WEEK OF 12/8/2025

STORM NEWS!



FROM THE TREASURER

It is important for families to understand dues, fees, and obligations associated with Storm Aquatics. I highly encourage parents to review the Storm Handbook linked here.

I post reminders and information on a regular basis via the newsletter, but ultimately it is up to each family to review the information provided in the handbook. I'm always happy to answer questions.

Email: <u>treasurer@stormaquatics.net</u>

Upcoming Local Swim Meet Fees:

- SMAC Winter Invitational (1/17 1/18/26)
- TAC Winter Pentathlon (1/24 1/25/26)

Upcoming Restricted Meet Fees (participants only):

- Fall Divisionals (12/6 12/7/25)
- 14U Short Course PNS Champs (12/12 -12/15/25)
- WA State Senior Champs (12/18 -12/20/25)

QUICK LINKS

- STORM GEAR
- Fall/Winter Practice Schedule
- Events/Meets

STORM GEAR ON SALE

Nearly all Storm Gear and related swimming equipment is still on sale at the <u>Storm Team Shop</u>. Get your suits and swag before the deals end.



DATES TO REMEMBER

- **12/12:** Friday Fun Practice 5-7pm (all levels)
- 12/12-12/15: 14u Short Course PNS Champs Meet
- 12/18-12/20: WA State Senior Champs
- 12/19: Meet the Board (at Practice)
- 12/22-1/2: Winter Break Practice Sched
- 12/24: Christmas Eve (No Practice)
- 12/25: Change in Membership Forms Due
- 12/25: Merry Christmas! (No Practice)
- 12/31: New Year's Eve (No Practice)
- 1/1/26: Happy New Year! (No Practice)
- 1/17-1/18/26: SMAC Winter Invitational
- 1/24-1/25/26: TAC Winter Pentathlon

FROM THE COACH

Winter Break Practices:

Storm will have practice over winter break. Practices will be from 5-7pm and will be similar to our Friday schedule. There will be no practice 12/24, 12/25, 12/31 or 1/1. We will not be having Saturday or morning practices during Winter Break.

Boy's High School Meet on 12/11:

Be aware that there will be a high school home meet on the 11th. Gold and Bronze 1 may be a little delayed in getting in the water, depending on how fast it runs.

12/12 Friday Practice & Open Swim:

This Friday we'll be having a fun practice. <u>Everyone can attend from 5-7pm</u>. First hour will be a relays, second hour swill be an open swim.

Divisionals Results:

We had some fast swims at Divisionals. This included:

- Vicky Morris placed 1st in the 50 & 25 free as well as the 25 back
- Julia Lee placed 2nd in the 200IM
- Gwen Werner got 1st in the 100 IM
- Oakley Boren placed 3rd in the 200 free
- Summit Boren placed in top 6 for all 3 of his events
- Morgan Van Buskirk placed 6th in 100 fly

Many of our other swimmers had good time drops too. The following swimmers dropped at least 3 seconds in an event:

- Regan B., Simar B., Luka P., Abby M., James S., Scarlett S., Nora M., Kierra W.
 Swimmers dropping 10+ seconds in an event:
 - Brayden T. (19s), Ellie J. (28s), Aarya H. (28s)

Swimmers Going to Champs:

This fall we have a good group going to Age Group and Senior Champs. Notably, this is our second champs in a row with a relay, with Logan S., Logan B., Darius C., and Reid W. swimming the 400 free relay. This group was also less then a second away from a 400 medley cut.

Swimmers competing at Age Group Champs in individual events this coming weekend:

- · Darius C.: qualified in 50 breast
- Maggie J.: qualified in 100 and 200 breastroke
- Ollie W.: qualified in all but 5 events
- Reid W.: qualified in all breaststroke events, 50 fly and 500 free

Swimmers Competing in Senior Champs:

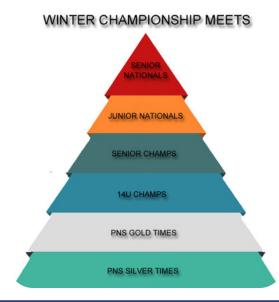
- Tyler B.: qualified in the 200 back
- Claire R.: qualified in the 50 back

Upcoming Swim Meets

Please see

https://www.gomotionapp.com/team/pnsast/page/calendar#/team-events/upcoming for the full list of upcoming meets.

- 12/12-12/15 Age Group PNS Champs (requires cuts)
- 12/18-12/20 Senior PNS Champs (requires cuts)



FROM FUNDRAISING

All Fundraising amounts have been updated and volunteer hours entered - please let us know if you have any questions at fundraising@stormaquatics.net. Thank you!

Save the Date for our Shark Swim Event on Saturday, Jan 10 at 7:15pm!

More info to come - the flyer is below (it is a rough draft - thanks for your patience as we continue to plan out the details of this event; we will provide official flyers to share with friends/family next week). This is a GREAT chance for the whole family to earn volunteer hours - sign ups for swimmers and parents will be available next week.



DID YOU KNOW?

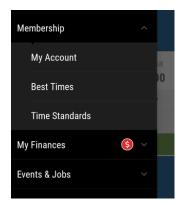
How to see your Swimmer's BEST Times in Sports Engine:

<u>Step 1</u> - Click on your "Sports Engine" App - SE Motion

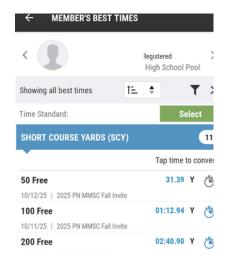
Your view when you click on the App:



Step 2 - Once you are on the Home page, click on the three lines on the upper left hand side and this menu will come up. Click on Membership, then Best Times.



<u>Step 3</u>: Check your Swimmer's Best Times listed.



Other considerations:

Need some help with the App? Ask other Storm parents to see if they can help!

Here is the 2024-25 <u>LIST</u> of PNS Gold & Silver Time Standards from last month's "Did You Know" info.