

Calendar

Events

- July 1-4 – Fireworks Sales

Meets

- July 11-13 – Long Course JOs @ Concord
- Jul 16-20 – California/Nevada Sectionals
- July 18-20 – RESL Championships
- July 26-27 – Zone III Long Course Championships
- July 30-August 3 – Far Western Championships @ Concord
- July 30-August 3 – Western Zone Senior Championships @ Clovis
- August 1-3 – Short Course Meet @ Ukiah
- August 4-17 – Team Break

Piranha Swimming July Newsletter

Happy 4th of July and Fireworks Sales

I hope everyone had a great 4th of July!



"Thanks to all the volunteer hours put in by parents, family, and coaches, our Piranha fireworks booth had a very successful year. A big thank you also to Lisa Adams who was our fireworks booth coordinator! We made roughly \$3,000 more this year in sales than last year! Thanks also to the swimmers who sat outside the booth selling cookies, neck coolers, and tutus for Arizona, we were able to raise \$145 towards our \$6000 goal! Go Piranhas!"

-Barbara DeVries, Treasurer



Spirit Week

Every year, the week leading up to RESLs is Spirit Week, when the swimmers and coaches spend an entire week having fun and raising team spirit for the upcoming RESLs.



RUN PIRANHAS RUN!



Jumpin' for joy!



Coach Ian at work



"Short buddies are the best buddies!"



A team picture after t-shirt decoration

RESL Championships

RESLs is the big team swim meet of the year where we compete against other teams to score as many points as we can. This year, we placed third! Also, congratulations to Andrew Wang for winning the 15 and over high point award! Here are some pictures from that fun and spirited weekend.



July Piranha Birthdays

Dominic Restivo

• July 1

Andrew Wang

• July 3

Elizabeth Phillips

• July 21

Michael Duffy

• July 22

Hailey Woodcox

• July 24

Justin Wong

• July 31



New July Time Standards

New Time Standards – Concord

Sena Erickson (Age 10)

- 50M Free – 35.09 (JO)
- 50M Breast – 46.05 (JO)
- 100M Breast – 1:42.84 (JO)
- 100M Fly – 1:39.89 (JO)

Hailey Woodcox (Age 10)

- 200M Free – 2:45.05 (FW)

Cayla Whetstone (Age 12)

- 200M Free – 2:40.22 (JO)

Jayson Shinn (Age 12)

- 100M Breast – 3:07.69 (FW)

Brigette Eagar (Age 15)

- 100M Breast – 1:23.42 (JO)

Jeffrey DeVries (Age 15)

- 800M Free – 9:58.19 (JO)

New July Time Standards (cont.)

New Time Standards – RESL

Taylor Whetstone (Age 7)

- 25Y Fly – 27.02 (B)

Hailey Woodcox (Age 10)

- 100Y IM– 1:19.98 (A)

Justin Wong (Age 10)

- 50M Free – 32.40 (FW)
- 100M Breast – 1:38.33 (FW)
- 200M IM – 2:53.18 (FW)

Kylie Nelson (Age 12)

- 100Y IM – 1:24.99 (B)

Travis DeVries (Age 12)

- 50Y Breast – 4.85 (B)
- 100Y IM – 1:22.55 (B)

Michael Duffy (Age 11)

- 50Y Free – 30.56 (A)

Miron English (Age 11)

- 100Y Fly – 1:17.62(A)

Jayson Shinn (Age 12)

- 100Y IM – 1:11.54 (JO)
- 200Y IM – 2:34.09 (JO)

Calla Richards (Age 14)

- 100Y Free – 1:08.36 (B)
- 100Y Breast- 1:27.94 (B)

Marina Franco (Age 16)

- 100Y Free – 1:06.96 (B)

Sean Restivo (Age 15)

- 100Y Back – 1:14.66 (B)
- 200Y IM – 2:37.39 (B)

Andrew Wang(Age 18)

- 50Y Free – 24.11 (JO)
- 100Y Free – 52.12 (JO)

New Time Standards – Vallejo

Lexy Lewis (Age 10)

- 100M Free – 1:21.78 (A)
- 50M Back – 46.65 (A)
- 100M Breast – 1:53.91 (B)

Jayson Shinn (Age 12)

- 100M Back – 1:22.42 (JO)
- 50M Breast – 38.94 (FW)
- 100M Breast – 1:26.61 (FW)

Melissa Adams (Age 13)

- 100M Back -1:21.56 (A)

Jeffrey DeVries (Age 15)

- 200M Free – 2:19.71 (A)

Andrew Wang (Age 18)

- 100M Back – 1:15.85 (A)