASTANEDA	
	200 Medley Relay	3:51.49	<b>28-Jul-95</b>	HRST	C. JENNINGS, J. JENNINGS, D. BUTTACCIO, E. FLORY at THE DALLES	
	9-10	50 Free	33.02	<b>14-Jun-13</b>	HRST- OR	EMILIO D. CASTANEDA at 2013 Howard Jones Memorial Age Group LC Meet
		100 Free	1:12.06	<b>19-Jul-97</b>	HRST	DOMINIC BUTTACCIO at 10&U LC CHAMPS
200 Free		2:39.23	<b>31-Jul-97</b>	HRST	DOMINIC BUTTACCIO at AGE GROUP REGIONALS	
50 Back		37.49	<b>31-Jul-97</b>	HRST	DOMINIC BUTTACCIO at AGE GROUP REGIONALS	
100 Back		1:22.78	<b>12-Aug-97</b>	HRST	DOMINIC BUTTACCIO at WESTERN ZONES ROSEVILLE	
50 Breast		41.65	<b>1-Aug-96</b>	UN	HENRY BURTON at AGE GROUP REGIONALS	
100 Breast		1:28.87	<b>1-Aug-96</b>	UN	HENRY BURTON at AGE GROUP REGIONALS	
50 Fly		35.12	<b>14-Jul-07</b>	HRST- OR	MATTHEW L. BERGSTROM at Speedo 10 and Under Swim Champs LC 07	
100 Fly		1:24.67	<b>14-Jun-13</b>	HRST- OR	EMILIO D. CASTANEDA at 2013 Howard Jones Memorial Age Group LC Meet	
200 IM		2:59.92	<b>1-Aug-96</b>	UN	HENRY BURTON at AGE GROUP REGIONALS	
200 Free Relay		2:27.04	<b>19-Jul-97</b>	HRST	C. JENNINGS, J. JENNINGS, D. BUTTACCIO, S. RITTER at OSI 10&U CHAMPS	
200 Medley Relay		2:52.56	<b>19-Jul-97</b>	HRST	D. BUTTACCIO, J. JENNINGS, C. JENNINGS, S. RITTER at OSI 10&U CHAMPS	
11-12		50 Free	29.76	<b>1-Aug-92</b>	HRST	FOREST KUYKENDALL at EO DISTRICT
		100 Free	1:06.59	<b>21-Jul-22</b>	HRST- OR	WILLIAM A FROST at 2022 OSI Arena 11&O LC Championships
	200 Free	2:23.75	<b>29-Jul-10</b>	HRST- OR	DAVID P. WALKER at 2010 Speedo LC 11 & Over Championship	
	400 Free	5:03.72	<b>4-Aug-94</b>	HRST	EDDIE MIELKE at AGE GROUP REGIONALS	
	50 Back	33.35	<b>26-Jul-96</b>	HRST	JERED CRAMBLETT at OSI 11&O LC CHAMPS	
	100 Back	1:15.89	<b>1-Aug-96</b>	HRST	JERED CRAMBLETT at AGE GROUP REGIONALS	
	50 Breast	39.31	<b>25-Jul-97</b>	HRST	SEAN JENNINGS at OSI 11&O LC CHAMPS	
	100 Breast	1:24.34	<b>25-Jul-97</b>	HRST	SEAN JENNINGS at OSI 11&O LC CHAMPS	
	50 Fly	33.69	<b>6-Jul-12</b>	HRST- OR	CHAD D. KLAAS at 2012 IE PENDLETON INVITE	
	100 Fly	1:13.30	<b>14-Jun-13</b>	HRST- OR	CHAD D. KLAAS at 2013 Howard Jones Memorial Age Group LC Meet	
	200 IM	2:46.37	<b>8-Aug-97</b>	HRST	CODY MACMILLAN at EO DISTRICT	
	200 Free Relay	2:09.26	<b>25-Jul-97</b>	HRST	S. JENNINGS, C. MACMILLAN, D. CHANCE, DANIEL CHANCE at OSI 11&O LC CHAMPS	
	400 Free Relay	4:44.46	<b>25-Jul-97</b>	HRST	S. JENNINGS, H. BURTON, DANIEL CHANCE, C. MACMILLAN at OSI 11&O LC CHAMPS	
	200 Medley Relay	2:28.63	<b>25-Jul-97</b>	HRST	DANIEL CHANCE, C. MACMILLAN, H. BURTON, S. JENNINGS at OSI 11&O LC CHAMPS	
400 Medley Relay	5:27.97	<b>31-Jul-97</b>	HRST	DANIEL CHANCE, S. JENNINGS, H. BURTON, C. MACMILLAN at AGE GROUP REGIONALS		
13-14	50 Free	27.33	<b>10-Jul-98</b>	HRST	OLIVER BURTON at PENDLETON	
	100 Free	59.13	<b>11-Jul-09</b>	HRST- OR	SCOTT W. BERGSTROM at 2009 State Games of Oregon	
	200 Free	2:08.22	<b>18-Jun-09</b>	HRST- OR	SCOTT W. BERGSTROM at 2009 Howard Jones Memorial Long Course Open	
	400 Free	4:18.43	<b>4-Aug-09</b>	HRST- OR	SCOTT W. BERGSTROM at 2009 Western Zone Swimming Championships	
	800 Free	9:02.59	<b>4-Aug-09</b>	HRST- OR	SCOTT W. BERGSTROM at 2009 Western Zone Swimming Championships	
	1500 Free	17:22.25	<b>4-Aug-09</b>	HRST- OR	SCOTT W. BERGSTROM at 2009 Western Zone Swimming Championships	
	100 Back	1:10.67	<b>17-May-24</b>	HRST- OR	WILLIAM A FROST at 2024 Comfort Suites CAT LC Open	
	200 Back	2:30.68	<b>17-May-24</b>	HRST- OR	WILLIAM A FROST at 2024 Comfort Suites CAT LC Open	

### Hood River Swim Team

#### RECORDS TEAM RECORDS

13-14	100 Breast	1:12.96	<b>4-Aug-09</b>	HRST- OR	CONNOR M. WEBB at 2009 Western Zone Swimming Championships
	200 Breast	2:37.86	<b>30-May-09</b>	HRST- OR	CONNOR M. WEBB at 2009 Big Wave Decathlon-Pentathlon
	100 Fly	1:02.21	<b>4-Aug-09</b>	HRST- OR	SCOTT W. BERGSTROM at 2009 Western Zone Swimming Championships
	200 Fly	2:15.33	<b>4-Aug-09</b>	HRST- OR	SCOTT W. BERGSTROM at 2009 Western Zone Swimming Championships
	200 IM	2:22.33	<b>4-Aug-09</b>	HRST- OR	CONNOR M. WEBB at 2009 Western Zone Swimming Championships
	400 IM	5:04.80	<b>26-Jun-09</b>	HRST- OR	CONNOR M. WEBB at Sun Country Invitational 2009
	200 Free Relay	1:55.66	<b>7-Aug-98</b>	HRST	O. BURTON, J. CRAMBLETT, S. JENNINGS, C. MACMILLAN at EO DISTRICT
	400 Free Relay	4:19.33	<b>23-Jul-98</b>	HRST	O. BURTON, J. CRAMBLETT, C. MACMILLAN, S. JENNINGS at OSI 11&O LC CHAM
	200 Medley Relay	2:10.02	<b>7-Aug-98</b>	HRST	J. CRAMBLETT, S. JENNINGS, O. BURTON, C. MACMILLAN at EO DISTRICT
400 Medley Relay	5:01.27	<b>23-Jul-98</b>	HRST	C. MACMILLAN, S. JENNINGS, O. BURTON, J. CRAMBLETT at OSI 11&O LC CHAM	
15-18	50 Free	25.21	<b>8-Aug-11</b>	HRST- OR	SCOTT W. BERGSTROM at 2011 Speedo Junior National Championships TT
	100 Free	54.00	<b>21-Jun-13</b>	HRST- OR	SCOTT W. BERGSTROM at 2013 Howard Jones Memorial Senior LC Meet
	200 Free	1:53.62	<b>5-Aug-13</b>	HRST- OR	SCOTT W. BERGSTROM at 2013 SPEEDO JUNIOR NATIONAL CHAMPIONSHIPS
	400 Free	4:01.74	<b>5-Aug-13</b>	HRST- OR	SCOTT W. BERGSTROM at 2013 Speedo Junior National Championships
	800 Free	8:42.74	<b>10-Aug-10</b>	HRST- OR	SCOTT W. BERGSTROM at 2010 Western Zone Swimming Championships
	1500 Free	16:31.87	<b>10-Aug-10</b>	HRST- OR	SCOTT W. BERGSTROM at 2010 Western Zone Swimming Championships
	100 Back	1:06.17	<b>17-May-13</b>	HRST- OR	SCOTT W. BERGSTROM at CAT LC Open 2013
	200 Back	2:27.59	<b>18-May-12</b>	HRST- OR	CONNOR M. WEBB at CAT LC Open 2012
	100 Breast	1:07.26	<b>8-Jun-12</b>	HRST- OR	CONNOR M. WEBB at 2012 IST Last Chance for Glory
	200 Breast	2:24.46	<b>8-Jun-12</b>	HRST- OR	CONNOR M. WEBB at 2012 IST Last Chance for Glory
	100 Fly	56.56	<b>8-Jun-12</b>	HRST- OR	SCOTT W. BERGSTROM at 2012 IST Last Chance for Glory
	200 Fly	2:02.66	<b>8-Jun-12</b>	HRST- OR	SCOTT W. BERGSTROM at 2012 IST Last Chance for Glory
	200 IM	2:13.36	<b>5-Aug-13</b>	HRST- OR	CONNOR M. WEBB at 2013 Speedo Junior National Championships
	400 IM	4:44.78	<b>8-Mar-12</b>	HRST- OR	CONNOR M. WEBB at 2012 Western Zone Speedo Champion Series
	200 Free Relay	1:48.95	<b>21-Jun-13</b>	HRST	C WEBB, C GALVEZ, D WALKER, S BERGSTROM
	400 Free Relay	4:12.61	<b>1-Jul-92</b>	HRST	T. HEUBERGER, B. LEWIS, S. HAZEN, K. LEWIS
	800 Free Relay	8:42.13	<b>21-Jun-13</b>	HRST- OR	C WEBB, C GALVEZ, D WALKER, S BERGSTROM @ Howard
	200 Medley Relay	2:06.50	<b>12-Aug-94</b>	HRST	B. NEELY, B. HEUBERGER, K. DIXON, E. PENDLETON at EO DISTRICT
	400 Medley Relay	4:25.57	<b>21-Jun-13</b>	HRST	D WALKER, C WEBB, C GALVEZ, S BERGSTROM
	Senior	50 Free	25.21	<b>8-Aug-11</b>	HRST- OR
100 Free		54.76	<b>20-Jun-14</b>	HRST- OR	SCOTT W. BERGSTROM at 2014 Howard Jones Memorial Senior LC Meet
200 Free		1:53.62	<b>5-Aug-13</b>	HRST- OR	SCOTT W. BERGSTROM at 2013 SPEEDO JUNIOR NATIONAL CHAMPIONSHIPS
400 Free		4:01.43	<b>14-Jul-15</b>	HRST- OR	SCOTT W. BERGSTROM at 2015 Speedo Western Section LC Championship
800 Free		8:42.74	<b>10-Aug-10</b>	HRST- OR	SCOTT W. BERGSTROM at 2010 Western Zones Swimming Championships
1500 Free		16:04.76	<b>14-Jul-15</b>	HRST- OR	SCOTT W. BERGSTROM at 2015 Speedo Western Section LC Championship
100 Back		1:06.17	<b>17-May-13</b>	HRST	SCOTT W. BERGSTROM at CAT LC Open 2013
200 Back		2:27.59	<b>18-May-12</b>	HRST	CONNOR M. WEBB at CAT LC Open 2012
100 Breast		1:06.80	<b>14-Jul-15</b>	HRST- OR	CONNOR M. WEBB at 2015 Speedo Western Section LC Championship
200 Breast		2:24.46	<b>8-Jun-12</b>	HRST- OR	CONNOR M. WEBB at 2012 Last Chance for Glory
100 Fly		56.56	<b>8-Jun-12</b>	HRST- OR	SCOTT W. BERGSTROM at 2012 IST Last Chance for Glory
200 Fly		2:02.66	<b>8-Jun-12</b>	HRST- OR	SCOTT W. BERGSTROM at 2012 IST Last Chance for Glory
200 IM		2:11.91	<b>14-Jul-15</b>	HRST- OR	CONNOR M. WEBB at 2015 Speedo Western Section LC Championship
400 IM		4:41.80	<b>14-Jul-15</b>	HRST- OR	CONNOR M. WEBB at 2015 Speedo Western Section LC Championship
200 Free Relay		1:48.95	<b>21-Jun-13</b>	HRST- OR	C. WEBB, C. GALVEZ, D. WALKER, S. BERGSTROM
400 Free Relay		3:57.86	<b>25-Jul-13</b>	HRST- OR	C. WEBB, C. GALVEZ, D. WALKER, S. BERGSTROM
800 Free Relay		8:32.14	<b>16-Jul-13</b>	HRST- OR	C. WEBB, C. GALVEZ, D. WALKER, S. BERGSTROM
200 Medley Relay		1:59.24	<b>14-Jul-95</b>	HRST	J. O'CONNOR, B. HEUBERGER, R. WATKINS, E. PENDLETON at OSI LC CHAMPS
400 Medley Relay		4:25.57	<b>21-Jun-13</b>	HRST- OR	D. WALKER, C. Webb, S. BERGSTROM, C. Galvez