Humboldt Swim Club Board Meeting Agenda November 21, 2024// Cal Poly Humboldt



5:30 PM - 7:00 PM

Be respectful of time, this meeting is scheduled until 7:00 P.M.

- Board Members Present: Jamie Workman, Nona Mineva, Pat Spellmeyer, Rebecca Baugh, Pam Wiley,
 Patricia Terry (zoom)
- Board Members Absent: Winslow Condon
- Public: Mike Nichols, Anne Girard, Denise Barellies, Bridgette Sieler, Ben Brown, Rupali Brown, Jess Barellies

General Session Opens at 5:30

1.0 Call to Order: Call to order at 5:37

2.0 Approval of Agenda Order: Rebecca 1st; Pat 2nd - all in favor (Nona, Jamie, Pat, Rebecca)

3.0 Swearing In of New Board Members -5 min

- Signing of statement of commitment
- Pam Wiley and Patricia Terry are signed in; signed the statement of commitment
- Standing members also sign.

3.0 Consent Agenda: -20 min: Nona 1st, Jamie 2nd - all in favor

- 3.1 Approval of October Minutes- October Minutes
- 3.2 Treasurer's Report -
- Made over the goal for Creepy Crawl; over \$31,000; introduced the calendar which was well received.
- Currently in the black
- Everything was reconciled, waiting for a credit card. Coast Central will contact individually

3.3 Coach's Report - Coach Reports November

- ASCA Presentation
- Theme of the conference was capacity vs. utilization (breaks training into two different compartments) aerobic vs. anaerobic. Hone in on the individual need of the swimmer.
- Anaerobic (glycolysis)
- Training Aerobic Capacity in Swimming- explanation
- Reflection on training strategies
- Cohesive strategies discussed
- Junior coach items discussed (must be 15 years old)
- Zone 3 swim meet; time standards- lenient time standards. King of the Zone; last weekend in January in Napa. Pick a job by the 20th of December
- Proposal Wednesday will be Silver, Gold and Senior (2-4)- put in this week in the water.
- Fin proposal- over \$700

3.4 Board Member Updates

- 50% price in April/May for HSU. Time is 4-6

- Rebecca Baugh resigns from the HSC Board of Directors

3.5 President's Report

4.0 Public Comment -20 min

5.0 Old Business -15 min

5.1 Approval of 2025 Budget

- Jamie 1; Rebecca 2: all in favor

5.2 Approval of ACP Contract

- Will send via email

5.3 Block Party- December 7th

- Idea: Holiday Block Party!
- Approval of equipment and Swimmingly App-
- Pat is the new meet director. The swimmingly app ran smoothly, everything sends to the scorekeeper. We will need to purchase a speaker (recommended is \$300 through Amazon). Need 1 iPAD, iphone/android phone to time/ iPhone for starter and stroke and turn.
- \$18 per athlete
- Coaches say that it is easy to use, volunteers who are timing will find it very straightforward. When athletes register they will get a 4-digit pin.
- Approves
- Jamie will purchase the equipment needed for the Block Party

5.4 Fitter & Faster- Updates

- Emails have gone out to the team
- Jacob reached out to the Crescent City Team.
- 10 and over for all 4 sessions- 2 instructors come. Each of the 4 sessions will be a different stroke
- 9:00 2:50 PM

5.5 Creepy Crawl- Totals & Updates; Information Only

- Successful; \$31,000
- Having it at Cal Poly worked!

6.0 New Business -20 min

6.1Description of Board Member Duties & Officer Positions

Vote in officers and Chair Persons in December

6.2 Spring 2025 Meet Schedule - Approval

Google Sheet Draft Meet Schedule 2024-25

- Rebecca 1st; Pat 2nd- all in favor

6.3 Spring 2025 Practice Schedule - Approval

- Spring 2024 Practice Schedule
- Tabled to December

6.4 Registration

- USA Swim & Team Registration

- Jamie has the email ready to go; Winslow has emailed the team

6.5 Fundraising Calendar for 2025 - Tabled until January

- Sponsorship Drive January May: Nominate Sponsorship Drive Coordinator
- Booster Club:
- Pints for Non-Profit Application Update:
- Humboldt Sponsors opened the application/Humboldt Area foundation

6.6 Head Coach Search

- Description and Posting begins January 2025; Special Study Session TBD
- December 16th Forestry

6.7 Member Handbook & Coach Handbook- Discussion

- Table until January- form a committee

7.0 Closed Session - begin 6:50-7:00

- Move to closed at 7:13
- Move out of closed at 8:30

No report

Future Agenda Items:

- HSC Registration
- Officer Elections