STORM AQUATICS LIABILITY RELEASE AND INDEMNIFICATION FORM

I, the undersigned participant and parent, request voluntary participation for minor to participate in all events, which are hereinafter referred to as the "activities." sponsored by Storm Aquatics Club, USA Swimming and its local swimming committees. This agreement is valid while the participant is a member of USA Swimming.

I consent to my/minor's participation in the activities and acknowledge that the minor and I fully understand my/minor's participation may involve risk of serious injury or death, including losses which may result not only from my/minor's own actions, inactions or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, and/or the rules of play of this type of event or activity. I understand that if I have any risk concerns, I should discuss the risks associated with my participation with the activity coordinators and event staff, before I sign this document and before any activities begin.

Release – Minor's Rights:

In consideration of allowing Minor Participant to participate in the activities, I hereby release and hold harmless Storm Aquatics Club, USA Swimming and its local swimming committee and their members of its board of directors, officers, employees, volunteers, other participants, and agents (collectively, the "Released Parties"), of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that Minor Participant may have or sustain with respect to any and all damage and/or injury, of any type, arising out of his or her participating in the activities. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

(Print name of minor)	(Signature of minor)	(Date)
Release – Parents'/Guardi	ans' Rights:	
In consideration of allowing	Minor Participant to participate	in this USA Swimming event, I
hereby release and hold har	mless the Released Parties, of	and from, and do discharge and
•		liabilities that I may have or sustain
•		e, arising from Minor Participant's
•	• • • • • • • • • • • • • • • • • • • •	of this agreement is held to be
invalid the balance, notwiths	tanding, shall continue in full fo	ince and effect.
(Print name of Parent/Guard	lian) (Signature of Parent/G	Guardian) (Date)

participation in this activity. Further	ealth and have no physical condition to more, I agree to use my/minor's personent if accident or injury occurs. I con care is required.	sonal medical insurance
(Print name of Parent/Guardian)	(Signature of Parent/Guardian)	(Date)
Released Parties from any and all cindemnities, contribution or otherwice arising from Minor Participant's parthis Release and Waiver of Liability all acts of negligence by the Release permitted by the laws of the State in	ian: urther agrees to indemnify, save and claims, demands, losses, damages a se with respect to any damage and/o ticipation in the activities. The underso, Assumption of Risk and Indemnity see and is intended to be as broad and which the Event(s) is/are conducted that the balance shall, notwithstanding	and liabilities for or injury, of any type, signed also agrees that Agreement extends to and inclusive as is d and that if any portion
(Print name of Parent/Guardian)	(Signature of Parent/Guardian)	(Date)