



Volunteer Policy

SMAC Volunteer Requirements

SMAC is a parent-run organization that involves a commitment from all member families. We require every family to contribute, at a minimum, a certain number of volunteer hours depending on the training group. Please reach out to our Volunteer Director (volunteers@smac.email) with any questions.

- Senior Performance and National – Minimum of 36 hours
- Age Group Performance - Minimum of 32 hours
- Age Group - Minimum of 28 hours
- Senior - Minimum of 24 hours
- Stroke Development - Minimum of 16 hours
- Catfish - Minimum of 6 hours

**See full policy under boosters tab/volunteering

Volunteer Hours - Prorated at 20% per full month of active membership. Proration begins first full month on team.				
Senior Performance & National		36.00 Hours		
1 month 7.25	2 months 14.50	3 months 21.75	4 months 29.00	5 + months 36.00
Age Group Performance		32.00 Hours		
1 month 6.50	2 months 13.00	3 months 19.25	4 months 25.75	5 + months 32.00
Age Group		28.00 Hours		
1 month 5.75	2 months 11.25	3 months 17.00	4 months 22.50	5 + months 28.00
Senior		24.00 Hours		
1 month 5.00	2 months 9.75	3 months 14.50	4 months 19.25	5 + months 24.00
Stroke Development		16.00 Hours		
1 month 3.25	2 months 6.50	3 months 9.75	4 months 13.00	5 + months 16.00
Catfish		6.00 Hours		
1 month 1.25	2 months 2.50	3 months 3.75	4 months 5.00	5 + months 6.00

