

## VALLEY AQUATICS Codes of Conduct



### Code of Conduct: Coach

The purpose of this code of conduct for coaches is to establish common expectations for all members of the coaching staff of the club. It is to be used as a guide to promote a positive team environment and good sportsmanship.

- At all times, VAST coaches will adhere to USA Swimming's rules and code of conduct.
- VAST coaches will set a good example of respect and sportsmanship for participants and fans to follow.
- VAST coaches will act with professionalism and dignity in a manner suitable to his/her profession.
- VAST coaches will respect officials and their judgment and abide by the rules of the event.
- VAST coaches will treat opposing coaches, participants, and spectators with respect.
- VAST coaches will instruct participants in sportsmanship and expect that they display good sportsmanship.
- VAST coaches will coach in a positive manner and will not use derogatory comments or abusive language.
- VAST coaches will win with humility and lose with dignity.
- VAST coaches will treat every athlete fairly, justly, impartially, intelligently, and with sensitivity.
- VAST coaches will always place the well-being, health, and safety of swimmers above all other considerations, including developing performance.
- VAST coaches will continue to seek and maintain their own professional development in all areas in relation to coaching and teaching children.
- VAST coaches will always maintain a professional separation between coach and athlete.

### Code of Conduct: Athletes

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior.

- VAST swimmers will respect and show courtesy to their teammates and coaches at all times.

- VAST swimmers will demonstrate good sportsmanship at all practices and meets.
- VAST swimmers will set a good example of behavior and work ethic for younger teammates.
- VAST swimmers will be respectful of teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- VAST swimmers will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- VAST swimmers will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- If a VAST swimmer disagrees with an official's call, they will talk with the coach and not approach the official directly.
- VAST swimmers will obey all of USA Swimming's rules and codes of conduct.

### **Code of Conduct: Parents**

The purpose of a code of conduct for parents is to establish consistent expectations for behavior by parents. As a parent/guardian, try to understand the important growth and developmental support that your child's participation fosters. Please understand that it is essential to provide the coaching staff with respect and the authority to coach the team. Please read the following statements:

- VAST parents will set the right example for their children by demonstrating sportsmanship and showing respect and common courtesy at all times to the team members, coaches, competitors, officials, parents, and all facilities.
- VAST parents will refrain from coaching their child.
- VAST parents understand that criticizing, name-calling, use of abusive language or gestures directed toward coaches, officials, volunteers, and/or any participating swimmer will not be tolerated.
- VAST parents will respect the integrity of the officials.