



USA Swimming Safe Sport Athlete 12-17yr old Instructions

Seattle Metropolitan Aquatic Club athletes, of all the things we do on deck at meets, at practices we want to make sure that we are safe and having fun. We ask that you as a great athlete to SMAC that you take both of these courses offered from USA Swimming. Not only are things to be learned for swimming but obviously for your everyday life. We will give your SMAC family account 3 hours for completing the Safe Sport Athlete Course and 1 hour for the Bullying Course. These two courses are very short and take little time to complete.

If you have any questions, please contact me Carl Baber cdkbaber@mac.com (206) 335-2667. I am the Safe Sport Director for SMAC and also the Safe Sport Operational Risk Chair for Pacific Northwest Swimming. Also any technical issues with the courses you contact USA Swimming learn@usaswimming.org

- Use this link to go to the USA Safe Sport Athlete Protection Training (APT). For the Athlete we will use this link. They are members of USA Swimming and can enter the training.
- <https://www.usaswimming.org/resource-center/athlete-protection-training>

START THE TRAINING

To complete Athlete Protection Training: SafeSport™ Trained course, please follow these directions:

1. Enter your first name, last name, and birthday. Make sure to use the name on your USA Swimming Registration. Click the Search button.
2. When the system finds you, click on "CONTINUE" to access the LEARN site.
3. You must take the course(s) within the "Athlete Protection Training" module to complete the requirement.
4. Once you have completed your courses, your membership record will update within 24 hours with a new APT expiration date.
5. Your APT will expire 12 months after you complete the certificate.

START THE PROCESS

First Name

Last Name

Birthdate

1/28/2022



SEARCH

- Enter the athletes First & Last Name, and Birthdate, and press **“Search”**

- Press **“continue”** when athlete is found with Club Code.

- Check box and press box **“GO TO LEARN”**

- Fill in Profile information, LSC is **“Pacific Northwest Swimming”**, Club name is **Seattle Metropolitan Aquatic Club**.

- Click on the **“Course”** box to select the course to take

START THE PROCESS

First Name
Isabella

Last Name
Baber

Birthdate
3/30/2008

SEARCH

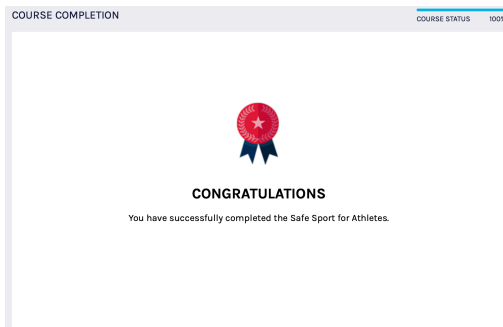
NAME	CLUB CODE	SELECT
Isabella Madison Baber	SMAC	CONTINUE



- Click on **“add Course”**



- Start Course.
- At the end of the Course you have to do the Evaluation to get Credit for taking the course. Press “Submit”



COURSE EVALUATION

I have a good understanding about Safe Sport.

Strongly Agree

Agree

Somewhat Agree

Disagree

Strongly Disagree

I know who I can contact if I have a concern.

Strongly Agree

Agree

Somewhat Agree

Disagree

Strongly Disagree

I feel like I could speak up if needed.

Strongly Agree

Agree

Somewhat Agree

Disagree

Strongly Disagree

SUBMIT

- Thanks, you have now completed the course for Safe Sport Athletes. Now we start the course for Preventing Bullying, you will start at the same link <https://www.usaswimming.org/resource-center/athlete-protection-training> and find the course.

- Go through the same process. When completing the course please send me a copy of your certificate for the Preventing Bullying Course

cdkbaber@mac.com .



SMAC Athletes thank you for completing these courses. Again, this is not just for swimming but to make you safer at school, other sports, and anywhere else you maybe.

Take Care

Carl Baber
Safe Sport Director & Official Director
PNS Safe Sport Operational Risk Chair