

2026 SC Senior State Champs Time Standards

A Flight Qualifying Times				
WOMEN		Event	MEN	
LCM	SCY		SCY	LCM
29.59	26.09	50 Freestyle	23.19	26.99
1:04.39	56.49	100 Freestyle	50.99	58.99
2:18.99	2:02.39	200 Freestyle	1:51.79	2:08.69
4:51.79	5:29.39	400/500 Freestyle	5:02.69	4:34.39
10:05.99	11:24.19	800/1000 Freestyle	10:33.99	9:29.99
19:21.09	19:06.69	1500/1650 Freestyle	17:36.89	18:11.09
1:11.39	1:01.39	100 Backstroke	55.49	1:05.19
2:33.39	2:13.29	200 Backstroke	2:01.29	2:21.49
1:20.99	1:10.59	100 Breaststroke	1:03.19	1:13.49
2:54.49	2:32.79	200 Breaststroke	2:17.29	2:39.79
1:09.29	1:01.09	100 Butterfly	55.49	1:03.09
2:34.29	2:16.19	200 Butterfly	2:03.39	2:21.09
2:36.99	2:16.49	100/200 Individual Medley	2:03.39	2:24.69
5:32.49	4:51.59	400 Individual Medley	4:24.69	5:07.79

A Flight Bonus Qualifying Times				
WOMEN		Event	MEN	
LCM	SCY		SCY	LCM
2:31.69	2:14.19	200 Freestyle	2:01.79	2:20.19
5:17.49	5:55.39	400/500 Freestyle	5:29.39	4:55.49
10:57.69	12:14.09	800/1000 Freestyle	11:27.69	10:21.59
20:59.99	20:30.39	1500/1650 Freestyle	19:14.49	19:57.19
2:52.19	2:29.49	200 Backstroke	2:16.69	2:39.39
3:14.19	2:49.89	200 Breaststroke	2:33.89	2:59.69
2:49.69	2:30.89	200 Butterfly	2:17.19	2:36.69
2:52.09	2:31.69	100/200 Individual Medley	2:17.29	2:38.39
6:03.39	5:19.39	400 Individual Medley	4:55.59	5:40.19

B Flight Qualifying Times				
WOMEN		Event	MEN	
LCM	SCY		SCY	LCM
10:57.69	12:14.09	800/1000 Freestyle	11:27.69	10:21.59
20:59.99	20:30.39	1500/1650 Freestyle	19:14.49	19:57.19