



# PACIFIC NORTHWEST SWIMMING

A Local Swim Committee of USA Swimming

## TOP 16 TIMES – OCTOBER 1, 2001 – PRESENT – GIRLS SIXTEEN YEARS

### 50 METER FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	26.16	Dang, Gabby	WAVE	7/21/2017
2	26.20	Silver, Emily	UN	3/19/2002
3	26.44	Sutherland, Ashley	KING	7/25/2013
4	26.45	Kinnear, Katie	IST	7/19/2011
5	26.51	Carlton, Emma	BBST	8/12/2016
6	26.63	Jennings, Emilee	KING	7/12/2005
7	26.64	Bailey, Chelsea	KING	7/7/2009
8	26.79	Cratsenberg, Amber	VAST	6/25/2010
8	26.83	Keane, Anna	BC	3/8/2012
10	26.93	Ginnis, Morgan	WEST	7/26/2012
11	26.96	McIntyre, Missy	NWAC	7/17/2003
11	26.96	Messegee, Amelia	PAC	7/18/2006
13	26.97	Hougan, Karlyn	TSC	8/9/2005
14	27.15	Cross, Marley	BC	7/23/2014
14	27.15	Kim, Eva	KING	3/20/2016
16	27.17	Taylor, Hannah	TSC	3/8/2012

### 100 METER FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	56.45	Taylor, Andrea M	KING	5/3/2008
2	56.58	Dang, Gabby	WAVE	7/22/2017
3	57.02	Sutherland, Ashley	KING	5/24/2013
4	57.62	Silver, Emily	UN	8/12/2002
5	57.70	Jennings, Emilee	KING	8/3/2005
6	57.70	Groysman, Yulia	KING	8/9/2017
7	57.89	Kinnear, Katie	IST	7/19/2011
8	57.94	Forelli, Krissy	TSC	3/10/2004
9	58.01	Kukors, Emily	KING	3/19/2002
10	58.02	Cross, Marley	BC	7/23/2014
11	58.09	Carlton, Emma	BBST	7/23/2016
12	58.27	Pries, Alana	KING	7/28/2013
12	58.36	Cann, Felicity	KING	7/26/2012
14	58.40	Cratsenberg, Amber	VAST	7/29/2010
15	58.43	Vanderwel, Heidi	KING	3/8/2012
16	58.49	Messegee, Amelia	PAC	7/27/2006
16	58.49	Wu, Joanna	KING	8/1/2010

### 200 METER FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	2:01.11	Taylor, Andie	KING	3/5/2008
2	2:03.22	Forelli, Krissy	TSC	6/25/2004
3	2:03.66	Kukors, Ariana	KING	8/3/2005
4	2:03.93	Cann, Felicity	KING	6/8/2012
5	2:04.46	Dang, Gabby	WAVE	7/20/2017
6	2:04.54	Groysman, Yulia	KING	7/20/2017
7	2:05.26	Domanowski, Christina	BC	7/23/2015
8	2:05.56	Dimeco, Sarah	IST	7/20/2017
9	2:05.62	Sutherland, Ashley	KING	5/24/2013
10	2:05.72	Kukors, Mattie	KING	6/5/2008
11	2:06.17	Wyzga, Aneta	BC	8/4/2017
12	2:06.18	Majeau, Fiona	CSC	7/23/2009
13	2:06.23	Rosen, Laura	NWAC	7/26/2012
14	2:07.16	Rains, Megan	SST	3/19/2002
15	2:07.21	Wu, Joanna	KING	8/5/2010
16	2:07.24	Eronemo, Courtney	KING	8/10/2004

### 400 METER FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	4:13.73	Taylor, Andie	KING	3/5/2008
2	4:19.23	Kukors, Ariana	KING	7/12/2005
3	4:19.77	Dimeco, Sarah	IST	7/21/2017
4	4:20.03	Groysman, Yulia	KING	8/10/2017
5	4:23.07	Domanowski, Christina	BC	7/24/2015
6	4:23.08	Forelli, Krissy	TSC	3/10/2004
7	4:23.23	McDermott, Amber	UN	5/2/2009
8	4:23.92	Kukors, Mattie	KING	3/5/2008
9	4:25.40	Kirk, Dana	TSC	3/27/2001
10	4:25.45	Walker, Rachel	SBAY	8/14/2001
11	4:25.71	Brunner, Haley	SBAY	8/6/2007
12	4:25.78	Daly, Ashley	SBAY	8/9/2005
13	4:26.53	Cann, Felicity	KING	6/8/2012
14	4:27.09	Wyzga, Aneta	BC	7/21/2017
15	4:27.12	Bradley, Christina	IST	8/5/2017
16	4:27.72	Tannhauser, Kelly	SBAY	7/15/2008

### 800 METER FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	8:40.26	Taylor, Andie	KING	3/5/2008
2	8:53.98	Groysman, Yulia	KING	8/8/2017
3	8:58.21	Dimeco, Sarah	IST	7/20/2017
4	8:59.28	Kukors, Ariana	KING	7/12/2005
5	9:00.63	Daly, Ashley	UN	7/12/2005
6	9:02.39	Williams, Laurin	CSC	7/31/2008
7	9:04.73	Brunner, Haley	SBAY	8/6/2007
8	9:06.02	Walker, Rachel	SBAY	8/14/2001
9	9:07.31	Forelli, Krissy	TSC	5/20/2004
10	9:07.88	Kukors, Mattie A	KING	5/15/2008
11	9:08.46	Woodruff, Kelly	CSC	12/5/2002
12	9:10.56	Bradley, Christina	IST	7/20/2017
13	9:11.34	Kirk, Dana	TSC	6/21/2001
14	9:11.44	Michaels, Dana	UN	7/23/2009
15	9:11.66	Thompson, Meredith	CSC	8/1/2002
16	9:12.17	Meyer, Briana	SBAY	7/10/2007

### 1500 METER FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	17:09.88	Dimeco, Sarah	IST	8/12/2017
2	17:10.02	Thompson, Meredith	CSC	8/1/2002
3	17:10.32	Daly, Ashley	SBAY	3/28/2006
4	17:10.33	Groysman, Yulia	KING	8/12/2017
5	17:12.17	Brunner, Haley	SBAY	7/31/2007
6	17:16.24	Bradley, Christina	IST	7/22/2017
7	17:18.87	Walker, Rachel	SBAY	3/27/2001
8	17:22.37	McDermott, Amber	UN	5/2/2009
9	17:36.65	Meyer, Briana	SBAY	6/28/2007
10	17:37.85	Hong, Sandy	KING	7/19/2001
11	17:41.76	Spillman, Sarah	SWIM	7/23/2002
12	17:41.90	Thompson, Hilda	CSC	7/26/2007
13	17:51.99	Michaels, Dana	UN	7/23/2009
14	17:56.23	McDermott, Courtney	SBAY	7/31/2008
15	17:56.25	Chambers, Addie	KING	7/25/2013
16	17:58.04	Kripps, Kim	SBAY	6/26/2003



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## TOP 16 TIMES – OCTOBER 1, 2001 – PRESENT – GIRLS SIXTEEN YEARS

### 100 METER BACKSTROKE

RANK	TIME	NAME	CLUB	DATE
1	1:02.16	Weiss, Hannah	KING	3/8/2012
2	1:02.89	Kukors, Ariana	KING	3/28/2006
3	1:02.90	Vanderwel, Heidi	KING	6/25/2012
4	1:03.18	Jennings, Leona	KING	7/31/2007
5	1:03.54	Kinnear, Katie	IST	7/19/2011
6	1:04.11	Thayer, Annemarie	UN	3/5/2009
7	1:04.51	Bailey, Chelsea	KING	7/7/2009
8	1:04.63	Carlton, Emma	BBST	7/21/2016
9	1:04.65	Haugen, Gianna	KING	7/23/2014
10	1:04.75	Kawaguchi, Megan	WWA	7/25/2013
11	1:04.77	Nguyen, Rachel	BC	7/20/2017
12	1:04.94	Frey, Emma	BBST	8/12/2016
13	1:05.24	Lindblad, Brianne	KING	4/1/2006
14	1:05.28	Sutton, Stefanie	TSC	4/1/2005
15	1:05.38	Eronemo, Courtney	KING	8/10/2004
16	1:05.75	Sullivan, Abby	TSC	7/26/2012

### 200 METER BREASTSTROKE

RANK	TIME	NAME	CLUB	DATE
1	2:31.76	Quann, Megan	PAC	1/6/2001
2	2:34.49	Williams, Kim	BC	8/5/2013
3	2:35.77	Kukors, Ariana	KING	8/3/2005
4	2:36.78	McCann, Carolyn	TSC	6/8/2012
5	2:37.00	Limberg, Nicole	WEST	3/17/2016
6	2:37.43	McIntyre, Missy	UN	8/5/2003
7	2:37.44	Johnson, Evelyn	KING	7/22/2016
8	2:37.45	Gagliardo, Angela	KING	7/23/2014
9	2:38.62	Cook, Alyssa	KING	7/25/2013
10	2:38.90	Lindsay, Mariah	KING	1/15/2015
11	2:38.92	Ernst, Alexandra	SBAY	7/18/2006
12	2:39.64	Bush, Meredith	BC	7/21/2005
13	2:40.85	Helgason, Chelsea	ESC	7/16/2003
14	2:41.13	Stockwell, Sarah	VAST	7/16/2003
15	2:41.33	Weitz, Elizabeth	CSC	7/26/2007
16	2:41.67	Speak, Sage	WAVE	1/13/2012

### 200 METER BACKSTROKE

RANK	TIME	NAME	CLUB	DATE
1	2:14.19	Thayer, Annemarie	UN	5/22/2009
2	2:14.70	Kukors, Ariana	KING	3/28/2006
3	2:16.60	Weiss, Hannah	KING	3/8/2012
4	2:16.76	Vanderwel, Heidi	KING	3/8/2012
5	2:17.23	Taylor, Andrea M	KING	4/4/2008
6	2:18.21	Kinnear, Katie	IST	8/8/2011
7	2:18.69	Haugen, Gianna	KING	6/26/2014
8	2:18.71	Ainsworth, Kristin	KING	7/19/2011
9	2:19.35	Nguyen, Rachel	BC	7/22/2017
10	2:20.22	Wold, Grace	KING	3/8/2012
11	2:20.24	Cook, Alyssa	KING	7/25/2013
12	2:20.34	Jennings, Leona	KING	7/31/2007
13	2:20.67	Brennan, Dannica	KING	3/5/2008
14	2:20.94	Frey, Emma	BBST	3/17/2016
15	2:21.11	Eronemo, Courtney	KING	8/10/2004
16	2:21.49	Sutton, Stefanie	TSC	4/1/2005

### 100 METER BUTTERFLY

RANK	TIME	NAME	CLUB	DATE
1	1:00.75	Kirk, Dana	TSC	3/27/2001
2	1:00.84	Kinnear, Katie	IST	7/19/2011
3	1:01.53	Carlton, Emma	BBST	7/22/2016
4	1:01.82	Weiss, Hannah	KING	3/29/2012
5	1:02.01	Marchand, Lindsey	KING	7/31/2007
6	1:02.17	Dang, Gabby	WAVE	7/21/2017
7	1:02.28	Sutton, Stefanie	TSC	1/6/2005
8	1:02.38	Eronemo, Courtney	KING	6/25/2004
9	1:02.53	Thayer, Annemarie	UN	3/5/2009
10	1:02.76	Wold, Grace	KING	7/28/2011
11	1:03.15	Taylor, Andrea M	KING	4/4/2008
12	1:03.17	Sturdy, Rebecca	TAC	8/14/2001
13	1:03.25	Ramey, Kenna	KING	5/24/2013
14	1:03.29	Vanderwel, Heidi	KING	8/13/2012
15	1:03.35	Kukors, Ariana	KING	5/19/2006
16	1:03.58	Dimeco, Sarah	IST	7/21/2017

### 100 METER BREASTSTROKE

RANK	TIME	NAME	CLUB	DATE
1	1:07.05	Quann, Megan	PAC	9/16/2000
2	1:10.86	McCann, Carolyn	TSC	3/8/2012
3	1:12.33	Harper, Heather	PRO	8/9/2010
4	1:12.57	McIntyre, Missy	UN	8/5/2003
5	1:12.63	Limberg, Nicole	WEST	3/19/2016
6	1:13.01	Lindsay, Mariah	KING	7/31/2015
7	1:13.03	Williams, Kim	BC	8/5/2013
8	1:13.24	Weitz, Elizabeth	CSC	7/26/2007
9	1:13.49	Gagliardo, Angela	KING	7/23/2014
10	1:13.51	Speak, Sage	WAVE	3/8/2012
11	1:13.62	Johnson, Evelyn	KING	7/21/2016
12	1:13.74	Cook, Alyssa	KING	7/25/2013
13	1:13.99	Helgason, Chelsea	ESC	7/16/2003
14	1:14.33	Kukors, Ariana	KING	6/25/2005
15	1:14.50	Le, Yani	BBST	7/20/2017
16	1:14.78	Bush, Meredith	BC	8/9/2005

### 200 METER BUTTERFLY

RANK	TIME	NAME	CLUB	DATE
1	2:11.66	Taylor, Andie	KING	3/5/2008
2	2:13.30	Kukors, Ariana	KING	3/28/2006
3	2:14.25	Kirk, Dana	TSC	3/27/2001
4	2:14.60	Dimeco, Sarah	IST	8/8/2017
5	2:15.80	Kinnear, Katie	IST	7/19/2011
6	2:16.41	Domanowski, Jennifer	MMSC	8/5/2010
7	2:18.03	Van Zanten, Samantha	SST	7/24/2002
8	2:18.74	Rosen, Laura	NWAC	7/26/2012
9	2:19.23	Brice, Shiloh	UN	8/15/2001
10	2:19.82	Laurent, Kalena	BC	8/8/2011
11	2:19.97	Marchand, Lindsey	KING	8/6/2007
12	2:20.18	O'Keefe, Meghan	BC	7/29/2010
13	2:20.63	Thayer, Annemarie	UN	3/5/2009
14	2:21.10	Meyer, Briana	SBAY	7/26/2007
15	2:21.20	Hall, Lauren	SBAY	3/28/2006
16	2:21.55	Grisdale, Ashley	KING	7/28/2005



# PACIFIC NORTHWEST SWIMMING

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## TOP 16 TIMES – OCTOBER 1, 2001 – PRESENT – GIRLS SIXTEEN YEARS

### 200 METER INDIVIDUAL MEDLEY

RANK	TIME	NAME	CLUB	DATE
1	2:13.20	Kukors, Ariana	KING	3/28/2006
2	2:16.08	Williams, Kim	BC	8/5/2013
3	2:18.42	Taylor, Andie	KING	3/5/2008
4	2:18.82	Kukors, Mattie	KING	6/29/2008
5	2:19.48	Thayer, Annemarie	UN	5/22/2009
6	2:20.29	Kinnear, Katie	IST	7/19/2011
7	2:20.83	Hall, Lauren	SBAY	3/28/2006
8	2:20.98	Cook, Alyssa	KING	7/25/2013
9	2:21.02	Pedersen, Bindi	WAVE	7/21/2017
10	2:21.34	Eronemo, Courtney	KING	3/10/2004
11	2:21.39	Kukors, Emily	KING	8/14/2001
12	2:21.91	Limberg, Nicole	WEST	3/20/2016
13	2:22.39	Tannhauser, Kelly	SBAY	6/14/2008
14	2:22.45	Taylor, Hannah	MMSC	7/28/2011
15	2:22.49	McCann, Carolyn	TSC	7/26/2012
16	2:22.61	Wold, Grace	KING	1/19/2012

### 400 METER INDIVIDUAL MEDLEY

RANK	TIME	NAME	CLUB	DATE
1	4:41.17	Kukors, Ariana	KING	3/28/2006
2	4:46.13	Taylor, Andie	KING	7/29/2008
3	4:51.65	Williams, Kim	BC	7/30/2013
4	4:55.04	Cook, Alyssa	KING	7/25/2013
5	4:55.06	Eronemo, Courtney	KING	3/10/2004
6	4:55.45	Thayer, Annemarie	UN	5/22/2009
7	4:55.71	Kukors, Mattie	KING	6/14/2008
8	4:56.92	Kukors, Emily	KING	8/14/2001
9	4:56.94	Wold, Grace	KING	1/19/2012
10	4:57.67	Hall, Lauren	SBAY	8/9/2005
11	4:58.19	Kinnear, Katie	IST	7/19/2011
12	4:58.36	Bradley, Christina	IST	8/4/2017
13	4:59.69	Dimeco, Sarah	IST	8/9/2017
14	5:00.96	Woodruff, Kelly	CSC	12/5/2002
5	5:01.69	Taylor, Hannah	MMSC	4/8/2011
16	5:02.20	Kirk, Dana	TSC	1/6/2001