

MEN 18-24			WOMEN 18-24						
			50	M.	Free	Kelsey Shortt-Harder	<b>31.73</b>	LCM Nats	Aug-08
			100	M.	Free				
			200	M.	Free				
			400	M.	Free				
			800	M.	Free				
			1500	M.	Free				
			50	M.	Back	Kelsey Shortt-Harder	<b>35.83</b>	LCM Nats	Aug-08
			100	M.	Back	Kelsey Shortt-Harder	<b>1:18.28</b>	LCM Nats	Aug-08
			200	M.	Back				
			50	M.	Breast				
			100	M.	Breast				
			200	M.	Breast				
			50	M.	Fly	Kelsey Shortt-Harder	<b>34.41</b>	LCM Nats	Aug-08
			100	M.	Fly				
			200	M.	Fly				
			200	M.	I. M.				
			400	M.	I. M.				
MEN 25-29			WOMEN 25-29						
			50	M.	Free				
			100	M.	Free	Jessica Hudec	<b>1:36.81</b>	COMA	May-12
			200	M.	Free				
			400	M.	Free				
			800	M.	Free				
			1500	M.	Free				
			50	M.	Back				
			100	M.	Back	Jessica Hudec	<b>1:41.74</b>	COMA	May-12
			200	M.	Back				
			50	M.	Breast				
			100	M.	Breast	Jessica Hudec	<b>1:57.88</b>	COMA	May-12
			200	M.	Breast				
			50	M.	Fly				
			100	M.	Fly	Jessica Hudec	<b>1:54.13</b>	COMA	May-12
			200	M.	Fly				
			200	M.	I. M.	Sophia Smith	<b>3:04.38</b>	NW Zone	Aug-23
			400	M.	I. M.	Sophia Smith	<b>6:30.03</b>	NW Zone	Aug-23

		<b>MEN 30-34</b>					<b>WOMEN 30-34</b>			
Apr-08	Association	<b>35.41</b>	Paul Jones	50	M.	Free	Nikki Weeks	<b>28.90</b>	T-Hills	Jun-06
Jul-10	Gil Young	<b>1:05.04</b>	Chris Donnermeyer	100	M.	Free	Nikki Weeks	<b>1:04.44</b>	Worlds	Aug-06
				200	M.	Free				
Aug-08	LCM Nats	<b>6:03.94</b>	Paul Jones	400	M.	Free	Laila Goldring	<b>5:31.67</b>	Association	Apr-08
				800	M.	Free	Jessica Hudec	<b>13:39.18</b>	LCM Nats	Aug-16
Jul-10	Gil Young	<b>20:15.37</b>	Chris Donnermeyer	1500	M.	Free	Jessica Hudec	<b>26:32.85</b>	MAC	Apr-16
Aug-23	NW Zone	<b>37.43</b>	Zach Flathers	50	M.	Back	Jessica Hudec	<b>44.12</b>	MAC	Apr-16
				100	M.	Back				
				200	M.	Back				
				50	M.	Breast	Nikki Weeks	<b>38.29</b>	Worlds	Aug-06
				100	M.	Breast	Nikki Weeks	<b>1:25.17</b>	Worlds	Aug-06
				200	M.	Breast				
Aug-23	NW Zone	<b>33.07</b>	Zach Flathers	50	M.	Fly	Nikki Weeks	<b>30.86</b>	T-Hills	Jun-06
				100	M.	Fly				
				200	M.	Fly	Jessica Hudec	<b>4:07.82</b>	MAC	Apr-16
				200	M.	I. M.	Laila Goldring	<b>3:03.26</b>	Association	Apr-08
				400	M.	I. M.	Jessica Hudec	<b>7:14.07</b>	MAC	Apr-16
		<b>MEN 35-39</b>					<b>WOMEN 35-39</b>			
				50	M.	Free	Nikki Weeks	<b>29.98</b>	Association	Apr-08
				100	M.	Free	Nikki Weeks	<b>1:03.78</b>	State Games	Jul-07
				200	M.	Free	Kellie Dunn	<b>2:49.18</b>	NW Zone	Aug-23
				400	M.	Free				
				800	M.	Free				
				1500	M.	Free				
				50	M.	Back	Kellie Dunn	<b>41.63</b>	NW Zone	Aug-23
				100	M.	Back	Kellie Dunn	<b>1:37.28</b>	NW Zone	Aug-23
				200	M.	Back				
				50	M.	Breast	Nikki Weeks	<b>37.75</b>	State Games	Jul-07
				100	M.	Breast	Nikki Weeks	<b>1:25.46</b>	LCM Nats	Aug-08
				200	M.	Breast	Aimee Brewer	<b>3:51.49</b>	LCM Nats	Aug-16
				50	M.	Fly	Nikki Weeks	<b>30.79</b>	LCM Nats	Aug-08
				100	M.	Fly	Nikki Weeks	<b>1:12.10</b>	LCM Nats	Aug-08
				200	M.	Fly				
				200	M.	I. M.	Aimee Brewer	<b>3:34.15</b>	LCM Nats	Aug-16
				400	M.	I. M.				

		<b>MEN 40-44</b>					<b>WOMEN 40-44</b>			
Apr-08	Association	<b>35.76</b>	Rutger Engberson	50	M.	Free	Robin Curry	<b>36.46</b>	Association	Apr-08
Apr-08	Association	<b>1:22.84</b>	Rutger Engberson	100	M.	Free	Cobi Johnson	<b>1:28.62</b>	Spokane	Jun-12
Apr-08	Association	<b>2:59.04</b>	Rutger Engberson	200	M.	Free	Robin Curry	<b>3:12.31</b>	Association	Apr-08
				400	M.	Free				
				800	M.	Free				
				1500	M.	Free				
				50	M.	Back	Lisa Sandoval	<b>40.21</b>	LCM Nats	Aug-16
				100	M.	Back	Lisa Sandoval	<b>1:27.46</b>	LCM Nats	Aug-16
				200	M.	Back	Lisa Sandoval	<b>3:09.01</b>	Association	Apr-16
Apr-08	Association	<b>40.48</b>	Rutger Engberson	50	M.	Breast	Lisa Sandoval	<b>45.60</b>	Association	Apr-16
Apr-08	Association	<b>1:29.59</b>	Rutger Engberson	100	M.	Breast	Lisa Sandoval	<b>1:34.40</b>	LCM Nats	Aug-16
				200	M.	Breast	Lisa Sandoval	<b>3:27.21</b>	LCM Nats	Aug-16
				50	M.	Fly				
				100	M.	Fly				
				200	M.	Fly				
				200	M.	I. M.	Lisa Sandoval	<b>3:09.39</b>	Association	Apr-16
				400	M.	I. M.	Lisa Sandoval	<b>6:45.52</b>	LCM Nats	Aug-16
		<b>MEN 45-49</b>					<b>WOMEN 45-49</b>			
Aug-08	LCM Nats	<b>27.67</b>	Bill Sumerfield	50	M.	Free	MJ Caswell	<b>30.78</b>	Mt. Hood	Jun-08
Aug-08	LCM Nats	<b>1:02.25</b>	Bill Sumerfield	100	M.	Free	MJ Caswell	<b>1:07.84</b>	Gil Young	Jul-09
Apr-16	Association	<b>2:20.19</b>	Mark Frost	200	M.	Free	MJ Caswell	<b>2:38.94</b>	Association	Apr-08
Aug-16	LCM Nats	<b>4:49.00</b>	Mark Frost	400	M.	Free	MJ Caswell	<b>5:37.11</b>	Association	Apr-08
Apr-16	Association	<b>10:16.85</b>	Mark Frost	800	M.	Free	MJ Caswell	<b>11:36.01</b>	Association	Apr-08
Aug-16	LCM Nats	<b>19:17.49</b>	Mark Frost	1500	M.	Free	Terri Tyynismaa	<b>22:29.84</b>	Gil Young	Jul-09
Apr-08	Association	<b>48.62</b>	Keith Stelzer	50	M.	Back	Ann Goodman	<b>37.75</b>	LCM Nats	Aug-08
				100	M.	Back	Ann Goodman	<b>1:23.35</b>	LCM Nats	Aug-08
				200	M.	Back	Ann Goodman	<b>3:02.75</b>	LCM Nats	Aug-08
Apr-08	Association	<b>37.69</b>	Bill Sumerfield	50	M.	Breast	MJ Caswell	<b>40.91</b>	LCM Nats	Aug-08
Aug-08	LCM Nats	<b>1:23.26</b>	Bill Sumerfield	100	M.	Breast	MJ Caswell	<b>1:29.06</b>	LCM Nats	Aug-08
				200	M.	Breast	MJ Caswell	<b>3:16.20</b>	LCM Nats	Aug-08
Aug-23	NW Zone	<b>32.47</b>	Will Clark	50	M.	Fly	MJ Caswell	<b>34.17</b>	Association	Apr-08
Aug-23	NW Zone	<b>1:12.23</b>	Will Clark	100	M.	Fly	MJ Caswell	<b>1:15.86</b>	Gil Young	Jul-09
May-22	Bend	<b>2:50.69</b>	Will Clark	200	M.	Fly				
Aug-23	NW Zone	<b>2:50.06</b>	Will Clark	200	M.	I. M.	MJ Caswell	<b>2:53.21</b>	LCM Nats	Aug-08
Aug-23	NW Zone	<b>6:01.75</b>	Will Clark	400	M.	I. M.	Ann Goodman	<b>6:56.57</b>	Worlds	Aug-06

		<b>MEN 50-54</b>					<b>WOMEN 50-54</b>			
Apr-08	Association	<b>29.33</b>	Doug Goodman	50	M.	Free	Terri Tyynismaa	<b>31.44</b>	LCM Nats	Jul-12
Aug-08	LCM Nats	<b>1:02.88</b>	Doug Goodman	100	M.	Free	MJ Caswell	<b>1:10.05</b>	LCM Nats	Jul-12
Aug-08	LCM Nats	<b>2:16.65</b>	Doug Goodman	200	M.	Free	Terri Tyynismaa	<b>2:31.99</b>	LCM Nats	Jul-12
Aug-08	LCM Nats	<b>4:58.03</b>	Doug Goodman	400	M.	Free	Terri Tyynismaa	<b>5:24.72</b>	LCM Nats	Jul-12
Apr-08	Association	<b>10:48.69</b>	Doug Goodman	800	M.	Free	Terri Tyynismaa	<b>11:01.61</b>	LCM Nats	Jul-12
Aug-08	LCM Nats	<b>19:37.00</b>	Doug Goodman	1500	M.	Free	Terri Tyynismaa	<b>21:03.99</b>	LCM Nats	Jul-12
				50	M.	Back	Ann Goodman	<b>38.32</b>	LCM Nats	Jul-12
				100	M.	Back	Ann Goodman	<b>1:24.24</b>	LCM Nats	Jul-12
				200	M.	Back	Ann Goodman	<b>3:03.87</b>	LCM Nats	Jul-12
				50	M.	Breast	Toni Hecksel	<b>42.29</b>	LCM Nats	Aug-16
				100	M.	Breast	MJ Caswell	<b>1:35.15</b>	LCM Nats	Jul-12
				200	M.	Breast	Toni Hecksel	<b>3:25.46</b>	LCM Nats	Aug-16
				50	M.	Fly	MJ Caswell	<b>33.33</b>	LCM Nats	Jul-12
				100	M.	Fly	MJ Caswell	<b>1:18.12</b>	LCM Nats	Jul-12
				200	M.	Fly	Terri Tyynismaa	<b>3:18.27</b>	LCM Nats	Jul-12
				200	M.	I. M.	MJ Caswell	<b>2:59.14</b>	LCM Nats	Jul-12
				400	M.	I. M.	Terri Tyynismaa	<b>6:35.75</b>	LCM Nats	Jul-12
		<b>MEN 55-59</b>					<b>WOMEN 55-59</b>			
Jun-07	T Hills	<b>31.28</b>	Reggie Sherwood	50	M.	Free	MJ Caswell	<b>34.32</b>	Association	Apr-16
Jun-08	Mt. Hood	<b>1:05.19</b>	Mike Pendleton	100	M.	Free	MJ Caswell	<b>1:18.26</b>	LCM Nats	Aug-16
Jun-08	Mt. Hood	<b>2:21.48</b>	Mike Pendleton	200	M.	Free	Jane Gray	<b>3:26.40</b>	Gil Young	Jul-09
Aug-08	LCM Nats	<b>5:25.70</b>	Michael Stephenson	400	M.	Free	Sue Harrington	<b>6:21.94</b>	Gil Young	Aug-12
Jun-07	T Hills	<b>11:01.00</b>	Mike Pendleton	800	M.	Free	Ann Goodman	<b>12:23.27</b>	LCM Nats	Aug-16
Apr-08	Association	<b>25:31.56</b>	Reggie Sherwood	1500	M.	Free	Jane Gray	<b>28:41.49</b>	Gil Young	Jul-09
Apr-08	Association	<b>39.30</b>	Michael Stephenson	50	M.	Back	Ann Goodman	<b>40.16</b>	LCM Nats	Aug-16
Apr-08	Association	<b>1:25.74</b>	Michael Stephenson	100	M.	Back	Ann Goodman	<b>1:30.03</b>	LCM Nats	Aug-16
Apr-08	Association	<b>3:41.32</b>	Reggie Sherwood	200	M.	Back	Ann Goodman	<b>3:14.33</b>	LCM Nats	Aug-16
Jun-07	T Hills	<b>40.31</b>	Reggie Sherwood	50	M.	Breast	Sue Harrington	<b>46.06</b>	LCM Nats	Jul-12
Aug-08	LCM Nats	<b>1:33.16</b>	Reggie Sherwood	100	M.	Breast	MJ Caswell	<b>1:41.39</b>	LCM Nats	Aug-16
Apr-08	Association	<b>3:19.08</b>	Mike Pendleton	200	M.	Breast	Sue Harrington	<b>3:46.16</b>	LCM Nats	Jul-12
Jun-07	T Hills	<b>32.79</b>	Mike Pendleton	50	M.	Fly	MJ Caswell	<b>37.30</b>	Association	Apr-16
				100	M.	Fly	Sandi Rousseau	<b>1:33.67</b>	LCM Nats	Aug-02
				200	M.	Fly				
				200	M.	I. M.	MJ Caswell	<b>3:12.90</b>	Association	Apr-16
				400	M.	I. M.				

		<b>MEN 60-64</b>					<b>WOMEN 60-64</b>			
Aug-23	NW Zone	<b>33.26</b>	Bill Sumerfield	50	M.	Free	Sandi Rousseau	<b>36.65</b>	LCM Nats	Aug-08
				100	M.	Free	Sandi Rousseau	<b>1:22.79</b>	LCM Nats	Aug-08
				200	M.	Free	Sandi Rousseau	<b>3:12.95</b>	Mt. Hood	Jun-08
				400	M.	Free	Ann Goodman	<b>6:41.00</b>	Bend	Jun-19
				800	M.	Free	Ann Goodman	<b>13:27.36</b>	Bend	Jun-19
				1500	M.	Free				
				50	M.	Back	Ann Goodman	<b>43.63</b>	Bend	Jun-19
				100	M.	Back	Ann Goodman	<b>1:37.98</b>	Bend	Jun-19
				200	M.	Back	Ann Goodman	<b>3:29.34</b>	Bend	Jun-16
Aug-23	NW Zone	<b>42.18</b>	Bill Sumerfield	50	M.	Breast	Sandi Rousseau	<b>52.94</b>	Gil Young	Jul-09
Aug-23	NW Zone	<b>1:37.12</b>	Bill Sumerfield	100	M.	Breast	Sandi Rousseau	<b>2:04.43</b>	State Games	Jul-08
				200	M.	Breast	Sandi Rousseau	<b>4:28.89</b>	Gil Young	Jul-09
				50	M.	Fly	Sandi Rousseau	<b>38.83</b>	LCM Nats	Aug-08
				100	M.	Fly	Sandi Rousseau	<b>1:39.78</b>	LCM Nats	Aug-08
				200	M.	Fly				
				200	M.	I. M.				
				400	M.	I. M.				
		<b>MEN 65-69</b>					<b>WOMEN 65-69</b>			
Aug-08	LCM Nats	<b>39.90</b>	Bill Mellow	50	M.	Free	Sandi Rousseau	<b>38.64</b>	LCM Nats	Jul-12
Apr-08	Association	<b>1:44.15</b>	Bill Mellow	100	M.	Free	Sandi Rousseau	<b>1:27.54</b>	LCM Nats	Jul-12
				200	M.	Free	Sandi Rousseau	<b>3:27.53</b>	Gil Young	Aug-12
Apr-08	Association	<b>8:21.57</b>	Bill Mellow	400	M.	Free				
				800	M.	Free				
				1500	M.	Free				
				50	M.	Back	Sandi Rousseau	<b>46.69</b>	LCM Nats	Jul-12
				100	M.	Back	Sandi Rousseau	<b>1:43.95</b>	LCM Nats	Jul-12
				200	M.	Back	Sandi Rousseau	<b>3:49.97</b>	Gil Young	Aug-12
Apr-08	Association	<b>48.80</b>	Bill Mellow	50	M.	Breast	Sandi Rousseau	<b>57.43</b>	Gil Young	Aug-12
Apr-08	Association	<b>1:55.68</b>	Bill Mellow	100	M.	Breast				
Aug-08	LCM Nats	<b>4:14.50</b>	Bill Mellow	200	M.	Breast	Sandi Rousseau	<b>4:32.41</b>	Gil Young	Aug-12
				50	M.	Fly	Sandi Rousseau	<b>39.72</b>	LCM Nats	Jul-12
				100	M.	Fly	Sandi Rousseau	<b>1:44.79</b>	LCM Nats	Jul-12
				200	M.	Fly				
				200	M.	I. M.	Sandi Rousseau	<b>3:57.19</b>	Gil Young	Aug-12
				400	M.	I. M.				

		<b>MEN 70-74</b>					<b>WOMEN 70-74</b>			
Aug-23	NW Zone	<b>35.62</b>	Mike Pendleton	50	M.	Free				
Aug-23	NW Zone	<b>1:22.57</b>	Mike Pendleton	100	M.	Free				
				200	M.	Free				
				400	M.	Free				
				800	M.	Free				
				1500	M.	Free				
				50	M.	Back				
				100	M.	Back				
				200	M.	Back				
				50	M.	Breast				
				100	M.	Breast				
				200	M.	Breast				
				50	M.	Fly				
				100	M.	Fly				
				200	M.	Fly				
				200	M.	I. M.				
				400	M.	I. M.				
		<b>MEN 75-79</b>					<b>WOMEN 75-79</b>			
				50	M.	Free	Jane Nichols	<b>44.77</b>	LCM Nats	Aug-16
				100	M.	Free	Jane Nichols	<b>1:42.44</b>	LCM Nats	Aug-16
				200	M.	Free	Jane Nichols	<b>3:47.94</b>	LCM Nats	Aug-16
				400	M.	Free	Jane Nichols	<b>8:21.61</b>	LCM Nats	Aug-16
				800	M.	Free				
				1500	M.	Free				
				50	M.	Back				
				100	M.	Back				
				200	M.	Back				
				50	M.	Breast				
				100	M.	Breast				
				200	M.	Breast				
				50	M.	Fly				
				100	M.	Fly				
				200	M.	Fly				
				200	M.	I. M.				
				400	M.	I. M.				

MEN 80-84			WOMEN 80-84						
			50	M.	Free				
			100	M.	Free	Jane Nichols	<b>1:56.80</b>	NW Zone	Aug-23
			200	M.	Free				
			400	M.	Free				
			800	M.	Free				
			1500	M.	Free				
			50	M.	Back				
			100	M.	Back				
			200	M.	Back				
			50	M.	Breast				
			100	M.	Breast				
			200	M.	Breast				
			50	M.	Fly				
			100	M.	Fly				
			200	M.	Fly				
			200	M.	I. M.				
			400	M.	I. M.				