

# **PITTSBURGH**

2024-2025 FULL YEAR TRYOUT PACKET

### **WELCOME TO TOP GUN PITTSBURGH!**

Top Gun Pittsburgh is an all-star cheerleading and tumbling gym located in Cranberry Township, Pennsylvania just north of downtown Pittsburgh. We strive to be a close-knit and supportive program that includes parents, athletes and coaches working together toward a common goal,

helping our athletes reach their fullest potential. Our goal is not only to be a very competitive program, but also a program others respect because of our commitment to excellence, sportsmanship, and championship spirit. Top Gun Pittsburgh will continue to be the program others emulate due to our high standards and competitiveness.



### **TEAM PLACEMENTS**

The tryout process will begin May 13th and run through May 28th.

Each athlete will be evaluated individually in addition to being in a group setting. Athletes must attend all sessions. The groupings are made by the Top Gun staff.

Our tryout process is very intricate and demanding, so please be patient during this process. This process requires a lot of attention to detail because we are trying to form the strongest teams possible. I recommend that you do not miss any tryout sessions during this process. There will be a lot of call backs towards the end of the tryout process. Being called back for a specific level does not mean you will automatically make that level or team. Just because you were on a <u>certain level last season</u>, it does not mean you will make that level or team again. This also applies to positions. For example: flyer, blackspot, main base and side base. Our goal is to make the strongest and most competitive teams we can. We also will need to know upfront if you would like your child to be considered for more than one team.

It is Mandatory that you attend the proper tryout session. The athlete must have <u>two (2)</u> or more of each standing skill and running skill to attend the higher-level tryout.

If the athlete does not have the proper skills, they will be asked to attend the proper level tryout. At all level tryouts, if the athlete has some higher-level skills, they will be asked to demonstrate that skill and it will be noted on their tryout form.

NEW this season: all athletes trying out for level three and higher athletes must learn the evaluation video for the level they are trying out for. See website for videos. You can also find these videos on the Top Gun Miami website – CLICK HERE!

### **TRYOUT SKILL CHART - ELITE**

\*Anyone wishing to be a flyer must have outstanding body positions to be considered\*
SKILL BY LEVEL

#### **Level 1 Teams ELITE SKILLS**

#### \*No skills necessary to try out for level 1

Standing Skills	Running Tumbling Skills
Back Walkover Series	Cartwheel Back Walkover Series
Back Walkover Switch Leg	Front Walkover Cartwheel Backwalkover Series
Back Extension Roll – Back Walkover Series	Front Walkover Cartwheel Backwalkover Switch leg
Valdez	Front Walkover Cartwheel/roundoff

#### **Level 2 Teams ELITE SKILLS**

Standing Skills	Running Tumbling Skills
Back Walkover Back Handspring Step out Back	Fly spring
Walkover	
Back Walkover Switch – Back Handspring	Front Walkover Round –Off Back Handspring Series
Back Handspring Step Out Back Walkover Back	Cartwheel Back Handspring Step Out – Back
Handspring	Handspring Series
Valdez – Back Handspring Step Out	Round-Off Back Handspring Step Out – Back Walkover
	<ul> <li>Back Handspring Series</li> </ul>

#### **Level 3 Teams ELITE SKILLS**

Standing Skills	Running Tumbling Skills
Back Handsprings – TT – Back Handspring Series	Front Walkover - Aerial
Back Handspring Step Out – Back Handspring Series	Front Walkover Round -Off Back Handspring Tuck
Back Handspring Step Out – Back Walkover – Back Handspring Series	Punch Front or Fly spring Round-Off Back Handspring Tuck
Back Walkover-BHS-Jump-BHS/BHS series	Round-Off Back Handspring Step-Out ½ Turn Round-Off Tuck

#### **Level 4 Team ELITE SKILLS**

Standing Skills	Running Tumbling Skills
Back Handspring Step Out -Tuck	Punch Front Step Out Round-Off Back Handspring
	Layout/ Round off whip punch tuck
Toe Touch- Back Handspring Tuck	Round-Off Whip Back Handspring Layout
Standing Tuck- Not an elite skill	Round-Off whip-BHS-BHS Tuck or layout
Back Walkover back tuck	Front Handspring – Punch Front Step Out – Round Off
	Back Handspring Layout

#### **Level 5 Team Advanced & Elite Skills**

STANDING TUMBLING

ADVANCED LEVEL APPROPRIATE	ELITE LEVEL APPROPRIATE
JUMP - BACK TUCK     BHS SERIES - WHIP/TUCK - BHS - TUCK     BHS - WHIP/TUCK - BHS - TUCK     JUMP - BHS SERIES - WHIP - BHS - TUCK     JUMP - BHS SERIES - WHIP - TUCK     BHS SERIES - LAYOUT     BHS SERIES - WHIP - TUCK	BHS - WHIP - TUCK BHS - LAYOUT JUMP - BHS/BHS SERIES - LAYOUT JUMP - BHS - WHIP - TUCK BHS - WHIP/TUCK - TO - LAYOUT BHS/BHS SERIES - WHIP - TO - LAYOUT/LAYOUT STEP OUT JUMP - BHS/BHS SERIES - WHIP - TO - LAYOUT

#### RUNNING TUMBLING

ADVANCED LEVEL APPROPRIATE	ELITE LEVEL APPROPRIATE
FHS - BARANI RO - BHS - FULL ROUND OFF - ARABIAN SIDE AERIAL/FRONT AERIAL - TO - FULL BARANI - TO - LAYOUT/FULL	FRONT FULL FRONT WALKOVER - RO - TO - FULL FRONT WALKOVER - RO - TO - FULL FRONT HANDSPRING - PF STEP OUT - RO - TO - FULL RO - TO - WHIP - TO - FULL FRONT HANDSPRING - FRONT FULL FRONT HANDSPRING - FRONT FULL FRONT HANDSPRING - FF STEP OUT - RO - TO - WHIP - TO - FULL FRONT HANDSPRING - PF STEP OUT - RO - TO - WHIP - TO - FULL ARABIAN STEP OUT - TO - LAYOUT/FULL

#### **Level 6 Team Advanced & Elite Skills**

#### STANDING TUMBLING

ADVANCED LEVEL APPROPRIATE	ELITE LEVEL APPROPRIATE
BHS Series - Full Jump - BHS Series - Full BHS - Whip - BHS Series - Full BHS Series - Whip - Full BHS - Whip - to - Full	BHS - Full Jump - BHS - Full Jump - BHS - Full Standing Full BHS - Whip - BHS Series - Double Full BHS - Whip - BHS Series - Double Full BHS - Whip - Double Full BHS - Whip - Double Full BHS - Whip - Full BHS - Whip - Double Full BHS Series - Full/Double Full

#### RUNNING TUMBLING

ADVANCED LEVEL APPROPRIATE	ELITE LE	VEL APPROPRIATE
RO - BHS - Kick Full/Full step out Punch Front step out - to - Full RO - Whip - Full RO - to - Whip - to - Full	Front Handspring - Front Full Front Handspring - PF - RO - to - Full RO - Arabian/Half Full step out - RO - to - Full RO - BHS - Full - to - Full RO - to - Full - Full RO - to - Full - Full	RO - Double Full RO - to - Double Full Front Walkover - to - Double Full PF step out - to - Double Full RO - to - Whip - to - Double Full RO - Whip - Double Full RO - Arabian - to - Double Full RO - to - Full - to - Double Full RO - to - Full - to - Double Full RO - to - Full - to - Double Full RO - to - Full - to - Whip - Double Full RO - to - Full - to - Whip - Double Full PF step out - RO - to - Whip - Double Full RO - to - Double Full - Whip - Double Full

### **TRYOUT SKILL CHART - PREP**

\*Anyone wishing to be a flyer must have advanced flexibility to be considered\*

#### **SKILL BY LEVEL - PREP**

#### **Level 1 Teams PREP SKILLS**

#### \*No skills necessary to try out for level 1

Standing Skills	Running Tumbling Skills
Forward Roll	Cartwheel Back Walkover
Cartwheel	Roundoff
Pushup to Backbend	Front Walkover Cartwheel Backwalkover
Backward Roll	Front Walkover Cartwheel/roundoff
Handstand	Cartwheel Backward Roll
Back walkover	
Front Walkover	

#### **Level 2 Teams PREP SKILLS**

Standing Skills	Running Tumbling Skills
Back handspring	Cartwheel Back Handspring
Back Handspring Step out	Roundoff Back Handspring
Back Walkover Back Handspring	Roundoff Back Handspring Series
Valdez – Back Handspring Step Out	Front Walkover Roundoff Back Handspring

### Level Evaluations Dates & Times.

#### May 13<sup>th</sup> Monday – Full Year Prep Tryouts

- 5:00-6:30pm Levels 1-2 (Birth years 2014-2019)
- 6:30-8:30pm Levels 1-2 (Birth years 6/1/2005-2013)

#### May 14<sup>th</sup> Tuesday Session 1- (NEW) Athletes to Top Gun ELITE

- This session is for ALL Athletes New to TG ELITE (Levels 1-6)
  - All Levels (5:00-7:00pm) Birth Years 2013-2018
  - All Levels (7:00-9:00pm) Birth Years
     6/1/2005-2012

#### May 15<sup>th</sup> Wednesday Session 1 – ELITE TG Returners

- Levels 3 & 4 (5:00-7:00pm) Birth Years 6/1/2005-2017
- Level 5 & 6 (7:00-9:30pm) Birth Years 6/1/2005-2016

#### May 16<sup>th</sup> Thursday Session 1 – ELITE TG Returners

- Levels 1 & 2 (5:00-7:00pm) Birth Years 2013-2018
- Levels 1 & 2 (5:00-7:00pm) Birth Years 6/1/2005-2012

#### May 17th Friday Make Up Tryouts

 Make Up Tryouts (5:00-7:30pm) New and/or Returning Athletes – All Ages/Levels

#### May 18<sup>th</sup> Saturday Session 2 – Elite Callbacks- Level Tryouts

- Levels 1-2
  - Birth Years 2013-2018 (10:00-11:00am)
  - Birth Years 6/1/2005-2012 (11:00-1:00pm)
- Levels 3-4
  - Birth Years 6/1/2005-2017 (1:30-3:30pm)

#### May 19<sup>th</sup> Sunday Session 2 – Elite Callbacks-Level Tryouts

- Level 5-6
  - Birth Years 6/1/2005-2016 (12:00-2:30pm)
- U18 non-tumbling.
  - o Birth Years 6/1/2005-2016
  - o 2:30-4:00pm

#### May 20<sup>th</sup> Monday – Full Year Prep Callbacks

#### **Prep Callbacks**

- Mini/Youth 5:00-6:30pm Mini 7-9yrs (2015-2018) Youth 8-12 (2012-2017)
- Junior/Senior 6:30-8:30pm
- Junior 9-15yrs (2009-2016)
- Senior 13-19yrs (6/1/05-2012)

#### May 21<sup>st</sup> Tuesday Session 3- Elite Groups

5:00-9:00pm Detailed scheduled to come.

## May 22<sup>nd</sup> Wednesday Session 3- Elite Groups

5:00-9:00pm Detailed scheduled to come.

#### May 23<sup>rd</sup> Thursday Session

5:00-9:00pm Detailed scheduled to come.

**HOLIDAY- CLOSED May 25-27** 

May 28th Tuesday

Open if needed.

May 29<sup>th</sup> WEDNESDAY – REVEAL DAY!

6:30pm (tentative)

#### **Season Kick Off**

June 1<sup>st</sup>/ & 2<sup>nd</sup> – Mandatory First team practice/Stunt Camp

June 8<sup>th</sup>/9<sup>th</sup> -Mandatory team Stunt Camp

### **How to Sign Up for Tryouts**

- Please create an account on our website <u>Linked Here!</u>
- Register and pay for tryouts under the Class Registration tab. Tryout fee is \$75 or the May bundle is \$150 which includes your tryout fee and four tumbling classes for the month of May. Cash or checks will NOT be accepted.
- Complete a 2024-25 registration form online when paying for tryouts. Athletes cannot try out without a signed form on file.
- You will need to print a copy of the Top Gun Pittsburgh 2024-2025 Registration form that can be found on our website under Documents and bring this hard copy on your first day of tryouts.
- Read tumbling grid above. Your athlete must attend the level that they have necessary skills. 2 skills for standing and 2 skills for running are required to attend any level.
- The back entrance is the main entrance. You must park along grassy area if you are coming into the building.
- Please note that Top Gun attendace policy is <u>VERY STRICT</u>. All pracitices are mandatory, we do not work around any games, cheerleading competitions, or any other sports of any kind. If you have any questions in advance please contact Aimee, ansaffle1@gmail.com



Attire for tryout: All Black, no gym name whatsoever on clothing, hair must be on top of head in a clean ponytail, white bow of any kind.

- IMPORTANT ZOOM CALL for all RETURNING athletes May 8<sup>th</sup> @ 7:30pm
- IMPORTANT ZOOM CALL for all NEW athletes, May 9<sup>th</sup> @ 7:00pm.
- IMPORTANT ZOOM CALL for all Full Year Prep athletes, May 1<sup>st</sup> @ 7:30pm

Please do not miss this Zoom call! This is required for everyone that is planning to try out for Top Gun this season. An email will be sent closer to the date with the Zoom call information.

Any questions, please email topgunpgh@gmail.com