



Tornadoes Swim Team

Parent & Guardian Agreements

Below are the agreements for Tornadoes Swim team parent/legal guardian. Please read everything carefully before agreeing.

Concussion Information Acknowledgment

The Tornadoes Swim Team considers the safety of its swimmers a top priority. We have provided information from USA Swimming and the Center For Disease control regarding the signs and treatment for concussions. We follow the USA Swimming Concussion recommendations in accordance with Oregon and Washington state laws.

USA Swimming Concussion Information Sheet

Please review this information carefully with your swimmer(s) and any other adult who may be responsible for your swimmer during or after swimming. Contact us with any questions regarding our Concussion Policy. (tornadoesswimvp@gmail.com)

For more information, please visit Heads Up (cdc.gov/headsup).

Minor Athlete Abuse Prevention Policy Acknowledgment

I acknowledge that I have received, read and understood the Minor Athlete Abuse Prevention Policy and/or that the Policy has been explained to me or my family. I further acknowledge and understand that agreeing to comply with the contents of this Policy is a condition of my membership with the Tornadoes Swim Team.

Tornadoes Minor Athlete Abuse Prevention Policy

Please review this information carefully with your swimmer(s) and any other adult who may be responsible for your swimmer during or after swimming.

Code of Conduct for Parents & Guardians

Philosophy: The Tornadoes swim team expects our parents to maintain a respectful, supportive and courteous demeanor. As a parent of a Tornadoes swim team member, your help in maintaining a caring and supportive environment is important for all our swimmers. In order to maintain our teams integrity and honor our partnership with the YMCA, we ask that all parents acknowledge their reading and following of this code of conduct to signify they understand our teams expectations.

Basic Responsibilities:

- Set the right example for our children by showing respect and common courtesies at all times to the team members, coaches, competitors, officials, YMCA Staff and parents and Board.
- Recognize and celebrate good performance and success of fellow club members, support their hard work, sportsmanship and team unity.
- Practice teamwork with all parents, swimmers, and coaches by supporting the values of discipline, loyalty, commitment and hard work.
- Represent the Tornadoes Swim Team in a positive way by practicing respect, team spirit, good sportsmanship and politeness on and off deck.
- Be involved; observe practices, cheer at meets, communicate with coaches regarding progress and goals.

Financials and Volunteering:

- Parents are financially responsible for all fees relating to your child's participation with Tornadoes swim team.
- Parents are expected to share the burden by volunteering to time or perform other jobs as needed at meets.
- Parents are required to volunteer throughout the year by choosing a parent job.
- Be an active participant in fundraising.

Coaches, Practices and Meets:

- Assist the coaches in conducting effective practices and meets by ensuring swimmers arrive on time with the proper attire and gear.
- Parents of children under 12 are required to check in their children per YMCA policy.
- Assist the coaches by not disrupting practice by talking or motioning to swimmers during practice.
- Do not coach your child at practice or during meets that is the coaches job.

Behavior:

- Refrain from negative behavior that detracts from a positive image of the team or is detrimental to our performance.
- Team parents should be respectful of each other. Spreading gossip or making disparaging or negative comments will not be tolerated.
- Parents are asked to NOT discipline another parents swimmer. Any issues with a child other than your own should respectfully be brought to the attention of the parent or the coach.

- Use of recreational drugs, alcohol, or tobacco/vaping will not be permitted on site of practice, meets or other Tornadoes activities.
- Name-calling, swearing or abusive language/gestures is strictly prohibited.
- Will not use any audio or video recording device, including cell phones, for any reason, in any changing area, rest room, or locker room.
- Inappropriate physical contact will not be tolerated. The Board reserves the right to the immediate removal of any parent observed in fighting, touching, pushing or striking another parent.

Tornadoes Swim Team Action Plan to Address Bullying

PURPOSE Bullying of any kind is unacceptable at the Tornadoes Swim Team and will not be tolerated. Bullying is counterproductive to team spirit and can be devastating to a victim. The Club is committed to providing a safe, caring and friendly environment for all of our members. If bullying does occur, all athletes and parents should know that incidents will be dealt with promptly and effectively. Anyone who knows that bullying is happening is expected to tell a coach, board member or athlete/mentor.

Contact us with any questions regarding our Anti-Bullying Policy. (tornadoesswimvp@gmail.com)

For more information, please visit our team site for the [full policy and action plan](#).

Objectives of the Club's Bullying Policy and Action Plan:

1. To make it clear that the Club will not tolerate bullying in any form.
2. To define bullying and give all board members, coaches, parents and swimmers a good understanding of what bullying is.
3. To make it known to all parents, swimmers and coaching staff that there is a policy and protocol should any bullying issues arise.
4. To ensure a clear understanding of how and when to report bullying.
5. To spread the word that the Tornadoes Swim Team takes bullying seriously and that all swimmers and parents can be assured that they will be supported when bullying is reported.

Social Media:

- Information shared on these platforms are public domain and using children's full names or birth dates is prohibited.
 - In order to protect swimmer privacy, using these public platforms in a negative way towards our team, its coaches, swimmers or parents is prohibited.
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TORNADOES SWIM TEAM LOCKER ROOM POLICY PURPOSE

The following guidelines are designed to maintain personal privacy as well as to reduce the risk of misconduct in locker rooms and changing areas.

FACILITIES

The following is a description of our practice and competition facilities to allow athletes and their families to plan their use: We practice at: Clark County Family YMCA and follow all YMCA membership policies. This location has a changing area that is shared with the general public. As such, there are likely to be people who are not associated with the Tornadoes Swim Team in the changing area around the time of practice. Swim Team Members are to conduct themselves in a manner that would be appropriate for all ages of YMCA members.

MONITORING

General Policy Considerations

- Coaches and staff make every effort to recognize when an athlete goes to the locker room or changing area during practice and competition and, if they do not return in a timely fashion, we will check on the athlete's whereabouts.
- We discourage parents from entering locker rooms and changing areas unless it is truly necessary. In those instances, it should only be a same sex parent. However, in compliance with YMCA policy children 8 and under must have direct supervision by an adult at all times. When swimmers 8 and under are dismissed from practice an adult must be present to supervise them and ensure their safety in the locker rooms.
- The Tornadoes Swim Team has staggered practice with different groups arriving and departing throughout the day. It is not therefore practical to constantly monitor locker rooms over this extended course of time. While constant monitoring inside of locker rooms and changing areas might be the most effective way to prevent problems, we understand that this would likely make swimmers uncomfortable and may even place our staff at risk for unwarranted suspicion. However, we regularly conduct a sweep of the locker rooms and changing areas before athletes arrive to check for hazards and post a Tornadoes Swim Team parent or guardian directly outside of the locker rooms and changing areas during peak usage times. Doors may be propped open only when adequate privacy is still possible. When warranted, a Tornadoes parent or legal guardian will be posted inside the locker room or conduct a sweep inside locker rooms as well, with women checking on female locker rooms, and men checking on male locker rooms. Code of conduct violations and locker room conduct violations should be reported on the team Incident Report Form. Violations of these policies may result in disciplinary action.

USE OF CELL PHONES AND OTHER MOBILE RECORDING DEVICES

Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras increase the risk for different forms of misconduct in locker rooms and changing areas. The USA Swimming Athlete Protection Policies prohibit the use of such devices in the locker room or other changing area: 305.3 Use of audio or visual recording

devices, including a cell phone camera, is not allowed in changing areas, rest rooms or lockerrooms.

TORNADES LOCKER ROOM RULES

1. Honor the Tornadoes Code of Conduct and all YMCA policies.
2. Children 8 and younger must have adult supervision.
3. Children 11 and under must have a designated adult responsible for them in the facility.
4. Show respect to others at ALL times. No Ethnic, Racial, Sexual Comments or Behavior. No Disrespectful Comments, Bullying, or Hazing.
5. No profanity or inappropriate language. The locker rooms are shared with children of all ages and other YMCA members.
6. Report any injuries to your coach.
7. Don't linger in the locker rooms. The locker room is a place to get ready for practice and to change afterwards. It is not a social place.
8. Absolutely no horseplay. No pushing, shoving, running or chasing anyone. Noboxing. No chin-ups from the shower curtain bars. No throwing of soap/water. No snapping of towels at individuals in the locker room.
9. Do NOT stand on the benches or climb in the lockers.
10. No screaming or shouting.
11. Keep the locker room clean. Discard all trash in trash cans (including rec pool wristbands) and leave the locker room cleaner than when you arrived.
12. Do not take items that do not belong to you. If it appears and item has been left behind, give it to a coach or YMCA staff member so they can try to return it to the owner. The team is not responsible for lost items.
13. Bring your bags out to the pool deck, do not leave them unattended in the locker room.
14. Food, Gum, Beverages (besides water), and Glass items are prohibited in the locker room.
15. Members will be held personally responsible for the destruction of any property.

Use of the locker room is a privilege. If you choose to break any of the above listed rules, you will be subject to disciplinary action including suspension and/or termination from the Tornadoes. The Tornadoes will not tolerate behavior problems in the lockerrooms.

VIOLATION OF THE CODE:

I agree that, if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include but is not limited to the following:

The Board reserves the authority to impose all the following:

- The parent/family will be given a verbal warning.
 - The parent/family may be asked to not attend practices/meets.
 - I agree, if I violate any of these rules, I will be subject to disciplinary actions determined by the Board, which may include expulsion from the team.
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All adults who will attend swim meets or be in the pool area during practice must complete this form