

Lap Swim 5:30 - 7:00am	5:30
	5:45
	6:00
	6:15
	6:30
	6:45
Senior 7:00 - 10:00am	7:00
	7:15
	7:30
	7:45
	8:00
	8:15
	8:30
	8:45
	9:00
	9:15
Accelerate 10:00am - 12:30pm	9:30
	9:45
	10:00
	10:15
	10:30
	10:45
	11:00
	11:15
	11:30
	11:45
Challenge 12:30 - 2:30pm	12:00
	12:15
	12:30
	12:45
	1:00
	1:15
	1:30
	1:45
	2:00
	2:15
Discover 2:30 - 4:00pm	2:30
	2:45
	3:00
	3:15
	3:30
	3:45
Explore 4:00 - 5:00pm	4:00
	4:15
	4:30
	4:45
Embark 5:00 - 5:45	5:00
	5:15
	5:30
Lap Swim 5:45 - 8:00pm Masters 8:00 - 9:00pm	5:45
	6:00
	6:15
	6:30
	6:45
	7:00
	7:15
	7:30
	7:45
	8:00
	8:15
	8:30
	8:45