

2024 Long Course Meet Schedule

Date	Meet	Location	Recommended Groups or Qualifying Standards
April 7	Sharks Awards Banquet	Old Hickory Golf Club	All Sharks Swimmers
April 12-14	METS LC Kick Off	Chuck Fruit Aquatic Center	All Sharks Swimmers
May 3-5	FAST Traube Invite	Chuck Fruit Aquatic Center	All Sharks Swimmers
May 18-19	Empire KC Mayhem	Lee's Summit, MO	All Sharks Swimmers
May 31-June 2	Meet Me in St Louis	St Peters Rec Plex	Home Meet, All Sharks
June 13-14	Zones Open Water	Pleasant Prairie, WI	A times in specified events
June 14-16	CSC Summer Invite	Mizzou Rec Center	All Sharks Swimmers
July 10-13	Sectionals	Mizzou Rec Center	Sectionals Time Standards
July 12-14	METS Independence Celebration	Chuck Fruit Aquatic Center	All Sharks Swimmers
July 25-28	Ozark LC Champs	Chuck Fruit Aquatic Center	BB Times and Faster
August 1-4	Central Zones Champs	Hulbert Aquatic Center Fargo, ND	AAA Times and Faster
August 24	Swim Across America	Alpine Lake Innsbrook Resort	All Sharks Swimmers

Meet Schedule is subject to change.