

## GIRLS ELEVEN YEARS – 2015/2016

### NATIONAL 50 Y FREESTYLE (26.70)

	PP	TIME	NAME	TEAM	DATE
121	787	26.33	Arnold, Lauren	PSA	3/11/2016
124	785	26.35	Mayfield, Mackenzie	CSC	3/11/2016
181	761	26.65	Blackmon, Kaitlyn	WAVE	3/12/2016

### NATIONAL 100Y FREESTYLE (57.97)

	PP	TIME	NAME	TEAM	DATE
101	782	57.13	Mayfield, Mackenzie	CSC	3/12/2016
162	753	57.84	Zhang, Angela	PDST	3/12/2016

### NATIONAL 200 Y FREESTYLE (2:06.66)

	PP	TIME	NAME	TEAM	DATE
104	777	2:04.27	Zhang, Angela	PDST	3/13/2016
142	753	2:05.41	Hayes, Margaret	BISC	10/11/2015

### NATIONAL 500 Y FREESTYLE (5:38.98)

	PP	TIME	NAME	TEAM	DATE
84	772	5:31.06	Clise, Maya	KING	2/14/2016
146	733	5:35.87	Zhang, Angela	PDST	3/10/2016
149	732	5:35.97	Hayes, Margaret	BISC	10/10/2015
196	709	5:38.87	Li, Sandy	BC	11/22/2015

### NATIONAL 1000 Y FREESTYLE (12:20.52)

	PP	TIME	NAME	TEAM	DATE
78	750	11:44.34	Deng, Pauline	KING	12/13/2015
106	725	11:51.19	Clise, Maya	KING	12/13/2015
172	651	12:12.83	Blackmon, Kaitlyn	WAVE	2/21/2016

### NATIONAL 1650 Y FREESTYLE (21:12.79)

	PP	TIME	NAME	TEAM	DATE
863	19:12.40	Deng, Pauline	KING	12/13/2015	
17	863	19:12.40	Deng, Pauline	KING	12/13/2015
37	817	19:33.97	Clise, Maya	KING	12/13/2015
40	807	19:38.58	Zhang, Angela	PDST	12/13/2015
63	771	19:55.67	Li, Sandy	BC	11/15/2015
126	692	20:35.09	Devine, Lani	OAC	6/3/2016

### NATIONAL 50 Y BACKSTROKE (30.40)

	PP	TIME	NAME	TEAM	DATE
75	829	29.61	Obaob, Bea	SRST	2/27/2016
102	813	29.81	Fulmer, Peyton	KING	12/12/2015
161	782	30.20	Blackmon, Kaitlyn	WAVE	2/27/2016

### NATIONAL 100 Y BACKSTROKE (1:05.61)

	PP	TIME	NAME	TEAM	DATE
105	818	1:04.00	Fulmer, Peyton	KING	12/11/2015
107	816	1:04.05	Li, Sandy	BC	12/11/2015
126	804	1:04.38	Hayes, Margaret	BISC	10/10/2015
135	798	1:04.56	Obaob, Bea	SRST	3/23/2016
153	782	1:05.01	Blackmon, Kaitlyn	WAVE	3/11/2016
198	761	1:05.60	Solseng, Emma	BISC	3/11/2016

### NATIONAL 200 Y BACKSTROKE (2:22.86)

	PP	TIME	NAME	TEAM	DATE
69	835	2:17.60	Fulmer, Peyton	KING	12/13/2015
76	825	2:18.21	Li, Sandy	BC	12/13/2015
81	822	2:18.44	Hayes, Margaret	BISC	10/11/2015
87	817	2:18.78	Obaob, Bea	SRST	3/25/2016

### NATIONAL 50 Y BREASTSTROKE (34.32)

	PP	TIME	NAME	TEAM	DATE
32	858	32.46	Clise, Maya	KING	12/13/2015
33	857	32.47	Mayfield, Mackenzie	CSC	3/13/2016
93	794	33.49	Blackmon, Kaitlyn	WAVE	3/13/2016
190	747	34.27	Tu, Gillian	IST	3/13/2016

### NATIONAL 100 Y BREASTSTROKE (1:14.80)

	PP	TIME	NAME	TEAM	DATE
8	884	1:09.53	Clise, Maya	KING	12/11/2015
72	811	1:12.09	Mayfield, Mackenzie	CSC	3/11/2016

### NATIONAL 200 Y BREASTSTROKE (2:43.32)

	PP	TIME	NAME	TEAM	DATE
14	895	2:30.56	Clise, Maya	KING	12/12/2015
170	744	2:42.69	Deng, Pauline	KING	12/12/2015

### NATIONAL 50 Y BUTTERFLY (29.01)

	PP	TIME	NAME	TEAM	DATE
68	823	28.10	Lei, Megan	KING	3/12/2016
71	821	28.12	Hayes, Margaret	BISC	10/11/2015

### NATIONAL 100 Y BUTTERFLY (1:05.02)

	PP	TIME	NAME	TEAM	DATE
117	791	1:03.75	Hayes, Margaret	BISC	10/10/2015
170	764	1:04.65	Lei, Megan	KING	3/13/2016

### NATIONAL 200 Y BUTTERFLY (2:30.69)

	PP	TIME	NAME	TEAM	DATE
79	817	2:22.94	Deng, Pauline	KING	12/11/2015
128	771	2:26.59	Zhang, Angela	PDST	1/17/2016
147	754	2:27.99	Tamura, Alana	KING	11/22/2015

### NATIONAL 100 Y INDIVIDUAL MEDLEY (1:06.74)

	PP	TIME	NAME	TEAM	DATE
86	809	1:05.03	Zhang, Angela	PDST	3/13/2016
153	772	1:06.08	Fulmer, Peyton	KING	2/28/2016

### NATIONAL 200 M INDIVIDUAL MEDLEY (2:23.11)

	PP	TIME	NAME	TEAM	DATE
77	800	2:19.90	Zhang, Angela	PDST	3/12/2016
88	793	2:20.32	Deng, Pauline	KING	12/12/2015

### NATIONAL 400 M INDIVIDUAL MEDLEY (5:10.73)

	PP	TIME	NAME	TEAM	DATE
90	799	5:01.31	Deng, Pauline	KING	12/11/2015
123	776	5:04.49	Zhang, Angela	PDST	12/11/2015
151	762	5:06.42	Li, Sandy	BC	1/9/2016
182	740	5:09.50	Clise, Maya	KING	12/11/2015

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2015/2016	11	44	14399	781.79	795.44

50 back, breast, fly, and 100 IM not counted in totals

## GIRLS TWELVE YEARS – 2015/2016

### NATIONAL 50 Y FREESTYLE (25.56)

	PP	TIME	NAME	TEAM	DATE
7	886	24.13	Tang, Amy	PDST	12/11/2015
103	795	25.19	Hayes, Margaret	BISC	3/11/2016
133	784	25.33	Haskins, Ella	CSC	12/11/2015
153	779	25.38	Chang, Mia	BC	3/11/2016
163	777	25.41	Su, Allison	KING	11/21/2015
168	775	25.43	Wilson, Lauren	ESC	3/11/2016

### NATIONAL 100 Y FREESTYLE (55.58)

	PP	TIME	NAME	TEAM	DATE
5	902	52.24	Tang, Amy	PDST	1/17/2016
150	767	55.28	Haskins, Ella	CSC	12/12/2015
153	764	55.33	Wilson, Lauren	ESC	12/12/2015
182	757	55.51	Hayes, Margaret	BISC	3/10/2016

### NATIONAL 200 Y FREESTYLE (2:00.94)

	PP	TIME	NAME	TEAM	DATE
20	853	1:55.69	Tang, Amy	PDST	1/16/2016
167	746	2:00.42	Chen, Jaime	PDST	12/13/2015
181	742	2:00.61	Hoffman, Brianna	PPST	3/13/2016

### NATIONAL 500 Y FREESTYLE (5:23.81)

	PP	TIME	NAME	TEAM	DATE
109	750	5:19.63	Ashmore, Amanda	OAC	3/10/2016
196	716	5:23.64	Vertetis, Mary	KING	3/10/2016

### NATIONAL 1000 Y FREESTYLE (11:28.73)

	PP	TIME	NAME	TEAM	DATE
95	753	11:11.23	Clise, Maya	KING	3/13/2016
167	709	11:23.11	Vertetis, Mary	KING	3/13/2016

### NATIONAL 1650 Y FREESTYLE (19:25.31)

	PP	TIME	NAME	TEAM	DATE
66	763	18:39.04	Clise, Maya	KING	3/13/2016
73	758	18:41.48	Vertetis, Mary	KING	3/13/2016
165	686	19:14.88	Giroto, Amelia	BC	12/13/2015
176	682	19:16.72	Merrill, Ashleigh	NWAC	3/13/2016
183	679	19:18.48	Deng, Pauline	KING	3/13/2016

### NATIONAL 50 Y BACKSTROKE (29.04)

	PP	TIME	NAME	TEAM	DATE
1	1021	26.13	Tang, Amy	PDST	12/12/2015
23	891	27.61	Wang, Gracie	KING	12/19/2015
43	859	27.98	Hayes, Margaret	BISC	3/12/2016
91	820	28.45	Su, Allison	KING	11/21/2015
116	806	28.62	Chang, Mia	BC	3/11/2016
127	800	28.69	Fulmer, Peyton	KING	3/11/2016
149	791	28.80	Hammer, Amelia	PRO	2/27/2016

### NATIONAL 100 Y BACKSTROKE (1:02.14)

	PP	TIME	NAME	TEAM	DATE
2	966	56.59	Tang, Amy	PDST	12/20/2015
24	866	59.14	Hayes, Margaret	BISC	3/11/2016
80	814	1:00.50	Wang, Gracie	KING	1/16/2016
99	805	1:00.76	Fulmer, Peyton	KING	3/11/2016
114	792	1:01.09	Wilson, Lauren	ESC	3/11/2016
117	787	1:01.23	Chang, Mia	BC	12/11/2015

### NATIONAL 200 Y BACKSTROKE (2:15.44)

	PP	TIME	NAME	TEAM	DATE
4	923	2:03.65	Tang, Amy	PDST	12/13/2015
36	816	2:10.19	Hayes, Margaret	BISC	3/13/2016
90	784	2:12.21	Chang, Mia	BC	3/13/2016
119	768	2:13.24	Wang, Gracie	KING	12/13/2015
141	760	2:13.73	Fulmer, Peyton	KING	3/13/2016
169	745	2:14.66	Wilson, Lauren	ESC	2/27/2016
181	740	2:15.00	Williamson, Julia	OCA	3/13/2016

### NATIONAL 50 Y BREASTSTROKE (32.79)

	PP	TIME	NAME	TEAM	DATE
77	805	31.88	Chen, Jaime	PDST	12/20/2015
155	768	32.47	Weber, Anna	ESC	12/13/2015
162	765	32.51	Mann, Kynseth	BC	2/27/2016
164	764	32.52	Rowe, Regan	CAAT	3/13/2016

### NATIONAL 100 Y BREASTSTROKE (1:10.84)

	PP	TIME	NAME	TEAM	DATE
53	808	1:08.42	Clise, Maya	KING	3/11/2016
67	798	1:08.77	Rowe, Regan	CAAT	3/11/2016
69	796	1:08.82	Mann, Kynseth	BC	3/11/2016
94	780	1:09.36	Weber, Anna	ESC	12/11/2015
132	763	1:09.97	Chen, Jaime	PDST	12/18/2015
196	739	1:10.80	Tucker, Lilly	VAST	12/11/2015

### NATIONAL 200 Y BREASTSTROKE (2:34.59)

	PP	TIME	NAME	TEAM	DATE
53	802	2:28.42	Weber, Anna	ESC	12/12/2015
73	786	2:29.63	Chen, Jaime	PDST	12/12/2015
93	769	2:30.94	Mann, Kynseth	BC	3/12/2016
124	753	2:32.22	Rowe, Regan	CAAT	3/12/2016
127	751	2:32.38	Clise, Maya	KING	3/12/2016
138	744	2:32.88	Whalen, Ellie	SSCD	3/12/2016
173	733	2:33.76	Su, Allison	KING	11/22/2015

### NATIONAL 50 Y BUTTERFLY (27.76)

	PP	TIME	NAME	TEAM	DATE
3	936	25.54	Tang, Amy	PDST	12/12/2015
44	839	26.85	Hayes, Margaret	BISC	12/12/2015
52	834	26.91	Wang, Gracie	KING	1/15/2016
86	815	27.18	Ashmore, Amanda	OAC	3/31/2016
167	784	27.61	Wilson, Lauren	ESC	3/12/2016
167	784	27.61	Oh, Stella	BC	11/22/2015

### NATIONAL 100 Y BUTTERFLY (1:01.67)

	PP	TIME	NAME	TEAM	DATE
1	938	56.04	Tang, Amy	PDST	12/18/2015
87	802	1:00.18	Wilson, Lauren	ESC	12/13/2015
141	774	1:01.06	Hayes, Margaret	BISC	3/31/2016
145	773	1:01.12	Ashmore, Amanda	OAC	12/13/2015

### NATIONAL 200 Y BUTTERFLY (2:20.24)

	PP	TIME	NAME	TEAM	DATE
3	921	2:05.71	Tang, Amy	PDST	12/19/2015
47	817	2:13.21	Chen, Jaime	PDST	12/11/2015
128	759	2:17.53	Wilson, Lauren	ESC	2/28/2016
159	742	2:18.83	Hoffman, Brianna	PPST	3/11/2016

### NATIONAL 100 Y INDIVIDUAL MEDLEY (1:03.60)

	PP	TIME	NAME	TEAM	DATE
4	922	59.36	Tang, Amy	PDST	12/13/2015
60	820	1:01.98	Chen, Jaime	PDST	3/13/2016
98	796	1:02.61	Chang, Mia	BC	3/13/2016
157	773	1:03.24	Wilson, Lauren	ESC	3/13/2016
171	766	1:03.41	Hayes, Margaret	BISC	1/9/2016

### NATIONAL 200 Y INDIVIDUAL MEDLEY (2:16.64)

	PP	TIME	NAME	TEAM	DATE
63	792	2:13.19	Chen, Jaime	PDST	12/12/2015
193	735	2:16.49	Chang, Mia	BC	12/12/2015

### NATIONAL 400 Y INDIVIDUAL MEDLEY (4:54.46)

	PP	TIME	NAME	TEAM	DATE
60	799	4:43.96	Chen, Jaime	PDST	12/11/2015
134	746	4:51.06	Chang, Mia	BC	12/11/2015
170	732	4:52.84	Vertetis, Mary	KING	3/11/2016
193	722	4:54.17	Deng, Pauline	KING	3/11/2016

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2015-2016	12	62	48463	781.66	784.47
2014-2015	11	54	42391	785.01	782.03

50 back, breast, fly, and 100 IM not counted in totals



## GIRLS THIRTEEN YEARS – 2015/2016

### NATIONAL 50 Y FREESTYLE (24.94)

	PP	TIME	NAME	TEAM	DATE
4	934	23.36	Beers, Eleanor	BISC	3/11/2016
8	909	23.61	Rudolph, Janelle	PRO	3/11/2016
24	876	23.95	Tang, Amy	PDST	3/11/2016
77	824	24.49	Su, Allison	KING	3/11/2016
114	808	24.66	Pak, Jazlynn	BC	3/11/2016
122	804	24.70	Battistoni, Belle	KING	3/12/2016
174	789	24.86	Haskins, Ella	CSC	3/11/2016
192	784	24.92	Cross, Katie	BC	12/11/2015

### NATIONAL 100 Y FREESTYLE (54.05)

	PP	TIME	NAME	TEAM	DATE
6	916	50.91	Beers, Eleanor	BISC	3/12/2016
10	896	51.29	Tang, Amy	PDST	3/12/2016
28	846	52.28	Rudolph, Janelle	PRO	3/12/2016
67	814	52.92	Battistoni, Belle	KING	3/10/2016
118	789	53.43	Cross, Katie	BC	12/12/2015
158	774	53.73	Felner, Gracie	KING	10/24/2015
198	760	54.02	Huynh, Isabelle	IST	3/12/2016

### NATIONAL 200 Y FREESTYLE (1:57.07)

	PP	TIME	NAME	TEAM	DATE
25	842	1:52.80	Beers, Eleanor	BISC	3/13/2016
26	841	1:52.83	Rudolph, Janelle	PRO	3/13/2016
54	813	1:53.91	Tang, Amy	PDST	2/28/2016
142	757	1:56.15	Ton, Deanna	CSC	3/13/2016
191	736	1:56.98	Baron, Sam	IST	3/13/2016

### NATIONAL 500 Y FREESTYLE (5:14.34)

	PP	TIME	NAME	TEAM	DATE
80	763	5:07.42	Ton, Deanna	CSC	3/10/2016
167	711	5:12.83	Roth, Abby	BC	3/10/2016
196	699	5:14.22	Baron, Sam	IST	3/10/2016

### NATIONAL 1000 Y FREESTYLE (10:56.93)

	PP	TIME	NAME	TEAM	DATE

### NATIONAL 1650 Y FREESTYLE (18:24.70)

	PP	TIME	NAME	TEAM	DATE
58	765	17:47.87	Ton, Deanna	CSC	12/13/2015
113	718	18:06.84	Roth, Abby	BC	3/13/2016

### NATIONAL 100 Y BACKSTROKE (59.88)

	PP	TIME	NAME	TEAM	DATE
6	973	55.42	Tang, Amy	PDST	3/11/2016
88	832	58.63	Zimmerman, Jamie	KING	3/11/2016
96	829	58.71	Rudolph, Janelle	PRO	1/30/2016
127	809	59.18	Pak, Jazlynn	BC	3/11/2016
132	807	59.22	Cross, Katie	BC	3/11/2016
135	806	59.25	Huynh, Isabelle	IST	3/12/2016
151	798	59.44	Eisele, Annika	ESC	3/11/2016

### NATIONAL 200 Y BACKSTROKE (2:10.10)

	PP	TIME	NAME	TEAM	DATE
10	904	2:02.19	Tang, Amy	PDST	3/13/2016
59	838	2:05.76	Rudolph, Janelle	PRO	2/27/2016

121	801	2:07.82	Cross, Katie	BC	12/13/2015
173	774	2:09.30	Dow, Vica	KING	12/18/2015

### NATIONAL 100 Y BREASTSTROKE (1:08.83)

	PP	TIME	NAME	TEAM	DATE
12	884	1:04.40	Battistoni, Belle	KING	3/11/2016
21	857	1:05.18	Hau, Jetlynn	MMSC	3/11/2016
48	827	1:06.07	Su, Allison	KING	3/11/2016
69	807	1:06.67	Rudolph, Janelle	PRO	2/28/2016
91	789	1:07.21	Freeman, Alma	BC	12/11/2015

### NATIONAL 200 Y BREASTSTROKE (2:29.39)

	PP	TIME	NAME	TEAM	DATE
16	846	2:20.81	Battistoni, Belle	KING	12/19/2015
25	822	2:22.38	Hau, Jetlynn	MMSC	12/19/2015
63	779	2:25.28	Ward, Emily	KING	10/24/2015
89	768	2:26.02	Su, Allison	KING	3/12/2016
129	747	2:27.48	Yao, Allyson	BC	3/12/2016
167	730	2:28.62	Doherty, Lindsey	BC	1/17/2016
170	730	2:28.65	Rudolph, Janelle	PRO	2/27/2016
188	723	2:29.12	Freeman, Alma	BC	11/22/2015
191	722	2:29.20	Ashmore, Kira	OAC	10/24/2015
200	719	2:29.39	Cole, Nadia	PASC	3/12/2016

### NATIONAL 100 Y BUTTERFLY (59.60)

	PP	TIME	NAME	TEAM	DATE
12	895	56.19	Tang, Amy	PDST	3/13/2016
14	894	56.21	Beers, Eleanor	BISC	3/13/2016
43	845	57.46	Pak, Jazlynn	BC	3/13/2016
79	819	58.14	Battistoni, Belle	KING	12/13/2015
98	806	58.48	Eisele, Annika	ESC	12/13/2015
116	797	58.71	Rudolph, Janelle	PRO	1/30/2016
120	796	58.73	Collinge, Ava	SRST	3/13/2016
182	769	59.44	Baron, Sam	IST	3/13/2016

### NATIONAL 200 Y BUTTERFLY (2:13.25)

	PP	TIME	NAME	TEAM	DATE
10	886	2:04.08	Beers, Eleanor	BISC	3/11/2016
63	813	2:08.46	Baron, Sam	IST	3/11/2016
92	795	2:09.54	Eisele, Annika	ESC	3/11/2016
119	777	2:10.66	Battistoni, Belle	KING	12/11/2015
128	772	2:10.96	Roth, Abby	BC	3/11/2016
158	754	2:12.06	Pak, Jazlynn	BC	3/11/2016

### NATIONAL 200 Y INDIVIDUAL MEDLEY (2:12.11)

	PP	TIME	NAME	TEAM	DATE
25	866	2:06.55	Rudolph, Janelle	PRO	3/12/2016
29	864	2:06.67	Tang, Amy	PDST	3/12/2016
43	845	2:07.63	Battistoni, Belle	KING	10/23/2015
99	801	2:09.84	Ward, Emily	KING	10/23/2015
101	800	2:09.87	Beers, Eleanor	BISC	1/22/2016
152	771	2:11.38	Pak, Jazlynn	BC	3/12/2016

### NATIONAL 400 Y INDIVIDUAL MEDLEY (4:40.66)

	PP	TIME	NAME	TEAM	DATE
124	768	4:37.45	Rudolph, Janelle	PRO	3/11/2016
145	758	4:38.60	Battistoni, Belle	KING	10/25/2015
154	755	4:38.88	Roth, Abby	BC	3/11/2016



Year	Age	# SWIMS	Power Points	PNS Average	National Average
2015/2016	13	74	59735	807.22	793.05
2014/2015	12	86	67622	786.30	791.37
2013/2014	11	78	61409	787.29	787.89

## GIRLS FOURTEEN YEARS – 2015-2016

### NATIONAL 50 Y FREESTYLE (24.44)

	PP	TIME	NAME	TEAM	DATE
63	822	23.93	Dimeco, Sarah	IST	12/11/2015
183	778	24.38	Ward, Emily	KING	12/19/2015

### NATIONAL 100 Y FREESTYLE (52.99)

	PP	TIME	NAME	TEAM	DATE
38	847	51.49	Groysman, Yulia	KING	12/12/2015
100	808	52.26	Ward, Emily	KING	3/10/2016
123	796	52.50	Dimeco, Sarah	IST	12/12/2015
198	773	52.96	Felner, Gracie	KING	3/12/2016

### NATIONAL 200 Y FREESTYLE (1:54.68)

	PP	TIME	NAME	TEAM	DATE
32	844	1:51.21	Groysman, Yulia	UN	11/13/2015
44	835	1:51.52	Dimeco, Sarah	UN	11/13/2015
180	760	1:54.44	Wyzga, Aneta	UN	11/13/2015
188	756	1:54.60	Felner, Gracie	KING	3/13/2016

### NATIONAL 500 Y FREESTYLE (5:07.72)

	PP	TIME	NAME	TEAM	DATE
6	872	4:52.09	Groysman, Yulia	KING	3/10/2016
60	790	5:00.13	Dimeco, Sarah	UN	11/13/2015
104	756	5:03.59	Valdman, Nathalie	BC	3/10/2016
150	732	5:06.06	Wyzga, Aneta	UN	11/6/2015

### NATIONAL 1000 Y FREESTYLE (10:45.55)

	PP	TIME	NAME	TEAM	DATE
29	814	10:17.96	Groysman, Yulia	KING	12/17/2015
51	783	10:25.02	Dimeco, Sarah	IST	12/17/2015

### NATIONAL 1650 Y FREESTYLE (18:02.53)

	PP	TIME	NAME	TEAM	DATE
52	777	17:26.40	Valdman, Nathalie	BC	3/13/2016
71	767	17:30.34	Groysman, Yulia	KING	12/20/2015
76	763	17:32.09	Dimeco, Sarah	IST	12/20/2015
159	707	17:54.16	Kabacy, Taylor	KING	3/13/2016

### NATIONAL 100 Y BACKSTROKE (58.70)

	PP	TIME	NAME	TEAM	DATE
42	850	56.81	Nguyen, Mandolin	CAAT	12/11/2015
100	807	57.80	Ward, Emily	KING	3/12/2016
108	803	57.91	Nguyen, Rachel	UN	11/6/2015
154	783	58.37	Dimeco, Sarah	UN	10/30/2015

### NATIONAL 200 Y BACKSTROKE (2:07.44)

	PP	TIME	NAME	TEAM	DATE
59	829	2:03.72	Nguyen, Mandolin	CAAT	1/24/2016
68	823	2:04.09	Nguyen, Rachel	BC	12/13/2015
87	814	2:04.53	Ward, Emily	KING	3/13/2016
115	800	2:05.29	Dimeco, Sarah	IST	12/13/2015

### NATIONAL 100 Y BREASTSTROKE (1:07.03)

	PP	TIME	NAME	TEAM	DATE
28	857	1:04.15	Ward, Emily	KING	3/11/2016
34	850	1:04.36	Nguyen, Mandolin	CAAT	12/18/2015
53	832	1:04.88	Himes, Danika	UN	11/13/2015
190	762	1:06.97	Li, Delora	BC	3/11/2016

### NATIONAL 200 Y BREASTSTROKE (2:26.37)

	PP	TIME	NAME	TEAM	DATE
36	836	2:19.44	Nguyen, Mandolin	CAAT	12/12/2015
68	804	2:21.58	Himes, Danika	IST	12/12/2015
80	797	2:22.02	Ward, Emily	KING	12/19/2015

### NATIONAL 100 Y BUTTERFLY (58.19)

	PP	TIME	NAME	TEAM	DATE
57	834	28:48.00	Groysman, Yulia	KING	12/13/2015
74	822	55:12.00	Nguyen, Mandolin	UN	11/13/2015
117	804	57:36.00	Li, Delora	UN	11/13/2015
151	789	4:48.00	Chien, Isabel	KING	12/13/2015

### NATIONAL 200 Y BUTTERFLY (2:09.91)

	PP	TIME	NAME	TEAM	DATE
34	836	2:04.05	Dimeco, Sarah	IST	12/11/2015
36	833	2:04.23	Groysman, Yulia	KING	12/11/2015
163	752	2:09.06	Okazaki, Leila	KING	3/11/2016

### NATIONAL 200 Y INDIVIDUAL MEDLEY (2:09.23)

	PP	TIME	NAME	TEAM	DATE
73	816	2:06.38	Ward, Emily	KING	3/12/2016
106	794	2:07.47	Bradley, Christina	UN	11/13/2015
124	785	2:07.93	Nguyen, Mandolin	CAAT	12/12/2015
128	784	2:07.99	Groysman, Yulia	KING	12/20/2015
182	766	2:08.91	Himes, Danika	UN	11/13/2015

### NATIONAL 400 Y INDIVIDUAL MEDLEY (4:36.01)

	PP	TIME	NAME	TEAM	DATE
28	838	4:24.13	Groysman, Yulia	KING	3/11/2016
61	795	4:28.82	Dimeco, Sarah	IST	12/18/2015
150	749	4:34.03	Nguyen, Mandolin	CAAT	12/18/2015

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2015/2016	14	50	40024	800.48	798.16
2014/2015	13	45	35674	792.75	785.85
2013/2014	12	47	35700	759.57	774.83
2012/2013	11	63	49025	778.17	770.54

## NATIONAL TOP 200 – GIRLS FIFTEEN YEARS – 2015/2016

200	740	2:25.93	Lindh, Shianne	KING	2/27/2016
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### NATIONAL 50 Y FREESTYLE (24.21)

	PP	TIME	NAME	TEAM	DATE
15	866	23.17	Dang, Gabby	WAVE	12/19/2015
21	854	23.29	Carlton, Emma	UN	11/13/2015
177	769	24.15	Marlatt, Gabrielle	UN	11/13/2015

### NATIONAL 100 Y FREESTYLE (52.40)

	PP	TIME	NAME	TEAM	DATE
52	817	51.25	Dang, Gabby	WAVE	12/20/2015
71	806	51.48	Carlton, Emma	BBST	12/20/2015

### NATIONAL 200 Y FREESTYLE (1:53.27)

	PP	TIME	NAME	TEAM	DATE
66	812	1:50.86	Dang, Gabby	WAVE	12/18/2015

### NATIONAL 500 Y FREESTYLE (5:04.37)

	PP	TIME	NAME	TEAM	DATE

### NATIONAL 1000 Y FREESTYLE (10:40.93)

	PP	TIME	NAME	TEAM	DATE
71	758	10:25.68	Wyzga, Aneta	BC	12/17/2015
150	712	10:36.32	Hughes, Courtney	KING	12/17/2015

### NATIONAL 1650 Y FREESTYLE (17:57.04)

	PP	TIME	NAME	TEAM	DATE
83	738	17:31.14	Bradley, Christina	IST	12/20/2015
95	732	17:33.41	Dimeco, Sarah	IST	2/21/2016
142	702	17:45.41	Barker, Hannah	ESC	12/20/2015

### NATIONAL 100 Y BACKSTROKE (57.82)

	PP	TIME	NAME	TEAM	DATE
33	881	55.52	Dang, Gabby	WAVE	12/20/2015
88	829	56.67	Carlton, Emma	BBST	12/11/2015
89	828	56.70	Frey, Emma	UN	11/13/2015
92	823	56.81	Tungate, Olivia	KING	12/11/2015
196	780	57.79	Barker, Hannah	UN	10/30/2015

### NATIONAL 200 Y BACKSTROKE (2:05.80)

	PP	TIME	NAME	TEAM	DATE
67	833	2:02.31	Tungate, Olivia	KING	12/18/2015
83	823	2:02.86	Frey, Emma	BBST	12/18/2015
173	777	2:05.35	Barker, Hannah	ESC	12/18/2015
199	769	2:05.80	Kiuchi, Kacey	VAST	3/13/2016

### NATIONAL 100 Y BREASTSTROKE (1:06.80)

	PP	TIME	NAME	TEAM	DATE
65	833	1:04.68	Le, Yani	UN	11/13/2015
113	800	1:05.65	Pedersen, Bindi	WAVE	12/18/2015
138	788	1:06.00	Limargo, Chloe	UN	11/13/2015
144	787	1:06.04	Duff, Katie	UN	11/13/2015

### NATIONAL 200 Y BREASTSTROKE (2:25.93)

	PP	TIME	NAME	TEAM	DATE
67	813	2:21.00	Limargo, Chloe	WAVE	12/19/2015
68	813	2:21.01	Johnson, Evelyn	KING	10/24/2015
88	799	2:21.97	Pedersen, Bindi	WAVE	12/19/2015
89	797	2:22.10	Le, Yani	BBST	12/19/2015

### NATIONAL 100 Y BUTTERFLY (57.35)

	PP	TIME	NAME	TEAM	DATE
4	913	53.91	Carlton, Emma	BBST	12/18/2015
19	877	54.81	Dang, Gabby	WAVE	12/18/2015
171	784	57.14	Fidler, Riley	SRST	3/12/2016

### NATIONAL 200 Y BUTTERFLY (2:08.25)

	PP	TIME	NAME	TEAM	DATE
95	785	2:05.65	Tungate, Olivia	KING	12/19/2015
123	772	2:06.41	Pedersen, Bindi	WAVE	12/19/2015
187	747	2:07.91	Dimeco, Sarah	IST	1/24/2016

### NATIONAL 200 Y INDIVIDUAL MEDLEY (2:07.99)

	PP	TIME	NAME	TEAM	DATE
86	802	2:05.68	Limargo, Chloe	WAVE	12/20/2015
177	762	2:07.69	Frey, Emma	UN	11/5/2015
187	760	2:07.81	Pedersen, Bindi	WAVE	12/20/2015

### 400 Y INDIVIDUAL MEDLEY (4:33.96)

	PP	TIME	NAME	TEAM	DATE
93	788	4:28.13	Limargo, Chloe	WAVE	12/18/2015
103	782	4:28.80	Bradley, Christina	IST	12/18/2015

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2015/2016	15	40	31851	796.25	799.12
2014/2015	14	40	31836	795.90	797.66
2013/2014	13	41	32318	788.24	783.03
2012/2013	12	58	45185	779.05	770.43
2011-2012	11	74	56848	768.12	764.17

## NATIONAL TOP 200 – GIRLS SIXTEEN YEARS – 2015/2016

### 50 Y FREESTYLE (24.06)

PP	TIME	NAME	TEAM	DATE

### 100 Y FREESTYLE (52.19)

PP	TIME	NAME	TEAM	DATE
147	782	51.83	Wong, Sydney	BBST 12/20/2015

### 200 Y FREESTYLE (1:52.26)

PP	TIME	NAME	TEAM	DATE
160	776	1:51.72	Wong, Sydney	BBST 12/18/2015

### 500 Y FREESTYLE (5:02.60)

PP	TIME	NAME	TEAM	DATE

### 1000 Y FREESTYLE (10:39.88)

PP	TIME	NAME	TEAM	DATE
89	735	10:24.42	Syme, Mia	CSC 12/17/2015

### 1650 Y FREESTYLE (17:55.63)

PP	TIME	NAME	TEAM	DATE
112	730	17:30.80	Syme, Mia	CSC 12/20/2015

### 100 Y BACKSTROKE (57.40)

PP	TIME	NAME	TEAM	DATE

### 200 Y BACKSTROKE (2:04.55)

PP	TIME	NAME	TEAM	DATE

### 100 Y BREASTSTROKE (1:05.83)

PP	TIME	NAME	TEAM	DATE
43	876	1:02.79	Limberg, Nicole	WEST 12/18/2015
116	806	1:04.80	Johnson, Evelyn	KING 12/18/2015
132	798	1:05.02	Andren, Ursula	UN 11/13/2015
170	782	1:05.49	Lawson-Rivera, Maya	UN 11/13/2015

### 200 Y BREASTSTROKE (2:24.17)

PP	TIME	NAME	TEAM	DATE
22	865	2:15.67	Limberg, Nicole	WEST 12/19/2015
107	779	2:21.26	Johnson, Evelyn	KING 12/19/2015

### 100 Y BUTTERFLY (56.89)

PP	TIME	NAME	TEAM	DATE

### 200 Y BUTTERFLY (2:07.14)

PP	TIME	NAME	TEAM	DATE
103	798	2:04.47	Matsuda, Jeni	IST 12/19/2015
161	768	2:06.25	Allen, Kailey	VAST 1/17/2016

### 200 Y INDIVIDUAL MEDLEY (2:06.59)

PP	TIME	NAME	TEAM	DATE
51	846	2:02.89	Limberg, Nicole	WEST 1/22/2016

## 400 Y INDIVIDUAL MEDLEY (4:31.58)

	PP	TIME	NAME	TEAM	DATE
108	780	4:26.87	Limberg, Nicole	WEST	12/11/2015
190	744	4:30.89	Rimat, Karlie	MMSC	1/16/2016
193	742	4:31.11	Matsuda, Jeni	IST	12/18/2015

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2015/2016	16	16	12607	787.63	804.65
2014/2015	15	17	13368	786.35	800.56
2013/2014	14	37	29119	787.00	793.20
2012/2013	13	37	28679	775.10	772.26
2011/2012	12	42	32253	767.92	768.47
2010/2011	11	49	36319	741.20	758.29



## GIRLS SEVENTEEN YEARS – 2015/2016

### 50 Y FREESTYLE (23.90)

	PP	TIME	NAME	TEAM	DATE
49	834	23.31	Crawford, Jocelyn	CAAT	12/10/2015
136	796	23.70	Cross, Marley	UN	11/13/2015

### 100 Y FREESTYLE (51.71)

	PP	TIME	NAME	TEAM	DATE
174	781	51.56	Cross, Marley	BC	12/12/2015

### 200 Y FREESTYLE (1:51.82)

	PP	TIME	NAME	TEAM	DATE
136	797	1:50.94	Domanowski, Christina	BC	12/18/2015

### 500 Y FREESTYLE (5:01.51)

	PP	TIME	NAME	TEAM	DATE
128	762	4:58.36	Domanowski, Christina	BC	12/10/2015
134	759	4:58.64	Smith, Cameron	UN	11/13/2015

### 1000 Y FREESTYLE (10:42.01)

	PP	TIME	NAME	TEAM	DATE
167	680	10:37.01	Hohensinner, Ellie	IST	12/17/2015

### 1650 Y FREESTYLE (18:02.04)

	PP	TIME	NAME	TEAM	DATE
108	720	17:34.53	Davidson, Sarah	CSC	12/20/2015
119	711	17:38.30	Hohensinner, Ellie	IST	12/20/2015

### 100 Y BACKSTROKE (57.13)

	PP	TIME	NAME	TEAM	DATE
129	833	56.37	Crawford, Jocelyn	UN	11/13/2015

### 200 Y BACKSTROKE (2:04.62)

	PP	TIME	NAME	TEAM	DATE
121	814	2:02.58	Haugen, Gianna	KING	12/18/2015
161	794	2:03.66	Crawford, Jocelyn	CAAT	12/18/2015

### 100 Y BREASTSTROKE (1:05.26)

	PP	TIME	NAME	TEAM	DATE
30	864	1:02.53	Lindsay, Mariah	KING	12/18/2015
110	807	1:04.15	Lin, Kathy	BC	12/18/2015
110	807	1:04.15	Gagliardo, Angela	KING	12/18/2015

### 200 Y BREASTSTROKE (2:23.61)

	PP	TIME	NAME	TEAM	DATE
60	804	2:18.73	Lindsay, Mariah	KING	12/12/2015
120	775	2:20.57	Gagliardo, Angela	KING	12/19/2015

### 100 Y BUTTERFLY (56.63)

	PP	TIME	NAME	TEAM	DATE
176	780	56.44	Kwan, Sabrina	UN	11/13/2015

### 200 Y BUTTERFLY (2:07.03)

	PP	TIME	NAME	TEAM	DATE
83	806	2:03.68	Domanowski, Christina	BC	12/19/2015
158	766	2:06.06	Smith, Cameron	CSC	12/19/2015
176	758	2:06.53	Kwan, Sabrina	OCA	12/19/2015

### 200 Y INDIVIDUAL MEDLEY (2:06.24)

	PP	TIME	NAME	TEAM	DATE
117	815	2:04.27	Gagliardo, Angela	UN	11/13/2015

### 400 Y INDIVIDUAL MEDLEY (4:31.52)

	PP	TIME	NAME	TEAM	DATE
190	741	4:31.28	Gagliardo, Angela	KING	12/18/2015

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2015/2016	17	23	18004	782.78	806.26
2014/2015	16	39	30966	794.00	809.66
2013/2014	15	43	34022	791.20	800.93
2012/2013	14	57	44219	775.77	787.96
2011/2012	13	55	42238	767.96	772.26
2010/2011	12	71	53982	760.30	763.70
2009/2010	11	85	64654	760.63	755.13

## NATIONAL TOP 200 – GIRLS EIGHTEEN YEARS – 2015/2016

50 Y FREESTYLE (23.97)					
PP	TIME	NAME	TEAM	DATE	
50	850	23.15	Sutherland, Ashley	UN	12/3/2015

100 Y FREESTYLE (51.87)					
PP	TIME	NAME	TEAM	DATE	
100	812	50.96	Sutherland, Ashley	UN	12/5/2015

200 Y FREESTYLE (1:52.39)					
PP	TIME	NAME	TEAM	DATE	

500 Y FREESTYLE (5:02.49)					
PP	TIME	NAME	TEAM	DATE	
172	724	5:01.06	Mergel, Mackenzie	VAST	1/15/2016

1000 Y FREESTYLE (11:09.91)					
PP	TIME	NAME	TEAM	DATE	
57	758	10:19.22	Mergel, Mackenzie	VAST	1/14/2016
132	643	10:45.76	Fisk, Leah	UN	10/23/2015

1650 Y FREESTYLE (18:14.28)					
PP	TIME	NAME	TEAM	DATE	
118	705	17:40.65	Mergel, Mackenzie	VAST	1/17/2016

100 Y BACKSTROKE (57.54)					
PP	TIME	NAME	TEAM	DATE	
121	825	56.53	Sutherland, Ashley	UN	12/4/2015

200 Y BACKSTROKE (2:05.67)					
PP	TIME	NAME	TEAM	DATE	

100 Y BREASTSTROKE (1:06.09)					
PP	TIME	NAME	TEAM	DATE	
72	821	1:03.74	Williams, Laura	UN	11/20/2015
158	764	1:05.40	Mergel, Mackenzie	UN	11/13/2015
164	761	1:05.49	Duni, Ani	UN	11/13/2015
177	755	1:05.68	Booth, Danielle	UN	11/13/2015
187	749	1:05.85	Delzer, Savannah	KING	12/18/2015

200 Y BREASTSTROKE (2:24.82)					
PP	TIME	NAME	TEAM	DATE	
40	840	2:16.39	Williams, Laura	UN	11/21/2015
171	729	2:23.61	Delzer, Savannah	KING	12/19/2015

100 Y BUTTERFLY (56.98)					
PP	TIME	NAME	TEAM	DATE	
93	814	55.60	Sutherland, Ashley	UN	12/4/2015

200 Y BUTTERFLY (2:07.44)					
PP	TIME	NAME	TEAM	DATE	
161	760	2:06.41	Briggs, Mackenna	UN	11/22/2015
189	748	2:07.11	Brock, Luci	CSC	12/19/2015

200 Y INDIVIDUAL MEDLEY (2:06.89)					
PP	TIME	NAME	TEAM	DATE	

400 Y INDIVIDUAL MEDLEY (4:34.70)						
	PP	TIME	NAME	TEAM	DATE	
	174	722	4:33.40	Shenkin, Audrey	UN	11/21/2015
	187	717	4:33.96	Brock, Luci	CSC	12/18/2015

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2015/2016	18	19	14497	763.00	801.04
2014/2015	17	51	40680	797.64	805.77
2013/2014	16	50	40222	804.44	803.71
2012/2013	15	54	42728	791.25	791.58
2011/2012	14	56	44134	788.10	779.86
2010/2011	13	64	49279	769.98	765.19
2009/2010	12	80	61068	763.35	753.23
2008/2009	11	81	61495	759.19	739.84

## NATIONAL TOP 200 – GIRLS EIGHTEEN UNDER – 2015/2016

### 50 Y FREESTYLE (23.34)

RNK	TIME	NAME	TEAM	DATE
123	23.15	Sutherland, Ashley	UN	12/3/2015
126	23.17	Dang, Gabby	WAVE	12/19/2015
167	23.29	Carlton, Emma	UN	11/13/2015
178	23.31	Crawford, Jocelyn	CAAT	12/10/2015

### 100 Y FREESTYLE (50.64)

RNK	TIME	NAME	TEAM	DATE

### 200 Y FREESTYLE (1:49.40)

RNK	TIME	NAME	TEAM	DATE

### 500 Y FREESTYLE (4:53.61)

RNK	TIME	NAME	TEAM	DATE
152	4:52.09	Groysman, Yulia	KING	3/10/2016

### 1000 Y FREESTYLE (10:15.20)

RNK	TIME	NAME	TEAM	DATE

### 1650 Y FREESTYLE (17:06.97)

RNK	TIME	NAME	TEAM	DATE

### 100 Y BACKSTROKE (55.39)

RNK	TIME	NAME	TEAM	DATE

### 200 Y BACKSTROKE (2:00.35)

RNK	TIME	NAME	TEAM	DATE

### 100 Y BREASTSTROKE (1:03.42)

RNK	TIME	NAME	TEAM	DATE
105	1:02.53	Lindsay, Mariah	KING	12/18/2015
128	1:02.79	Limberg, Nicole	WEST	12/18/2015

### 200 Y BREASTSTROKE (2:18.09)

RNK	TIME	NAME	TEAM	DATE
93	2:15.67	Limberg, Nicole	WEST	12/19/2015
113	2:16.39	Williams, Laura	UN	11/21/2015

### 100 Y BUTTERFLY (55.10)

RNK	TIME	NAME	TEAM	DATE
59	53.91	Carlton, Emma	BBST	12/18/2015
149	54.81	Dang, Gabby	WAVE	12/18/2015

### 200 Y BUTTERFLY (2:02.12)

RNK	TIME	NAME	TEAM	DATE

### 200 Y INDIVIDUAL MEDLEY (2:02.70)

RNK	TIME	NAME	TEAM	DATE

## 400 Y INDIVIDUAL MEDLEY (4:22.52)

RNK	TIME	NAME	TEAM	DATE

YEAR	# SWIMS	AVG PLACE
2016	11	126.63
2015	27	105.77
2014	40	95.87
2013	48	109.08
2012	49	108.08
2011	44	110.38
2010	76	94.64
2009	92	83.35
2008	82	100.59
2007	89	99.44
2006	76	97.19
2005	81	102.90
2004	91	84.05

## NATIONAL TOP 200 – WOMEN – 20015/20016

### 50 Y FREESTYLE (22.93)

RNK	TIME	NAME	TEAM	DATE
38	22.24	Bailey, Chelsea	KING	12/19/2015
187	22.91	Ramey, Kenna	UN	2/18/2016

### 100 Y FREESTYLE (49.85)

RNK	TIME	NAME	TEAM	DATE
98	49.24	Bailey, Chelsea	UN	11/8/2015
171	49.69	Chard, Emma	UN	3/19/2016

### 200 Y FREESTYLE (1:47.78)

RNK	TIME	NAME	TEAM	DATE
39	1:45.11	Chard, Emma	UN	2/17/2016

### 500 Y FREESTYLE (4:49.12)

RNK	TIME	NAME	TEAM	DATE
25	4:40.21	Chard, Emma	UN	2/18/2016

### 1000 Y FREESTYLE (10:09.76)

RNK	TIME	NAME	TEAM	DATE

### 1650 Y FREESTYLE (16:48.06)

RNK	TIME	NAME	TEAM	DATE

### 100 Y BACKSTROKE (54.50)

RNK	TIME	NAME	TEAM	DATE
187	54.40	Bailey, Chelsea	KING	12/20/2015

### 200 Y BACKSTROKE (1:58.31)

RNK	TIME	NAME	TEAM	DATE

### 100 Y BREASTSTROKE (1:02.28)

RNK	TIME	NAME	TEAM	DATE
146	1:01.89	Wittenauer-Lee, Blaise	UN	2/26/2016

### 200 Y BREASTSTROKE (2:15.30)

RNK	TIME	NAME	TEAM	DATE
60	2:11.49	Wittenauer-Lee, Blaise	UN	2/27/2016

### 100 Y BUTTERFLY (54.28)

RNK	TIME	NAME	TEAM	DATE
42	52.57	Ramey, Kenna	UN	2/19/2016
87	53.29	Bailey, Chelsea	KING	12/18/2015
159	53.91	Carlton, Emma	BBST	12/18/2015

### 200 Y BUTTERFLY (2:00.06)

RNK	TIME	NAME	TEAM	DATE

### 200 Y INDIVIDUAL MEDLEY (2:00.70)

RNK	TIME	NAME	TEAM	DATE

### 400 Y INDIVIDUAL MEDLEY (4:18.81)

RNK	TIME	NAME	TEAM	DATE

YEAR	# SWIMS	AVG PLACE
2016	12	103.25
2015	11	113.72
2014	22	107.00
2013	26	110.53
2012	19	113.57
2011	25	85.88
2010	54	96.70
2009	116	92.57
2008	67	90.83
2007	73	95.16
2006	76	106.25
2005	66	110.03
2004	80	106.03