

WEST Summer Schedule 2021: Begins June 28

	Monday						Tuesday						Wednesday						Thursday						Friday							Saturday						Sunday																																													
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6		1	2	3	4	5	6	1	2	3	4	5	6																																														
5:00																									5:00																																																										
5:15																									5:15																																																										
5:30	Senior 5:30 - 8:00AM						Senior 5:30 - 8:00AM						Senior 5:30 - 8:00AM						Senior 5:30 - 8:00AM						Senior 5:30 - 8:30AM						5:30	Senior 5:30 - 8:30AM																																																			
5:45																																																																																			
6:00																																																																																			
6:15																																																																																			
6:30																																																																																			
6:45																																																																																			
7:00																																																																																			
7:15																																																																																			
7:30	Lap Swim 8:00 - 10:00AM						Water Aerobics 8:00 - 9:00am						Lap Swim 8:00 - 10:00AM						Water Aerobics 8:00 - 9:00am						Lap Swim 8:30 - 10:30AM						7:30	Accelerate 7:30am - 10:00am																																																			
7:45																																																																																			
8:00																																																																																			
8:15																																																																																			
8:30																																																																																			
8:45																																																																																			
9:00																																																																																			
9:15																																																																																			
9:30	Accelerate 10:00am - 12:00pm						Accelerate 10:00am - 12:00pm						Accelerate 10:00am - 12:00pm						Accelerate 10:00am - 12:00pm						Group Swim Lessons 10:00am - 1:00pm						Group Swim Lessons 10:00am - 1:00pm																																																				
9:45																																																																																			
10:00																																																																																			
10:15																																																																																			
10:30																																																																																			
10:45																																																																																			
11:00																																																																																			
11:15																																																																																			
11:30	Summer Team: M/W/Sat 12:00 - 1:00pm						Summer Team: T/H/Sun 12:00 - 1:00pm						Summer Team: M/W/Sat 12:00 - 1:00pm						Summer Team: T/H/Sun 12:00 - 1:00pm						Accelerate 10:30am - 1:00pm						Group Swim Lessons 10:00am - 1:00pm																																																				
11:45																																																																																			
12:00																																																																																			
12:15																																																																																			
12:30																																																																																			
12:45																																																																																			
1:00																																																																																			
1:15																																					Challenge 1:00 - 3:00pm						Disco 1:00 - 2:30pm						Challenge 1:00 - 3:00pm						Disco 1:00 - 2:30pm						Challenge 1:00 - 3:00pm						Disco 1:00 - 2:30pm						Summer Team: M/W/Sat AM 1:00 - 1:45pm						Summer Team: T/H/Sun AM 1:00 - 1:45pm				
1:30																																																																																			
1:45																																																																																			
2:00																																																																																			
2:15																																																																																			
2:30																																																																																			
2:45																																																																																			
3:00	Private Lessons 2:30 - 3:00pm						Private Lessons 2:30 - 3:00pm						Private Lessons 2:30 - 3:00pm						Private Lessons 2:30 - 3:00pm						Explore (ALL) 2:30 - 3:30pm						Embark (ALL) 2:30 - 3:30pm																																																				
3:15																																																																																			
3:30																																																																																			
3:45																																																																																			
4:00																																																																																			
4:15																																																																																			
4:30																																																																																			
4:45																																					Group Swim Lessons 3:00 - 6:30pm						Group Swim Lessons 3:00 - 6:30pm						Group Swim Lessons 3:00 - 6:30pm						Group Swim Lessons 3:00 - 6:30pm						Lap or Rented Lanes for meets 3:30 - 7:00pm						Lap or Rented Lanes for meets 3:30 - 7:00pm																
5:00																																																																																			
5:15																																																																																			
5:30																																																																																			
5:45																																																																																			
6:00																																																																																			
6:15																																																																																			
6:30	Explore 1 / Embark 1 6:30 - 7:30pm						Explore 2 / Embark 2 6:30 - 7:30pm						Explore 1 / Embark 1 6:30 - 7:30pm						Explore 2 / Embark 2 6:30 - 7:30pm						Embark (ALL) 6:30 - 7:30pm						Lap or Rented Lanes for meets 3:30 - 7:00pm																																										Lap or Rented Lanes for meets 3:30 - 7:00pm										
6:45																																																																																			
7:00																																																																																			
7:15																																																																																			
7:30																																																																																			
7:45																																																																																			
8:00																																																																																			
8:15																																					Summer Team: M/W/Sat 7:30 - 8:30pm						Summer Team: T/H/Sun 7:30 - 8:30pm						Summer Team: M/W/Sat 7:30 - 8:30pm						Summer Team: T/H/Sun 7:30 - 8:30pm						Explore (ALL) 7:30 - 8:30pm						Lap or Rented Lanes for meets 3:30 - 7:00pm												Lap or Rented Lanes for meets 3:30 - 7:00pm				
8:30																																																																																			
8:45																																																																																			
9:00																																																																																			
Dryland						Dryland						Dryland						Dryland						Dryland						Dryland						Dryland																																															
Senior			1:00 - 2:30pm			Senior			1:00 - 2:30pm			Senior			1:00 - 2:30pm			Senior			1:00 - 2:30pm			Senior			1:00 - 2:30pm			Senior			1:00 - 2:30pm			Senior																																					1:00 - 2:30pm										
Accelerate			9:30 - 10:00am			Accelerate			9:30 - 10:00am			Accelerate			9:30 - 10:00am			Accelerate			9:30 - 10:00am			Accelerate			9:30 - 10:00am			Accelerate			9:30 - 10:00am			Accelerate																																					9:30 - 10:00am										
Challenge & Disco			12:30 - 1:00pm			Challenge & Disco			12:30 - 1:00pm			Challenge & Disco			12:30 - 1:00pm			Challenge & Disco			12:30 - 1:00pm			Challenge & Disco			12:30 - 1:00pm			Challenge & Disco			12:30 - 1:00pm			Challenge & Disco																																					12:30 - 1:00pm										