## **HUMBOLDT SWIM CLUB NEWS**

## August 2022





#### **COACH'S CORNER**

#### **MEET THE COACHES!**

Our first day back from our team break is **Monday**, **August 15th.** Coaches will be on deck before practices start for any swimmers or parents that would like to meet their new coach or just say hello. **4:00 Monday**, **August 15th**.

# Please welcome our Lead Age-Group Coach Kelly Nathane, and Lead Senior-Group Coach Jacob Ireland

Coach Kelly Nathane will be serving as Lead Age-Group Coach. Kelly is a lifelong swimmer with over 20+ years of coaching experience. In addition to coaching for HSC she runs training groups, coaches summer swim leagues and runs skate camps for athletes of all ages. She brings with her a vision for meeting the needs of age group swimmers aged 6-14 in our Intro through Gold groups. Kelly's coaching philosophy involves fostering a close community to make swimmers and their families feel supported physically and mentally, so the swimmer can excel at whatever competitive level they would like to achieve. Kelly deeply loves Humboldt Swim Club and is very excited for this new leadership role!

Coach Jacob Ireland will be serving as Lead Senior Group Coach. Jacob swam for HSC from the time he was 6 years old until he transitioned to swimming for a larger team in San Diego. In addition to coaching for HSC he is also the coach for the USA Swim Master's Group at the Arcata Community Pool. Jacob states that "Growing up as a swimmer, HSC taught me discipline when it comes to working hard to achieve your goals. It also helped me establish countless amazing relationships that have carried on throughout my life, as well as what it means to be part of a team and to help those around you succeed." Jacob also has a deep love for Humboldt Swim Club, and is looking forward to this larger role within our team.

#### **IMPORTANT DATES**

August 18th - HSC Board Meeting 5:30-7:00. Public Comment may join via zoom ZOOM (link here)

First Day of Practice!
August 15

Shasta Y- 1 Day Meet September 17 2022

Humboldt TriKids
September 18 2022

Neptune's Fall Classic September 30 - October 2 2022

Creepy Crawl Lap-A-Thon! October 22 2022

Practice Schedules are posted on the team website and will not be changing through December 2022

#### HAPPY BIRTHDAY

Linnea McDonald	8/1	10
Carina McDonald	8/4	13
<b>Kit Meyer- Board Member</b>	8/8	
Levi Okin	8/10	10
<b>Henry Landis</b>	8/16	9
Henry Workman	8/17	9
Sadie Breen	8/21	17
Fiona Cavanagh	8/18	10
Griffin Mollberg	8/19	10
Ava Deyhim	8/27	12

Please refer to our website: www.hscswim.org

## **AUGUST 2022**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please see Senior and Senior comp complete schedule on Team Unify	1 Silver 4-5 Gold 5-6 (dryland 4-5)	2 Intro 4-5 Bronze 4-5 Silver 5-6 Gold 4-6 ** am practice (Sliver, Gold, Senior)	3 Bronze 4-5 Gold 5-6 (dryland 4-5)	4 Intro 4-5 Bronze 4-5 Silver 5-6 ** am practice (Silver, Gold, Senior)	5 Intro 4-5 Bronze 4-5 Silver 5-6 (dryland 4-5)	Intro 1-2 Bronze 1-2 Silver 11-1 Gold 11-1
7	8	9	10	11	12	13
14	15 First Day of Practice! Parent Meeting 4:00 @ ACP	16	17	18 HSC Board Meeting Public Comment Zoom option	19	20
21	22	23	24	25	26	27
28	29	30	29	30	31	

## **Ordering Team Suits and Gear**

Intro- Senior Comp Groups can find all of their gear and suits here:



https://elsmoreswim.com/teams/california/clubs/humboldt-swim-club.html

Team Suits should be worn to meets only. Please email if you have questions about sizing.

**Senior swimmers** are expected to have their own training equipment: paddles (Speedo Power Paddle or Finis Manta or Finis Agility Paddle), pull buoy, Finis Alignment Board, and Finis Snorkel. **Gold and our older Silver swimmers** should purchase equipment they won't outgrow: snorkel, pull buoy, and alignment board.

## Fall 2022 Meet Schedule & Beyond

September 17	Shasta Y-1 Day Meet		
September 30 - October 2	Neptune Swimming Fall Classic (Santa Rosa)		
November 19-20	Mendocino Coast Sea Dragons (Ft. Bragg)		
December 2-4	Winter Junior Olympics (Santa Clara)  * Qualifying		
January 21-22	TCA Zone 3 Championships *Qualifying		
February 4-5	Last Chance Invitational (Grant's Pass)		
February 18 - 19	MAC Senior Open (Milpitas) (Senior)		
March 18 - 19	Piranhas Swimming (Rohnert Park)		
March 29 - April 1	Western Zone Senior SCY Championship (Federal Way WA) *Qualifying		
April 1-2	Sebastopol Sea Serpents Invitational (Intro & Bronze)		
April 22 - 23	AC Swim Club LCM (Petaluma)		
May 7	Senior 2 Post NCS Walk-On Meet (Senior)		
May 13	Shasta Y-1 Day Meet (Redding)		
June 17 - 18	Willits Otters (Intro & Bronze)		
June 16 - 18	RAD Trials Finals (Redding)		
July 14 - 16	Senior Meet TBA		
July 22 - 24	Ukiah Dolphins		
July 25 - 29	Western Zone LCM Senior Championships *Qualifying		
July 27 - August 12	All Team Break!		

## Please Welcome our Newest Board Member Jamie Hill- Workman

We are thrilled to have Jamie as part of our HSC Board of Directors! Thank you Jamie!



## **Scholarships Available**

HSC strives to offer the opportunity for everyone to participate in our swim program, regardless of financial means or limitations. Toward this end, HSC offers financial aid to assist with monthly dues. Scholarships cover at least 50% of dues. Due to HSC recently being awarded a grant that we had applied for, HSC may be able to increase the percentage of dues to be covered with the scholarship for the remainder of the 2022 year. This will depend on the number of scholarship applicants received, as we want to support as many members who need financial support as possible.

To qualify, families just need to fill out our scholarship application on our website under Membership and show proof of Medi-Cal. Please don't delay in turning in the paperwork if you qualify!

Scholarship applications can be emailed to Breanna Cahoon at hscswimtreasurer@gmail.com dropped off in the payment slot at the team kiosk or mailed to PO Box 101, Bayside CA 95524

### **2022 SPONSORSHIP DRIVE**

The sponsorship drive has come to an end and we raised \$15,199.

#### Thank you to our 2022 sponsors!!

Ruby (\$5,000 +)

Thank you to our anonymous Ruby Sponsor!

Diamond (\$2,500-\$4,999)

**Humboldt Sponsors** 

Platinum (\$1,000-\$2,499)

East Bay Community Foundation
Susan & Robert Nathane Jr Charitable Fund
Schmidbauer Family Foundation

Gold (\$500-\$999)

Salt Fish House Campground Restaurant - Willey Family

Pacific Carpets - Clint Walker

Vizenor Family

Nylex.net, Inc.

Coast Central

#### Silver (\$250-\$499)

**Humboldt Audiology** 

David L Moonie

Harper Motors

Alves Inc.

Redwood Capital Bank

Mercer Fraser

Humboldt Masonic Lodge No 79

Atlas Engineering

Johnson Family

Lithia Chrysler Jeep Dodge Ram of Eureka Valley Pacific Petroleum Services, Inc.

Bruce & Janet Nelson

Pierson Building Center

Premier Oil Change

Bronze (\$100-\$249)

Jackson & amp; Eklund

Vern's Furniture

Linda Sundberg Ins Agency

JLF Construction Inc

Almquist Lumber Co.

Alex Stillman

The Mill Yard

Neely Automotive

Arcata Cabinet & Design Company

Kramer Investment Corp.

Humboldt Association of Realtors, Inc.

Brad Finney for Finney Consulting Services

Hunter, Hunter & Samp; Hunt, LLP

Dr. Hagge DDS

Adams Commercial General Contracting Soroptimist International of Arcata

#### Swim Supporter up to \$99

Eureka Optometric Center – Uwe & Zuzana Gellner, O.D.

**Humboldt Mortgage Company** 

## **Santa Rosa Neptunes Meet**

The Santa Rosa Neptune's meet will take place September 30-October 2 and is now open for registration. Go to fastswims.com to sign up. This is an all team meet and all swimmers are encouraged to attend.

## HSC CONTACT INFORMATION

Team address: P.O. Box 101, Bayside, CA 95524 **HSC website:** 

<u>www.teamunify.com/pchsc</u> or <u>www.hscswim.org</u>

Kelly Nathane Lead Coach (Age G.) 707-407-6191

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Breanna Cahoon Treasurer 707- 502-4940

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**Amy Martin Secretary** 

Karin Grantham Board Member - DEI

Thomas Blair Board Member - Safesport

Kit Mever Board Member

Pat Spellmever Board Member

Jamie Hill- Workman Board Member

#### **WEB SITES:**

Swim Connection:

https://ome.swimconnection.com/meets

Fast Swims: <a href="https://fastswims.com/">https://fastswims.com/</a>
Pacific Swimming: <a href="https://www.pacswimm.org">www.pacswimm.org</a>
USA Swimming: <a href="https://www.usaswimming.org">www.usaswimming.org</a>

