

Pacific Dragons Swim Team TEAM TRAVEL Policy

TEAM TRAVEL & CHAPERONES

Team Travel is defined as overnight travel to a swim meet or other team activity that is planned and supervised by the PDST. Travel meets can be partially funded by the PDST Booster Club and include Speedo Junior National/National Series, Arena Grand Prix Series, and the NCSA Junior National Series or other PDST authorized meet outside Pacific Northwest Swimming (PNS). As per USA Swimming Guidelines (305.5.D) all coaches, athletes, parents, and other adults traveling with PDST must sign and agree to the PDST Team Travel Policy.

Adults wishing to be designated chaperones for group travel must be a member of USA Swimming and have successfully passed a USA Swimming-administered criminal background check. (Article 305.5.B). When only one athlete and one coach travel to a competition, the athlete must have his/her parents' (or legal guardian's) written permission in advance to travel alone with the coach. (Article 305.5C) During team travel, PDST is responsible for carrying a signed liability release and/or indemnification form for each athlete and a signed medical consent or authorization to treat form for each athlete.

ROOMING

- If athletes room with other athletes they shall be of the same gender and should be a similar age
- Athletes age 12 & under may room with a designated chaperone of the same gender with written parent or guardian consent
- Curfews for "in room" and "lights off" shall be established by the responsible coach or team manager each day of the trip.
- Swimmers responsible for all incidental charges incurred in their room, including: room service, thievery, and hotel amenities

TRAVEL EXPECTATIONS FOR ATHLETES

- Athletes will attend all team functions, including meetings, practices, meals, meet sessions, etc. unless otherwise excused or instructed by the head coach or his/her designee.
- The directions and decisions of coaches/chaperones are final.
- Swimmers are expected to remain with the team at all times during the trip. Swimmers are not to leave the competition venue, the hotel, a restaurant or any other place at which the team has gathered without the permission of the coach or chaperone.
- When visiting public places such as shopping malls, movie theatres, etc., swimmers will stay in groups of no less than three persons.
- 12 & under athletes must accompanied by a chaperone.
- During travel, additional guidelines may be established as needed by the coaches
- Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives.
- The possession or use of alcohol or tobacco products by any athlete is prohibited. The possession, use, sale or distribution of any controlled or illegal substance or any form of weapon is strictly forbidden.

- Athletes are expected to use available change facilities. No “deck changes” are permitted.
- Swimmers are to refrain from inappropriate physical contact at team activities and events
- Swimmers are to refrain from use of inappropriate language.

Failure to comply with the guidelines in this document may result in disciplinary action. Such discipline may include, but may not be limited to:

- Dismissal from the trip and immediate return home at the athlete’s expense
- Disqualification from future team travel meets
- Dismissal from the team

(Athlete)

Date

(Parent or Guardian)

Date