

REC-PLEX SHARKS | 2024/25 PRACTICE SCHEDULE

SEPTEMBER 3, 2024 -THRU- MAY 29, 2025



VARSITY

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS	SUNDAYS
5:00 PM To 7:00 PM	5:00 PM To 7:00 PM	5:00 PM To 7:00 PM	5:00 PM To 7:00 PM	5:00 PM To 7:00 PM	7:00 AM To 9:00 AM	NO PRACTICE

JR. VARSITY

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS	SUNDAYS
5:00 PM To 6:30 PM	5:00 PM To 6:30 PM	5:00 PM To 6:30 PM	5:00 PM To 6:30 PM	5:00 PM To 6:30 PM	7:00 AM To 9:00 AM	NO PRACTICE

LEOPARD -& THRESHER

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS	SUNDAYS
7:00 PM To 8:30 PM	7:00 PM To 8:30 PM	7:00 PM To 8:30 PM	7:00 PM To 8:30 PM	5:00 PM To 6:30 PM	7:00 AM To 9:00 AM	NO PRACTICE

HAMMERHEAD

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS	SUNDAYS
7:00 PM To 8:30 PM	7:00 PM To 8:30 PM	7:00 PM To 8:30 PM	7:00 PM To 8:30 PM	5:00 PM To 6:30 PM	7:00 AM To 8:30 AM	NO PRACTICE

MAKO 1 & 2

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS	SUNDAYS
5:45 PM To 7:00 PM	5:45 PM To 7:00 PM	5:45 PM To 7:00 PM	5:45 PM To 7:00 PM	5:00 PM To 6:15 PM	7:00 AM To 8:15 AM	NO PRACTICE

TIGER 1 & 2

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS	SUNDAYS
5:00 PM To 5:45 PM	5:00 PM To 5:45 PM	5:00 PM To 5:45 PM	5:00 PM To 5:45 PM	NO PRACTICE	NO PRACTICE	NO PRACTICE

PRACTICE TIMES & DATES ARE SUBJECT TO CHANGE IN ORDER TO ACCOMMODATE POOL AVAILABILITY