

RELAY - 200 Meter FREE - WOMEN

160 -199	200-239
2:17.98	2:44.59
Ann Goodman	Dianne Sherwood
Sue Harrington	Jaime Mack
MJ Caswell	Sandi Rousseau
Laila Goldring	Jane Gray
Association, Apr-08	Association, Apr-08

RELAY - 400 Meter FREE - WOMEN

120-159	160-199	200-239	240-279	280-319
5:06.58		6:36.57	6:33.72	9:17.45
Marcie Wily		MJ Caswell	Wendy Walwyn	Jane Nichols
Amy Smith		Ali Henderson	Deanna Dahl	Kirby Richards
Kellie Dunn		Julianna Mears	Cheryl Keller	Jan Callow
Sophia Smith		Lisa Sandoval	Shelly Rawding	Catherine Cummings
NW Zone, Aug-23		NW Zone, Aug-23	NW Zone, Aug-23	NW Zone, Aug-23

RELAY - 800 Meter FREE - WOMEN**RELAY - 200 Meter MEDLEY - WOMEN**

160-199	200-239
2:27.35	2:59.51
Ann Goodman	Sandi Rousseau
Jaime Mack	Dianne Sherwood
MJ Caswell	Sue Harrington
Nikki Weeks	Jane Gray
Association, Apr-08	Association, Apr-08

RELAY - 400 Meter MEDLEY - WOMEN

160-199	200-239	240-279
6:10.28	6:46.54	8:10.50
Kellie Dunn	Shelly Rawding	Cheryl Keller
Marcie Wily	MJ Caswell	Julianna Mears
Sophia Smith	Amy Smith	Lisa Sandoval
Wendy Walwyn	Ali Henderson	Jane Nichols
NW Zone, Aug-23	NW Zone, Aug-23	NW Zone, Aug-23

RELAY - 200 Meter FREE - MEN

160-199	200-239
2:25.50	2:01.98
Paul Jones	Reggie Sherwood
Bill Mellow	Doug Goodman
Keith Stelzer	Michael Stephenson
Rutger Engberson	Bill Sumerfield
Association, Apr-08	Association, Apr-08

RELAY - 400 Meter FREE - MEN

200--239
5:06.18
Will Clark
Mike Pendleton
Bill Sumerfield
Zach Flathers
NW Zone, Aug-23

RELAY - 800 Meter FREE - MEN

200 - 239
10:31.82
Michael Stephenson
Reggie Sherwood
Bill Sumerfield
Mike Pendleton
T Hills, Jun - 07

RELAY - 200 Meter MEDLEY - MEN

160-199	200-239
2:48.40	2:23.11
Michael Stephenson	Reggie Sherwood
Rutger Engberson	Bill Sumerfield
Paul Jones	Mike Pendleton
Bill Mellow	Doug Goodman
Association, Apr-08	Association, Apr-08

RELAY - 400 Meter MEDLEY - MEN

200-239
5:52.49
Zach Flathers
Bill Sumerfield
Will Clark
Mike Pendleton
NW Zone, Aug-23

RELAY - 200 Meter FREE - MIXED

160-199	200-239	240-279
2:18.53	2:05.08	2:34.38
Doug Goodman	Bill Sumerfield	Bill Mellow
Robin Curry	Ann Goodman	Jane Gray
Michael Stephenson	Mike Pendleton	Reggie Sherwood
Sue Sutherland	MJ Caswell	Sandi Rousseau
Association, Apr-08	Association, Apr-08	Association, Apr-08

RELAY - 400 Meter FREE - MIXED

160-199	240-279
5:07.94	5:45.93
Zach Flathers	Mike Pendleton
Kellie Dunn	Lisa Sandoval
Marcie Wily	Bill Sumerfield
Will Clark	Wendy Walwyn
NW Zone, Aug-23	NW Zone, Aug-23

RELAY - 800 Meter FREE - MIXED**RELAY - 200 Meter MEDLEY - MIXED**

160-199	200-239	240-279
2:25.17	2:37.10	2:55.48
Ann Goodman	Michael Stephenson	Reggie Sherwood
Rutger Engberson	Dianne Sherwood	Bill Mellow
MJ Caswell	Doug Goodman	Sandi Rousseau
Keith Stelzer	Sue Harrington	Jane Gray
Association, Apr-08	Association, Apr-08	Association, Apr-08

RELAY - 400 Meter MEDLEY - MIXED

160-199	200-239
6:12.37	6:46.59
Zach Flathers	Deanna Dahl
MJ Caswell	Bill Sumerfield
Sophia Smith	Will Clark
Mike Pendleton	Amy Smith
NW Zone, Aug-23	NW Zone, Aug-23

