Hi All! My name is Kyla Guinon, I am a third year at Sonoma State University. This year has been full of many amazing changes and memories! I changed my major from biology to human development and I am now double minoring in biology and early childhood studies. I am also a peer mentor on campus which means I work directly with first-year students and aid them in their transition to college life and academics. I am also a part of the Sonoma State Equestrian Team. I always enjoy getting to travel with my team to different colleges and ride different horses every time.

I have been very lucky to become friends with people who are like-minded and enjoy spending time adventuring along with working out. My time as a swimmer helped me develop a strong work ethic and ability to have good time management skills so I can maintain a busy school and social life. And swimming helped me be able to bond with my now best friend/roommate in college because swimmers somehow always find each other:)

