

## Fly-Fish Prep Group (Fish)

Having a basic grasp of swimming at a young age is important as it serves as a foundation for their swimming skills. Furthermore, it's easier for children at this age to cultivate their interest and swimming skills. These skills will accompany them not only throughout their swimming careers but their entire lives.

Because children of this age group are particularly receptive towards growth of their visual and auditory skills, during practice, we will emphasize direct teaching methods with normative and accurate demonstrations that tailor to these areas.

We believe that through this teaching style, the swimmers will both improve their swimming skills and become more interested in swimming in general.

