



May 2020

Dear

As a competitive swimmer, I spend much of my day at my home pool, WEST Coast Aquatics. Swimming is an amazing sport and it has taught me much more than just proper swimming technique. I have learned to set short-term and long-term goals along with developing specific plans to meet those goals. I now also understand that sometimes I need to make sacrifices to attain my goals, and hard work is fundamental to this process.

WEST Coast Aquatics is holding a competition for the month of May to see who can cover the most mileage running and bicycling on <u>Strava.com</u>. We will be awarding the overall total mileage, total running and total cycling and breaking into various categories both for our Swim Team and Non-Team Members, so anyone can participate - even you! Simultaneously, we are collecting donations to help offset operation costs and financial losses, along with donating to <u>Food Lifeline</u> - non-profit organization aimed at feeding those in need in our area.

WEST is a 501(c)3 non-profit organization so 100% of your donation is tax-deductible. Being a swim team owned and operated facility gives us many great advantages to help serve our members, but with it comes the responsibility of covering costs and keeping the business viable. West has many different programs ranging from social, to fitness and nationally competitive. More information can be found on our website at WestSwimTeam.com.

Your donation will allow our team to continue to provide the community of Mill Creek and the surrounding area with great swimming programs. I hope you will help by donating, your contribution will greatly help my team!

Donations can be made by cash, check and mailed payable to the address below. Receipts available upon request. Donations may also be made through your West Account upon written request or email.

WEST Coast Aquatics 15622 Country Club Drive Mill Creek, WA 98012

Thank you for your consideration and generosity.

Sincerely,