



Thank you for your interest in Waves Swimming!

The Waves Aquatics swim team is looking for enthusiastic youths, ages 6-17 (18 if a high school senior), to join our competitive year round team. Have fun, build friendships and train to be the strongest swimmer you can be! Our caring, professional coaching staff will not only teach your child to swim all four strokes proficiently but will help them learn team spirit, cooperation and how to set and achieve realistic advancement goals.

Flexible Practice Schedules: There are several practice options. You may **choose to practice from 2 to 5 days a week**. Design it to fit your busy family schedule.

2 Pool locations: You may swim at 2 locations. We practice at **Vintage and St. Helena High Schools** and encourage you to choose the pool that best fits your needs.

Does my swimmer need to know how to swim?

Swimmer evaluation: Each new swimmer needs to complete a swim evaluation. These evaluations are scheduled with one of our coaches before a daily practice.

- We require swimmers entering our **Novice** program to swim 25 yd Freestyle without stopping with their head in the water and 25 yd Backstroke without stopping.
- Swimmers entering our **Age Group** program need to swim 300 yd Freestyle with flip turns and 25 yds Backstroke, Breaststroke & Butterfly legally.

Contact Coach Kevin Twohey at kevin@wavesaquatics.com or by phone at 707-363-6221 to schedule an evaluation.

What paperwork do I need to complete once my swimmer joins the team?

1. Online Swimmer Registration

We require ONLINE SWIMMER REGISTRATION through the team website at www.wavesaquatics.com. This ensures that we have all of your contact information in case of emergency, for team communication related to swim meets, activities and changes in practice schedules, and billing purposes. The START REGISTRATION button can be found on the Home Page on the menu to the left. If you cannot register online please print and complete this form and provide to the coaches at your swimmer's first practice.

Waves Aquatics Napa Valley, P.O. Box 373, St. Helena CA 94574 ph 707.363.6221 email info@wavesaquatics.com



2. USA Swimming Registration

USA Swimming Registration is required for every swimmer. **All NEW swimmers should complete this application and mail in with check for \$73 directly to USA Swimming.** Our team code is **WANV**. The team will automatically renew your registration in November if you are an active member of Waves Aquatics and USA Swimming and the amount will be added to your monthly bill.

How much does it cost to swim with the team?

That depends on which group you swim with and how many days a week you want to be in the pool!

ABOUT SWIM GROUPS--We aligned our titles with USA Swimming definitions; see details below:

- **Novice** – practice is for **1 hour**, and 2, 3 or 5 day per week swim options are available. If you swim for only 1 HOUR this is your group!
- **Age Group** – practice for **1.5 hours**, these swimmers are **under the age of 13**, and 2, 3 or 5 day per week swim options are available.
- **Senior and Elite** – practice for **1.5 hours**, swimmers must be **at least 13 years** of age, and 2, 3 and 5 day per week swim options are available. When invited by coaching staff, Elite swimmers are required to swim 5 days per week.

Pricing? Monthly dues depend on the number of swim days you choose per week.

Novice	
2 Day	\$60
3 Day	\$90
5 Day	\$135
Age Group/Senior	
2 Day	\$90
3 Day	\$125
5 Day	\$160

WELCOME TO Waves!!

Waves Aquatics Napa Valley, P.O. Box 373, St. Helena CA 94574 ph 707.363.6221 email info@wavesaquatics.com





WELCOME TO Waves!!



New Swimmer Registration

Please take time to visit our team website at www.wavesaquatics.com.

You can find important information at the Waves website related to our **swim team calendar** with a schedule of **practice times** and sessions, as well as a listing of **upcoming swim meets** *that our coaches have chosen to attend as a team* and **special events** like team barbeques and movie nights.



NEW SWIMMER REGISTRATION

We require online swimmer registration and the link can be found under the "Sign In" tab. Active.com is the host for this process and you will need to setup an account with them if you don't already have one. USA Swimming registration is still handled on paper and the form can be found at the bottom of the swimmer registration page.

How to register your swimmer online:

1. Click **Start Registration** on the left menu of the Home Page.
2. Click **Register Now** on the Waves Aquatics Registration Page.
3. Click **I am a new user** and *enter the email address* for the team to contact you and YOUR date of birth.

- Fill out the information for complete registration. The first page only contains **parent** name and billing information. Each email entered will receive updates on practices, invoices, etc. Your swimmer may have an email listed for ease of notifications.
- Click **ADD NEW MEMBER**. This is the section to add your swimmer's information. If you have more than one swimmer, click **ADD NEW MEMBER** and fill out for each. Choose the pool where you wish to practice, number of days and group (novice, age group, senior – see **Thank you for your Interest in Waves Swimming** handout).

WAVES AQUATICS REGISTRATION

Please check the known members associated with your account that you'd like to register.

Add New Member

*Legal First Name: child
 *Middle Name: middle (Enter * if no middle name)
 *Legal Last Name: high
 *Preferred First Name: chi
 *Gender: Female ☒
 Athlete's Cell Phone:
 *Birthday: 12/12/1999 (MM/DD/YYYY)
 Age (on 09/15/2016): 16
 *Location: Vintage High School Pool ☒
 *Physician Name: dr losey
 *Physician Office Phone: 707-555-1212
 Medical Information/Notes: special needs-ADHD
 Medication: Ritalin
 *Register to this Group: Vintage Pool - Novice - 2 D ☒ View Group Details

- At the bottom of the page, continue with the USA registration information. USA Swimming provides insurance. This section will provide information for the team to automatically renew your swimmer each November and bill you automatically. First-time swimmers, must also complete the USA swimming registration by hand and send it to the organization (see the last page of this handout).

USA Swimming Registration

The following information is used to register each athlete. Please complete ALL information below.

Are you a US citizen: ☒ Yes ☐ No

Disability: (leave blank if not applicable)
☐ Legally Blind or Visually Impaired ☐ Deaf or Hard of Hearing
☐ Physical Disability such as amputation, cerebral palsy, dwarfism, spinal injury, mobility impairment ☒ Cognitive Disability such as severe learning disorder, autism

Ethnicity: (you may select up to two)
☐ Black or African American ☐ Asian ☒ White
☐ Hispanic or Latino ☐ American Indian & Alaska Native ☐ Some Other Race
☐ Native Hawaiian & Other Pacific Islander

Year of High School Graduation: 2018

Check if you would like to learn more about the USA Swimming Foundation's initiatives: ☒

Are you a member of another FINA Federation? ☐ Yes ☒ No

Have you represented another FINA Federation at international competition? ☐ Yes ☒ No

Would this athlete like to receive USA Swimming Newsletter (must be >= 13 years old)? ☐ Yes ☒ No

Add **Cancel**

MEDICAL RELEASE WAIVER (PRINTER FRIENDLY VERSION)

I certify that I am the parent or legal guardian for my child(ren). I hereby give my permission for any supervisor, coach or other team administrator associated with the Waves Aquatics to seek and give appropriate medical attention for our child(ren) in the event of accident, injury, illness. I will be responsible for any and all costs associated with any necessary medical attention and/or treatment.

I hereby waive, release and forever discharge Waves Aquatics and associated supervisor, coach or other team administrator from all rights and claims for damages, injury, loss to person or property which may be sustained or occur during participation in Waves Aquatics activities, whether or not damages or loss is due to negligence. I hereby acknowledge that my child(ren) is (are) physically

- Complete the checkboxes for medical release and liability waivers.

Waves Aquatics Napa Valley

Home | Join Waves Swimming | Events | Aquatic Programs | Pool Locations | Practice Schedule | Meet Schedule | Photos

Sign In | Start Registration | More Information | Contact Us

WAVES AQUATICS REGISTRATION

REGISTRATION FEES Add/Edit Members...

Athlete to be registered Group	Birthdate	Age/Gender	Fees
child high	Vintage Pool - Novice - 2 Day - Monthly 12/12/199916	Female	Reg: \$60.00
Annual Waves Family Fee (\$30.00)			Yes - Pay this fee now ☒ \$30.00
Subtotal:			\$90.00
Total:			\$90.00

Payment Method: Credit Card

Go Back | **Proceed to Checkout**

Secured by 128-bit SSL encryption. TeamUnity, LLC. All rights reserved. Having problems using this website? [Click here](#)

[Website Terms of Use](#) | [Privacy Policy](#) | [DMCA Policy](#)

TeamUnity powered by sportengine

8. Be sure to include all payment info on the next couple screens. Click **Yes-pay this fee now, proceed to checkout** and insert credit card information in order for the team to collect fees and your swimmer to begin swimming! Also, click **Yes, Save this card for future automatic Membership Dues payments** and **Submit Registration** at the bottom of the page.

Waves Aquatics Napa Valley

Partners: JOEL GOTT WINES | TRINCHERO Family Estate

Sponsors: [Advertisement Here | Sponsor Login](#)

[View All](#)

Billing Details

[CC Profile](#) / [New Card](#)

Card Information

Please complete the form below and press save to change payment method. By providing the card info below, you are authorizing this card to be charged for any associated fees with your account. Please contact your admin if you want to terminate this authorization.

Accepted Cards:

Card Number: 4313 1111 1111 1111 | Expiration: 11 / 11 | Card Type: Visa

Billing Information [Copy From Account Info](#)

First Name (printed on card): dee | Last Name (printed on card): high

Billing Address: 6550 Yount | City: yountville

State: California | Zip: 94599 | Phone: 707-555-1212

Cancel | **Next**

9. **CONGRATULATIONS!!** You are now registered for the Waves swim team. This will automatically invoice you and charge your credit card each month for registration fees, team events (like ice skating and water park trips) that you participate in, ordering silicone named caps, etc. It's an easy way to bill and pay.

We encourage you to ask questions as they come to mind and get involved with the team. We have an amazing group of kids on the team who are having a great time in the pool improving their strokes.

Thank you for joining the Waves!

New Swimmer Registration



USA SWIMMING

**2017 ATHLETE REGISTRATION APPLICATION
LSC: PACIFIC SWIMMING (PC)**

PLEASE PRINT LEGIBLY • COMPLETE ALL INFORMATION:

LAST NAME	LEGAL FIRST NAME	MIDDLE NAME

PREFERRED NAME	DATE OF BIRTH (MO/DAY/YR)	SEX (M/F)	AGE	CLUB CODE	NAME OF CLUB YOU REPRESENT
				WANV	Waves Aquatics Napa Valley

(Bill, Beth, Scooter, Liz, Bobby) If not affiliated with a club, enter "Unattached"

GUARDIAN #1 LAST NAME	GUARDIAN #1 FIRST NAME	GUARDIAN #2 LAST NAME	GUARDIAN #2 FIRST NAME

MAILING ADDRESS

CITY	STATE	ZIP CODE
		—

AREA CODE	TELEPHONE NO.	FAMILY/HOUSEHOLD E-MAIL ADDRESS

U.S. CITIZEN: ☐ YES ☐ NO

ARE YOU A MEMBER OF ANOTHER FINA FEDERATION? ☐ YES ☐ NO

IF YES, WHICH FEDERATION: _____

HAVE YOU REPRESENTED THAT FEDERATION AT INTERNATIONAL COMPETITION? ☐ YES ☐ NO

OPTIONAL	
DISABILITY: ☐ A. Legally Blind or Visually Impaired ☐ B. Deaf or Hard of Hearing ☐ C. Physical Disability such as amputation, cerebral palsy, dwarfism, spinal injury, mobility impairment ☐ D. Cognitive Disability such as severe learning disorder, autism	RACE AND ETHNICITY (You may check up to two choices): ☐ Q. Black or African American ☐ R. Asian ☐ S. White ☐ T. Hispanic or Latino ☐ U. American Indian & Alaska Native ☐ V. Some Other Race ☐ W. Native Hawaiian & Other Pacific Islander

MAKE CHECK PAYABLE TO:

PACIFIC SWIMMING

MAIL APPLICATION & PAYMENT TO:

**PACIFIC SWIMMING REGISTRATION
1034 WOODSTOCK COURT
WALNUT CREEK, CA 94598**

2017 REGISTRATION FEE

September 1, 2016 through
December 31, 2017

\$73.00

HIGH SCHOOL STUDENTS – Year of high school graduation: _____

YEAR LAST REGISTERED: _____. IF YOU REGISTERED WITH A DIFFERENT USA SWIMMING CLUB IN 2016, ENTER THAT CLUB CODE: _____, LSC CODE: _____ AND THE DATE OF YOUR LAST COMPETITION REPRESENTING THAT CLUB: _____.

SIGN
HERE x _____
SIGNATURE OF ATHLETE, PARENT OR GUARDIAN DATE

- ☐ Check if you would like to learn more about the USA Swimming Foundation's initiatives
- ☐ Check if you would like to receive the electronic USA Swimming Newsletter (*must be 13 years of age or older*)

LSC USE ONLY

REG. DATE _____ CHECK _____

~~~~Please cut the form on the line above~~~~



WELCOME TO Waves!!



Swim Meet Registration Instructions

Please take time to visit our team website at www.wavesaquatics.com.

You can find important information at the Waves website related to our **swim team calendar** with a schedule of **practice times** and sessions, as well as a listing of **upcoming swim meets** *that our coaches have chosen to attend as a team* and **special events** like team barbeques and movie nights.

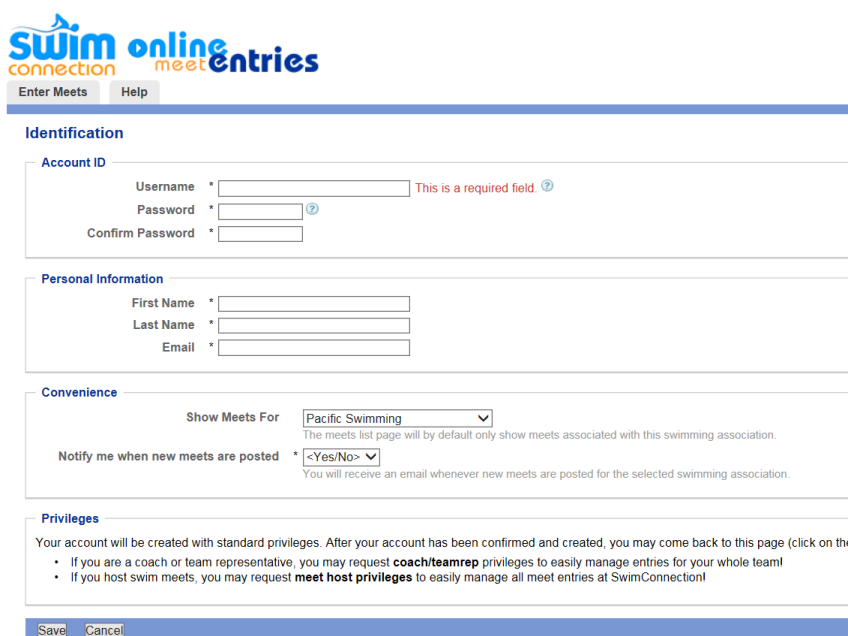
Swim meets are fun for the kids and provide them an opportunity to see the results of their hard work at swim practice! Swim meets develop friendships between the kids and parents!

Swim meets usually start at 9am, with warmups at 7:30am. They can end sometime between 2pm and 4pm—the team usually has tents for shade, bring a chair, sunscreen, snacks. It is important to sign up quickly for a meet when we are participating as a team, meets fill up quickly—Coach Kevin will send out a reminder to sign up through email.

First-time “Swim Connection” Registration

Register yourself to receive emails about upcoming swim meets and register your children to swim in meets at

the Swim Connection Online Meet Entry (ome) site at <http://ome.swimconnection.com>  You will need to create **separate accounts** with unique usernames and passwords for **each** child swimming.



The form is titled "swim online connection meet entries" and includes tabs for "Enter Meets" and "Help". It is divided into several sections: "Identification" with fields for Username, Password, and Confirm Password; "Personal Information" with fields for First Name, Last Name, and Email; "Convenience" with a dropdown for "Show Meets For" (set to "Pacific Swimming") and a checkbox for "Notify me when new meets are posted"; and "Privileges" with a paragraph explaining account creation and a list of options for coaches/representatives and meet hosts. At the bottom are "Save" and "Cancel" buttons.

New Swimmer Swim Meet Registration

Note—After registering with OME, you can (if you click “Notify me when meets are posted”) receive emails from OME regarding all meets that are open—if you are a new swimmer, **you should only sign up for meets that are on the team website under events or that Coach Kevin sends out an email to announce.** If you are a seasoned meet swimmer and want to participate in a meet not listed on the team website, please contact your coach before signing up so that you can be assigned as an unattached swimmer to a different team’s coach. Swimmers require a coach to be present at meets, and the team only sends coaches to the specific meets listed on the events section.

Under the tab “My Swimmers”,  will show your swimmers’ swim times for past meets.



[Enter Meets](#)
[My Swimmers](#)
[My Account](#)
[Help](#)

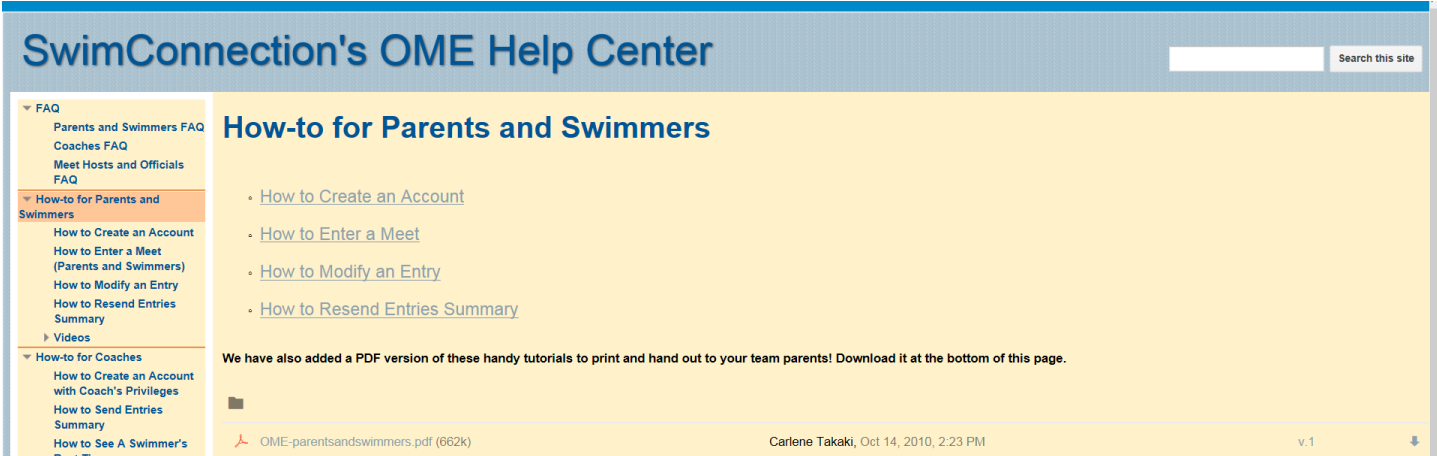
Registration Id	Name	Team	Age	Gender	Groups ?
☒ 112699SARMHIGH	HIGHT, SARAH M	PC-WANV	16	F	

SCY / LCM

Free [50] 43.96/52.74 [100] 1:48.55/-

Breast [100] 2:11.23/2:12.55

The Swim Connection Help page can guide you through the registration, enter a meet, modifying an entry, etc. process:



SwimConnection's OME Help Center

Search this site

- FAQ
 - Parents and Swimmers FAQ
 - Coaches FAQ
 - Meet Hosts and Officials
 - FAQ
- How-to for Parents and Swimmers
 - How to Create an Account
 - How to Enter a Meet (Parents and Swimmers)
 - How to Modify an Entry
 - How to Resend Entries Summary
 - Videos
- How-to for Coaches
 - How to Create an Account with Coach's Privileges
 - How to Send Entries Summary
 - How to See A Swimmer's Best Times

How-to for Parents and Swimmers

- [How to Create an Account](#)
- [How to Enter a Meet](#)
- [How to Modify an Entry](#)
- [How to Resend Entries Summary](#)

We have also added a PDF version of these handy tutorials to print and hand out to your team parents! Download it at the bottom of this page.

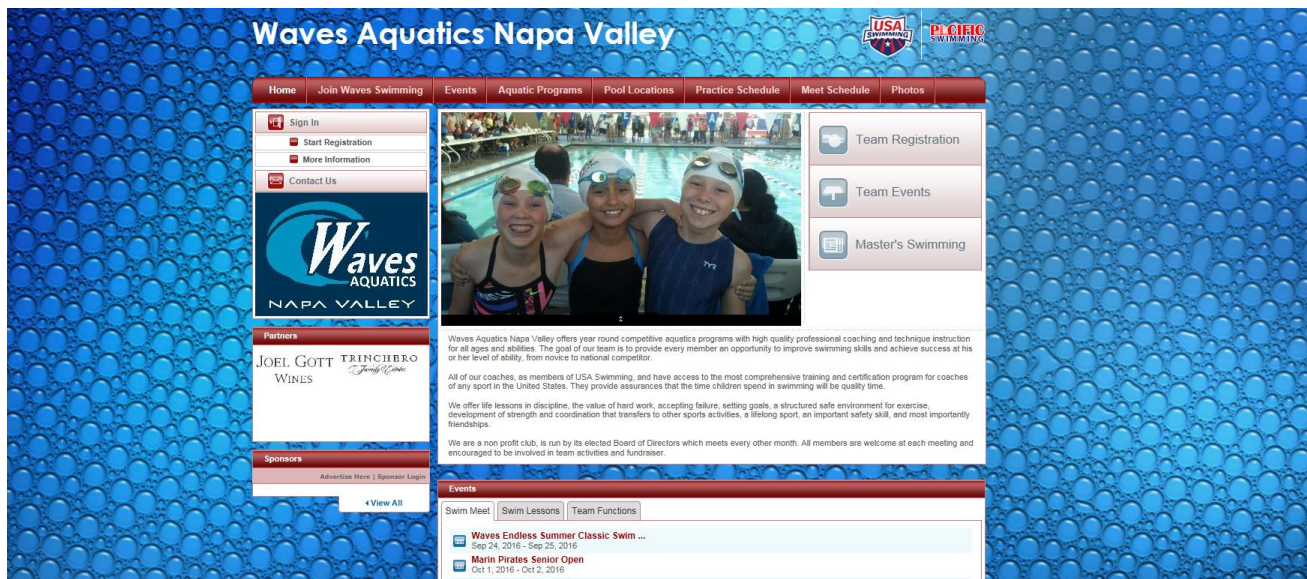
OME-parentsandswimmers.pdf (662K)

Carlene Takaki, Oct 14, 2010, 2:23 PM

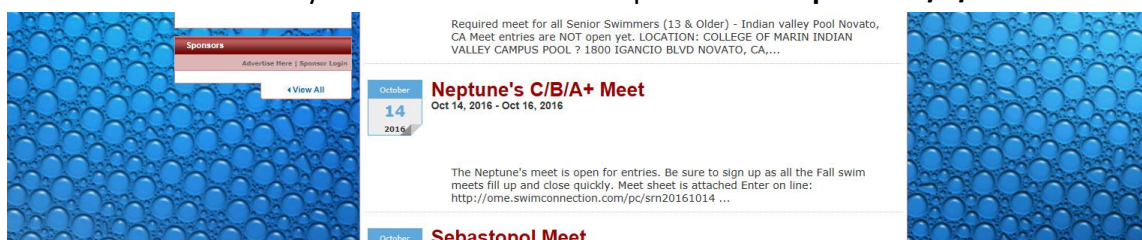
v.1

SWIM MEET REGISTRATION--Start at WavesAquatics.com

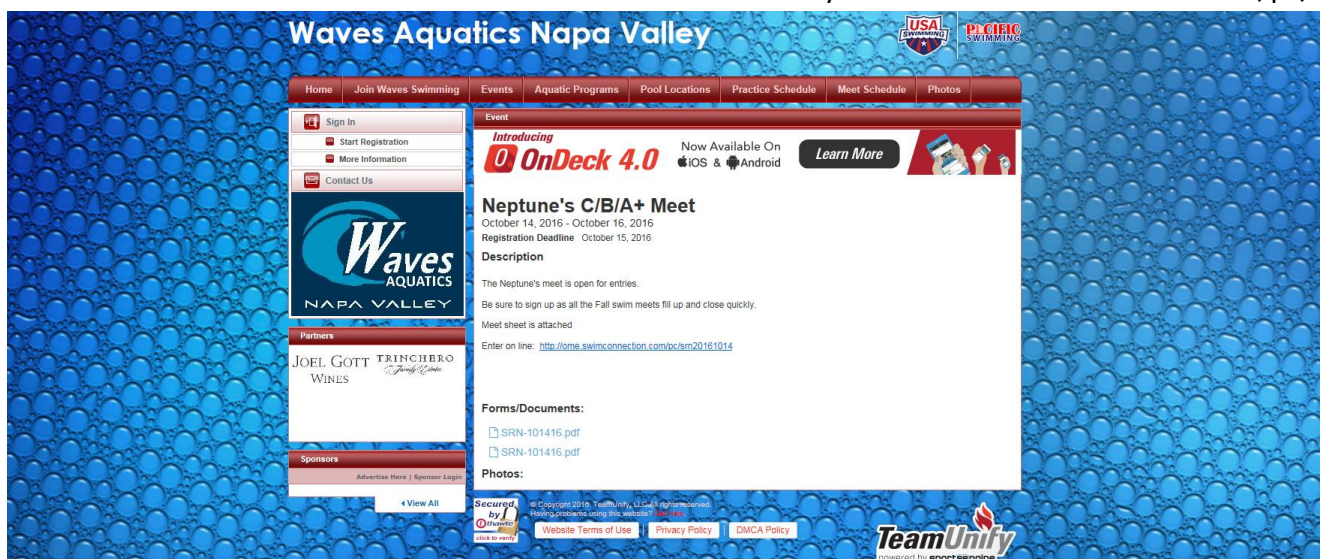
The instructions below guide you through the listing of swim meets that the WavesAquatics schedule to attend, registration/signin to **Swim Connection online meet entries (ome)** and meet registration.



- Enter the WavesAquatics.com website.
- At the bottom of the home page, you will see tabs, click on **swim meet**.
- Next click on the meet you wish to enter—example here is **Neptunes C/B/A+ Meet**



- Next click **Enter Online:** there will be a link here that will send you to ome.swimconnection.com/pc/...



Next steps

If you are registered with Swim Connection, skip to “Entering the meet”

Swim Connection Registration:

Click on:

- **online meet entry** button

The screenshot shows the 'Swim Connection online meet Entries' website. The 'Enter Meets' tab is selected. The page displays details for the 'Marin Pirates Lewis Cook Memorial Senior Open Meet Sheet', including dates (Sat, Oct 01 - Sun, Oct 02 2016), location (College of Marin Indian Valley Campus Pool), and host (Marin Pirates). A prominent orange button labeled 'online meet entry' is visible. Below it, a link says 'Modify previous entries to this meet'. A table lists sessions for Saturday and Sunday, both starting at 9:00 AM.

Sessions		
Open	Saturday	Warm up 7:30-8:45 AM Session starts at 9:00 AM
Open	Sunday	Warm Up 7:30-9:00 AM Session starts at 9:00 AM

- I am a registered OME user or I am NOT a registered OME user

The screenshot shows the 'User Identification' section of the website. There are two radio button options: 'I am a Registered OME User' and 'I am NOT a Registered OME User'. The first option is selected. Below it, a note states: 'Your SwimConnection account at SwimConnection Club Pages Central (http://swimconnection.com) does not work as an OME account. Sincere apologies for the inconvenience. You need to create a new account (free) for OME. Note that it is not required to be a registered user to use OME, although it has many advantages. [Signup for an OME Account](#)'.

If you have not previously registered:

The screenshot shows the registration form for new users. The 'I am NOT a Registered OME User' option is selected. The form asks for 'First Name', 'Last Name', 'Email address', and 'Retype Email address'. There is a 'Continue' button. An 'OR' option is available: 'I would like to create an account. [Signup for an OME Account](#)'.

If you previously registered, enter username and password:

The screenshot shows the login form for existing users. The 'I am a Registered OME User' option is selected. A note states: 'Your SwimConnection account at SwimConnection Club Pages Central (http://swimconnection.com) does not work as an OME account. Sincere apologies for the inconvenience. You need to create a new account (free) for OME. Note that it is not required to be a registered user to use OME, although it has many advantages. [Signup for an OME Account](#)'. Below this, a message says: 'Great! All of your personal profile (with your swimmers) will be available for fast processing. Please enter your username/password and click on the "Continue" button.' The form has fields for 'Username' and 'Password', and a 'Continue' button.

ENTERING THE MEET:

- Click on the Enter Meets tab

New Swimmer Swim Meet Registration

- Click on the meet you wish to enter from the list for **Pacific Swimming** (be sure the Waves website has it listed as a meet where Waves coaches will be present).
- Click on the online meet entry from the meet page

Swim Online Connection Meet Entries

Enter Meets | Registration | Help

Meets | Standards

Meets > Marin Pirates Lewis Cook Memorial Senior Open

Marin Pirates Lewis Cook Memorial Senior Open [Meet Sheet](#)
 Sat, Oct 01 - Sun, Oct 02 2016 • College of Marin Indian Valley Campus Pool
 Hosted by: Marin Pirates
 Meet Director: tom evers (forevers4@aol.com) 415 8922269

online meet entry »

[Modify previous entries to this meet](#)

Sessions

Open	Saturday	Warm up 7:30-8:45 AM Session starts at 9:00 AM
Open	Sunday	Warm Up 7:30-9:00 AM Session starts at 9:00 AM

- Click on Enter Swimmer
- No need to know their registration number; just choose “by name and birthdate”
 - Note—be sure the **WANV** is typed in to the top header with your swimmers name

Swim Online Connection Meet Entries

Enter Meets | My Swimmers | My Account | Help

Meets | Standards

Meets > Pumpkin Plunge 2016 > Entries Summary

Ready for Payment

Registration Id	Name	Team	Ag
You have not entered any swimmer for that meet yet.			

Enter Swimmers to the Meet

Registration Id	Name	Team	Ag
112699SARMHIGH	HIGHT, SARAH M	PC-WANV	16

[Enter Swimmer](#) [Guide me on how to enter a swimmer to this meet](#)

Swimming Association: Registration No: [Enter](#)

You may also identify the swimmer in the following ways: [By Name and Birthdate](#) [Enter all info manually](#)

- Enter name/birthdate data and your swimmer’s information will pop up
- Choose the events which you want your swimmer to compete—click **Best**, **save** – be sure **WANV** is in the box near the swimmer’s name.

Swim Online Connection Meet Entries

Enter Meets | My Swimmers | My Account | Help

Meets | Standards

Meets > Marin Pirates Lewis Cook Memorial Senior Open > Entries Summary > Event Entries

To enter an event, fill in the "Entry Time" box with the swimmer's best time. A blank entry time means the event will not be entered. If Swim Come best times or "Best" for individual events. "NT" is filled in for those events that no record can be found. Erase the Entry Times from any events you for example: 5:30.20 or 24.99. No need to enter punctuation if you enter a time with the hundredths of seconds (e.g. 12450 converts to 1:24.50). U

112699SARMHIGH HIGHT, SARAH M F 16 PC Unattached: ☐

Events

[Get All Best Times](#) [Clear All Times](#)

No	Gender	Age Group	Event	Entry Time	Message
Saturday Warm up 7:30-8:45 AM Session starts at 9:00 AM					
1	F	13 & Over	500 Free	<course> Best Clear	
3	F	13 & Over	200 Back	<course> Best Clear	
5	F	13 & Over	100 Breast	<course> Best Clear	
7	F	13 & Over	200 Fly	<course> Best Clear	
9	F	13 & Over	100 Free	NT <course> Best Clear	No Best Time available
11	F	13 & Over	200 IM	<course> Best Clear	
13	F	13 & Over	1650 Free	<course> Best Clear	
Sunday Warm Up 7:30-9:00 AM Session starts at 9:00 AM					
15	F	11 & Over	400 IM	<course> Best Clear	
17	F	11 & Over	200 Free	<course> Best Clear	
19	F	11 & Over	100 Fly	<course> Best Clear	
21	F	11 & Over	50 Free	51.49 SCY <course> Best Clear	
23	F	11 & Over	200 Breast	<course> Best Clear	No Best Time available
25	F	11 & Over	100 Back	<course> Best Clear	
27	F	11 & Over	1000 Free	<course> Best Clear	No Best Time available

[Save](#) [Cancel](#)

- In the middle click **Go To Payment Page**

- Pay for the meet and you are entered!!

Back to the meet info on the Waves page, you can look at the **Meet Sheet** which will provide rules and times of arrival,

MARIN PIRATES
PACIFIC SWIMMING SHORT COURSE SENIOR OPEN MEET
OCTOBER 1 & 2 2016
ENTER ONLINE: <http://ome.swimconnection.com/pc/mp20161001>

SANCTION: Held under USA/Pacific Swimming Sanction No. 16-125
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet will be posted in real time on the Internet.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: Meet Referee: Carol Cottam Head Starter: Chuck Johnson
 Meet Marshal: Jim Larson Admin Official: David Cottam
 Meet Director: Tom Evers 415 892 2269 or TEVER54@ME.COM

LOCATION: COLLEGE OF MARIN INDIAN VALLEY CAMPUS POOL – 1800 IGANCIO BLVD NOVATO, CA, 94949

DIRECTIONS: Highway 101 North – take Ignacio exit, continue west and enter the College of Marin campus entrance. Highway 101 South – take the Ignacio exit, continue west and enter the College of Marin campus entrance. Do not park where no parking signs or permit parking only signs are posted. You will be ticketed or towed. No overnight/RV parking allowed
*Attention – There will be a \$4.00 parking fee on Saturday, October 1st. There will be no fee on Sunday, September, 28th

COURSE: Outdoor 25 yard pool with up to 10 lanes available for competition. An additional 7 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 14' at the start end and 4'6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin at 9 AM each day with warm-ups from 7:30 to 8:45 AM each day.

RULES: • Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
• All events are timed finals.
• All events will swim fast to slow.
• The 1650 and 1000 Freestyle events will swim fast to slow alternating women's and men's heats.
• Athletes may compete in a maximum of four (4) events per day.
• If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
• All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

Note: The actual swim times for each event and heat can be distributed a day or two before the swim meet or at the meet—check the boards when you get to the meet for warmups. (new words—event 50 freestyle girls 9-10, there will be a number of “heats” with generally 8 swimmers per heat. Sometimes there is one heat if only a few swimmers sign up for an event, or there can be 10 for a popular event like 100 breast stroke.)

When you use Swim Connection Online Meet Entry to enter swim meets it will automatically download the fastest time for your child(ren) when you register. It will also provide information about times needed to achieve the next Class of Competition. More information about competition class can be found on our New Swimmer Swim Meet Registration

website under the Swim Meets tab and Age Group Standards can be found on the Swim Connection website at <http://www.swimconnection.com/pc/exec/SaHome>. Select the Standards tab.

We encourage you to ask questions as they come to mind and get involved with the team. We have an amazing group of kids on the team who are having a great time in the pool improving their strokes.

Thank you for joining the Waves!

Go Waves!!



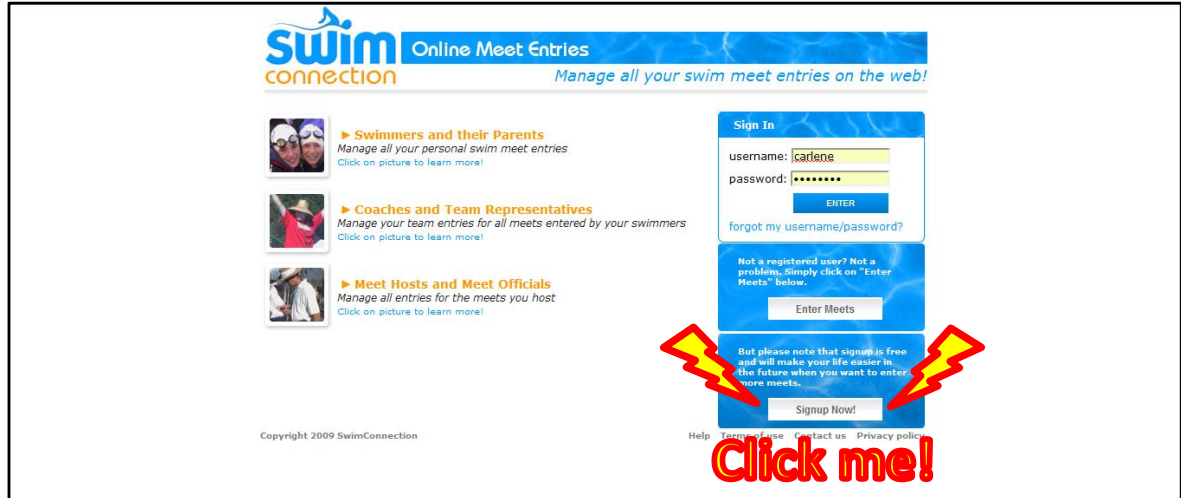
Hello! Here is a quick tutorial on how to set up your SwimConnection Online Meet Entry account.

Now, why would you want to do this? A few reasons:

- 1) You will get a receipt in the form of an email confirmation (so no more mailing things in and showing up at the meet hoping your entry got there.)
- 2) You can see what meets your swimmers are entered in and what events.
- 3) Modify entry times and/or swap events up until the meet closes (sorry, no canceling entries or events, every meet sheet states a strict no-refund policy.)
- 4) You can send yourself a meet entry summary. This includes time standards, entry times, spaces for heat and lane assignments, final times, etc. all bundled in a nice little pdf file that you can print out and take to the meet.

Now, how to access all of these great features!

- 1) Head your favorite browser (Safari, Firefox, Internet Explorer, Chrome, etc.) over to <https://ome.swimconnection.com/>.
- 2) Click the "Signup Now!" button.



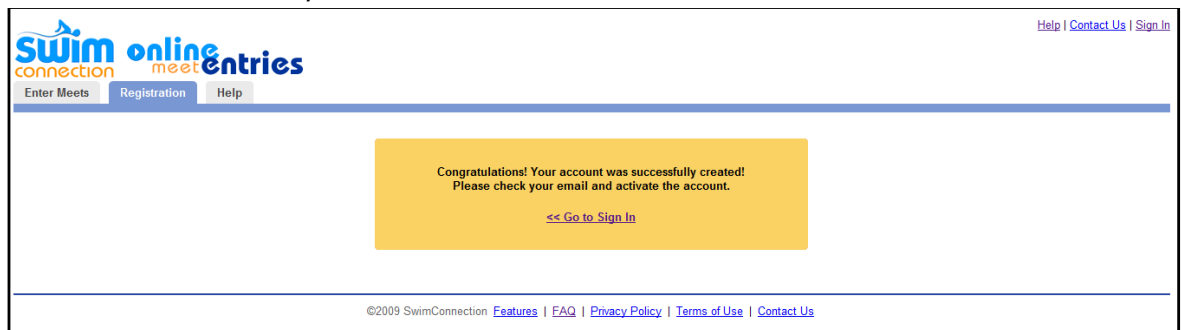
- 3) Enter YOUR information (your LSC is probably Pacific Swimming, Sierra Nevada Swimming, Montana Swimming or Ohio Swimming.)

The screenshot shows the registration form for Swim Connection Online Meet Entries. The form is divided into several sections: Identification, Personal Information, Convenience, and Privileges. Red annotations are added to guide the user:

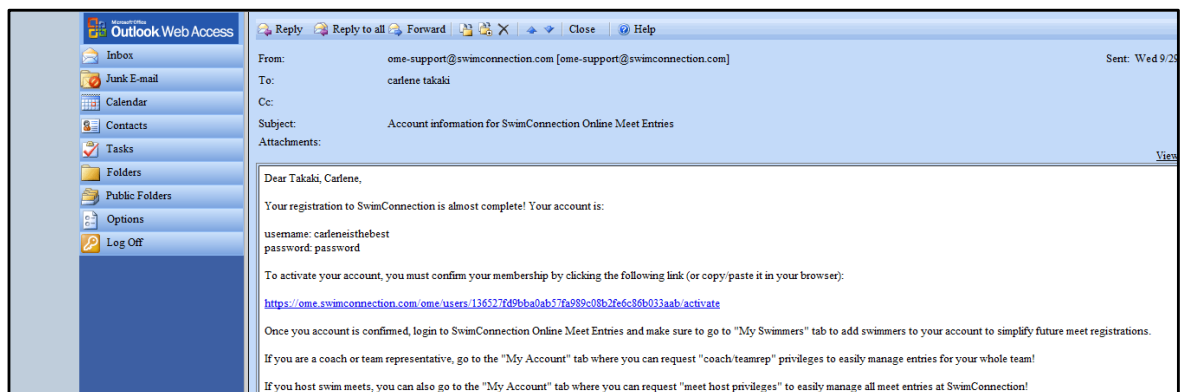
- Identification:** Username field contains "carleneisthebest" with the annotation "Pick a fun username". Password and Confirm Password fields contain "password" with the annotation "Pick a unique password and double check you know it".
- Personal Information:** First Name is "Carlene", Last Name is "Takaki", and Email is "ctakaki@santaclaraswimclub.org". The annotation "Enter your preferred username and email" points to the First Name and Email fields.
- Convenience:** "Show Meets For" is set to "Pacific Swimming" with the annotation "We are Pacific Swimming". "Notify me when new meets are posted" is set to "Yes" with the annotation "Do you want to receive an email when new meets open?".
- Privileges:** The text "(We won't be offended if you say no.)" is added above the paragraph explaining account privileges.

At the bottom of the form are "Save" and "Cancel" buttons.

Press Save and then... Yay! Success!



- 4) Log into your email account, and you will have an confirmation email that looks something like this:



Click the link that sends you to the confirmation page:

- 5) Signup complete! But you're not done yet, you need to add your swimmers to your account!

Swim online connection meet entries

Enter Meets My Swimmers My Account Help

Meets Standards

My Swimmers Meet Entries 0 swimmers - 0 meets

You do not currently have any swimmers in your profile. [Add swimmers to my profile](#)

Upcoming Meets 22 meets shown

Swimming Association All Swimming Associations Month All

Date	Status	Meet	Course	Association	Host	Location	Closes
10/02/2010 - 10/03	Closed	Fernley Sharks Age Group Op...	SCY	Sierra Nevada Swimming	Fernley Swim Team	Fernley Town Pool	09/26/2010 11:59 PM
10/02/2010 - 10/03	Closed	SJA Juniors Short Course	SCY	Pacific Swimming	San Jose Aquatics	Gunderson High School	09/22/2010 11:59 PM
10/08/2010 - 10/10	Open	CCA Spook-Tacular	SCY	Sierra Nevada Swimming	California Capital Aquatics	Roseville Aquatic Center	10/01/2010 11:59 PM
10/09/2010 - 10/10	Closed	WEST PC Zone 1 South C/B/A+	SCY	Pacific Swimming	West Coast Aquatics	Frank Fiscali International...	09/29/2010 11:59 PM
10/09/2010 - 10/10	Closed	MP Zone 3 Short Course C/B/...	SCY	Pacific Swimming	Marin Pirates	College of Marin Indian Val...	09/29/2010 11:59 PM
10/09/2010 - 10/10	Closed	Orinda Aquatics Zone 2 CBA+	SCY	Pacific Swimming	Orinda Aquatics	Soda Aquatic Center, Campol...	09/30/2010 11:59 PM
10/09/2010 - 10/10	Closed	DACA Zone 1 North CBA+	SCY	Pacific Swimming	De Anza Cupertino Aquatics	De Anza College	09/29/2010 11:59 PM
10/16/2010 - 10/17	Open	Lodi Pumpkin Meet 2010	SCY	Sierra Nevada Swimming	Lodi City Swim Club	Tokay High School	10/16/2010 11:59 PM

Click the "Add swimmers to my profile link."

- 6) Click the "Add Swimmer" button

Swim online connection meet entries

Enter Meets My Swimmers My Account Help

Swimmers

Add Swimmer Delete Refresh Swimmers

Swimming Association <Swimming Association>

Registration No. 021585CARATAKA

No swimmer specified yet. Click on the "Add Swimmer" button to add a new swimmer to your profile.

©2009 SwimConnection Features | FAQ | Privacy Policy | Terms of Use | Contact Us

Then select your LSC from the drop-down menu.

- 7) Then, enter your registration number in the box:

Swim online connection meet entries

Enter Meets My Swimmers My Account Help

Swimmers

Add Swimmer Delete Refresh Swimmers

Swimming Association Pacific Swimming Registration No. 021585CARATAKA

You may also identify the swimmer in the following ways: By Name and Birthdate Enter all info manually

No swimmer specified yet. Click on the "Add Swimmer" button to add a new swimmer to your profile.

©2009 SwimConnection Features | FAQ | Privacy Policy | Terms of Use | Contact Us

Now, some of you might say, "Oh NO! I don't HAVE my registration card yet!!!" OR, "Oh NO! It's not recognizing my swimmer's ID!" That's ok! YOU fine people will click the "Enter all info manually" link, and enter everything there EXACTLY AS YOU PUT IT ON YOUR REGISTRATION FORM!!!

- 8) Ta-da! Now you have swimmers in your account! Repeat for each of your swimmers that have been good and eaten their vegetables and cleaned their rooms and are allowed to go to meets.

The screenshot shows the 'Swim Connection Meet Entries' website. A red box highlights the text 'Our team is WANV' with an arrow pointing to the 'Team' column in the swimmer list. A yellow banner at the top states 'Swimmer "021585CARATAKA" was added successfully!'. The swimmer list table is as follows:

Registration Id	Name	Team	Age	Gender	Groups
021585CARATAKA	TAKAKI, CARLENE A	PC-SCSC	25	F	

Navigation links at the top include: Enter Meets, My Swimmers, My Account, Help. Footer links include: Features, FAQ, Privacy Policy, Terms of Use, Contact Us.

Now that you have this account, here's how to do all those fun things.

- How to enter a meet!
 1. Let's start already logged into your account. Click the name of the meet that you would like to enter (make sure you have already had it approved by your coach!) You'll see this:

The screenshot shows the 'WCAB SC Senior Meet Meet Sheet' page. It includes the following information:

- Meet Sheet:** Sat, Oct 16 - Sun, Oct 17 2010 • Diablo Valley College, Pleasant Hill
- Hosted by:** Walnut Creek Aquabears
- Meet Director:** Leo Lin (Aquabears@gmail.com) 925-933-2708 E-mail preferred. Calls accepted between 9am - 9pm only.
- Online meet entry button:** A red button with the text 'online meet entry' and a right arrow.
- Sessions:**

Open	Saturday	Warm up 7:30-8:50AM. Competition starts at 9:00AM
Open	Sunday	Warm up 7:30-8:50AM. Competition starts at 9:00AM

Navigation links at the top include: Enter Meets, My Swimmers, My Account, Help. Footer links include: Features, FAQ, Privacy Policy, Terms of Use, Contact Us.

Notice that handy "Meet Sheet" link. That will download or show you the meet sheet, where there is all the information you could probably handle about the meet, such as: start times (although you should check with your coach on when to be there), events offered, location, extra rules, etc. (this can also be found on the Pacific Swimming website, www.pacswim.org.)

2. Click that orange "online meet entry" button, then the "Enter" button to the right of the swimmer you'd like to enter.

The screenshot shows the 'WCAB SC Senior Meet > Entries Summary' page. It includes the following information:

- Ready for Payment:** A section with a question mark icon.
- Registration Id** table:

Registration Id	Name	Team	Age	Gender
021585CARATAKA	TAKAKI, CARLENE A	PC-SCSC	25	F

You have not entered any swimmer for that meet yet.
- Enter Swimmers to the Meet:** A section with a question mark icon and a count of '1 swimmers'.

Registration Id	Name	Team	Age	Gender	Enter
021585CARATAKA	TAKAKI, CARLENE A	PC-SCSC	25	F	Enter

Enter Swimmer | Guide me on how to enter a swimmer to this meet

Navigation links at the top include: Enter Meets, My Swimmers, My Account, Help. Footer links include: Features, FAQ, Privacy Policy, Terms of Use, Contact Us.

3. You'll see all the events in that swimmer's age group:

Swim Connection Meet Entries

Enter Meets | My Swimmers | My Account | Help

Meets > WCAB SC Senior Meet > Entries Summary > Event Entries

To enter an event, fill in the "Entry Time" box with the swimmer's best time. A blank entry time means the event will not be entered. If Swim Connection has a record of the swimmer being entered, entry times can be automatically filled in with a swimmer's best times. Clicking on the "Get Best Times" button below will get all their best times or "Best" for individual events. "NT" is filled in for those events that no record can be found. Erase the Entry Times from any events you do not wish to enter. Clicking "Clear Times" will erase all times below or "Clear" will erase individual times. A manual time can be entered by using the standard "swim time notation", for example: 5:30.20 or 24.99. No need to enter punctuation if you enter a time with the hundredths of seconds (e.g. 12.450 converts to 1:24.50). Use "NT" to enter an event without an entry time.

021585CARATAKA TAKAKI, CARLENE A F 25 PC SCSC Unattached: ☐

Events

Get All Best Times Clear All Times

No	Gender	Age Group	Event	Entry Time	Bonus	Message
Saturday Warm up 7:30-8:50AM. Competition starts at 9:00AM						
1	F	Open	500 Free	<Course> Best Clear	☐	
3	F	Open	200 Back	<Course> Best Clear	☐	
5	F	Open	50 Back	<Course> Best Clear Enter time for 100 Back	☐	
7	F	Open	100 Breast	<Course> Best Clear	☐	
9	F	Open	200 Fly	<Course> Best Clear	☐	

You can go ahead and enter your times by hand OR if your swimmer already has times, click the "Get All Best Times" button at the top to get best times for all of the events, or the "Best" button to the right of the event if you're only doing a few (don't worry about the "Bonus" part for now; if you need to use that, you'll know.) Amazing!

4. Click the "Save" button at the bottom of your screen and then it will be saved, however, NOTHING is final until your pay for your events!

Swim Connection Meet Entries

Enter Meets | My Swimmers | My Account | Help

Meets > WCAB SC Senior Meet > Entries Summary

Ready for Payment Go to Payment Page Delete All

Registration Id	Name	Team	Age	Gender	
021585CARATAKA	TAKAKI, CARLENE A	PC-SCSC	25	F	Modify Delete

Saturday: [#9] 200 Fly 1:58.08 SCY [#11] 50 Fly 53.04 SCY

5. To finalize and pay, click the “Go to Payment Page” button and then enter all your information and make sure you READ and click the checkbox.

The screenshot shows the 'Payment' page for a swimmer named Carlene Takaki. The page is divided into several sections: 'Billing Information', 'Payment Information', and a terms and conditions section. The 'Billing Information' section shows the swimmer's details and a summary of fees. The 'Payment Information' section contains a form for entering credit card details. The terms and conditions section includes a checkbox for agreement and a large red 'READ me!' text. At the bottom, there are buttons for 'Submit Payment' and 'More Entries'.

Billing Information	
TAKAKI, CARLENE A F 25 021585CARATAKA PC-SCSC	
Splash Fee:	\$5.00
2 events @ \$5.50	\$11.00
Swimmer's Total:	\$16.00
TOTAL	
Entry Fees:	\$16.00
Service Fee:	\$1.80
Total:	\$17.80

Payment Information

Credit Card Number *

Expiration * 1 / 2010

First Name * Carlene

Last Name * Takaki

Zip Code *

Card Verification Code (CVC) *

Email carlene@swimconnection.com

☐ I have read and agree to the terms and conditions as described in the Meet Sheet. I UNDERSTAND THAT ALL TRANSACTIONS ARE FINAL AND THAT NO REFUNDS WILL BE GIVEN. If the swim meet is cancelled, SwimConnection will reimburse all entry fees less the Internet Processing fees.

READ me!

[Submit Payment](#) [More Entries](#)

©2009 SwimConnection [Features](#) | [FAQ](#) | [Privacy Policy](#) | [Terms of Use](#) | [Contact Us](#)

And that's it! You should receive two separate emails: a billing summary and an entries summary. If you don't receive them, check your SPAM folder and the email in "My Account".

- How to resend your email confirmation summary in case you accidentally deleted it or your virtual dog ate it.
 1. Let's start already logged into your account again. Your swimmers will show up under "My Swimmers Meet Entries".
 2. Click the "Email Entries Summary" button to the right of the meet that you would like to resend the entries summary.
- How to modify or swap events so you can make sure you always get to swim the 200 fly and the mile (just kidding.)
 1. Let's start already logged into your account again. Your swimmers will show up under "My Swimmers Meet Entries".
 2. Click the NAME of the meet for which you'd like to modify entries (NOT the swimmer's name.)
 3. Click the pretty orange button again.
 4. To the right of the swimmer's name for whom you'd like to modify entries, click the "modify" link.
 5. Modify away (remember, no canceling events), click save. A new entries summary will be emailed to you. Done!