



Seattle Metropolitan Aquatic Club Parent Code of Conduct

- Treat others with respect and common courtesy. This includes coaches, competitors - SMAC or otherwise, officials and other parents.
- Demonstrate good sportsmanship during any SMAC activity, be it meets, practices or social events. Remember that everyone - swimmers, coaches, fans - want positive experiences.
- Be an active participant in fundraising events and other team activities.
- Support your swimmer by being their cheerleader with unconditional love and support, and helping them get to practices and meets on time, with adequate water, healthy snacks and gear.
- Let our professional SMAC coaches do the coaching. Remember: Coaches coach, officials officiate, swimmers swim and parents parent.
- If you need to speak with the coach, set up a time to meet with the coach at a time other than a meet or practice and never on deck during practice or a meet.
- Respect the integrity of swim officials by assuming decisions are based on honest, objective evaluations of performance. Only coaches may approach meet officials for clarification of rulings. Please note, rulings cannot be overturned by parent / coach / athlete videos.
- Volunteer! Sign up to time, help with SMAC events, officiate, etc.
- Strive to maintain open and honest communication with all members of the SMAC community.
- Grievances should be addressed first with your swimmer's coach, if not resolved, then with the Head Coach, and if still not resolved, with the SMAC Board President.
- Insist that your swimmer refrain from using/abusing alcohol, drugs, tobacco and other prohibited substances.
- SMAC does not tolerate any dishonesty, violence, bullying, foul language or inappropriate sexual conduct.
- Represent SMAC with excellence, respect, team spirit, good sportsmanship, and politeness.
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Your signatures below signify that you have read and agree to abide by the SMAC Codes of Conduct. You also understand that failure to abide by the SMAC Codes of Conduct will result in the penalties similar to those stated in the Swimmer Code of Conduct.

Signed _____ Parent/Guardian

_____ Parent/Guardian