



Tigersharks Training Schedule

Scroll Through For Your Squad

ALL Squads

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5-Oct	6-Oct	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct
	Silver: 5:00-6:00pm Gold: 5:30-7:00pm SR I & II: 3:15-5:00pm	Bronze: 5:30-6:30pm Gold: 5:00-6:30pm SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	Silver: 5:00-6:00pm Gold: 5:30-7:00pm SR I & II: 3:15-5:00pm	Bronze: 5:30-6:30pm Gold: 5:00-6:30pm SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	Bronze: 5:00-6:00pm Silver: 5:30-7:00pm Gold: 5:30-7:00pm SR I & II: 5:30-7:00am	Silver: 7:30-8:30am Gold: 7:00-8:30am SR I & II: 7:00-8:30am SR I wts: 8:45-9:30pm
12-Oct	13-Oct	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct
	Silver: 5:00-6:00pm Gold: 5:30-7:00pm SR I & II: 3:15-5:00pm	Bronze: 5:30-6:30pm Gold: 5:00-6:30pm SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	Silver: 5:00-6:00pm Gold: 5:30-7:00pm SR I & II: 3:15-5:00pm	Bronze: 5:30-6:30pm Gold: 5:00-6:30pm SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	KING OF THE HILL SWIM MEET	KING OF THE HILL SWIM MEET
19-Oct	20-Oct	21-Oct	22-Oct	23-Oct	24-Oct	25-Oct
KING OF THE HILL SWIM MEET	Silver: 5:00-6:00pm Gold: 5:30-7:00pm SR I & II: 3:15-5:00pm	Bronze: 5:30-6:30pm Gold: 5:00-6:30pm SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	Silver: 5:00-6:00pm Gold: 5:30-7:00pm SR I & II: 3:15-5:00pm	Bronze: 5:30-6:30pm Gold: 5:00-6:30pm SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	Bronze: 5:00-6:00pm Silver: 5:30-7:00pm Gold: 5:30-7:00pm SR I & II: 5:30-7:00am	Silver: 7:30-8:30am Gold: 7:00-8:30am SR I & II: 7:00-8:30am SR I wts: 8:45-9:30pm
26-Oct	27-Oct	28-Oct	29-Oct	30-Oct	31-Oct	1-Nov
	Silver: 5:00-6:00pm Gold: 5:30-7:00pm SR I & II: 3:15-5:00pm	Bronze: 5:30-6:30pm Gold: 5:00-6:30pm SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	Silver: 5:00-6:00pm Gold: 5:30-7:00pm SR I & II: 3:15-5:00pm	Bronze: 4:30-7:00pm* Silver: 4:30-7:00pm* Gold: 4:30-7:00pm* SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm *TWILIGHT MEET	2025 RUNNING OF THE SHARKS	Silver: 7:30-8:30am Gold: 7:00-8:30am SR I & II: 7:00-8:30am SR I wts: 8:45-9:30pm
2-Nov	3-Nov	4-Nov	5-Nov	6-Nov	7-Nov	8-Nov
	Silver: 5:00-6:00pm Gold: 5:30-7:00pm SR I & II: 3:15-5:00pm	Bronze: 5:30-6:30pm Gold: 5:00-6:30pm SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	Silver: 5:00-6:00pm Gold: 5:30-7:00pm SR I & II: 3:15-5:00pm	Bronze: 5:30-6:30pm Gold: 5:00-6:30pm SR I & II: 3:15-5:00pm SR I wts: No weights	NEVADA STATE CHAMPIONSHIPS SWIM MEET Travel Day	NEVADA STATE CHAMPIONSHIPS SWIM MEET (Day 1 of 4)



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Bronze Squad

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5-Oct	6-Oct	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct
		Bronze: 5:30-6:30pm		Bronze: 5:30-6:30pm	Bronze: 5:00-6:00pm	
12-Oct	13-Oct	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct
		Bronze: 5:30-6:30pm		Bronze: 5:30-6:30pm	KING OF THE HILL SWIM MEET	KING OF THE HILL SWIM MEET
19-Oct	20-Oct	21-Oct	22-Oct	23-Oct	24-Oct	25-Oct
KING OF THE HILL SWIM MEET		Bronze: 5:30-6:30pm		Bronze: 5:30-6:30pm	Bronze: 5:00-6:00pm	
26-Oct	27-Oct	28-Oct	29-Oct	30-Oct	31-Oct	1-Nov
		Bronze: 5:30-6:30pm		Bronze: 4:30-7:00pm* *TWILIGHT MEET	2025 RUNNING OF THE SHARKS	
2-Nov	3-Nov	4-Nov	5-Nov	6-Nov	7-Nov	8-Nov
	Silver: 5:00-6:00pm Gold: 5:30-7:00pm SR I & II: 3:15-5:00pm	Bronze: 5:30-6:30pm Gold: 5:00-6:30pm SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	Silver: 5:00-6:00pm Gold: 5:30-7:00pm SR I & II: 3:15-5:00pm	Bronze: 5:30-6:30pm Gold: 5:00-6:30pm SR I & II: 3:15-5:00pm SR I wts: No weights	NEVADA STATE CHAMPIONSHIPS SWIM MEET Travel Day	NEVADA STATE CHAMPIONSHIPS SWIM MEET (Day 1 of 4)



Tigersharks Training Schedule

Scroll Through For Your Squad

Silver Squad

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5-Oct	6-Oct	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct
	Silver: 5:00-6:00pm		Silver: 5:00-6:00pm		Silver: 5:30-7:00pm	Silver: 7:30-8:30am
12-Oct	13-Oct	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct
	Silver: 5:00-6:00pm		Silver: 5:00-6:00pm		KING OF THE HILL SWIM MEET	KING OF THE HILL SWIM MEET
19-Oct	20-Oct	21-Oct	22-Oct	23-Oct	24-Oct	25-Oct
KING OF THE HILL SWIM MEET	Silver: 5:00-6:00pm		Silver: 5:00-6:00pm		Silver: 5:30-7:00pm	Silver: 7:30-8:30am
26-Oct	27-Oct	28-Oct	29-Oct	30-Oct	31-Oct	1-Nov
	Silver: 5:00-6:00pm		Silver: 5:00-6:00pm	Silver: 4:30-7:00pm* *TWILIGHT MEET	2025 RUNNING OF THE SHARKS	Silver: 7:30-8:30am
2-Nov	3-Nov	4-Nov	5-Nov	6-Nov	7-Nov	8-Nov
	Silver: 5:00-6:00pm		Silver: 5:00-6:00pm		NEVADA STATE CHAMPIONSHIPS SWIM MEET Travel Day	NEVADA STATE CHAMPIONSHIPS SWIM MEET (Day 1 of 4)



Tigersharks Training Schedule

Scroll Through For Your Squad

Gold Squad

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5-Oct	6-Oct	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct
	Gold: 5:30-7:00pm	Gold: 5:00-6:30pm	Gold: 5:30-7:00pm	Gold: 5:00-6:30pm	Gold: 5:30-7:00pm	Gold: 7:00-8:30am
12-Oct	13-Oct	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct
	Gold: 5:30-7:00pm	Gold: 5:00-6:30pm	Gold: 5:30-7:00pm	Gold: 5:00-6:30pm	KING OF THE HILL SWIM MEET	KING OF THE HILL SWIM MEET
19-Oct	20-Oct	21-Oct	22-Oct	23-Oct	24-Oct	25-Oct
KING OF THE HILL SWIM MEET	Gold: 5:30-7:00pm	Gold: 5:00-6:30pm	Gold: 5:30-7:00pm	Gold: 5:00-6:30pm	Gold: 5:30-7:00pm	Gold: 7:00-8:30am
26-Oct	27-Oct	28-Oct	29-Oct	30-Oct	31-Oct	1-Nov
	Gold: 5:30-7:00pm	Gold: 5:00-6:30pm	Gold: 5:30-7:00pm	Gold: 4:30-7:00pm* *TWILIGHT MEET	2025 RUNNING OF THE SHARKS	Gold: 7:00-8:30am
2-Nov	3-Nov	4-Nov	5-Nov	6-Nov	7-Nov	8-Nov
	Gold: 5:30-7:00pm	Gold: 5:00-6:30pm	Gold: 5:30-7:00pm	Gold: 5:00-6:30pm	NEVADA STATE CHAMPIONSHIPS SWIM MEET Travel Day	NEVADA STATE CHAMPIONSHIPS SWIM MEET (Day 1 of 4)



Tigersharks Training Schedule

Scroll Through For Your Squad

Senior Squads

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5-Oct	6-Oct	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct
	SR I & II: 3:15-5:00pm	SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	SR I & II: 3:15-5:00pm	SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	SR I & II: 5:30-7:00am	SR I & II: 7:00-8:30am SR I wts: 8:45-9:30pm
12-Oct	13-Oct	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct
	SR I & II: 3:15-5:00pm	SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	SR I & II: 3:15-5:00pm	SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	KING OF THE HILL SWIM MEET	KING OF THE HILL SWIM MEET
19-Oct	20-Oct	21-Oct	22-Oct	23-Oct	24-Oct	25-Oct
KING OF THE HILL SWIM MEET	SR I & II: 3:15-5:00pm	SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	SR I & II: 3:15-5:00pm	SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	SR I & II: 5:30-7:00am	SR I & II: 7:00-8:30am SR I wts: 8:45-9:30pm
26-Oct	27-Oct	28-Oct	29-Oct	30-Oct	31-Oct	1-Nov
	SR I & II: 3:15-5:00pm	SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	SR I & II: 3:15-5:00pm	SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm *TWILIGHT MEET	2025 RUNNING OF THE SHARKS	SR I & II: 7:00-8:30am SR I wts: 8:45-9:30pm
2-Nov	3-Nov	4-Nov	5-Nov	6-Nov	7-Nov	8-Nov
	SR I & II: 3:15-5:00pm	SR I & II: 3:15-5:00pm SR I wts: 2:30-3:00pm	SR I & II: 3:15-5:00pm	SR I & II: 3:15-5:00pm SR I wts: No weights	NEVADA STATE CHAMPIONSHIPS SWIM MEET Travel Day	NEVADA STATE CHAMPIONSHIPS SWIM MEET (Day 1 of 4)



Tigersharks Training Schedule

MASTERS SQUAD

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5-Oct	6-Oct	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct
			5:45-7am Short Course		5:45-7am Short Course	6:00-7:30am Long Course
12-Oct	13-Oct	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct
			5:45-7am Short Course		5:45-7am Short Course	NO TRAINING KID'S MEET (away)
19-Oct	20-Oct	21-Oct	22-Oct	23-Oct	24-Oct	25-Oct
			5:45-7am Short Course		5:45-7am Short Course	6:00-7:30am Long Course
26-Oct	27-Oct	28-Oct	29-Oct	30-Oct	31-Oct	1-Nov
			5:45-7am Short Course		5:45-7am Short Course *Running of the Sharks day	6:00-7:30am Long Course
2-Nov	3-Nov	4-Nov	5-Nov	6-Nov	7-Nov	8-Nov
			5:45-7am Short Course		5:45-7am Short Course	NO TRAINING KID'S MEET (away)