

RSCA FALL PRACTICE SCHEDULE

Starting Mid-October

ROCKWOOD SOUTH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BRONZE	OFF	EUREKA	EUREKA	SUMMIT	CRESTVIEW	SUMMIT
		6:00-7:15 pm	5:45-7:00 pm	5:15-6:30 pm	4:45-6:00 pm	10:00-11:15 am
SILVER	SUMMIT	EUREKA	EUREKA	SUMMIT	SUMMIT	SUMMIT
	5:30-7:00 pm	7:00-8:30 PM	7:00-8:30 pm	6:30-8:00 pm	6:30-8:00 pm	11:15am-12:45 pm
AGD	SUMMIT	OFF	EUREKA	SUMMIT	SUMMIT	SUMMIT
	7:00-8:30 pm		7:00-8:30 pm	5:15-6:45 pm	6:30-8:00 pm	11:15am-12:45 pm

ROCKWOOD NORTH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BRONZE	OFF	LAFAYETTE	LAFAYETTE	EUREKA	CRESTVIEW	LAFAYETTE
		5:15-6:30 pm	7:00-8:15 pm	6:00-7:15 pm	4:45-6:00 pm	11:15 am-12:30 pm
SILVER	LAFAYETTE	EUREKA	MARQUETTE	SUMMIT	LAFAYETTE	LAFAYETTE
@RSCASilver	7:00-8:30 pm	7:00-8:30 pm	5:30-7:00 pm	6:30-8:00 pm	5:15-6:45 pm	10:00-11:30 am
AGD	SUMMIT	OFF	MARQUETTE	SUMMIT	LAFAYETTE	LAFAYETTE
@RSCA_AGD	7:00-8:30 pm		7:00-8:30 pm	5:15-6:45 pm	5:15-6:45 pm	10:00-11:30 am

GOLD

two week cycle of A Schedule and B Schedule

A SCHEDULE						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SUMMIT	MARQUETTE	MARQUETTE	SUMMIT	MARQUETTE	MARQUETTE	OFF
9:00-10:45 am	5:15-7:00 PM	7:15-9:00 pm	5:15-7:00 pm	7:15-9:00 pm	7:15-9:00 pm	
B SCHEDULE						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OFF	MARQUETTE	MARQUETTE	SUMMIT	MARQUETTE	MARQUETTE	MARQUETTE
	5:15-7:00 pm	7:15-9:00 pm	5:15-7:00 pm	7:15-9:00 pm	5:15-7:00 pm	10:30 am-12:15 pm

SENIOR

two week cycle of A Schedule and B Schedule

A SCHEDULE						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OFF	MARQUETTE	MARQUETTE	SUMMIT	MARQUETTE	MARQUETTE	MARQUETTE
	7:00-9:00 pm	5:15-7:15 pm	7:00-9:00 pm	5:15-7:15 pm	5:15-7:15 pm	10:30 am-12:30 pm
B SCHEDULE						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SUMMIT	MARQUETTE	MARQUETTE	SUMMIT	MARQUETTE	MARQUETTE	OFF
9:00-11:00 am	7:00-9:00 pm	5:15-7:15 pm	7:00-9:00 pm	5:15-7:15 pm	7:00-9:00 pm	

NATL PREP

@NPUpdates

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	EUREKA	SUMMIT	LAFAYETTE	LAFAYETTE	SUMMIT	SUMMIT
	5:30-7:30 pm	5:30-7:30 pm	5:15-7:00 pm	6:45-8:45 pm	5:30-7:00 pm	7:00-9:00 am

NATIONAL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LAFAYETTE	LAFAYETTE	LAFAYETTE	LAFAYETTE	LAFAYETTE	LAFAYETTE	MARQUETTE
	5:30-6:45 am		5:30-6:45 am			
8:00-10:00 am	LAFAYETTE	6:15-8:15 pm	LAFAYETTE	5:15-7:15 pm	5:15-6:45 am	6:30-8:30 am
	5:15-7:15 pm		5:15-7:00 pm			