

SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
M/W/F Daytime	12:00 - 1:00pm	NONE	12:00 - 1:00pm	NONE	12:00 - 1:00pm	None, unless there is a meet	NONE
M/W/F Evening	6:00 - 7:00pm	NONE	6:00 - 7:00pm	NONE	6:00 - 7:00pm	None, unless there is a meet	NONE
T/H/S Daytime	NONE	12:00 - 1:00pm	NONE	12:00 - 1:00pm	NONE	1:00 -2:00pm, unless there is a meet	NONE
T/H/S Evening	NONE	6:00 - 7:00pm	NONE	6:00 - 7:00pm	NONE	2:00 -3:00pm, unless there is a meet	NONE

Swim Meet Schedule:

Saturday, July 8th @WEST vs Golds vs SSCD. Estimated: 2:00pm warmups. 2:30 Start

Saturday, July 22nd @WEST vs Storm. Estimated: 2:00pm warmups. 2:30pm start

Saturday, August 5th @ Snohomish Aquatics Center. NCSSL Champs. Warmups at 8:00am. Meet start at 9:00am

Season Outline

Week 1: June 26 - July 2

Practice Monday - Thursday, Saturday.

NO PRACTICES FRIDAY, JUNE 30

Week 2: July 3 - 9

NO PRACTICES TUESDAY, JULY 4

Practice Monday, Wednesday - Friday

Saturday, July 8th MEET @WEST .

Week 3: July 10 - 16

Practice Monday - Saturday

Week 4: July 17 - 23

Practice Monday - Friday

Saturday, July 22nd MEET@WEST

Week 5: July 24 - 30

Practice Monday - Saturday

Week 6: July 31 - August 5

Practice Monday - Thursday

Completion Certificates to be given out this week.

NO PRACTICES FRIDAY August 4. End of Season Team Picnic at WEST.

Saturday, August 5th NCSSL Champs @ Snohomish Aquatics Center.