PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS FOURTEEN YEARS - SHORT COURSE YARDS

50 YARD FREESTYLE (September 1,2000 – March 31, 2020)					
RNK	TIME	PP	NAME	TEAM	DATE
1	22.90	924	Tang, Amy	PDST	12/8/2017
2	23.02	912	Jennings, Emilee	KING	3/19/2004
3	23.11	903	Campbell, Lia	BISC	12/6/2013
4	23.24	890	Rudolph, Janelle	PRO	3/24/2017
5	23.29	885	Beers, Eleanor	BISC	3/17/2017
6	23.35	879	Dang, Gabby	WAVE	3/20/2015
7	23.48	866	Weissman, Hannah	KING	12/14/2018
8	23.52	862	Carlton, Emma	BBST	12/20/2014
9	23.66	848	Hayes, Margaret	BISC	12/15/2017
10	23.68	846	Chen, Jaime	KING	3/23/2018
11	23.77	837	Cratsenberg, Amber	VAST	3/27/2009
12	23.80	835	Pak, Jazlynn	BC	3/25/2017
13	23.82	833	Fang, Elisa	UN	11/9/2012
14	23.84	831	Keane, Anna	UN	11/12/2010
15	23.86	829	Jennings, Leona	KING	12/10/2004
15	23.86	829	Battistoni, Belle	KING	12/9/2016
17	23.89	826	Kinnear, Katie	UN	11/13/2008
18	23.92	823	Su, Allison	KING	3/24/2017
19	23.93	822	Dimeco, Sarah	IST	12/11/2015
20	23.95	820	Sutherland, Ashley	KING	12/16/2011
21	23.99	816	Wang, Gracie	UN	11/3/2017
22	24.00	815	Forelli, Krissy	GHP	1/15/2002
23	24.02	813	Jackson, Summer	SST	2/27/2002
24	24.03	812	Ginnis, Morgan	MMSC	12/10/2010
25	24.06	809	McIntyre, Missy	NWAC	2/27/2002
TOTAL		21165	AVERAGE	846.60	

50 YARD FREESTYLE (September 1, 2010 – August 31, 2020)					
RNK	TIME	PP	NAME	TEAM	DATE
1	22.90	924	Tang, Amy	PDST	12/8/2017
2	23.11	903	Campbell, Lia	BISC	12/6/2013
3	23.24	890	Rudolph, Janelle	PRO	3/24/2017
4	23.29	885	Beers, Eleanor	BISC	3/17/2017
5	23.35	879	Dang, Gabby	WAVE	3/20/2015
6	23.48	866	Weissman, Hannah	KING	12/14/2018
7	23.52	862	Carlton, Emma	BBST	12/20/2014
8	23.66	848	Hayes, Margaret	BISC	12/15/2017
9	23.68	846	Chen, Jaime	KING	3/23/2018
10	23.80	835	Pak, Jazlynn	BC	3/25/2017
11	23.82	833	Fang, Elisa	UN	11/9/2012
12	23.84	831	Keane, Anna	UN	11/12/2010
13	23.86	829	Battistoni, Belle	KING	12/9/2016
14	23.92	823	Su, Allison	KING	3/24/2017
15	23.93	822	Dimeco, Sarah	IST	12/11/2015
16	23.95	820	Sutherland, Ashley	KING	12/16/2011
17	23.99	816	Wang, Gracie	UN	11/3/2017
18	24.03	812	Ginnis, Morgan	MMSC	12/10/2010
19	24.07	808	Mayfield, Mackenzie	SMAC	12/7/2018
20	24.10	805	Tu, Gillian	SMAC	12/21/2019
21	24.13	802	Liljar, Ashlea	KING	12/9/2016
22	24.15	800	Pries, Alana	KING	3/30/2012
23	24.20	796	Butler, Madelynn	MMSC	3/14/2019
24	24.21	795	Lei, Megan	UN	11/15/2019
25	24.25	791	Vanderwel, Heidi	WEST	12/10/2010
TOTAL		20921	AVERAGE	836.84	

50 YARD FREESTYLE (September 1,2000 – August 31, 2010)					
RNK	TIME	PP	NAME	TEAM	DATE
1	23.02	912	Jennings, Emilee	KING	3/19/2004
2	23.77	837	Cratsenberg, Amber	VAST	3/27/2009
3	23.86	829	Jennings, Leona	KING	12/10/2004
4	23.89	826	Kinnear, Katie	UN	11/13/2008
5	24.00	815	Forelli, Krissy	GHP	1/15/2002
6	24.02	813	Jackson, Summer	SST	2/27/2002
7	24.06	809	McIntyre, Missy	NWAC	2/27/2002
8	24.19	797	Speak, Sage	WAVE	3/19/2010
9	24.24	792	Vanderwel, Heidi	WEST	3/19/2010
10	24.33	783	Messegee, Amelia	HWST	10/23/2004
11	24.39	777	Liu, Helen	IST	3/23/2007
12	24.43	774	Cann, Felicity	KING	12/17/2009
13	24.44	773	Ginnis, Morgan	MMSC	3/16/2010
14	24.46	771	Kaestner, Katie	UN	11/13/2008
15	24.48	769	Keane, Anna	WEST	3/19/2010
16	24.60	757	Randolf, Melissa	SSC	3/23/2007
17	24.62	755	Yee, Leann	UN	11/7/2008
18	24.67	751	Kaufman, Lauren	UN	3/23/2007
19	24.73	745	Taylor, Hannah	MMSC	12/13/2009
19	24.73	745	Lindblad, Gabby	KING	3/28/2009
21	24.81	737	Taylor, Andie	IST	10/22/2006
22	24.83	736	Dimicco, Kayla	IST	3/19/2010
23	24.84	735	Nist, Erika	KING	12/13/2009
24	24.85	734	Lindblad, Brianne	KING	3/4/2004
25	24.86	733	Griffin, Tessa	UN	11/12/2004
TOTAL		19505	AVERAGE	780.20	

50 YARD FREESTYLE (September 1,1990 – August 31, 2000)					
RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS FOURTEEN YEARS - SHORT COURSE YARDS

100 YARD FREESTYLE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	49.04	976	Tang, Amy	PDST	12/9/2017
2	50.27	910	Beers, Eleanor	BISC	3/16/2017
3	50.29	909	Jennings, Emilee	KING	3/19/2004
4	50.68	889	Rudolph, Janelle	PRO	12/18/2016
5	50.70	888	Dang, Gabby	WAVE	3/21/2015
6	50.78	884	Cratsenberg, Amber	VAST	3/11/2009
7	50.87	879	Weissman, Hannah	KING	3/23/2019
8	50.91	877	Hayes, Margaret	BISC	3/24/2018
9	50.99	873	Chen, Jaime	KING	3/24/2018
10	51.46	849	Baron, Sam	UN	3/25/2017
11	51.48	848	Sutherland, Ashley	KING	12/15/2011
12	51.49	847	Groysman, Yulia	KING	12/12/2015
13	51.60	841	Campbell, Lia	BISC	12/12/2013
14	51.61	841	Kinnear, Katie	IST	3/27/2009
15	51.66	838	Forelli, Krissy	UN	11/15/2002
16	51.86	828	Williams, Kim	BC	3/30/2012
17	51.94	824	Kukors, Ariana	KING	11/14/2003
18	51.98	822	Ginnis, Morgan	MMSC	12/10/2010
19	52.07	818	Carlton, Emma	BBST	12/21/2014
19	52.07	818	Keane, Anna	UN	11/12/2010
21	52.10	816	Clemons, Destiny	KING	12/8/2018
22	52.11	816	Battistoni, Belle	KING	3/18/2017
23	52.22	810	Fang, Elisa	BC	3/22/2013
24	52.26	808	Ward, Emily	KING	3/10/2016
24	52.26	808	Vanderwel, Heidi	WEST	12/10/2010
TOTAL		21317	AVERAGE	852.68	

100 YARD FREESTYLE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	49.04	976	Tang, Amy	PDST	12/9/2017
2	50.27	910	Beers, Eleanor	BISC	3/16/2017
3	50.68	889	Rudolph, Janelle	PRO	12/18/2016
4	50.70	888	Dang, Gabby	WAVE	3/21/2015
5	50.87	879	Weissman, Hannah	KING	3/23/2019
6	50.91	877	Hayes, Margaret	BISC	3/24/2018
7	50.99	873	Chen, Jaime	KING	3/24/2018
8	51.46	849	Baron, Sam	UN	3/25/2017
9	51.48	848	Sutherland, Ashley	KING	12/15/2011
10	51.49	847	Groysman, Yulia	KING	12/12/2015
11	51.60	841	Campbell, Lia	BISC	12/12/2013
12	51.86	828	Williams, Kim	BC	3/30/2012
13	51.98	822	Ginnis, Morgan	MMSC	12/10/2010
14	52.07	818	Keane, Anna	UN	11/12/2010
14	52.07	818	Carlton, Emma	BBST	12/21/2014
16	52.10	816	Clemons, Destiny	KING	12/8/2018
17	52.11	816	Battistoni, Belle	KING	3/18/2017
18	52.22	810	Fang, Elisa	BC	3/22/2013
19	52.26	808	Ward, Emily	KING	3/10/2016
19	52.26	808	Vanderwel, Heidi	WEST	12/10/2010
21	52.30	806	Pak, Jazlynn	BC	3/25/2017
22	52.43	800	Cross, Marley	BC	12/7/2012
23	52.50	796	Dimeco, Sarah	IST	12/12/2015
23	52.50	796	Kawaguchi, Megan	WWA	12/10/2010
25	52.51	796	Zimmerman, Jamie	KING	3/16/2017
TOTAL		21015	AVERAGE	840.60	

100 YARD FREESTYLE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	50.29	909	Jennings, Emilee	KING	3/19/2004
2	50.78	884	Cratsenberg, Amber	VAST	3/11/2009
3	51.61	841	Kinnear, Katie	IST	3/27/2009
4	51.66	838	Forelli, Krissy	UN	11/15/2002
5	51.94	824	Kukors, Ariana	KING	11/14/2003
6	52.47	798	Jennings, Leona	KING	12/10/2004
7	52.49	797	Jackson, Summer	SST	12/7/2001
8	52.50	796	Cann, Felicity	UN	11/13/2009
9	52.58	792	Taylor, Andie	IST	12/9/2005
10	52.65	789	Messegee, Amelia	HWST	3/18/2005
11	52.80	781	Flaten, Kayla	UN	11/13/2009
12	52.82	780	Vanderwel, Heidi	WEST	1/15/2010
13	52.83	780	Taylor, Hannah	UN	11/13/2009
14	52.95	774	Michaels, Dana	WEST	3/14/2008
15	53.06	768	Ginnis, Morgan	MMSC	3/16/2010
16	53.18	762	Hecker, Anni	CSC	3/19/2010
17	53.22	760	Keane, Anna	WEST	3/19/2010
17	53.22	760	Speak, Sage	WAVE	3/19/2010
19	53.23	760	Davis, Alyssa	KING	1/10/2009
20	53.25	759	Lindblad, Gabby	KING	3/27/2009
20	53.25	759	Roberson, Leslie	SBAY	3/21/2003
22	53.27	758	Randolf, Melissa	SSC	3/7/2007
23	53.39	752	Maier, Stacy	UN	11/6/2009
23	53.39	752	Nist, Erika	KING	12/20/2009
25	53.45	749	Schafer, Kate	BC	11/14/2003
TOTAL		19722	AVERAGE	788.88	

100 YARD FREESTYLE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS FOURTEEN YEARS - SHORT COURSE YARDS

200 YARD FREESTYLE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:46.88	962	Tang, Amy	PDST	12/15/2017
2	1:49.56	888	Jennings, Emilee	KING	3/19/2004
3	1:49.63	886	Kukors, Ariana	KING	3/4/2004
4	1:49.68	885	Taylor, Andie	IST	1/19/2006
5	1:50.71	857	Rudolph, Janelle	PRO	3/17/2017
6	1:51.19	844	Weissman, Hannah	KING	3/24/2019
7	1:51.21	844	Groysman, Yulia	UN	11/13/2015
8	1:51.52	835	Dimeco, Sarah	UN	11/13/2015
9	1:51.55	835	Cratsenberg, Amber	VAST	3/11/2009
10	1:51.99	823	Dang, Gabby	WAVE	3/22/2015
11	1:52.02	822	Forelli, Krissy	GHP	12/13/2002
12	1:52.16	819	Hayes, Margaret	BISC	3/25/2018
13	1:52.27	816	Chen, Jaime	KING	3/25/2018
14	1:52.43	811	Beers, Eleanor	BISC	3/17/2017
15	1:52.50	810	McDermott, Amber	SBAY	12/7/2007
16	1:52.59	807	Sutherland, Ashley	KING	12/17/2011
17	1:52.69	805	Campbell, Lia	BISC	12/6/2013
18	1:52.80	802	Michaels, Dana	WEST	3/14/2008
19	1:53.00	797	Battistoni, Belle	KING	3/26/2017
20	1:53.05	795	Ginnis, Morgan	MMSC	12/10/2010
21	1:53.06	795	Tannhauser, Kelly	UN	11/9/2006
22	1:53.16	793	Pressler, Maddie	UN	11/15/2013
23	1:53.34	788	Cook, Alyssa	KING	12/15/2011
24	1:53.48	784	Kinnear, Katie	IST	3/27/2009
25	1:53.64	780	Davis, Alyssa	KING	3/11/2009
TOTAL		20683	AVERAGE	827.32	

200 YARD FREESTYLE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:46.88	962	Tang, Amy	PDST	12/15/2017
2	1:50.71	857	Rudolph, Janelle	PRO	3/17/2017
3	1:51.19	844	Weissman, Hannah	KING	3/24/2019
4	1:51.21	844	Groysman, Yulia	UN	11/13/2015
5	1:51.52	835	Dimeco, Sarah	UN	11/13/2015
6	1:51.99	823	Dang, Gabby	WAVE	3/22/2015
7	1:52.16	819	Hayes, Margaret	BISC	3/25/2018
8	1:52.27	816	Chen, Jaime	KING	3/25/2018
9	1:52.43	811	Beers, Eleanor	BISC	3/17/2017
10	1:52.59	807	Sutherland, Ashley	KING	12/17/2011
11	1:52.69	805	Campbell, Lia	BISC	12/6/2013
12	1:53.00	797	Battistoni, Belle	KING	3/26/2017
13	1:53.05	795	Ginnis, Morgan	MMSC	12/10/2010
14	1:53.16	793	Pressler, Maddie	UN	11/15/2013
15	1:53.34	788	Cook, Alyssa	KING	12/15/2011
16	1:53.66	780	Valdman, Nathalie	UN	11/11/2016
17	1:53.85	775	Chang, Mia	BC	12/16/2017
18	1:54.04	770	Liljar, Ashlea	KING	3/26/2017
19	1:54.11	768	Domanowski, Christina	MMSC	12/13/2012
20	1:54.21	766	Cross, Courtney	UN	11/9/2018
20	1:54.21	766	Kabacy, Taylor	UN	11/4/2016
22	1:54.24	765	Yu, Catherine	PRO	3/24/2019
22	1:54.24	765	Bellin, Gabi	UPAC	3/24/2019
24	1:54.28	764	Straley, Maggie	SMAC	12/20/2019
25	1:54.44	760	Wyzga, Aneta	UN	11/13/2015
TOTAL		20075	AVERAGE	803.00	

200 YARD FREESTYLE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:49.56	888	Jennings, Emilee	KING	3/19/2004
2	1:49.63	886	Kukors, Ariana	KING	3/4/2004
3	1:49.68	885	Taylor, Andie	IST	1/19/2006
4	1:51.55	835	Cratsenberg, Amber	VAST	3/11/2009
5	1:52.02	822	Forelli, Krissy	GHP	12/13/2002
6	1:52.50	810	McDermott, Amber	SBAY	12/7/2007
7	1:52.80	802	Michaels, Dana	WEST	3/14/2008
8	1:53.06	795	Tannhauser, Kelly	UN	11/9/2006
9	1:53.48	784	Kinnear, Katie	IST	3/27/2009
10	1:53.64	780	Davis, Alyssa	KING	3/11/2009
11	1:53.82	776	Taylor, Hannah	MMSC	12/11/2009
12	1:53.84	775	Vanderwel, Heidi	WEST	3/10/2010
13	1:54.21	766	Roberson, Leslie	SBAY	3/21/2003
14	1:54.38	761	Messegee, Amelia	HWST	3/18/2005
15	1:54.64	755	Majeau, Fiona	CSC	3/14/2008
16	1:54.82	750	Friedhoff, Amy	VAST	3/19/2004
17	1:55.17	741	Randolf, Melissa	SSC	3/23/2007
18	1:55.27	739	Jackson, Summer	SST	12/7/2001
19	1:55.28	739	Cann, Felicity	KING	3/19/2010
20	1:55.31	738	Scott, Marja	UN	11/3/2006
21	1:55.46	734	White-Delehoy, Sara	SST	2/27/2002
22	1:55.53	732	Schumacher, Allyson	KING	1/29/2004
23	1:55.60	731	Gleason, Sarah	BISC	12/7/2001
24	1:55.72	728	Flaten, Kayla	IST	3/27/2009
25	1:55.75	727	Morlan, Heather	TSC	3/23/2007
TOTAL		19479	AVERAGE	779.16	

200 YARD FREESTYLE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS FOURTEEN YEARS - SHORT COURSE YARDS

500 YARD FREESTYLE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	4:52.09	872	Groysman, Yulia	KING	3/10/2016
2	4:52.66	866	McDermott, Amber	SBAY	12/14/2007
3	4:53.43	858	Kukors, Ariana	KING	3/19/2004
4	4:54.41	848	Taylor, Andie	IST	3/8/2006
5	4:58.16	810	Weissman, Hannah	KING	3/21/2019
6	4:59.57	796	Cratsenberg, Amber	VAST	3/11/2009
7	5:00.13	790	Dimeco, Sarah	UN	11/13/2015
8	5:00.16	790	Tang, Amy	PDST	12/9/2017
9	5:00.65	785	Shabb, Hannah	CSC	3/30/2012
10	5:01.16	780	Valdman, Nathalie	UN	11/11/2016
11	5:01.24	779	Hayes, Margaret	BISC	3/22/2018
12	5:01.35	778	Michaels, Dana	WEST	12/14/2007
13	5:01.42	777	Campbell, Lia	BISC	3/20/2014
14	5:01.53	776	Brunner, Haley	UN	11/11/2005
15	5:01.75	774	Smith, Cameron	CSC	3/22/2013
16	5:02.00	771	Kabacy, Taylor	UN	11/11/2016
17	5:02.10	770	Majeau, Fiona	CSC	3/14/2008
18	5:02.26	769	Pressler, Maddie	WEST	12/19/2013
19	5:02.54	766	Clise, Maya	KING	12/8/2018
20	5:02.67	765	Chambers, Addie	KING	12/9/2011
21	5:02.98	762	Ton, Deanna	CSC	3/18/2017
22	5:03.35	758	Forelli, Krissy	GHP	12/13/2002
23	5:03.50	757	Roberson, Leslie	SBAY	3/21/2003
24	5:03.85	753	Chan, Nakayla	UN	11/11/2005
25	5:03.98	752	Domanowski, Christina	MMSC	12/7/2012
TOTAL		19702	AVERAGE	788.08	

500 YARD FREESTYLE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	4:52.09	872	Groysman, Yulia	KING	3/10/2016
2	4:58.16	810	Weissman, Hannah	KING	3/21/2019
3	5:00.13	790	Dimeco, Sarah	UN	11/13/2015
4	5:00.16	790	Tang, Amy	PDST	12/9/2017
5	5:00.65	785	Shabb, Hannah	CSC	3/30/2012
6	5:01.16	780	Valdman, Nathalie	UN	11/11/2016
7	5:01.24	779	Hayes, Margaret	BISC	3/22/2018
8	5:01.42	777	Campbell, Lia	BISC	3/20/2014
9	5:01.75	774	Smith, Cameron	CSC	3/22/2013
10	5:02.00	771	Kabacy, Taylor	UN	11/11/2016
11	5:02.26	769	Pressler, Maddie	WEST	12/19/2013
12	5:02.54	766	Clise, Maya	KING	12/8/2018
13	5:02.67	765	Chambers, Addie	KING	12/9/2011
14	5:02.98	762	Ton, Deanna	CSC	3/18/2017
15	5:03.98	752	Domanowski, Christina	MMSC	12/7/2012
16	5:04.02	752	Straley, Maggie	SMAC	1/17/2020
17	5:04.91	743	Cook, Alyssa	KING	12/15/2011
18	5:05.18	740	Vertetis, Mary	KING	12/16/2017
19	5:05.43	738	Lucien, Brianna	WEST	12/9/2011
20	5:05.78	734	Girotto, Amelia	BC	3/22/2018
21	5:05.97	733	Huffer, Kelly	BBST	3/12/2014
22	5:06.06	732	Wyzga, Aneta	UN	11/6/2015
23	5:06.75	725	Hughes, Courtney	KING	12/20/2014
24	5:06.78	725	Haugen, Gianna	KING	3/22/2013
25	5:07.02	723	Barker, Hannah	ESC	3/19/2015
TOTAL		19087	AVERAGE	763.48	

500 YARD FREESTYLE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	4:52.66	866	McDermott, Amber	SBAY	12/14/2007
2	4:53.43	858	Kukors, Ariana	KING	3/19/2004
3	4:54.41	848	Taylor, Andie	IST	3/8/2006
4	4:59.57	796	Cratsenberg, Amber	VAST	3/11/2009
5	5:01.35	778	Michaels, Dana	WEST	12/14/2007
6	5:01.53	776	Brunner, Haley	UN	11/11/2005
7	5:02.10	770	Majeau, Fiona	CSC	3/14/2008
8	5:03.35	758	Forelli, Krissy	GHP	12/13/2002
9	5:03.50	757	Roberson, Leslie	SBAY	3/21/2003
10	5:03.85	753	Chan, Nakayla	UN	11/11/2005
11	5:04.19	750	Gleason, Sarah	BISC	1/31/2002
12	5:04.71	745	Tannhauser, Kelly	SBAY	12/8/2006
13	5:04.79	744	Williams, Laurin	CSC	3/23/2007
14	5:07.62	717	Davis, Alyssa	KING	1/22/2009
15	5:08.02	713	Fenster, Emily	KING	3/23/2007
16	5:08.26	711	Friedhoff, Amy	VAST	3/19/2004
17	5:08.53	708	Woodruff, Kelly	CSC	12/8/2000
18	5:08.84	705	Menard, Laura	WEST	3/12/2003
19	5:09.20	702	Kuestermeyer, Bailey	SST	12/7/2001
20	5:09.27	701	Grundman, Sarah	UN	11/13/2009
21	5:09.34	700	Domanowski, Jenni	MMSC	11/22/2008
22	5:09.42	700	Heffernan, Clara	UN	11/8/2007
23	5:10.11	693	Gourley, Ali	SBAY	3/7/2007
24	5:10.22	692	Baker, Sarah	OAC	3/22/2002
25	5:10.31	691	Prothero, Marley	KING	1/22/2005
TOTAL		18632	AVERAGE	745.28	

500 YARD FREESTYLE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS FOURTEEN YEARS - SHORT COURSE YARDS

1000 YARD FREESTYLE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	9:56.11	915	McDermott, Amber	SBAY	12/7/2007
2	10:01.90	888	Taylor, Andie	IST	1/19/2006
3	10:07.70	861	Kukors, Ariana	KING	1/29/2004
4	10:10.91	846	Williams, Kim	BC	12/15/2011
5	10:17.96	814	Groysman, Yulia	KING	12/17/2015
6	10:20.07	805	Michaels, Dana	WEST	12/14/2007
7	10:20.68	802	Weiner, Meika	BBST	3/15/2001
8	10:20.96	801	Ton, Deanna	CSC	3/16/2017
9	10:22.45	794	Chambers, Addie	KING	12/15/2011
10	10:22.86	792	Clise, Maya	KING	12/13/2018
11	10:22.93	792	Vanderwel, Heidi	WEST	1/15/2010
12	10:22.97	792	Roberson, Leslie	SBAY	3/12/2003
13	10:24.32	786	Lucien, Brianna	WEST	12/15/2011
14	10:25.02	783	Dimeco, Sarah	IST	12/17/2015
15	10:26.13	778	Davis, Alyssa	KING	3/11/2009
16	10:26.40	776	Smith, Cameron	CSC	12/13/2012
17	10:28.05	769	Williams, Laurin	CSC	3/7/2007
18	10:29.06	765	Brunner, Haley	SBAY	10/29/2005
19	10:30.32	759	Eronemo, Courtney	KING	1/31/2002
20	10:31.19	755	Fenster, Emily	KING	3/7/2007
21	10:31.80	753	Vertetis, Mary	KING	12/14/2017
22	10:32.42	750	Tannhauser, Kelly	SBAY	3/8/2006
23	10:33.47	745	McCann, Christina	GHP	1/20/2005
24	10:33.62	745	Straley, Maggie	SMAC	1/16/2020
25	10:34.79	740	Kuestermeyer, Bailey	SST	1/31/2002
TOTAL		19806	AVERAGE	792.24	

1000 YARD FREESTYLE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	10:10.91	846	Williams, Kim	BC	12/15/2011
2	10:17.96	814	Groysman, Yulia	KING	12/17/2015
3	10:20.96	801	Ton, Deanna	CSC	3/16/2017
4	10:22.45	794	Chambers, Addie	KING	12/15/2011
5	10:22.86	792	Clise, Maya	KING	12/13/2018
6	10:24.32	786	Lucien, Brianna	WEST	12/15/2011
7	10:25.02	783	Dimeco, Sarah	IST	12/17/2015
8	10:26.40	776	Smith, Cameron	CSC	12/13/2012
9	10:31.80	753	Vertetis, Mary	KING	12/14/2017
10	10:33.62	745	Straley, Maggie	SMAC	1/16/2020
11	10:37.24	729	Cook, Alyssa	KING	12/15/2011
12	10:38.36	724	Haugen, Gianna	KING	12/13/2012
13	10:38.67	723	Vanderwel, Heidi	WEST	11/7/2010
14	10:41.28	712	Girotto, Amelia	BC	12/14/2017
15	10:41.30	712	McCarty, Cierra	KING	1/11/2018
16	10:41.37	711	Roth, Abby	BC	12/15/2016
17	10:41.93	709	Barker, Hannah	ESC	12/18/2014
18	10:42.48	707	Cross, Courtney	BC	3/14/2019
19	10:43.10	704	Hughes, Courtney	KING	3/11/2015
20	10:43.24	703	Levy, Geneva	BISC	12/16/2010
21	10:45.83	692	Huffer, Kelly	BBST	2/23/2014
22	10:46.43	690	Moffatt, Vanessa	KING	1/15/2011
23	10:47.61	685	Seidner, Lindsey	OCA	12/7/2012
24	10:48.12	683	Kabacy, Taylor	KING	12/17/2015
25	10:48.22	682	Valdman, Nathalie	BC	11/15/2015
TOTAL		18456	AVERAGE	738.24	

1000 YARD FREESTYLE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	9:56.11	915	McDermott, Amber	SBAY	12/7/2007
2	10:01.90	888	Taylor, Andie	IST	1/19/2006
3	10:07.70	861	Kukors, Ariana	KING	1/29/2004
4	10:20.07	805	Michaels, Dana	WEST	12/14/2007
5	10:20.68	802	Weiner, Meika	BBST	3/15/2001
6	10:22.93	792	Vanderwel, Heidi	WEST	1/15/2010
7	10:22.97	792	Roberson, Leslie	SBAY	3/12/2003
8	10:26.13	778	Davis, Alyssa	KING	3/11/2009
9	10:28.05	769	Williams, Laurin	CSC	3/7/2007
10	10:29.06	765	Brunner, Haley	SBAY	10/29/2005
11	10:30.32	759	Eronemo, Courtney	KING	1/31/2002
12	10:31.19	755	Fenster, Emily	KING	3/7/2007
13	10:32.42	750	Tannhauser, Kelly	SBAY	3/8/2006
14	10:33.47	745	McCann, Christina	GHP	1/20/2005
15	10:34.79	740	Kuestermeyer, Bailey	SST	1/31/2002
16	10:35.40	737	Kripps, Kim	SBAY	2/27/2002
17	10:35.69	736	Schumacher, Allyson	KING	1/29/2004
18	10:35.79	735	Menard, Laura	WEST	2/23/2003
19	10:36.44	733	Baker, Sarah	OAC	2/27/2002
20	10:36.58	732	Cratsenberg, Amber	VAST	1/22/2009
21	10:37.27	729	Gourley, Ali	SBAY	3/7/2007
22	10:37.54	728	Majeau, Fiona	CSC	2/17/2008
23	10:38.11	725	Preston, Hillary	C	2/27/2002
24	10:39.38	720	Williamson, Mariah	WEST	12/14/2007
25	10:40.05	717	Chan, Nakayla	TSC	3/9/2005
TOTAL		19208	AVERAGE	768.32	

1000 YARD FREESTYLE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS FOURTEEN YEARS - SHORT COURSE YARDS

1650 YARD FREESTYLE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	16:32.90	921	McDermott, Amber	SBAY	12/14/2007
2	17:12.31	814	Michaels, Dana	WEST	12/14/2007
3	17:18.61	798	Brunner, Haley	SBAY	3/18/2005
4	17:18.80	797	Woodruff, Kelly	CSC	12/8/2000
5	17:21.35	790	Clise, Maya	KING	1/20/2019
6	17:21.87	789	Ton, Deanna	CSC	3/19/2017
7	17:26.40	777	Valdman, Nathalie	BC	3/13/2016
8	17:26.78	776	Straley, Maggie	SMAC	12/19/2019
9	17:27.17	775	Chambers, Addie	KING	12/9/2011
10	17:27.34	775	Williams, Laurin	CSC	3/7/2007
11	17:29.67	769	Avansino, Mia	BC	12/19/2019
12	17:30.21	767	Haugen, Gianna	KING	3/13/2013
13	17:30.34	767	Groysman, Yulia	KING	12/20/2015
14	17:31.01	765	Chan, Nakayla	TSC	1/19/2006
15	17:31.18	765	Weissman, Hannah	KING	1/20/2019
16	17:31.81	763	Menard, Laura	WEST	3/21/2003
17	17:32.09	763	Dimeco, Sarah	IST	12/20/2015
18	17:32.56	761	Huffer, Kelly	BBST	3/12/2014
19	17:33.96	758	Vertetis, Mary	KING	3/25/2018
20	17:34.67	756	Wheeler, Ashley	TSC	3/21/2003
21	17:35.05	755	Barker, Hannah	ESC	3/22/2015
22	17:35.77	753	Domanowski, Jenni	MMSC	3/27/2009
23	17:37.64	748	Campbell, Lia	BISC	2/16/2014
24	17:39.79	743	Kuestermeyer, Bailey	SST	12/7/2001
25	17:40.23	742	Girotto, Amelia	BC	3/18/2018
TOTAL		19387	AVERAGE	775.48	

1650 YARD FREESTYLE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	17:21.35	790	Clise, Maya	KING	1/20/2019
2	17:21.87	789	Ton, Deanna	CSC	3/19/2017
3	17:26.40	777	Valdman, Nathalie	BC	3/13/2016
4	17:26.78	776	Straley, Maggie	SMAC	12/19/2019
5	17:27.17	775	Chambers, Addie	KING	12/9/2011
6	17:29.67	769	Avansino, Mia	BC	12/19/2019
7	17:30.21	767	Haugen, Gianna	KING	3/13/2013
8	17:30.34	767	Groysman, Yulia	KING	12/20/2015
9	17:31.18	765	Weissman, Hannah	KING	1/20/2019
10	17:32.09	763	Dimeco, Sarah	IST	12/20/2015
11	17:32.56	761	Huffer, Kelly	BBST	3/12/2014
12	17:33.96	758	Vertetis, Mary	KING	3/25/2018
13	17:35.05	755	Barker, Hannah	ESC	3/22/2015
14	17:37.64	748	Campbell, Lia	BISC	2/16/2014
15	17:40.23	742	Girotto, Amelia	BC	3/18/2018
16	17:48.74	720	Lucien, Brianna	WEST	12/9/2011
17	17:50.42	716	Seidner, Lindsey	OCA	3/22/2013
18	17:50.46	716	Levy, Geneva	BISC	3/9/2011
19	17:51.21	714	Moffatt, Vanessa	KING	12/10/2010
20	17:52.00	712	Rosen, Candice	BISC	12/7/2012
21	17:53.02	709	Emerick, Laina	GAC	3/22/2015
22	17:54.16	707	Kabacy, Taylor	KING	3/13/2016
23	17:55.42	704	Domanowski, Christina	MMSC	11/11/2012
24	17:55.77	703	Maider, Maddie	CSC	3/18/2011
25	17:57.74	698	Laurent, Demetra	BC	3/30/2012
TOTAL		18601	AVERAGE	744.04	

1650 YARD FREESTYLE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	16:32.90	921	McDermott, Amber	SBAY	12/14/2007
2	17:12.31	814	Michaels, Dana	WEST	12/14/2007
3	17:18.61	798	Brunner, Haley	SBAY	3/18/2005
4	17:18.80	797	Woodruff, Kelly	CSC	12/8/2000
5	17:27.34	775	Williams, Laurin	CSC	3/7/2007
6	17:31.01	765	Chan, Nakayla	TSC	1/19/2006
7	17:31.81	763	Menard, Laura	WEST	3/21/2003
8	17:34.67	756	Wheeler, Ashley	TSC	3/21/2003
9	17:35.77	753	Domanowski, Jenni	MMSC	3/27/2009
10	17:39.79	743	Kuestermeyer, Bailey	SST	12/7/2001
11	17:40.27	742	Roberson, Leslie	SBAY	2/23/2003
12	17:42.56	736	Baker, Sarah	OAC	2/27/2002
13	17:42.82	735	McCann, Christina	GHP	1/20/2005
14	17:43.22	734	Spillman, Sarah	SSCD	12/8/2000
15	17:43.35	734	Burkland, Kj	SBAY	3/7/2007
16	17:44.92	730	Fenster, Emily	KING	1/12/2007
17	17:45.71	728	Majeau, Fiona	CSC	12/14/2007
18	17:46.86	725	White-Delehoy, Sara	SST	2/27/2002
19	17:48.22	722	Williamson, Mariah	WEST	3/14/2008
20	17:49.57	718	Eronemo, Courtney	KING	1/31/2002
21	17:49.71	718	Prothero, Marley	KING	3/9/2005
22	17:52.38	711	Friedhoff, Amy	VAST	11/16/2003
23	17:53.11	709	Grundman, Sarah	BISC	11/8/2009
24	17:54.32	706	Schumacher, Allyson	KING	1/29/2004
25	17:54.82	705	Kripps, Kim	SBAY	2/27/2002
TOTAL		18738	AVERAGE	749.52	

1650 YARD FREESTYLE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS FOURTEEN YEARS - SHORT COURSE YARDS

100 YARD BACKSTROKE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	52.75	1036	Tang, Amy	PDST	12/17/2017
2	55.01	931	Vanderwel, Heidi	WEST	3/19/2010
3	55.35	916	Weissman, Hannah	KING	3/15/2019
4	55.89	891	Dang, Gabby	WAVE	3/20/2015
5	55.94	889	Kinnear, Katie	IST	3/27/2009
6	55.96	888	Hayes, Margaret	BISC	12/8/2017
7	56.01	886	Rudolph, Janelle	PRO	12/18/2016
8	56.02	885	Li, Sandy	SMAC	12/16/2018
9	56.19	878	Chang, Mia	UN	11/10/2017
10	56.29	873	Chen, Michelle	PRO	12/7/2019
11	56.57	861	Kukors, Ariana	KING	1/29/2004
12	56.61	859	Wang, Grace	UN	11/15/2019
13	56.81	850	Nguyen, Mandolin	CAAT	12/11/2015
14	56.89	847	Leary, Kate	CAAT	3/24/2017
15	57.03	841	Jennings, Leona	KING	3/9/2005
16	57.14	836	Cross, Katie	BC	3/24/2017
17	57.17	835	Campbell, Lia	BISC	3/20/2014
18	57.20	833	Zimmerman, Jamie	KING	3/19/2017
19	57.34	827	Frey, Emma	UN	11/6/2014
20	57.36	826	Haugen, Gianna	KING	3/22/2013
21	57.38	825	Ainsworth, Kristin	KING	12/17/2009
22	57.40	825	Kawaguchi, Megan	WWA	3/9/2011
23	57.45	822	Tungate, Olivia	KING	3/14/2015
24	57.52	819	Taylor, Andie	IST	10/21/2006
25	57.62	815	Pressler, Maddie	UN	11/15/2013
TOTAL		21594	AVERAGE	863.76	

100 YARD BACKSTROKE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	52.75	1036	Tang, Amy	PDST	12/17/2017
2	55.35	916	Weissman, Hannah	KING	3/15/2019
3	55.89	891	Dang, Gabby	WAVE	3/20/2015
4	55.92	890	Vanderwel, Heidi	WEST	12/16/2010
5	55.96	888	Hayes, Margaret	BISC	12/8/2017
6	56.01	886	Rudolph, Janelle	PRO	12/18/2016
7	56.02	885	Li, Sandy	SMAC	12/16/2018
8	56.19	878	Chang, Mia	UN	11/10/2017
9	56.29	873	Chen, Michelle	PRO	12/7/2019
10	56.61	859	Wang, Grace	UN	11/15/2019
11	56.81	850	Nguyen, Mandolin	CAAT	12/11/2015
12	56.89	847	Leary, Kate	CAAT	3/24/2017
13	57.14	836	Cross, Katie	BC	3/24/2017
14	57.17	835	Campbell, Lia	BISC	3/20/2014
15	57.20	833	Zimmerman, Jamie	KING	3/19/2017
16	57.34	827	Frey, Emma	UN	11/6/2014
17	57.36	826	Haugen, Gianna	KING	3/22/2013
18	57.40	825	Kawaguchi, Megan	WWA	3/9/2011
19	57.45	822	Tungate, Olivia	KING	3/14/2015
20	57.62	815	Pressler, Maddie	UN	11/15/2013
21	57.80	807	Ward, Emily	KING	3/12/2016
21	57.80	807	Girotto, Kaitlyn	BC	12/22/2019
21	57.80	807	Fang, Elisa	BC	12/7/2012
24	57.83	806	Ginnis, Morgan	MMSC	12/10/2010
25	57.91	803	Nguyen, Rachel	UN	11/6/2015
TOTAL		21348	AVERAGE	853.92	

100 YARD BACKSTROKE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	55.01	931	Vanderwel, Heidi	WEST	3/19/2010
2	55.94	889	Kinnear, Katie	IST	3/27/2009
3	56.57	861	Kukors, Ariana	KING	1/29/2004
4	57.03	841	Jennings, Leona	KING	3/9/2005
5	57.38	825	Ainsworth, Kristin	KING	12/17/2009
6	57.52	819	Taylor, Andie	IST	10/21/2006
7	57.74	810	Wold, Grace	UN	11/6/2009
8	57.85	805	Thayer, Annemarie	SBAY	3/23/2007
9	58.00	799	Nist, Erika	KING	3/19/2010
10	58.04	797	Owen, Ashlynn	PAC	12/8/2000
11	58.17	791	Davis, Alyssa	KING	3/27/2009
11	58.17	791	Weiss, Hannah	OCA	3/19/2010
13	58.21	790	Kim, Rachel	UN	11/13/2008
14	58.28	787	Bailey, Chelsea	KING	12/8/2006
15	58.57	774	Taylor, Hannah	MMSC	2/26/2010
16	58.73	767	Thach, Amanda	WSY	4/1/2008
17	58.94	759	Ginnis, Morgan	MMSC	3/16/2010
18	58.99	756	Dang, Tiffany	WAVE	3/27/2009
19	59.05	754	Lindblad, Brianne	KING	3/4/2004
20	59.19	748	Vetterlein, Nikki	KING	3/2/2006
21	59.28	744	Maier, Stacy	IST	12/3/2009
22	59.37	740	McDermott, Amber	SBAY	2/23/2008
23	59.52	734	Wu, Joanna	KING	3/27/2009
24	59.65	729	Sutton, Stefanie	KING	3/12/2003
24	59.65	729	Tanasse, Emily	UN	11/13/2009
TOTAL		19770	AVERAGE	790.80	

100 YARD BACKSTROKE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS FOURTEEN YEARS - SHORT COURSE YARDS

200 YARD BACKSTROKE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:57.82	941	Tang, Amy	PDST	1/12/2018
2	1:57.99	938	Vanderwel, Heidi	WEST	3/19/2010
3	2:00.09	898	Rudolph, Janelle	PRO	3/16/2017
4	2:00.47	891	Chang, Mia	BC	12/15/2017
5	2:00.61	888	Taylor, Andie	IST	12/1/2005
6	2:00.84	884	Haugen, Gianna	KING	3/22/2013
7	2:01.19	877	Ainsworth, Kristin	KING	12/17/2009
8	2:01.38	873	Kukors, Ariana	KING	3/4/2004
9	2:02.12	859	Hayes, Margaret	BISC	12/10/2017
10	2:02.14	859	Chen, Michelle	PRO	12/20/2019
11	2:02.34	855	Li, Sandy	SMAC	12/14/2018
12	2:03.32	837	Tungate, Olivia	KING	3/22/2015
13	2:03.38	836	Yu, Catherine	PRO	12/9/2018
14	2:03.66	831	Nist, Erika	KING	12/11/2009
15	2:03.72	829	Nguyen, Mandolin	CAAT	1/24/2016
15	2:03.72	829	Cross, Katie	BC	3/26/2017
17	2:03.78	828	Jia, Maddy	UN	3/25/2018
18	2:03.93	826	Cook, Alyssa	KING	12/15/2011
19	2:04.09	823	Nguyen, Rachel	BC	12/13/2015
20	2:04.14	822	Kinnear, Katie	IST	1/10/2009
21	2:04.37	817	Thayer, Annemarie	SBAY	3/23/2007
22	2:04.40	817	Pressler, Maddie	WEST	3/12/2014
23	2:04.53	814	Ward, Emily	KING	3/13/2016
24	2:04.82	809	Wold, Grace	KING	3/10/2010
25	2:04.97	806	Kim, Rachel	KING	3/14/2008
TOTAL		21287	AVERAGE	851.48	

200 YARD BACKSTROKE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:57.82	941	Tang, Amy	PDST	1/12/2018
2	2:00.08	898	Vanderwel, Heidi	WEST	12/16/2010
3	2:00.09	898	Rudolph, Janelle	PRO	3/16/2017
4	2:00.47	891	Chang, Mia	BC	12/15/2017
5	2:00.84	884	Haugen, Gianna	KING	3/22/2013
6	2:02.12	859	Hayes, Margaret	BISC	12/10/2017
7	2:02.14	859	Chen, Michelle	PRO	12/20/2019
8	2:02.34	855	Li, Sandy	SMAC	12/14/2018
9	2:03.32	837	Tungate, Olivia	KING	3/22/2015
10	2:03.38	836	Yu, Catherine	PRO	12/9/2018
11	2:03.72	829	Cross, Katie	BC	3/26/2017
11	2:03.72	829	Nguyen, Mandolin	CAAT	1/24/2016
13	2:03.78	828	Jia, Maddy	UN	3/25/2018
14	2:03.93	826	Cook, Alyssa	KING	12/15/2011
15	2:04.09	823	Nguyen, Rachel	BC	12/13/2015
16	2:04.40	817	Pressler, Maddie	WEST	3/12/2014
17	2:04.53	814	Ward, Emily	KING	3/13/2016
18	2:05.16	803	Vertetis, Mary	KING	12/3/2017
19	2:05.23	802	Ruppe, Alex	VAST	1/17/2020
20	2:05.24	801	Barker, Hannah	ESC	3/22/2015
21	2:05.29	800	Dimeco, Sarah	IST	12/13/2015
22	2:05.43	798	Girotto, Kaitlyn	BC	12/8/2019
23	2:05.56	795	Barbosa, Maisy	KING	12/3/2017
24	2:05.66	794	Zimmerman, Jamie	KING	3/16/2017
24	2:05.66	794	Ginnis, Morgan	MMSC	12/10/2010
TOTAL		20911	AVERAGE	836.44	

200 YARD BACKSTROKE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:57.99	938	Vanderwel, Heidi	WEST	3/19/2010
2	2:00.61	888	Taylor, Andie	IST	12/1/2005
3	2:01.19	877	Ainsworth, Kristin	KING	12/17/2009
4	2:01.38	873	Kukors, Ariana	KING	3/4/2004
5	2:03.66	831	Nist, Erika	KING	12/11/2009
6	2:04.14	822	Kinnear, Katie	IST	1/10/2009
7	2:04.37	817	Thayer, Annemarie	SBAY	3/23/2007
8	2:04.82	809	Wold, Grace	KING	3/10/2010
9	2:04.97	806	Kim, Rachel	KING	3/14/2008
10	2:05.72	793	Vetterlein, Nikki	KING	3/17/2006
11	2:05.91	789	Crowder, Kelsey	KING	3/14/2008
12	2:07.05	768	Weiss, Hannah	OCA	12/17/2009
13	2:07.13	767	Davis, Alyssa	KING	3/27/2009
14	2:07.26	764	McDermott, Amber	SBAY	12/7/2007
15	2:07.40	762	Kukors, Mattie	KING	3/17/2006
16	2:07.55	759	Ginnis, Morgan	MMSC	3/16/2010
17	2:07.92	753	Friedhoff, Amy	VAST	3/19/2004
18	2:07.98	751	Thach, Amanda	WSY	4/1/2008
19	2:08.08	750	White-Delehoy, Sara	SST	3/22/2002
20	2:08.24	747	Bailey, Chelsea	KING	12/8/2006
21	2:08.38	744	Sutton, Stefanie	KING	1/30/2003
22	2:08.45	743	Morris, Lily	BC	2/15/2008
23	2:08.47	743	Jennings, Leona	KING	1/14/2005
24	2:08.58	741	Messegee, Abigail	PAC	1/21/2010
25	2:08.82	736	Wu, Joanna	KING	1/22/2009
TOTAL		19771	AVERAGE	790.84	

200 YARD BACKSTROKE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS FOURTEEN YEARS - SHORT COURSE YARDS

100 YARD BREASTSTROKE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:02.17	926	Tu, Gillian	UN	11/15/2019
2	1:02.29	922	Yu, Catherine	PRO	12/14/2018
3	1:02.67	909	Williams, Kim	BC	3/30/2012
4	1:03.86	867	Rudolph, Janelle	PRO	3/24/2017
5	1:03.96	864	Hau, Jetlynn	MMSC	12/16/2016
6	1:04.02	862	Su, Allison	UN	11/10/2017
7	1:04.10	859	Battistoni, Belle	KING	3/18/2017
8	1:04.15	857	Ward, Emily	KING	3/11/2016
9	1:04.19	856	Chen, Jaime	KING	3/17/2018
10	1:04.25	854	Volodkevich, Maria	UN	11/13/2009
11	1:04.27	853	Tang, Amy	PDST	3/24/2017
12	1:04.36	850	Nguyen, Mandolin	CAAT	12/18/2015
13	1:04.40	849	Weber, Anna	UN	11/11/2017
14	1:04.50	845	Limberg, Nicole	WEST	12/19/2013
15	1:04.52	845	Crawford, Jocelyn	CAAT	3/22/2013
16	1:04.58	843	Solseng, Emma	UN	11/2/2019
17	1:04.69	839	Jennings, Emilee	KING	12/12/2003
18	1:04.86	833	Liljar, Ashlea	KING	3/18/2017
19	1:04.88	832	Himes, Danika	UN	11/13/2015
20	1:04.89	832	Limargo, Chloe	WAVE	3/20/2015
21	1:04.91	831	Clise, Maya	KING	3/23/2018
22	1:04.97	829	McIntyre, Missy	NWAC	2/27/2002
23	1:05.08	826	Kukors, Ariana	KING	1/29/2004
23	1:05.08	826	Gooding, Liv	SMAC	12/20/2019
25	1:05.42	814	Andren, Ursula	TSC	12/13/2013
TOTAL		21323	AVERAGE	852.92	

100 YARD BREASTSTROKE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:02.17	926	Tu, Gillian	UN	11/15/2019
2	1:02.29	922	Yu, Catherine	PRO	12/14/2018
3	1:02.67	909	Williams, Kim	BC	3/30/2012
4	1:03.86	867	Rudolph, Janelle	PRO	3/24/2017
5	1:03.96	864	Hau, Jetlynn	MMSC	12/16/2016
6	1:04.02	862	Su, Allison	UN	11/10/2017
7	1:04.10	859	Battistoni, Belle	KING	3/18/2017
8	1:04.15	857	Ward, Emily	KING	3/11/2016
9	1:04.19	856	Chen, Jaime	KING	3/17/2018
10	1:04.27	853	Tang, Amy	PDST	3/24/2017
11	1:04.36	850	Nguyen, Mandolin	CAAT	12/18/2015
12	1:04.40	849	Weber, Anna	UN	11/11/2017
13	1:04.50	845	Limberg, Nicole	WEST	12/19/2013
14	1:04.52	845	Crawford, Jocelyn	CAAT	3/22/2013
15	1:04.58	843	Solseng, Emma	UN	11/2/2019
16	1:04.86	833	Liljar, Ashlea	KING	3/18/2017
17	1:04.88	832	Himes, Danika	UN	11/13/2015
18	1:04.89	832	Limargo, Chloe	WAVE	3/20/2015
19	1:04.91	831	Clise, Maya	KING	3/23/2018
20	1:05.08	826	Gooding, Liv	SMAC	12/20/2019
21	1:05.42	814	Andren, Ursula	TSC	12/13/2013
22	1:05.60	808	Pedersen, Bindi	WAVE	12/19/2014
23	1:05.85	800	Felner, Gracie	KING	10/30/2016
24	1:05.97	795	Rowe, Regan	CAAT	3/23/2018
25	1:06.01	794	Mayfield, Mackenzie	SMAC	12/7/2018
TOTAL		21172	AVERAGE	846.88	

100 YARD BREASTSTROKE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:04.25	854	Volodkevich, Maria	UN	11/13/2009
2	1:04.69	839	Jennings, Emilee	KING	12/12/2003
3	1:04.97	829	McIntyre, Missy	NWAC	2/27/2002
4	1:05.08	826	Kukors, Ariana	KING	1/29/2004
5	1:05.45	813	Jennings, Leona	KING	3/18/2005
6	1:05.85	800	Bush, Meridith	SBAY	3/19/2004
7	1:05.87	799	Speak, Sage	WAVE	3/19/2010
8	1:06.33	783	Harper, Heather	PRO	3/18/2008
9	1:06.43	780	Ferreira, Emily	SSC	3/17/2006
10	1:06.44	780	Rogers, Theresa	TSC	3/12/2003
11	1:06.54	776	Larson, Molly	WWA	3/23/2007
12	1:06.64	773	Kaestner, Katie	TAC	3/27/2009
13	1:06.76	769	Heidloff, Jesika	SST	12/7/2001
14	1:06.77	769	Nakamura, Mckenzie	WAVE	3/9/2005
15	1:06.98	762	Ernst, Alexandra	SBAY	3/19/2004
16	1:07.22	754	Taylor, Hannah	UN	11/13/2009
16	1:07.22	754	Morgan, Maddy	WSY	3/2/2007
18	1:07.48	745	Kukors, Mattie	KING	12/9/2005
19	1:07.56	742	Averill, Trish	UN	11/11/2005
20	1:07.58	742	Jackson, Summer	SST	12/7/2001
21	1:07.68	738	Stockwell-Gregson, Sarah	KING	3/15/2001
22	1:07.95	729	Matulic, Katie	UN	11/12/2004
23	1:08.15	723	Russell, Kyrie	UN	3/19/2004
24	1:08.19	722	Keane, Anna	WEST	3/19/2010
25	1:08.24	720	Indahl, Taylor	TSC	3/23/2007
TOTAL		19321	AVERAGE	772.84	

100 YARD BREASTSTROKE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

PACIFIC NORTHWEST SWIMMING

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GIRLS FOURTEEN YEARS - SHORT COURSE YARDS

200 YARD BREASTSTROKE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:15.06	904	Kukors, Ariana	KING	3/4/2004
2	2:15.80	893	Yu, Catherine	PRO	12/15/2018
3	2:17.09	873	Williams, Kim	BC	12/15/2011
4	2:17.44	867	Hau, Jetlynn	MMSC	12/17/2016
5	2:18.15	856	Clise, Maya	KING	3/24/2018
6	2:18.65	849	Crawford, Jocelyn	CAAT	3/22/2013
7	2:18.98	843	Cook, Alyssa	KING	12/15/2011
8	2:19.34	838	Jennings, Emilee	KING	12/12/2003
9	2:19.44	836	Nguyen, Mandolin	CAAT	12/12/2015
10	2:19.51	835	Limberg, Nicole	WEST	3/12/2014
11	2:19.95	829	Battistoni, Belle	KING	3/25/2017
12	2:20.41	822	Tu, Gillian	SMAC	12/21/2019
13	2:20.53	820	Bush, Meridith	SBAY	3/19/2004
14	2:20.61	819	Limargo, Chloe	WAVE	3/21/2015
15	2:21.57	804	Rudolph, Janelle	PRO	12/17/2016
16	2:21.58	804	Himes, Danika	IST	12/12/2015
17	2:21.68	802	Pedersen, Bindi	WAVE	3/21/2015
18	2:21.70	802	Ernst, Alexandra	SBAY	3/19/2004
19	2:21.91	799	Weber, Anna	ESC	12/9/2017
20	2:22.02	797	Ward, Emily	KING	12/19/2015
21	2:22.41	791	Yeh, Brianna	PRO	12/8/2018
22	2:22.67	787	Chen, Jaime	KING	12/16/2017
23	2:22.75	786	Speak, Sage	WAVE	3/19/2010
24	2:23.20	779	Harper, Heather	PRO	3/18/2008
24	2:23.20	779	Averill, Trish	KING	3/18/2005
TOTAL		20614	AVERAGE	824.56	

200 YARD BREASTSTROKE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:15.80	893	Yu, Catherine	PRO	12/15/2018
2	2:17.09	873	Williams, Kim	BC	12/15/2011
3	2:17.44	867	Hau, Jetlynn	MMSC	12/17/2016
4	2:18.15	856	Clise, Maya	KING	3/24/2018
5	2:18.65	849	Crawford, Jocelyn	CAAT	3/22/2013
6	2:18.98	843	Cook, Alyssa	KING	12/15/2011
7	2:19.44	836	Nguyen, Mandolin	CAAT	12/12/2015
8	2:19.51	835	Limberg, Nicole	WEST	3/12/2014
9	2:19.95	829	Battistoni, Belle	KING	3/25/2017
10	2:20.41	822	Tu, Gillian	SMAC	12/21/2019
11	2:20.61	819	Limargo, Chloe	WAVE	3/21/2015
12	2:21.57	804	Rudolph, Janelle	PRO	12/17/2016
13	2:21.58	804	Himes, Danika	IST	12/12/2015
14	2:21.68	802	Pedersen, Bindi	WAVE	3/21/2015
15	2:21.91	799	Weber, Anna	ESC	12/9/2017
16	2:22.02	797	Ward, Emily	KING	12/19/2015
17	2:22.41	791	Yeh, Brianna	PRO	12/8/2018
18	2:22.67	787	Chen, Jaime	KING	12/16/2017
19	2:23.67	772	Chang, Mia	BC	1/14/2018
19	2:23.67	772	Su, Allison	KING	3/25/2017
21	2:23.84	770	Andren, Ursula	TSC	12/13/2013
22	2:23.89	769	Mann, Kynseth	BC	3/15/2018
23	2:23.91	769	Kowalchyk, Anna	SRST	12/8/2018
24	2:24.14	765	Tang, Amy	PDST	3/16/2017
25	2:24.21	764	Battepati, Sanjna	KING	1/15/2017
TOTAL		20287	AVERAGE	811.48	

200 YARD BREASTSTROKE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:15.06	904	Kukors, Ariana	KING	3/4/2004
2	2:19.34	838	Jennings, Emilee	KING	12/12/2003
3	2:20.53	820	Bush, Meridith	SBAY	3/19/2004
4	2:21.70	802	Ernst, Alexandra	SBAY	3/19/2004
5	2:22.75	786	Speak, Sage	WAVE	3/19/2010
6	2:23.20	779	Harper, Heather	PRO	3/18/2008
6	2:23.20	779	Averill, Trish	KING	3/18/2005
8	2:23.69	772	Taylor, Andie	IST	10/21/2006
9	2:24.44	761	Kukors, Mattie	KING	12/9/2005
10	2:24.88	754	Ferreira, Emily	SSC	3/17/2006
11	2:25.10	751	Beauchamp, Kara	IST	12/14/2007
12	2:25.30	748	Volodkevich, Maria	IST	3/19/2010
13	2:25.59	744	Larson, Molly	WWA	3/23/2007
14	2:25.68	742	Rogers, Theresa	TSC	3/21/2003
15	2:26.01	738	Morgan, Maddy	WSY	3/2/2007
16	2:26.03	737	Matulic, Katie	KING	3/4/2004
17	2:26.24	734	Nakamura, Mckenzie	WAVE	3/18/2005
18	2:26.48	731	Taylor, Hannah	MMSC	12/11/2009
19	2:26.82	726	Heidloff, Jesika	SST	12/7/2001
20	2:27.14	721	Rosen, Laura	NWAC	3/19/2010
21	2:27.37	717	Prothero, Marley	KING	12/10/2004
22	2:27.68	713	McDermott, Amber	SBAY	2/23/2008
23	2:27.96	709	Tallman, Cassie	OCA	3/19/2010
24	2:28.01	708	Best, Ashley	UN	12/8/2000
25	2:28.19	705	Fitzgerald, Kelly	TSC	12/10/2004
TOTAL		18919	AVERAGE	756.76	

100 YARD BREASTSTROKE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS FOURTEEN YEARS - SHORT COURSE YARDS

100 YARD BUTTERFLY (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	54.18	928	Tang, Amy	PDST	3/26/2017
2	54.42	918	Dang, Gabby	WAVE	12/19/2014
3	54.59	911	Carlton, Emma	BBST	12/19/2014
4	54.73	906	Kinnear, Katie	UN	11/13/2008
5	55.26	884	Chen, Jaime	KING	3/25/2018
6	55.55	873	Pak, Jazlynn	BC	3/18/2017
7	55.68	867	Li, Sandy	SMAC	12/14/2018
8	55.81	862	Weissman, Hannah	KING	12/14/2018
9	55.84	861	Beers, Eleanor	BISC	12/9/2016
10	55.85	861	Kwan, Sabrina	UN	11/9/2012
11	56.03	853	Baron, Sam	UN	3/26/2017
12	56.10	851	Chen, Michelle	PRO	12/20/2019
13	56.52	834	Groysman, Yulia	KING	12/13/2015
14	56.57	832	Vanderwel, Heidi	WEST	12/10/2010
15	56.62	830	Taylor, Andie	IST	12/9/2005
16	56.69	827	Rudolph, Janelle	PRO	12/16/2016
17	56.75	825	Jennings, Leona	KING	3/9/2005
18	56.79	823	Sutton, Stefanie	KING	3/12/2003
19	56.83	822	Nguyen, Mandolin	UN	11/13/2015
20	56.89	819	Battistoni, Belle	KING	12/16/2016
21	56.93	818	Gwo, Lorea	OCA	12/16/2010
22	57.10	811	Hayes, Margaret	BISC	3/17/2018
23	57.14	810	Randolf, Melissa	SSC	3/7/2007
24	57.15	809	Fang, Elisa	BC	3/13/2013
25	57.16	809	Fidler, Macy	SRST	3/24/2019
TOTAL		21244	AVERAGE	849.76	

100 YARD BUTTERFLY (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	54.18	928	Tang, Amy	PDST	3/26/2017
2	54.42	918	Dang, Gabby	WAVE	12/19/2014
3	54.59	911	Carlton, Emma	BBST	12/19/2014
4	55.26	884	Chen, Jaime	KING	3/25/2018
5	55.55	873	Pak, Jazlynn	BC	3/18/2017
6	55.68	867	Li, Sandy	SMAC	12/14/2018
7	55.81	862	Weissman, Hannah	KING	12/14/2018
8	55.84	861	Beers, Eleanor	BISC	12/9/2016
9	55.85	861	Kwan, Sabrina	UN	11/9/2012
10	56.03	853	Baron, Sam	UN	3/26/2017
11	56.10	851	Chen, Michelle	PRO	12/20/2019
12	56.52	834	Groysman, Yulia	KING	12/13/2015
13	56.57	832	Vanderwel, Heidi	WEST	12/10/2010
14	56.69	827	Rudolph, Janelle	PRO	12/16/2016
15	56.83	822	Nguyen, Mandolin	UN	11/13/2015
16	56.89	819	Battistoni, Belle	KING	12/16/2016
17	56.93	818	Gwo, Lorea	OCA	12/16/2010
18	57.10	811	Hayes, Margaret	BISC	3/17/2018
19	57.15	809	Fang, Elisa	BC	3/13/2013
20	57.16	809	Fidler, Macy	SRST	3/24/2019
21	57.19	808	Kawaguchi, Megan	WWA	3/18/2011
22	57.21	807	Collinge, Ava	SRST	2/26/2017
23	57.29	804	Li, Delora	UN	11/13/2015
24	57.35	801	Lopez-Silvers, Leigh	UN	10/27/2017
25	57.46	797	Briggs, Mackenna	IST	3/30/2012
TOTAL		21067	AVERAGE	842.68	

100 YARD BUTTERFLY (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	54.73	906	Kinnear, Katie	UN	11/13/2008
2	56.62	830	Taylor, Andie	IST	12/9/2005
3	56.75	825	Jennings, Leona	KING	3/9/2005
4	56.79	823	Sutton, Stefanie	KING	3/12/2003
5	57.14	810	Randolf, Melissa	SSC	3/7/2007
6	57.26	805	Domanowski, Jenni	MMSC	12/11/2008
7	57.30	803	Roberson, Leslie	SBAY	3/12/2003
8	57.37	801	Wold, Grace	KING	3/19/2010
9	57.39	800	Cratsenberg, Amber	VAST	3/27/2009
10	57.96	778	Williams, Isabel	UN	11/12/2004
11	58.00	776	Michaels, Dana	WEST	3/14/2008
12	58.07	773	Vanderwel, Heidi	WEST	3/19/2010
13	58.11	772	Taylor, Hannah	MMSC	1/21/2010
14	58.12	772	Lindblad, Gabby	KING	3/27/2009
15	58.20	768	Tanasse, Emily	UN	11/13/2009
16	58.31	764	Eronemo, Courtney	KING	3/26/2002
17	58.33	763	Taylor, Kaitlin	WEST	3/19/2010
18	58.48	758	Hinely, Nicole	UN	11/13/2008
19	58.70	749	Jennings, Emilee	KING	12/12/2003
20	58.71	749	Felder, Ashley	UN	3/21/2003
21	58.73	748	Liu, Amelia	OCA	3/19/2010
22	58.91	741	Jackson, Summer	SST	12/7/2001
23	58.99	738	Kripps, Kim	SBAY	3/22/2002
24	59.01	737	Freeman, Chelsey	PAC	3/15/2001
25	59.07	735	Guieb, Gabby	KING	12/2/2004
TOTAL		19524	AVERAGE	780.96	

100 YARD BUTTERFLY (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS FOURTEEN YEARS - SHORT COURSE YARDS

200 YARD BUTTERFLY (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:00.68	893	Chen, Jaime	KING	3/15/2018
2	2:01.09	886	Tang, Amy	PDST	11/19/2017
3	2:01.46	880	Baron, Sam	UN	3/24/2017
4	2:01.59	878	Kinnear, Katie	IST	3/11/2009
5	2:01.62	877	Williams, Kim	BC	3/30/2012
6	2:01.78	875	Huffer, Kelly	BBST	3/12/2014
7	2:02.01	871	Kwan, Sabrina	OCA	12/13/2012
8	2:02.05	870	Taylor, Andie	IST	12/1/2005
9	2:02.53	862	Domanowski, Jenni	MMSC	3/27/2009
10	2:03.31	849	Weissman, Hannah	KING	3/22/2019
11	2:04.05	836	Dimeco, Sarah	IST	12/11/2015
12	2:04.19	834	Kukors, Ariana	KING	3/19/2004
13	2:04.23	833	Groysman, Yulia	KING	12/11/2015
14	2:04.59	827	Briggs, Mackenna	IST	3/30/2012
15	2:04.85	823	Cratsenberg, Amber	VAST	3/11/2009
16	2:04.97	820	Pak, Jazlynn	BC	3/24/2017
17	2:05.17	817	Shabb, Hannah	CSC	3/30/2012
18	2:05.51	811	Beers, Eleanor	BISC	3/16/2017
18	2:05.51	811	Tungate, Olivia	KING	3/20/2015
20	2:05.95	804	Lindberg, Grace	CSC	12/7/2018
21	2:06.14	801	Sutton, Stefanie	KING	3/12/2003
22	2:06.17	800	Rosen, Laura	NWAC	3/10/2010
23	2:06.21	800	Roberson, Leslie	SBAY	3/12/2003
24	2:06.27	799	Smith, Cameron	CSC	3/22/2013
25	2:06.34	797	Domanowski, Christina	MMSC	12/7/2012
TOTAL		20954	AVERAGE	838.16	

200 YARD BUTTERFLY (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:00.68	893	Chen, Jaime	KING	3/15/2018
2	2:01.09	886	Tang, Amy	PDST	11/19/2017
3	2:01.46	880	Baron, Sam	UN	3/24/2017
4	2:01.62	877	Williams, Kim	BC	3/30/2012
5	2:01.78	875	Huffer, Kelly	BBST	3/12/2014
6	2:02.01	871	Kwan, Sabrina	OCA	12/13/2012
7	2:03.31	849	Weissman, Hannah	KING	3/22/2019
8	2:04.05	836	Dimeco, Sarah	IST	12/11/2015
9	2:04.23	833	Groysman, Yulia	KING	12/11/2015
10	2:04.59	827	Briggs, Mackenna	IST	3/30/2012
11	2:04.97	820	Pak, Jazlynn	BC	3/24/2017
12	2:05.17	817	Shabb, Hannah	CSC	3/30/2012
13	2:05.51	811	Beers, Eleanor	BISC	3/16/2017
13	2:05.51	811	Tungate, Olivia	KING	3/20/2015
15	2:05.95	804	Lindberg, Grace	CSC	12/7/2018
16	2:06.27	799	Smith, Cameron	CSC	3/22/2013
17	2:06.34	797	Domanowski, Christina	MMSC	12/7/2012
18	2:06.43	796	Deng, Pauline	KING	12/7/2018
19	2:06.97	787	Jin, Rachel	BC	12/9/2016
20	2:07.50	778	Chien, Sophia	KING	12/13/2013
21	2:07.61	776	Simpson, Kaycee	KING	3/22/2013
22	2:07.75	774	Pedersen, Bindi	WAVE	3/20/2015
23	2:07.99	770	Moffatt, Vanessa	KING	12/16/2010
24	2:08.01	770	Bradley, Christina	IST	3/20/2015
25	2:08.04	769	Seidner, Lindsey	OCA	3/22/2013
TOTAL		20506	AVERAGE	820.24	

200 YARD BUTTERFLY (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:01.59	878	Kinnear, Katie	IST	3/11/2009
2	2:02.05	870	Taylor, Andie	IST	12/1/2005
3	2:02.53	862	Domanowski, Jenni	MMSC	3/27/2009
4	2:04.19	834	Kukors, Ariana	KING	3/19/2004
5	2:04.85	823	Cratsenberg, Amber	VAST	3/11/2009
6	2:06.14	801	Sutton, Stefanie	KING	3/12/2003
7	2:06.17	800	Rosen, Laura	NWAC	3/10/2010
8	2:06.21	800	Roberson, Leslie	SBAY	3/12/2003
9	2:06.57	794	Eronemo, Courtney	KING	1/31/2002
10	2:07.37	780	Michaels, Dana	WEST	3/14/2008
11	2:07.81	773	Guieb, Gabby	KING	3/19/2004
12	2:07.83	773	Liu, Amelia	OCA	3/19/2010
13	2:08.13	768	Kripps, Kim	SBAY	3/22/2002
14	2:08.38	764	Godfred, Rachel	BC	2/18/2005
15	2:08.41	763	Laurent, Kalena	WEST	3/11/2009
16	2:08.69	758	McDermott, Amber	SBAY	12/14/2007
17	2:08.84	756	Freeman, Chelsey	PAC	3/15/2001
18	2:08.85	756	Wold, Grace	KING	1/15/2010
19	2:08.96	754	Freeman, Coriebeth	PAC	3/15/2001
20	2:09.05	752	Lindblad, Gabby	KING	3/27/2009
21	2:09.19	750	Okazaki, Kristin	KING	3/15/2001
22	2:09.30	748	Meyer, Briana	SBAY	12/9/2005
23	2:09.43	746	Vanderwel, Heidi	WEST	3/10/2010
24	2:10.05	736	Penrose, Casey	KING	3/27/2009
25	2:10.07	736	Woodruff, Kelly	CSC	12/8/2000
TOTAL		19575	AVERAGE	783.00	

200 YARD BUTTERFLY (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

GIRLS FOURTEEN YEARS - SHORT COURSE YARDS

200 YARD INDIVIDUAL MEDLEY (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:01.05	925	Kukors, Ariana	KING	3/19/2004
2	2:02.49	895	Williams, Kim	BC	3/30/2012
3	2:03.30	878	Tang, Amy	PDST	3/25/2017
4	2:03.67	871	Chen, Jaime	KING	3/24/2018
4	2:03.67	871	Cook, Alyssa	KING	12/8/2011
6	2:03.75	869	Baron, Sam	UN	3/25/2017
6	2:03.75	869	Taylor, Andie	IST	1/19/2006
8	2:03.80	868	Yu, Catherine	PRO	3/23/2019
9	2:04.02	864	Jennings, Emilee	KING	3/19/2004
10	2:04.40	856	Haugen, Gianna	KING	3/22/2013
11	2:04.50	854	Rudolph, Janelle	PRO	12/10/2016
12	2:04.90	846	Battistoni, Belle	KING	3/25/2017
13	2:05.06	842	Chang, Mia	UN	11/10/2017
14	2:05.24	839	Taylor, Hannah	MMSC	12/3/2009
15	2:05.29	838	Chen, Michelle	PRO	12/22/2019
16	2:05.47	834	Kinnear, Katie	IST	3/27/2009
17	2:05.74	829	Limargo, Chloe	WAVE	12/21/2014
18	2:06.13	821	Briggs, Mackenna	IST	3/30/2012
19	2:06.38	816	Ward, Emily	KING	3/12/2016
20	2:06.39	816	Jennings, Leona	KING	3/18/2005
21	2:07.02	803	Limberg, Nicole	WEST	3/20/2014
22	2:07.31	797	Wold, Grace	UN	11/6/2009
23	2:07.34	797	Kukors, Emily	KING	8/2/2000
24	2:07.36	796	Bradley, Christina	IST	3/21/2015
25	2:07.49	794	Forelli, Krissy	GHP	12/13/2002
TOTAL		21088	AVERAGE	843.52	

200 YARD INDIVIDUAL MEDLEY (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:02.49	895	Williams, Kim	BC	3/30/2012
2	2:03.30	878	Tang, Amy	PDST	3/25/2017
3	2:03.67	871	Cook, Alyssa	KING	12/8/2011
3	2:03.67	871	Chen, Jaime	KING	3/24/2018
5	2:03.75	869	Baron, Sam	UN	3/25/2017
6	2:03.80	868	Yu, Catherine	PRO	3/23/2019
7	2:04.40	856	Haugen, Gianna	KING	3/22/2013
8	2:04.50	854	Rudolph, Janelle	PRO	12/10/2016
9	2:04.90	846	Battistoni, Belle	KING	3/25/2017
10	2:05.06	842	Chang, Mia	UN	11/10/2017
11	2:05.29	838	Chen, Michelle	PRO	12/22/2019
12	2:05.74	829	Limargo, Chloe	WAVE	12/21/2014
13	2:06.13	821	Briggs, Mackenna	IST	3/30/2012
14	2:06.38	816	Ward, Emily	KING	3/12/2016
15	2:07.02	803	Limberg, Nicole	WEST	3/20/2014
16	2:07.36	796	Bradley, Christina	IST	3/21/2015
17	2:07.93	785	Nguyen, Mandolin	CAAT	12/12/2015
18	2:07.94	785	Barbosa, Maisy	KING	12/1/2017
19	2:07.95	785	Jin, Rachel	UN	11/11/2016
20	2:07.99	784	Groysman, Yulia	KING	12/20/2015
21	2:08.35	777	Huffer, Kelly	BBST	12/13/2013
22	2:08.58	772	Pedersen, Bindi	WAVE	3/21/2015
22	2:08.58	772	Hayes, Margaret	UN	11/2/2018
24	2:08.68	770	Fang, Elisa	BC	3/22/2013
25	2:08.83	767	Seidner, Lindsey	UN	11/9/2012
TOTAL		20550	AVERAGE	822.00	

200 YARD INDIVIDUAL MEDLEY (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:01.05	925	Kukors, Ariana	KING	3/19/2004
2	2:03.75	869	Taylor, Andie	IST	1/19/2006
3	2:04.02	864	Jennings, Emilee	KING	3/19/2004
4	2:05.24	839	Taylor, Hannah	MMSC	12/3/2009
5	2:05.47	834	Kinnear, Katie	IST	3/27/2009
6	2:06.39	816	Jennings, Leona	KING	3/18/2005
7	2:07.31	797	Wold, Grace	UN	11/6/2009
8	2:07.34	797	Kukors, Emily	KING	8/2/2000
9	2:07.49	794	Forelli, Krissy	GHP	12/13/2002
10	2:07.64	791	Sutton, Stefanie	KING	1/30/2003
11	2:07.76	788	Volodkevich, Maria	UN	11/13/2009
12	2:07.82	787	Nist, Erika	KING	12/11/2009
13	2:07.97	784	Vanderwel, Heidi	WEST	3/19/2010
14	2:08.10	782	Bush, Meridith	SBAY	3/19/2004
15	2:08.24	779	Hall, Lauren	SBAY	3/19/2004
16	2:08.46	775	Kukors, Mattie	KING	12/9/2005
17	2:08.53	773	Davis, Alyssa	KING	3/11/2009
18	2:08.62	771	Roberson, Leslie	SBAY	3/21/2003
19	2:09.02	764	Kim, Rachel	UN	11/13/2008
20	2:09.07	763	Eronemo, Courtney	KING	1/31/2002
21	2:09.17	761	McDermott, Amber	SBAY	1/12/2008
22	2:09.37	757	Averill, Trish	UN	11/11/2005
23	2:09.44	755	Domanowski, Jenni	MMSC	3/11/2009
24	2:09.53	754	McIntyre, Missy	NWAC	12/7/2001
25	2:10.08	743	Matulic, Katie	UN	11/12/2004
TOTAL		19862	AVERAGE	794.48	

200 YARD INDIVIDUAL MEDLEY (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS FOURTEEN YEARS - SHORT COURSE YARDS

400 YARD INDIVIDUAL MEDLEY (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	4:14.94	922	Kukors, Ariana	KING	1/29/2004
2	4:15.30	919	Williams, Kim	BC	12/15/2011
3	4:18.18	892	Taylor, Andie	IST	3/8/2006
4	4:22.42	853	Yu, Catherine	PRO	3/22/2019
5	4:22.54	852	McDermott, Amber	SBAY	12/14/2007
6	4:24.10	838	Cook, Alyssa	KING	12/8/2011
7	4:24.13	838	Groysman, Yulia	KING	3/11/2016
8	4:24.77	832	Huffer, Kelly	BBST	3/12/2014
9	4:25.99	821	Chen, Jaime	KING	3/16/2018
10	4:26.40	817	Baron, Sam	UN	3/24/2017
11	4:26.93	812	Davis, Alyssa	KING	3/27/2009
12	4:27.27	809	Jennings, Leona	KING	12/10/2004
13	4:27.98	803	Haugen, Gianna	KING	3/22/2013
14	4:28.82	795	Dimeco, Sarah	IST	12/18/2015
15	4:28.86	795	Lucien, Brianna	WEST	12/15/2011
16	4:28.98	794	Briggs, Mackenna	IST	3/30/2012
17	4:29.09	793	Hall, Lauren	SBAY	1/29/2004
18	4:29.11	793	Taylor, Hannah	MMSC	12/11/2009
19	4:29.13	793	Sutton, Stefanie	KING	3/12/2003
20	4:29.17	792	Domanowski, Jenni	MMSC	3/27/2009
21	4:29.60	788	Kukors, Mattie	KING	12/1/2005
21	4:29.60	788	Chang, Mia	BC	12/15/2017
23	4:30.09	784	Rudolph, Janelle	PRO	12/9/2016
24	4:30.48	781	Clise, Maya	KING	1/19/2019
25	4:30.53	780	Rimat, Karlie	MMSC	3/20/2014
TOTAL		20484	AVERAGE	819.36	

400 YARD INDIVIDUAL MEDLEY (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	4:15.30	919	Williams, Kim	BC	12/15/2011
2	4:22.42	853	Yu, Catherine	PRO	3/22/2019
3	4:24.10	838	Cook, Alyssa	KING	12/8/2011
4	4:24.13	838	Groysman, Yulia	KING	3/11/2016
5	4:24.77	832	Huffer, Kelly	BBST	3/12/2014
6	4:25.99	821	Chen, Jaime	KING	3/16/2018
7	4:26.40	817	Baron, Sam	UN	3/24/2017
8	4:27.98	803	Haugen, Gianna	KING	3/22/2013
9	4:28.82	795	Dimeco, Sarah	IST	12/18/2015
10	4:28.86	795	Lucien, Brianna	WEST	12/15/2011
11	4:28.98	794	Briggs, Mackenna	IST	3/30/2012
12	4:29.60	788	Chang, Mia	BC	12/15/2017
13	4:30.09	784	Rudolph, Janelle	PRO	12/9/2016
14	4:30.48	781	Clise, Maya	KING	1/19/2019
15	4:30.53	780	Rimat, Karlie	MMSC	3/20/2014
16	4:30.73	778	Shabb, Hannah	CSC	3/30/2012
17	4:30.82	778	Barbosa, Maisy	KING	12/8/2017
18	4:31.41	772	Limargo, Chloe	WAVE	3/20/2015
19	4:31.67	770	Jin, Rachel	BC	12/9/2016
20	4:32.38	764	Bradley, Christina	IST	3/20/2015
21	4:32.41	764	Domanowski, Christina	MMSC	12/7/2012
22	4:33.35	755	Limberg, Nicole	WEST	3/20/2014
23	4:33.78	752	Chen, Michelle	PRO	10/6/2019
24	4:34.03	749	Nguyen, Mandolin	CAAT	12/18/2015
25	4:34.28	747	Hughes, Courtney	KING	12/18/2014
TOTAL		19867	AVERAGE	794.68	

400 YARD INDIVIDUAL MEDLEY (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	4:14.94	922	Kukors, Ariana	KING	1/29/2004
2	4:18.18	892	Taylor, Andie	IST	3/8/2006
3	4:22.54	852	McDermott, Amber	SBAY	12/14/2007
4	4:26.93	812	Davis, Alyssa	KING	3/27/2009
5	4:27.27	809	Jennings, Leona	KING	12/10/2004
6	4:29.09	793	Hall, Lauren	SBAY	1/29/2004
7	4:29.11	793	Taylor, Hannah	MMSC	12/11/2009
8	4:29.13	793	Sutton, Stefanie	KING	3/12/2003
9	4:29.17	792	Domanowski, Jenni	MMSC	3/27/2009
10	4:29.60	788	Kukors, Mattie	KING	12/1/2005
11	4:30.85	777	Rosen, Laura	NWAC	3/10/2010
12	4:32.05	767	Eronemo, Courtney	KING	1/31/2002
13	4:32.32	764	Weiner, Meika	BBST	3/15/2001
14	4:32.37	764	Tannhauser, Kelly	SBAY	12/8/2006
15	4:32.46	763	Volodkevich, Maria	IST	3/19/2010
16	4:32.76	760	Wold, Grace	KING	1/15/2010
17	4:33.11	757	Ernst, Alexandra	SBAY	3/19/2004
18	4:33.33	755	Nist, Erika	KING	12/17/2009
19	4:33.49	754	Woodruff, Kelly	CSC	12/8/2000
20	4:34.52	745	Bush, Meridith	SBAY	1/29/2004
21	4:35.29	738	Guieb, Gabby	KING	12/2/2004
22	4:35.44	737	Penrose, Casey	KING	3/27/2009
23	4:35.53	736	O'Keefe, Meghan	BC	3/14/2008
24	4:35.55	736	Brown, Emily	WEST	1/29/2004
25	4:35.58	736	Vanderwel, Heidi	WEST	2/26/2010
TOTAL		19535	AVERAGE	781.40	

400 YARD INDIVIDUAL MEDLEY (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		