

2024-2025 Parent Meeting



Agenda

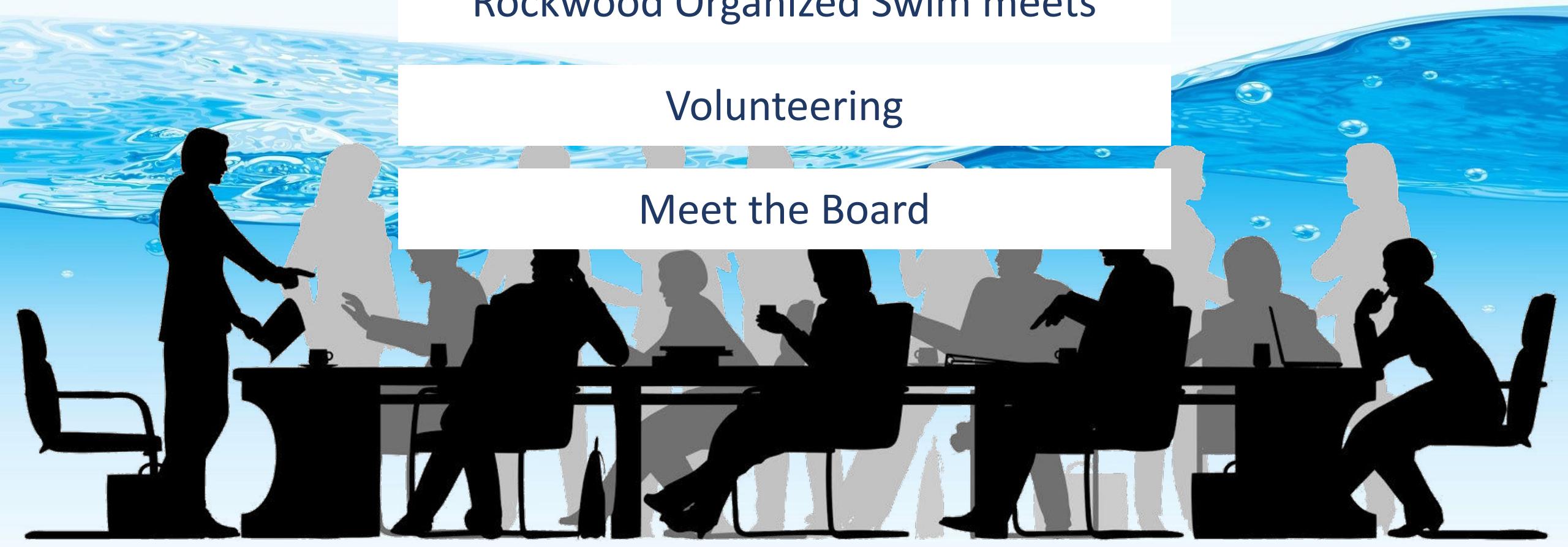
General remarks



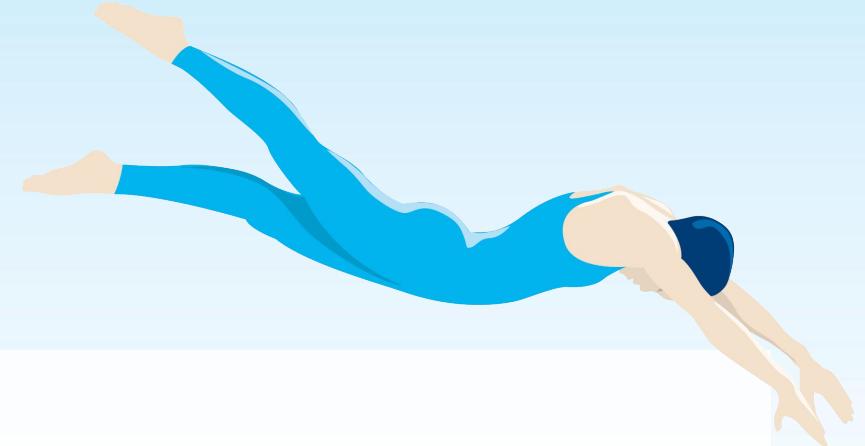
Rockwood Organized Swim meets

Volunteering

Meet the Board



Our Club



Our Mission:



Achieving excellence in the sport of swimming and in life.

Provide superior coaching, training, state-of-the-art pool facilities and training equipment, and a learning environment designed to bring out the best in all our athletes at every level of their development.

Club Swimming 101

- The swim season is broken down into two parts-short course and long course. As a club swimmer, you will participate in BOTH seasons.
- Short course season runs from Sept-Feb/Mar
- Short course competitions are held in a 25 yard pool
- NCAA meets are short course
- Long course season runs from Apr-July/Aug
- Long course competitions are held in a 50 meter pool
- Olympics are swum in long course pools
- US Swimming fee paid directly to US Swimming

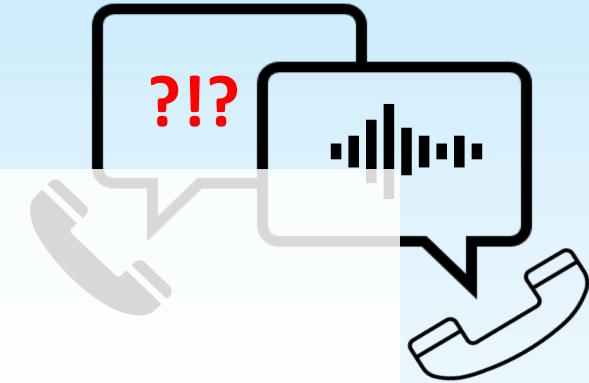


Our Meets



- RSCA Fall Distance Classic - September
- RSCA Halloween Howl - October
- RSCA Polar Dash - January
- RSCA Qualifier – February
- 8U Champs – TBD (March or April)
- Get Your Best Yards Times - June

Group Parent



- Responsibilities:
 - Be liaison between the group and coach
 - Welcome new swimmers and families to the group
 - Be available to answer questions (practice, meets, equipment, parent responsibilities, etc...)
 - Help Coach distribute materials(i.e. shirts, awards, Swim-a-thon materials etc....)
 - Assist the coach and board members at extra events (Swim-a-thon, Awards Banquet, Pep Rally etc...)
 - Share your contact information with parents (phone, email etc..)

- Qualifications:
 - Member of the Rockwood Swim Club for over one year
 - Willing to commit to the above responsibilities for a full swim year
 - Good Communication skills (approachable, articulate)
 - Ability to have working relationship with any group coach

- Compensation:

For each hosted meet that your child swims (with exception of 8 & under Champs) the Parent lead will be excused from our “pre-defined volunteer roles (i.e. safety, timer, bull pen etc...)” and instead be required to attend the meet session to be available for questions and assist parents when needed. Session to be pre-arranged with Meet Director before meet to ensure coverage in other areas of the meet are met.

Swim Meets

- Your coach will give you a list of suggested meets for your group. Suggested groups also listed under meet in Team Unify
- Please sign up for “ALL” meets via Team Unify asap-pay attention to deadlines!

Rockwood Hosted Meets Only:

- It takes a MINIMUM of 76 volunteers to run a meet, therefore when you sign your swimmer up to compete in a RSCA hosted meet, you also sign yourself up to work.
- You will be able to sign-up for your work duty. It is on a first come first come basis. If you don't, a job will be assigned to you.
- Fines will be issued, if you do not complete your volunteer responsibility.
- Although it may appear we are over staffed at a meet this is so parents can see their swimmer swim and to cross train. Remember is you have a swimmer in the meet, you **MUST** volunteer.

Work Duties

- Timers
- Safety
- Bullpen
- Check-in/Runner
- Set-up/Tear down
- Hospitality Morning
- Hospitality Afternoon
- Concession Morning
- Concession Afternoon
- Awards
- Equipment Transportation
- Timing System Operators
- Clean - up



Swim-A-Thon



Swim – A-Thon

- This is our BIG fundraising even for the year.
- Open from Mid-December to Mid March
- Swimmers can earn fun prizes
- Swim on a select day with your group specifically to show support for the fundraiser
- Pizza Party & Lock-in

Where Do Swim-A-Thon Fundraising Dollars Go?

- 50 meter pool maintenance and improvements
- Coaches Travel to Travel Meets
- Annual Senior Scholarship
- Coaches Training and clinics
- Equipment to Run Meets or Enhance Coaching
- Reimburse volunteers for background checks and official certification costs
- Help offset social outing expenses
- RSD facility pool upgrades and meet equipment

Your Kids



Helpful Apps



MEET MOBILE

SWIMMETRY

DECK PASS

ON DECK

Christine Schultz

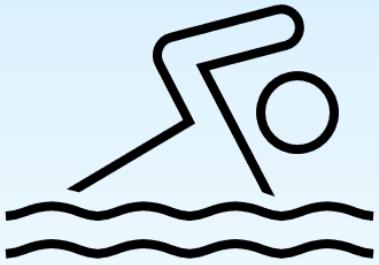
Budget

Budget for 2024-2025

ROCKWOOD SWIM CLUB Actual FY23-24 Results and Proposed 2024-2025 Budget		
	Fiscal Year 2023-24 ACTUAL	2024-25 BUDGET
Revenue / Cash Receipts		
Administrative Fees	63,528.90	64,750.00
RSCA Fall Distance Meet	5,363.13	5,000.00
Halloween Howl	9,420.17	11,750.00
Polar Dash	18,105.16	17,750.00
8U Champs	19,357.83	18,750.00
Ozark Qualifier	10,008.36	9,750.00
RSCA Spring Fling	-	-
Holiday Walk-on Intersquad	-	-
Get Your Best Yards Times	2,799.25	3,500.00
Friday Night at the Races	-	-
Meet Fines	-	300.00
Home Meet Receipts, Net of Expenses	65,053.90	66,800.00
Direct Fundraising	21,015.85	15,000.00
Swim-A-Thon	36,193.46	30,000.00
Clothing/RSCA Items sales	3,242.43	1,150.00
Restaurant Fundraisers	-	400.00
Other Fundraising Events	1,221.27	-
Fundraising	61,673.01	46,550.00
Other Income	7,762.90	6,450.00
TOTAL RECEIPTS	198,018.71	184,550.00
Expenses		
Total Administration	13,455.40	26,250.00
Coach Support, Dues, Fees Training	51,820.61	69,500.00
Equipment- Pool, Admin, Timing	21,828.27	41,000.00
Group Incentives	584.62	2,500.00
Social Events	1,589.65	1,000.00
Spirit Events - Banquets, Spirit Items, Rallies & Dinn	14,150.50	13,250.00
Team Travel Meets	14,825.99	31,050.00
Total Expenses	118,255.04	184,550.00
Revenue Over Expenses	79,763.67	-



We are always looking for new officials!



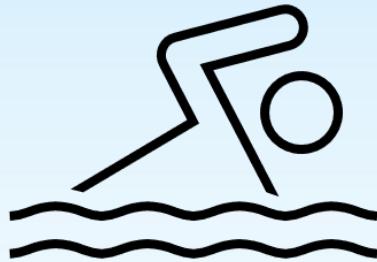
Goal:

To be able to staff RSCA hosted meets without having to rely heavily on support from other teams

Steps:

- non-athlete membership
- criminal background check
- athlete protection training course
- concussion training
- online training modules—foundations of officiating & S&T certification course and assessment—(in person clinic is no longer required), complete 4 apprentice sessions

“NEW” RSCA Official Incentives



Incentives and reimbursements for RSCA hosted meets:

1. Reimbursement of Certification
2. Receive a new TYR-sponsored Official's shirt (white with a collar) each season.
3. Earn credit toward your RSCA Account by working at least 3 sessions of hosted meets :
 - Stroke & Turn: \$35
 - Starter or AO/S&T: \$50
 - Referee: \$75

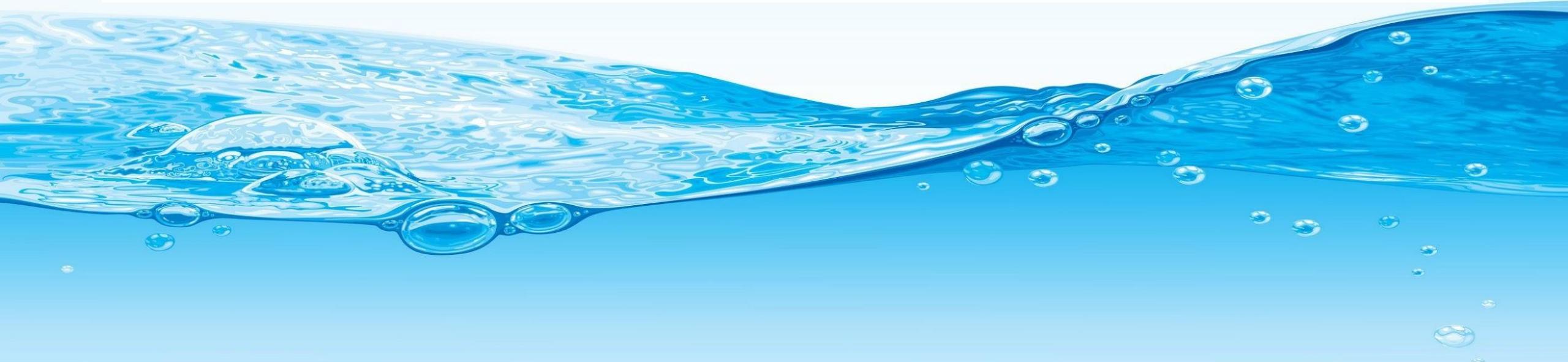
Note: Ask officials coordinators for more details



RSCA Official Contact Information

Please contact your officials' coordinators: Jin Lee and Julie Stein, with any questions

- rscaofficials@gmail.com
- RSCA officials Facebook group



Sean Harrison

Interim Head Coach & National Prep

Sean has been with Rockwood Swim Club since 2008 as a coach.

Sean has been swimming since he was 9 years old in precompetitive at the YMCA. He swam for Lindbergh High School and played water polo all 4 years. He qualified for state championships all 4 years and had sectional cuts in several events.

He began coaching in high school and continued throughout college for teams such as FAST, YMCA in Tampa, Florida and at Freedom High School.

Sean earned his Bachelor's Degree in History in 2007.

Sean is married to Michelle and they have two children Christian and Elliana



2024-2024 RSCA PARENT BOARD MEMBERS

President - Sherry Pfannerstill

Vice President – Heather Luckner

Treasurer - Christine Schultz

Secretary – Jennifer Rinesmith

Meet Coordinator – Keely Manne

Meet Director – Katherine Becker & Carrie Doll

Officials Chair - Jin Lee & Julie Stein

Safety Chair - OPEN

Fundraising Chair – Carmen Wilson & Emil Hsu

Social Chair – Sarah Lynch



Safety Chair – OPEN POSITION

- Male Requested to meet UAS Swimming Requirements. Can have a female co-chair
- Participates in all hosted meets, over-sees each warm-up session, coordinates Safety Volunteers, and identifies/ blocks off any hazards
- Assist Meet Director if requested to troubleshoot unexpected challenges.
- Responsible for Safety supplies
- Transpose any completed injury safety forms to USA Swim via their website.



Rockwood-Parkway Merge

Main Reasons:

- Economy of scales
- Swim Clubs are the only teams that are separate in the Community Ed Programs
- Both Rockwood and Parkway Coaches are employed by Community Ed

Opportunity:

- Leverage experience of two strong coaching teams
- Provide a well-rounded experience for our swimmers
- The goal is to obtain one of the leading Swim Club at the National Level

Current Status:

- Merger will happen in 2025-2026 Swim year.
- Will be Parkway/Rockwood Swim Club.
- Detailed discussions between coaching are in progress
- Both Parent boards have had introductions and will begin detailed discussions after January 1st 2025.
- Our goal is to remain Positive as discussions and decisions are made. We represent Rockwood and want to ensure that our swimmers are front of mind.

Challenges:

- Different cultures
- Grouping will be different (better or worst)



Thank you.



QUESTIONS

ANSWERS

