

Group:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
FAST Prep	off	6:00-7:00PM @ Principia	off	6:00-7:00PM @ Principia	off	off	off
Age Group 1	5:30-6:30PM @ Pattonville	6:00-7:00PM @ Principia	5:30-6:30PM @ Pattonville	6:00-7:00PM @ Principia	off	off	8:00-9:00AM @ Maplewood
Age Group 2	6:00-7:15PM @ Principia	5:30-6:45PM @ Pattonville	6:00-7:15PM @ Principia	5:30-6:45PM @ Pattonville	9:30-11:00AM @ Maplewood	off	8:00-9:15AM @ Maplewood
Age Group 3	6:00-7:30PM @ Principia	8:00-9:30AM @ Maplewood <i>OR</i> 5:30-7:00PM @ Pattonville	6:00-7:30PM @ Principia	5:30-7:00PM @ Pattonville	9:30-11:00AM @ Maplewood	off	8:00-9:30AM @ Maplewood
Select	8:30-10:00AM @ Maplewood <i>OR</i> 5:30-7:00 pm @ Pattonville	8:00-10:00AM @ Maplewood	8:30-10:00AM @ Maplewood & 5:30-6:45 PM @ Pattonville	8:00-10:00AM @ Maplewood	9:30-11:00AM @ Maplewood	off	8:00-9:30AM @ Maplewood
Senior 1	8:00-10:00AM @ Maplewood	6:00-7:30PM @ Principia	5:30-7:15PM @ Pattonville	6:00-7:30PM @ Principia	9:30-11:00AM @ Maplewood	off	8:00-9:30 @ Maplewood
Senior 2	8:00-10:00AM @ Maplewood	8:00-10:00AM @ Maplewood & 5:30-7:00PM @ Pattonville	8:00-10:00AM @ Maplewood	8:00-10:00AM @ Maplewood	8:00-10:00AM @ Maplewood	off	8:00-9:30AM @ Maplewood
Senior Select	8:00-10:00AM @ Maplewood	8:00-10:00AM @ Maplewood & 5:30-7:00PM @ Pattonville	8:00-10:00AM @ Maplewood	8:00-10:00AM @ Maplewood & 5:30-7:00PM @ Pattonville	8:00-10:00AM @ Maplewood	off	8:00-9:30AM @ Maplewood
National (College option available if needed)	8:00-10:00AM @ Maplewood	8:00-10:00AM @ Maplewood & 5:30-7:00PM @ Pattonville	8:00-10:00AM @ Maplewood	8:00-10:00AM @ Maplewood & 5:30-7:00PM @ Pattonville	8:00-10:00AM @ Maplewood	off	8:00-9:30 AM @ Maplewood
College/Masters option (College swimmers are welcome with National at Maplewood)	5:30-7:00AM @ Principia	5:30-7:00AM @ Principia	5:30-7:00AM @ Principia	5:30-7:00AM @ Principia	off	off	off