

THE WEST HERALD

JUNE

06/05/2025



June

June brings a fresh wave of energy as we transition into our summer schedule and gear up for championship season later this July. It's the perfect time to recommit, stay consistent, and keep building on all the hard work from earlier in the year. With longer days and warmer weather, there's a new kind of motivation in the air! Let's use it to sharpen our focus, support our teammates, and set ourselves up for a strong finish this summer. WEST is ready!



ANNOUNCEMENTS

FACILITY SCHEDULE

Spring Facility Schedule

Normal Schedule: Lap Swim

Monday - Friday: 6:45am-2pm, 8:30-9:30pm

Saturday: 2:30-7pm

Sunday: 10am-5pm

**Mon, Wed, Fri: limited lanes 8-9am during Water Aerobics*

and Friday 11:15am-12:30pm during Masters Group

Normal Schedule: Open Swim

Saturday: 2:30-7pm

Sunday: 10am-5pm

Normal Schedule: Open Gym - Effective

Monday-Friday: 6:30am-2pm, 8:30-9:30pm

Saturday: 2:30-7pm

Sunday: 10am-5pm

SUMMER TEAM

Learn proper stroke technique consistent with our Summer Swim Team in a fun, low commitment and safe environment!

Requirements: 25 yards of Freestyle & Backstroke independently.

Dates: June 23 - August 2

Registration: Opening April 1st

www.westswimteam.com/page/more-programs/summer-team

WEST Fees: Weekday Groups: \$375 / Weekend Only Groups: \$250

USA Swimming: All swimmers must register with USA Swimming for a Flex Membership

SWIM LESSONS REGISTRATION

Weekday Summer 1

Class Times: 9am-12pm & 3-6pm

Class Dates: Mon-Fri 6/23-7/3

Cost: \$175.50 *No Class 7/4

Registration: Friday 6/13 - @7:30pm

Weekend Summer

Class Times: 10am-2pm

Class Dates: Sat 6/28-8/16

Cost: \$132 *No Class 7/5

Registration: Sat 6/14 - @7:30pm

