

WATERDOG NEWSLETTER HUMBOLDT SWIM CLUB



New HSC Team Records

Huck Russell

Boys 13-14 400 IM LCM 4:57.9, 200 Fly LCM 2:19.73, 100 Free LCM 58.94, 200 IM LCM 2:22.61, 200 Back LCM 2:22.48

Nathan Bareilles

13-14 Boys 200 Breast LCM 2:28.19, 100 breast 1:10.09

MEET OUR LEAD COACHES

Jacob Ireland- Lead Senior Group Coach.

Jacob has coached for HSC for 5 years; 2 as an Age Group Coach and 3 as the Lead Senior Group Coach. Jacob's waterdog roots run deep; he swam with HSC from 2006-2015 before moving to San Diego to continue his swimming career. Jacob is a Cal Poly Humboldt graduate who also coaches for both Arcata and Eureka High Schools as well as Masters Swimming. He states that Humboldt Swim Club is the reason that he fell in love with the sport of swimming.



Kelly Nathane - Lead Age Group Coach.

Kelly has 20+ years of coaching experience, and holds Water Safety Instruction and Lifeguarding Certifications. She has coached younger swimmers and masters level athletes, as well as runs training groups, coaches summer swim leagues and runs skate camps for athletes of all ages. Kelly began her coaching time with HSC as the Intro Group coach and has now been the Lead Age Group Coach for the past 3 years. She brings a passion for swimming and years of coaching experience to our HSC community.



IMPORTANT DATES

- July 19 - First Day of Practice! Start of Fall 2024 Season
- HSC Board Meeting August 15th @ Cal Poly Humboldt at 5:30
- July 19 - Senior Group Parent Meeting 5 PM @ ACP
- September 1 - Creepy Crawl online donations open!
- September 21 - HSC Intrasquad @ Cal Poly Humboldt
- September 27-29 - Santa Rosa Neptunes SCY C/B/A+

AUGUST BIRTHDAYS

• Linnea McDonald	8.1	11
• Gabriel Dieme	8.3	10
• Carina McDonald	8.4	14
• Jackson Werner	8.4	10
• Grayson Eden	8.7	7
• Scarlet Minor	8.7	9
• Brannen Holmes	8.17	12
• Henry Workman	8.17	11
• Maxine Shahin	8.17	8
• Fiona Cavanaugh	8.18	12
• Keira McNeil	8.26	11

Stroke & Turn Officials and Meet Timers

As we get ready to start a new swim season I would like to thank all of the parents who volunteered timing and officiating at swim meets this past season. A special thanks to Annie, Beth, David and Mike for officiating!

If you are interested in becoming a stroke and turn official you can check the requirements at <https://www.pacswim.org/members/zones/officials>. Some of the benefits of becoming an official are discounted fundraising rates for your family and reimbursed payment for your USA swimming registration fees. At meets there is also a hospitality area open to officials with breakfast, lunch, snacks and drinks. If you have any questions please feel free to reach out to me at boardmember.pat@hscswim.org.

If you don't think officiating is for you there is another opportunity to volunteer at meets, by being a lane timer. Every meet Humboldt Swim Club is tasked with having 2 or 3 parents volunteer to be timers for the duration of the meet. These are usually broken into hour and a half shifts and we are always looking for families to help. To sign up, log into your account, go to events & competition and there will be a job sign up for that upcoming meet. It is an easy, fun way to meet new parents and get to watch your kid swim up close. There is no training required and helps disperse the load amongst our swim families.

Thank you and we look forward to meeting you on deck this upcoming season.

BOARD MEMBER BLOG

HSC BOARD ELECTIONS

Upcoming HSC Board of Directors Elections. In accordance with the HSC Bylaws, an election for 2 board positions will be held in October 2024. To be eligible for a Board seat, prospective nominees will need to fill out an application that includes a commitment of intent to uphold the HSC mission, bylaws and policies. Incumbent board members are eligible to apply as well.

Board members once elected will need to become USA Swimming members, pass a background check, and take Athlete Protection Training which can take up to 30 days. Board members must keep their eligibility current throughout their term. Terms are for 2 years. A formal statement with additional details and an application have been made available on the HSC website.

Nominating Committee Members Sought

The HSC Board is looking for a group of 3-4 parent volunteers to be the nominating committee for the upcoming HSC Board Elections. The task of the nominating committee is to read through nomination applications for eligibility, to recommend the final list of eligible applicants, notify ineligible applicants, to develop the final ballot, count votes, and release results for publication to HSC membership. At least one incumbent board member will assist with this process.



2024 CHAMPIONSHIP MEET SEASON



Amalia Baugh at Senior Western
Zones LCM Championships
Nathan Barellies, Huck Russell,
Sophia Spellmeyer, and Rana Wiley
at Age Group Championships.
Huck Russell at Far Western LCM
Championships
Nathan Barellies at Sectionals LCM

