

MCSD SWIM TEAM CODE OF CONDUCT: ATHLETES

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior. By signing this code of conduct, I agree to the following statements:

- ☐ I will respect and show courtesy to my teammates and coaches at all times.
- ☐ I will demonstrate basic swim courtesy by:
 - waiting until practice/wm-ups begins to get in the water
 - not swimming over others
 - if I need to pass I will tap the persons feet in front, and if I am the slower swimmer I will move over.
 - leaving the wall 5 sec after the swimmer in front unless otherwise directed
- ☐ I will demonstrate good sportsmanship at all practices and meets.
- ☐ I will set a good example of behavior and work ethic for my teammates.
- ☐ I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit discriminatory behavior (sexist, racist, homophobic etc...), or otherwise inappropriate behavior will face disciplinary action.
- ☐ I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- ☐ I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- ☐ If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- ☐ I will obey all of USA Swimming's rules and codes of conduct (article 304).

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and MCSD's board of directors.

Swimmer's signature

Date

Parent's signature

Date