

NATIONAL TOP 200 – BOYS ELEVEN YEARS – 2015/2016

50 M FREESTYLE (30.49)				
PP	TIME	NAME	TEAM	DATE
859	28.76	Nguyen, Kenny	EAST	4/10/2016
	29.28	Bushey, Collin	BISC	7/19/2016
	29.86	Correll, James	PPST	7/29/2016
757	30.38	Koh, Christian	BC	6/25/2016
752	30.45	Sikora, Brennon	KING	5/22/2016
100 M FREESTYLE (1:06.98)				
PP	TIME	NAME	TEAM	DATE
782	1:05.49	Sikora, Brennon	KING	5/21/2016
782	1:05.49	Nguyen, Kenny	EAST	4/24/2016
767	1:05.93	Bushey, Collin	BISC	7/8/2016
735	1:06.90	Serafimovici, Maxim	UPAC	7/16/2016
200 M FREESTYLE (2:25.45)				
PP	TIME	NAME	TEAM	DATE
740	2:23.75	Bushey, Collin	BISC	5/15/2016
735	2:24.03	Nguyen, Kenny	EAST	4/23/2016
730	2:24.33	Sikora, Brennon	KING	5/15/2016
727	2:24.52	Serafimovici, Maxim	UPAC	6/12/2016
400 M FREESTYLE (5:08.36)				
PP	TIME	NAME	TEAM	DATE
714	5:04.49	Serafimovici, Maxim	UPAC	7/15/2016
800 M FREESTYLE (12:07.60)				
PP	TIME	NAME	TEAM	DATE
689	10:55.95	Young, Derek	PDST	6/10/2016
483	11:56.04	McDevitt, Colin	BISC	7/10/2016
1500 M FREESTYLE (147)				
PP	TIME	NAME	TEAM	DATE
891	20:04.98	Serafimovici, Maxim	UPAC	7/7/2016
851	20:27.42	Pallos, Mate	CSC	6/19/2016
749	21:26.42	Larsen, Fredrik	WAVE	6/16/2016
623	22:42.94	McDevitt, Colin	BISC	5/13/2016
552	23:28.04	Skiff, Conner	UPAC	7/7/2016
50 M BACKSTROKE (35.70)				
PP	TIME	NAME	TEAM	DATE
824	34.37	Koh, Christian	BC	6/26/2016
793	34.87	Bushey, Collin	BISC	5/1/2016
770	35.23	Ling, Dylan	PDST	5/1/2016
757	35.44	Zhang, Joe	KING	4/23/2016
100 M BACKSTROKE (1:17.27)				
PP	TIME	NAME	TEAM	DATE
	1:12.96	Bushey, Collin	BISC	7/29/2016
	1:13.28	Koh, Christian	BC	7/29/2016
779	1:15.57	Nguyen, Kenny	EAST	4/9/2016
756	1:16.39	Ling, Dylan	PDST	6/12/2016
742	1:16.88	Young, Derek	PDST	6/12/2016
200 M BACKSTROKE (2:48.42)				
PP	TIME	NAME	TEAM	DATE
898	2:37.25	Koh, Christian	BC	6/26/2016
821	2:42.76	Ling, Dylan	PDST	7/10/2016
794	2:44.75	Bushey, Collin	BISC	7/9/2016
777	2:46.05	Zhang, Joe	KING	5/15/2016
762	2:47.19	Pallos, Mate	CSC	6/19/2016
50 M BREASTSTROKE (40.37)				
PP	TIME	NAME	TEAM	DATE
884	37.30	Ling, Dylan	PDST	7/8/2016
870	37.54	Koh, Christian	BC	6/25/2016
862	37.69	Zhang, Joe	KING	4/23/2016
809	38.63	Kerns, Brendan	BISC	4/30/2016

808	38.65	Young, Derek	PDST	6/5/2016
795	38.90	Correll, James	PPST	7/15/2016
787	39.03	Nguyen, Kenny	EAST	4/23/2016
100 M BREASTSTROKE (1:28.36)				
PP	TIME	NAME	TEAM	DATE
926	1:20.13	Zhang, Joe	KING	4/24/2016
918	1:20.44	Ling, Dylan	PDST	7/10/2016
	1:22.64	Correll, James	PPST	7/29/2016
	1:25.31	Liu, Jerry	PDST	7/29/2016
788	1:25.70	Koh, Christian	BC	5/15/2016
775	1:26.24	Nguyen, Kenny	EAST	4/24/2016
	1:27.96	Wu, Kevin	PRO	7/29/2016
200 M BREASTSTROKE (3:13.96)				
PP	TIME	NAME	TEAM	DATE
977	2:51.29	Zhang, Joe	KING	5/20/2016
958	2:53.07	Ling, Dylan	PDST	7/9/2016
892	2:59.27	Koh, Christian	BC	6/25/2016
826	3:05.60	Young, Derek	PDST	6/11/2016
783	3:09.84	Kerns, Brendan	BISC	4/30/2016
770	3:11.17	Serafimovici, Maxim	UPAC	6/11/2016
768	3:11.31	Liu, Jerry	PDST	7/9/2016
50 M BUTTERFLY (33.38)				
PP	TIME	NAME	TEAM	DATE
994	29.38	Nguyen, Kenny	EAST	4/9/2016
822	31.89	Bushey, Collin	BISC	5/1/2016
776	32.60	Young, Derek	PDST	5/1/2016
766	32.76	Milan, Elijah	CSC	6/5/2016
750	33.00	Koh, Christian	BC	6/26/2016
100 M BUTTERFLY (1:15.37)				
PP	TIME	NAME	TEAM	DATE
789	1:13.13	Bushey, Collin	BISC	4/30/2016
761	1:14.16	Sikora, Brennon	KING	4/24/2016
746	1:14.68	Serafimovici, Maxim	UPAC	6/12/2016
740	1:14.90	Milan, Elijah	CSC	6/4/2016
736	1:15.05	Young, Derek	PDST	4/30/2016
200 M BUTTERFLY (3:00.87)				
PP	TIME	NAME	TEAM	DATE
925	2:37.94	Young, Derek	PDST	6/12/2016
	2:38.71	Serafimovici, Maxim	UPAC	7/29/2016
822	2:46.36	Sikora, Brennon	KING	5/21/2016
801	2:48.15	Markow, Sean	BISC	5/27/2016
784	2:49.58	Bushey, Collin	BISC	5/15/2016
	2:51.99	Larsen, Fredrik	WAVE	7/29/2016
200 M INDIVIDUAL MEDLEY (2:44.87)				
PP	TIME	NAME	TEAM	DATE
830	2:38.03	Young, Derek	PDST	6/5/2016
818	2:38.85	Ling, Dylan	PDST	6/5/2016
776	2:41.63	Zhang, Joe	KING	5/22/2016
775	2:41.71	Koh, Christian	BC	6/5/2016
745	2:43.71	Serafimovici, Maxim	UPAC	7/8/2016
400 M INDIVIDUAL MEDLEY (6:09.40)				
PP	TIME	NAME	TEAM	DATE
897	5:37.57	Ling, Dylan	PDST	7/10/2016
879	5:40.21	Zhang, Joe	KING	5/13/2016
873	5:41.08	Serafimovici, Maxim	UPAC	7/16/2016
795	5:53.21	Sikora, Brennon	KING	5/13/2016

Year	Age	# SWIMS	Power Points	PNS AVG	National AVG
2015	11	65			

NATIONAL TOP 200 – BOYS TWELVE YEARS – 2015/2016

50 M FREESTYLE (28.47)

PP	TIME	NAME	TEAM	DATE
	26.99	Blackmon, Aidan	WAVE	7/29/2016
824	27.57	Kyi, Kevin	KING	6/5/2016
	27.79	Xie, Aaron	UN	7/29/2016
	28.26	Renninger, Andrew	OAC	7/29/2016
	28.27	Ponomarev, Tpnny	ESC	7/29/2016

100 M FREESTYLE (1:02.31)

PP	TIME	NAME	TEAM	DATE
817	1:00.33	Renninger, Andrew	OAC	7/8/2016
792	1:01.00	Blackmon, Aidan	WAVE	5/22/2016
778	1:01.40	Xie, Aaron	UN	7/8/2016

200 M FREESTYLE (2:16.25)

PP	TIME	NAME	TEAM	DATE
814	2:11.04	Renninger, Andrew	OAC	7/10/2016
752	2:14.43	Blackmon, Aidan	WAVE	7/15/2016
731	2:15.59	Kyi, Kevin	KING	5/15/2016
724	2:15.99	Klinck, Alex	BC	7/15/2016

400 M FREESTYLE (4:49.05)

PP	TIME	NAME	TEAM	DATE
779	4:40.87	Renninger, Andrew	OAC	7/9/2016
740	4:45.54	Springer, Jack	KING	4/22/2016
724	4:47.44	Davis, Aidan	VAST	4/22/2016

800 M FREESTYLE (10:29.80)

PP	TIME	NAME	TEAM	DATE
822	9:40.90	Springer, Jack	KING	7/21/2016
806	9:44.71	Klinck, Alex	BC	7/7/2016
663	10:20.39	Weber, Owen	KING	6/10/2016
660	10:21.20	Davis, Aidan	VAST	7/10/2016
654	10:22.59	Lipton, Ian	BISC	7/10/2016

1500 M FREESTYLE (20:36.52)

PP	TIME	NAME	TEAM	DATE
860	18:18.01	Renninger, Andrew	OAC	5/13/2016
805	18:45.70	Springer, Jack	KING	6/10/2016
791	18:52.85	Lipton, Ian	BISC	5/13/2016
790	18:53.43	Klinck, Alex	BC	7/9/2016
725	19:28.06	Blackmon, Aidan	WAVE	6/16/2016
708	19:36.80	Crosby, Patrick	KING	7/7/2016
671	19:56.96	Schnitzius, Logan	CSC	6/19/2016
670	19:57.47	Stewart, Tyler	TSC	5/13/2016
667	19:59.46	Young, Derek	PDST	7/7/2016
605	20:33.62	Xie, Aaron	UN	7/7/2016

50 M BACKSTROKE (33.40)

PP	TIME	NAME	TEAM	DATE
1068	28.41	Kyi, Kevin	KING	6/5/2016
750	32.95	Ralston, Collin	OCA	7/9/2016
732	33.23	Blackmon, Aidan	WAVE	4/23/2016

100 M BACKSTROKE (1:11.75)

PP	TIME	NAME	TEAM	DATE
979	1:03.82	Kyi, Kevin	KING	6/12/2016
843	1:07.99	Lee, Nathan	BC	4/24/2016
	1:08.39	Lipton, Ian	BISC	7/29/2016
	1:10.45	Zhang, Jaden	CSC	7/29/2016
	1:10.51	Renninger, Andrew	OAC	7/29/2016
747	1:11.07	Askilrud, Luke	IST	5/14/2016
	1:11.35	Wang, Justin	PDST	7/29/2016
	1:11.44	Nguyen, Kenny	EAST	7/29/2016
730	1:11.65	Blackmon, Aidan	WAVE	7/16/2016

200 M BACKSTROKE (2:36.07)

PP	TIME	NAME	TEAM	DATE
893	2:25.17	Kyi, Kevin	KING	5/15/2016
879	2:26.12	Lee, Nathan	BC	4/24/2016
844	2:28.40	Lipton, Ian	BISC	5/15/2016
831	2:29.31	Springer, Jack	KING	7/10/2016
798	2:31.49	Ralston, Collin	OCA	7/10/2016
776	2:33.05	Renninger, Andrew	OAC	5/15/2016
764	2:33.84	Askilrud, Luke	IST	5/15/2016

50 M BREASTSTROKE (37.08)

PP	TIME	NAME	TEAM	DATE
818	35.19	Park, Sean	KING	7/8/2016
770	35.98	Kyi, Kevin	KING	5/14/2016
757	36.20	Javier, James	EAST	4/23/2016
724	36.76	Zhang, Joe	KING	6/12/2016
707	37.06	Zablocki, Owen	IST	6/25/2016

100 M BREASTSTROKE (1:21.31)

PP	TIME	NAME	TEAM	DATE
865	1:15.72	Ralston, Collin	OCA	7/10/2016
847	1:16.38	Park, Sean	KING	7/10/2016
	1:17.21	Zhang, Joe	KING	7/29/2016
	1:17.25	Xie, Aaron	UN	7/29/2016
	1:18.35	Arnold, Charlie	BC	7/29/2016
	1:18.63	Tran, Justin	IST	7/29/2016
	1:18.75	Stewart, Tyler	UN	7/29/2016
	1:20.01	Ling, Dylan	PDST	7/29/2016
	1:20.48	Zablocki, Owen	IST	7/29/2016
	1:20.80	Lewis, Brandon	WAVE	7/29/2016
	1:20.95	Kerns, Brendan	BISC	7/29/2016

200 M BREASTSTROKE (2:57.89)

PP	TIME	NAME	TEAM	DATE
882	2:44.73	Park, Sean	KING	7/9/2016
876	2:45.20	Kyi, Kevin	KING	5/20/2016
837	2:48.66	Zhang, Joe	KING	7/9/2016
784	2:53.41	Renninger, Andrew	OAC	4/30/2016
740	2:57.41	Blackmon, Aidan	WAVE	7/15/2016
736	2:57.80	Springer, Jack	KING	7/9/2016

50 M BUTTERFLY (31.01)

PP	TIME	NAME	TEAM	DATE
859	29.33	Kyi, Kevin	KING	6/12/2016
852	29.43	Blackmon, Aidan	WAVE	5/21/2016
788	30.34	Young, Derek	PDST	7/8/2016
774	30.54	Giordano, Isaac	MMSC	4/23/2016
763	30.70	Chen, Nathan	BBST	7/8/2016

100 M BUTTERFLY (1:09.44)

PP	TIME	NAME	TEAM	DATE
834	1:06.02	Kyi, Kevin	KING	6/11/2016
775	1:07.94	Young, Derek	PDST	7/10/2016
770	1:08.11	Chen, Nathan	BBST	7/10/2016
759	1:08.48	Blackmon, Aidan	WAVE	6/19/2016
755	1:08.63	Nguyen, Kenny	EAST	6/11/2016
740	1:09.13	Renninger, Andrew	OAC	4/30/2016
739	1:09.15	Giordano, Isaac	MMSC	4/24/2016

200 M BUTTERFLY (2:41.73)

PP	TIME	NAME	TEAM	DATE
	2:23.97	Chen, Nathan	BBST	7/29/2016
836	2:28.99	Renninger, Andrew	OAC	7/9/2016
	2:21.87	Blackmon, Aidan	WAVE	7/29/2016
806	2:31.24	Kyi, Kevin	KING	5/15/2016
	2:32.45	Springer, Jack	KING	7/29/2016



	2:31.74	Young, Derek	PDST	7/29/2016
	2:31.71	Wang, Justin	PDST	7/29/2016
	2:30.66	Fetty, Vin	CSC	7/29/2016
	2:37.19	Canning, Norman	KING	7/29/2016
200 M INDIVIDUAL MEDLEY (2:33.89)				
PP	TIME	NAME	TEAM	DATE
870	2:25.85	Kyi, Kevin	KING	6/11/2016
862	2:26.37	Lee, Nathan	BC	4/24/2016
838	2:27.83	Renninger, Andrew	OAC	7/8/2016
773	2:31.90	Xie, Aaron	UN	7/8/2016
761	2:32.62	Springer, Jack	KING	7/8/2016
744	2:33.72	Blackmon, Aidan	WAVE	4/24/2016
743	2:33.80	Chen, Nathan	BBST	7/8/2016
400 M INDIVIDUAL MEDLEY (5:34.41)				
PP	TIME	NAME	TEAM	DATE
923	5:06.98	Kyi, Kevin	KING	5/21/2016
901	5:09.91	Renninger, Andrew	OAC	7/10/2016
860	5:15.61	Lee, Nathan	BC	4/22/2016
800	5:24.16	Springer, Jack	KING	5/21/2016
786	5:26.26	Blackmon, Aidan	WAVE	7/16/2016
779	5:27.27	Chen, Nathan	BBST	7/10/2016
752	5:31.24	Klinck, Alex	BC	7/16/2016
743	5:32.47	Ralston, Collin	OCA	7/10/2016
742	5:32.60	Young, Derek	PDST	7/10/2016

Year	Age	# SWIMS	Power Points	PNS AVG	National AVG
2016	12	94			
2015	11	93	73737	792.87	787.85

NATIONAL TOP 200 – BOYS THIRTEEN YEARS – 2015/2016

50 M FREESTYLE (27.18)

PP	TIME	NAME	TEAM	DATE
939	25.01	Lu, Tyler	KING	7/21/2016
915	25.32	Dang, Ethan	KING	1/22/2016
853	26.10	Markow, Aron	BISC	5/27/2016
837	26.31	Baker, Max	OCA	7/9/2016
	26.53	Man, Brendan	VAST	7/29/2016
803	26.75	McGrath, Jack	ORCA	6/5/2016
	26.90	Gilzszmer, Vlad	SSCD	7/29/2016
	27.11	Kim, Andrew	BC	7/29/2016
773	27.14	Kim, Jeremy	IST	7/8/2016

100 M FREESTYLE (59.20)

PP	TIME	NAME	TEAM	DATE
859	56.53	Lu, Tyler	KING	6/11/2016
801	57.92	Markow, Aron	BISC	5/15/2016
772	58.62	Gilzszmer, Vlad	SSCD	7/8/2016
764	58.80	Man, Brendan	VAST	7/23/2016
762	58.86	Baker, Max	OCA	7/23/2016
751	59.12	McGrath, Jack	ORCA	6/4/2016

200 M FREESTYLE (2:09.68)

PP	TIME	NAME	TEAM	DATE
835	2:05.26	Lu, Tyler	KING	6/12/2016
803	2:06.77	Man, Brendan	VAST	7/21/2016
745	2:09.51	Burchell, Ryan	OAC	7/10/2016

400 M FREESTYLE (4:34.90)

PP	TIME	NAME	TEAM	DATE
792	4:29.41	Burchell, Ryan	OAC	7/9/2016
790	4:29.54	Man, Brendan	VAST	7/22/2016
738	4:34.88	Lu, Tyler	KING	6/12/2016

800 M FREESTYLE (9:42.68)

PP	TIME	NAME	TEAM	DATE
795	9:16.51	Lu, Tyler	KING	7/7/2016
746	9:26.74	Edwards, Alex	KING	6/10/2016
737	9:28.68	Schahrer, Jarod	KING	7/21/2016
675	9:42.16	Heneghan, Finn	BC	4/29/2016

1500 M FREESTYLE (18:33.79)

PP	TIME	NAME	TEAM	DATE
784	17:48.17	Burchell, Ryan	OAC	3/20/2016
752	18:02.58	Stewart, Charlie	UN	6/9/2016
746	18:05.13	Gilzszmer, Vlad	SSCD	6/10/2016
725	18:14.72	Johnson, Andrew	KING	7/7/2016
724	18:15.03	Heneghan, Finn	BC	4/29/2016
698	18:27.05	Briggs, Warren	IST	5/13/2016
689	18:31.16	Schahrer, Jarod	KING	5/20/2016

100 M BACKSTROKE (1:07.89)

PP	TIME	NAME	TEAM	DATE
1053	59.78	Lu, Tyler	KING	7/21/2016
826	1:05.80	Gilzszmer, Vlad	SSCD	7/8/2016
781	1:07.04	Markow, Aron	BISC	6/12/2016
	1:06.13	Lee, Nathan	BC	7/29/2016
755	1:07.79	Edwards, Alex	KING	7/21/2016

200 M BACKSTROKE (2:26.74)

PP	TIME	NAME	TEAM	DATE
1061	2:07.80	Lu, Tyler	KING	7/23/2016
802	2:22.14	Kyi, Kevin	KING	7/23/2016
784	2:23.16	Gilzszmer, Vlad	SSCD	6/11/2016

759	2:24.63	Edwards, Alex	KING	7/23/2016
752	2:25.03	Lee, Nathan	BC	6/26/2016
740	2:25.76	Witty, Andrew	BISC	1/24/2016

100 M BREASTSTROKE (1:16.94)

PP	TIME	NAME	TEAM	DATE
1126	1:04.72	Dang, Ethan	KING	12/4/2015
1010	1:08.24	Flores, Alex	KING	1/23/2016
979	1:09.20	Lu, Tyler	KING	7/10/2016
	1:11.80	Christian, Isaac	KING	7/29/2016
874	1:12.51	Markow, Aron	BISC	5/29/2016
822	1:14.21	Hagen, Nathan	KING	7/21/2016
	1:15.61	Kim, Andrew	BC	7/29/2016
777	1:15.67	Ralston, Collin	OCA	7/21/2016
	1:15.91	Lee, Youngjoo	SSCD	7/29/2016
749	1:16.62	Schahrer, Jarod	KING	7/10/2016
748	1:16.64	Park, Sean	KING	7/21/2016
747	1:16.69	Alderman, Tyler	OCA	7/10/2016

200 M BREASTSTROKE (2:46.89)

PP	TIME	NAME	TEAM	DATE
1109	2:18.95	Dang, Ethan	KING	12/5/2015
946	2:30.66	Lu, Tyler	KING	7/22/2016
828	2:39.51	Christian, Isaac	KING	7/9/2016
752	2:45.29	Rakickas, Marius	IST	4/30/2016
749	2:45.58	Markow, Aron	BISC	6/11/2016
744	2:45.97	Ralston, Collin	OCA	7/22/2016
736	2:46.57	Schahrer, Jarod	KING	7/9/2016
734	2:46.74	Kyi, Kevin	KING	7/9/2016

100 M BUTTERFLY (1:05.31)

PP	TIME	NAME	TEAM	DATE
923	1:00.51	Lu, Tyler	KING	7/10/2016
877	1:01.68	Dang, Ethan	KING	1/23/2016
769	1:04.53	Baker, Max	OCA	7/10/2016
767	1:04.59	Tanimoto, Alexander	PDST	7/10/2016
757	1:04.86	Christenson, William	ESC	10/25/2015
742	1:05.25	Baltazar, Leland	KING	5/20/2016
742	1:05.25	Baker, Alex	OCA	7/23/2016
741	1:05.29	Sanchez, James	BISC	4/10/2016

200 M BUTTERFLY (2:27.43)

PP	TIME	NAME	TEAM	DATE
914	2:15.86	Lu, Tyler	KING	7/9/2016
	2:21.13	Gao, Daniel	PDST	7/29/2016
	2:22.26	Tanimoto, Alexander	PDST	7/29/2016
795	2:22.98	Burchell, Ryan	OAC	7/9/2016
746	2:25.98	Lee, Nathan	BC	7/23/2016
	2:26.47	Rakickas, Marius	IST	7/29/2016
	2:27.28	Edwards, Alex	KING	7/29/2016

200 M INDIVIDUAL MEDLEY (2:26.32)

PP	TIME	NAME	TEAM	DATE
1025	2:11.85	Lu, Tyler	KING	7/22/2016
937	2:16.25	Dang, Ethan	KING	12/3/2015
779	2:24.62	Schahrer, Jarod	KING	7/22/2016
766	2:25.36	Markow, Aron	BISC	6/11/2016
754	2:26.02	Lee, Nathan	BC	7/16/2016

400 M INDIVIDUAL MEDLEY (5:12.83)

PP	TIME	NAME	TEAM	DATE
978	4:43.53	Lu, Tyler	KING	7/21/2016
	5:00.93	Lee, Nathan	BC	7/29/2016
	5:04.61	Rakickas, Marius	IST	7/29/2016

PACIFIC NORTHWEST SWIMMING



PACIFIC
NORTHWEST
SWIMMING

	5:04.98	Kyi, Kevin	KING	7/29/2016
	5:07.38	Schahrer, Jarod	KING	7/29/2016
	5:07.41	Edwards, Alex	KING	7/29/2016
740	5:12.15	Johnson, Andrew	KING	7/21/2016
	5:12.63	Tanimto, Alexander	PDST	7/29/2016

Year	Age	# SWIMS	Power Points	PNS AVG	National AVG
2016	13	91			
2015	12	66	52140	790.00	795.79
2014	11	72	53289	740.12	780.52

NATIONAL TOP 200 – BOYS FOURTEEN YEARS – 2015/2016

50 M FREESTYLE (26.12)

PP	TIME	NAME	TEAM	DATE
880	24.64	Dang, Ethan	KING	7/22/2016
874	24.71	Wenker, Jude	BISC	7/22/2016
846	25.06	Ingalls, Makai	BISC	1/22/2016
	25.24	Fang, Maxwell	WEST	7/29/2016
	25.47	King, Matthew	SRST	7/29/2016
808	25.53	Elizarov, Vlad	KING	6/11/2016
	25.62	Wong, Ethan	PRO	7/29/2016
	26.02	Park, Brian	SSCD	7/29/2016

100 M FREESTYLE (56.88)

PP	TIME	NAME	TEAM	DATE
869	54.54	Wenker, Jude	BISC	7/23/2016
868	54.56	Dang, Ethan	KING	7/8/2016
825	55.55	Elizarov, Vlad	KING	5/21/2016
821	55.65	Ingalls, Makai	BISC	1/24/2016
781	56.58	Christenson, William	ESC	7/8/2016
773	56.76	Fang, Maxwell	WEST	7/23/2016

200 M FREESTYLE (2:04.17)

PP	TIME	NAME	TEAM	DATE
878	1:58.35	Wenker, Jude	BISC	7/21/2016
845	1:59.79	Elizarov, Vlad	KING	5/20/2016
800	2:01.80	Christenson, William	ESC	4/30/2016
767	2:03.33	Fang, Maxwell	WEST	7/21/2016
765	2:03.39	Elizarov, Nick	KING	4/30/2016
753	2:03.96	Dudley, Jackson	PRO	4/30/2016
752	2:04.02	Soriano, Bryce	VAST	6/12/2016
749	2:04.17	Dang, Ethan	KING	4/30/2016

400 M FREESTYLE (4:24.36)

PP	TIME	NAME	TEAM	DATE
843	4:14.98	Elizarov, Vlad	KING	6/12/2016
793	4:19.81	Elizarov, Nick	KING	3/19/2016
771	4:22.07	Christenson, William	ESC	3/19/2016
767	4:22.42	Dudley, Jackson	PRO	3/19/2016
750	4:24.07	Headrick, Jake	BC	6/18/2016

800 M FREESTYLE (9:19.68)

PP	TIME	NAME	TEAM	DATE
861	8:44.28	Christenson, William	ESC	7/21/2016
842	8:47.97	Headrick, Jake	BC	7/21/2016
690	9:18.83	Hayes, Nathan	KING	7/21/2016

1500 M FREESTYLE (17:47.34)

PP	TIME	NAME	TEAM	DATE
798	17:07.34	Elizarov, Vlad	KING	6/10/2016
797	17:08.04	Christenson, William	ESC	1/24/2016
742	17:31.67	Dudley, Jackson	PRO	3/20/2016
710	17:46.08	Riley, Killian	BC	3/20/2016

100 M BACKSTROKE (1:04.60)

PP	TIME	NAME	TEAM	DATE
	1:01.77	Hayes, Nathan	KING	7/29/2016
861	1:02.08	Christenson, William	ESC	7/21/2016
817	1:03.23	Gallagher, Tim	PPST	3/19/2016
817	1:03.23	Elizarov, Nick	KING	6/12/2016
	1:04.01	Witty, Andrew	BISC	7/29/2016
781	1:04.20	Richardson, James	BC	3/19/2016

200 M BACKSTROKE (2:20.55)

PP	TIME	NAME	TEAM	DATE
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884	2:11.99	Hayes, Nathan	KING	7/23/2016
870	2:12.72	Gallagher, Tim	PPST	3/17/2016
830	2:14.93	Christenson, William	ESC	7/23/2016
781	2:17.63	Elizarov, Nick	KING	6/11/2016

100 M BREASTSTROKE (1:12.92)

PP	TIME	NAME	TEAM	DATE
	1:03.62	Dang, Ethan	KING	7/29/2016
986	1:05.90	Houseman, Kevin	BISC	3/19/2016
966	1:06.48	Flores, Alex	KING	3/19/2016
893	1:08.68	Soriano, Bryce	VAST	6/12/2016
878	1:09.13	Wenker, Jude	BISC	7/21/2016
865	1:09.55	Limberg, Justin	WEST	1/23/2016
	1:09.56	Pusateri, Luke	UN	7/29/2016
	1:10.27	Markow, Aron	BISC	7/29/2016
823	1:10.84	Zhang, Leo	KING	3/19/2016
	1:11.59	Rinehart, Jake	KING	7/29/2016
	1:12.39	Kim, Brian	BC	7/29/2016
	1:12.53	Eyrich, Max	BISC	7/29/2016
	1:12.69	Pham, Andy	ORCA	7/29/2016

200 M BREASTSTROKE (2:39.12)

PP	TIME	NAME	TEAM	DATE
1059	2:16.99	Dang, Ethan	KING	7/9/2016
919	2:26.82	Flores, Alex	KING	7/22/2016
910	2:27.41	Soriano, Bryce	VAST	6/11/2016
841	2:32.43	Limberg, Justin	WEST	3/17/2016
834	2:32.90	Zhang, Leo	KING	3/17/2016
816	2:34.22	Houseman, Kevin	BISC	3/17/2016
750	2:39.12	Stefanski, Alex	PPST	7/22/2016

100 M BUTTERFLY (1:02.13)

PP	TIME	NAME	TEAM	DATE
896	58.51	Elizarov, Vlad	KING	5/20/2016
873	59.07	Christenson, William	ESC	7/22/2016
852	59.60	Dang, Ethan	KING	7/10/2016
831	1:00.12	Elizarov, Nick	KING	4/30/2016
784	1:01.31	Nguyen, Aaron	KING	7/22/2016
772	1:01.61	Cleary, Nolan	C	5/14/2016
762	1:01.86	Richardson, James	BC	3/19/2016

200 M BUTTERFLY (2:20.05)

PP	TIME	NAME	TEAM	DATE
933	2:07.97	Christenson, William	ESC	7/23/2016
911	2:09.20	Elizarov, Vlad	KING	3/17/2016
	2:14.47	Soriano, Bryce	VAST	7/29/2016
792	2:15.97	Elizarov, Nick	KING	6/12/2016
	2:17.25	Kenny, Gordon	BC	7/29/2016
	2:17.57	Fang, Maxwell	WEST	7/29/2016
753	2:18.21	Spaniac, Joe	IST	3/17/2016
750	2:18.43	Cleary, Nolan	C	3/17/2016
	2:19.56	Soriano, Bryce	VAST	7/29/2016
	2:19.68	Nguyen, Aaron	KING	7/29/2016
727	2:19.80	Dang, Ethan	KING	7/9/2016

200 M INDIVIDUAL MEDLEY (2:20.08)

PP	TIME	NAME	TEAM	DATE
967	2:09.82	Dang, Ethan	KING	7/22/2016
845	2:15.90	Christenson, William	ESC	7/22/2016
832	2:16.57	Ingalls, Makai	BISC	1/22/2016
819	2:17.27	Elizarov, Nick	KING	1/22/2016
800	2:18.22	Soriano, Bryce	VAST	3/20/2016
782	2:19.19	Wenker, Jude	BISC	1/22/2016



400 M INDIVIDUAL MEDLEY (4:59.72)				
PP	TIME	NAME	TEAM	DATE
	4:39.39	Dang, Ethan	KING	7/29/2016
	4:47.02	Christenson, William	ESC	7/29/2016
847	4:48.20	Dudley, Jackson	PRO	3/18/2016
820	4:51.36	Elizarov, Nick	KING	3/18/2016
802	4:53.51	Soriano, Bryce	VAST	3/18/2016
800	4:53.73	Flores, Alex	KING	7/21/2016

Year	Age	# SWIMS	Power Points	PNS AVG	National AVG
2016	14	94			
2015	13	81	66562	821.75	808.26
2014	12	97	76949	793.28	791.66
2013	11	83	65600	784.81	790.36

NATIONAL TOP 200 – BOYS FIFTEEN YEARS – 2015/2016

50 M FREESTYLE (25.55)

PP	TIME	NAME	TEAM	DATE
839	24.60	Ingalls, Makai	BISC	7/22/2016
809	24.97	Cook, Jonathan	WEST	1/22/2016
765	25.50	Zhou, William	BC	7/22/2016
764	25.51	Waite, Garrett	BISC	3/20/2016

100 M FREESTYLE (55.52)

PP	TIME	NAME	TEAM	DATE
885	52.97	Cook, Jonathan	WEST	3/17/2016
870	53.31	O'Haver, Zack	KING	3/17/2016
805	54.75	Lucco, Henry	BC	3/19/2016
789	55.13	Ingalls, Makai	BISC	7/23/2016
785	55.20	Mathes, Nathan	TAC	3/17/2016
774	55.46	Chwaluk, Michael	KING	3/17/2016

200 M FREESTYLE (2:01.05)

PP	TIME	NAME	TEAM	DATE
852	1:57.06	Elizarov, Vlad	KING	7/21/2016
832	1:57.89	O'Haver, Zack	KING	3/18/2016
822	1:58.35	Lucco, Henry	BC	3/18/2016
771	2:00.63	Burchell, Ross	OAC	3/18/2016
765	2:00.90	Riley, Killian	BC	7/21/2016

400 M FREESTYLE (4:18.44)

PP	TIME	NAME	TEAM	DATE
799	4:10.98	Elizarov, Vlad	KING	7/22/2016
757	4:15.03	Burchell, Ross	OAC	3/19/2016
755	4:15.15	Johnson, Drew	KING	7/22/2016
751	4:15.56	Wallis, Carter	WEST	7/22/2016
730	4:17.58	Lucco, Henry	BC	3/19/2016
728	4:17.85	Riley, Killian	BC	7/22/2016

800 M FREESTYLE (9:03.70)

PP	TIME	NAME	TEAM	DATE
770	8:49.40	Elizarov, Vlad	KING	7/21/2016
747	8:53.91	Wallis, Carter	WEST	7/21/2016
727	8:57.87	Dudley, Jackson	PRO	6/4/2016
720	8:59.43	Riley, Killian	BC	7/21/2016

1500 M FREESTYLE (17:17.13)

PP	TIME	NAME	TEAM	DATE
764	16:52.23	Burchell, Ross	OAC	7/7/2016
755	16:56.18	Wallis, Carter	WEST	7/23/2016
732	17:06.17	Dudley, Jackson	PRO	7/23/2016

100 M BACKSTROKE (1:02.71)

PP	TIME	NAME	TEAM	DATE
862	1:00.43	Waite, Garrett	BISC	7/21/2016
861	1:00.46	Ingalls, Makai	BISC	7/21/2016
813	1:01.69	Richardson, James	BC	7/21/2016
805	1:01.89	Zhou, William	BC	7/21/2016

200 M BACKSTROKE (2:16.70)

PP	TIME	NAME	TEAM	DATE
868	2:09.85	Waite, Garrett	BISC	3/17/2016
753	2:16.10	Stride, Brandon	GAC	7/23/2016

100 M BREASTSTROKE (1:11.08)

PP	TIME	NAME	TEAM	DATE
991	1:04.35	Cook, Jonathan	WEST	3/19/2016
923	1:06.34	Houseman, Kevin	BISC	7/21/2016
867	1:07.99	Yue, Brandon	IST	3/19/2016
856	1:08.34	Johnson, Drew	KING	7/21/2016

850	1:08.53	Stride, Brandon	GAC	3/19/2016
834	1:09.01	Phung, Bryan	WEST	5/27/2016
792	1:10.30	Fox, Ethan	PPST	3/19/2016
782	1:10.60	Zhang, Leo	KING	7/23/2016
778	1:10.72	Ramey, Nathan	PPST	3/19/2016
773	1:10.87	Polyakov, Nikita	UN	3/19/2016

200 M BREASTSTROKE (2:34.35)

PP	TIME	NAME	TEAM	DATE
957	2:19.51	Cook, Jonathan	WEST	3/17/2016
878	2:25.00	Stride, Brandon	GAC	7/22/2016
846	2:27.25	Yue, Brandon	IST	3/17/2016
810	2:29.79	Zhang, Leo	KING	7/22/2016
805	2:30.10	Johnson, Drew	KING	7/22/2016
800	2:30.51	Houseman, Kevin	BISC	7/22/2016
778	2:32.05	Ramey, Nathan	PPST	3/17/2016
749	2:34.15	Johns, Erick	KING	3/17/2016

100 M BUTTERFLY (1:00.20)

PP	TIME	NAME	TEAM	DATE
839	57.95	Lucco, Henry	BC	3/19/2016
831	58.15	Richardson, James	BC	7/22/2016
808	58.70	Zhou, William	BC	7/22/2016
796	59.00	Rubie, Nathan	OAC	7/10/2016
782	59.36	Cook, Jonathan	WEST	1/23/2016
776	59.51	Elizarov, Vlad	KING	7/22/2016
764	59.79	Ingalls, Makai	BISC	7/22/2016
758	59.96	Dudley, Jackson	PRO	7/22/2016
756	1:00.01	Elizarov, Nick	KING	7/22/2016

200 M BUTTERFLY (2:15.31)

PP	TIME	NAME	TEAM	DATE
852	2:08.25	Wright, Alexander	ESC	12/13/2015
838	2:09.01	Lucco, Henry	BC	3/17/2016
807	2:10.73	Zhou, William	BC	7/23/2016
775	2:12.54	Elizarov, Vlad	KING	7/23/2016
767	2:12.96	Elizarov, Nick	KING	7/23/2016
745	2:14.22	Rubie, Nathan	OAC	3/17/2016
731	2:15.03	Falkner, Kyle	KING	7/23/2016
727	2:15.29	Cleary, Nolan	C	7/23/2016

200 M INDIVIDUAL MEDLEY (2:17.15)

PP	TIME	NAME	TEAM	DATE
884	2:09.09	Cook, Jonathan	WEST	1/22/2016
797	2:13.40	Waite, Garrett	BISC	7/22/2016
741	2:16.29	Dudley, Jackson	PRO	7/22/2016
739	2:16.41	Lucco, Henry	BC	3/20/2016

400 M INDIVIDUAL MEDLEY (4:52.19)

PP	TIME	NAME	TEAM	DATE
802	4:42.72	Waite, Garrett	BISC	7/21/2016
790	4:44.13	Cook, Jonathan	WEST	3/18/2016
766	4:46.95	Dudley, Jackson	PRO	7/21/2016
753	4:48.37	Elizarov, Nick	KING	7/21/2016
752	4:48.50	Stride, Brandon	GAC	7/21/2016
723	4:51.93	Burchell, Ross	OAC	3/18/2016

Year	Age	# SWIMS	Power Points	PNS AVG	National AVG
2016	15	80			
2015	14	60	48826	813.76	812.34
2014	13	69	55458	803.73	802.17
2013	12	83	64695	779.45	785.68

PACIFIC NORTHWEST SWIMMING



PACIFIC
NORTHWEST
SWIMMING

2012	11	80	62785	784.81	771.71
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NATIONAL TOP 200 – BOYS SIXTEEN YEARS – 2015/2016

50 M FREESTYLE (24.99)

PP	TIME	NAME	TEAM	DATE
826	24.37	Shao, Nathan	BC	7/22/2016
801	24.66	Boden, Andrew	BC	3/20/2016
799	24.69	O'Haver, Zack	KING	7/21/2016
784	24.87	Leu, Brandon	IST	6/25/2016
779	24.92	Elizarov, Alex	KING	7/22/2016
779	24.93	Pearson, Brisen	BBST	3/20/2016

100 M FREESTYLE (54.52)

PP	TIME	NAME	TEAM	DATE
828	53.13	O'Haver, Zack	KING	7/23/2016
809	53.55	Boden, Andrew	BC	3/17/2016
809	53.56	Shao, Nathan	BC	7/23/2016
798	53.80	Oh, Micah	KING	3/17/2016
795	53.87	Isenhower, Nick	KING	7/23/2016
793	53.91	Wayte, Emmett	CAAT	3/17/2016
779	54.22	Cook, Jonathan	WEST	7/23/2016
766	54.52	Shenkin, Zach	BBST	3/17/2016

200 M FREESTYLE (1:58.60)

PP	TIME	NAME	TEAM	DATE
835	1:55.46	O'Haver, Zack	KING	7/21/2016
818	1:56.22	Graham, Jared	PAQ	1/16/2016
794	1:57.23	Boden, Andrew	BC	7/21/2016
792	1:57.33	Shao, Nathan	BC	7/21/2016
791	1:57.36	Lucco, Henry	BC	7/21/2016
791	1:57.40	Oh, Micah	KING	3/18/2016
789	1:57.47	Wright, Alexander	ESC	7/21/2016
768	1:58.38	Fitzsimmons, Joey	KING	7/21/2016
768	1:58.40	Chwaluk, Michael	KING	7/21/2016

400 M FREESTYLE (4:13.59)

PP	TIME	NAME	TEAM	DATE
878	4:00.60	Graham, Jared	PAQ	12/4/2015
816	4:06.25	Wright, Alexander	ESC	3/19/2016
765	4:11.00	Boden, Andrew	BC	7/22/2016
747	4:12.72	Shao, Nathan	BC	7/22/2016

800 M FREESTYLE (9:00.43)

PP	TIME	NAME	TEAM	DATE
857	8:20.43	Graham, Jared	PAQ	4/5/2016
767	8:37.43	Wright, Alexander	ESC	7/21/2016
710	8:48.64	O'Haver, Zack	KING	7/21/2016
686	8:53.51	Harkness, Chris	UN	6/10/2016
666	8:57.46	Werner, Everett	ESC	7/7/2016

1500 M FREESTYLE (17:10.18)

PP	TIME	NAME	TEAM	DATE
918	15:37.98	Graham, Jared	PAQ	1/17/2016
819	16:17.69	Wright, Alexander	ESC	3/20/2016
771	16:37.45	Shenkin, Zach	BBST	7/7/2016
735	16:52.35	Werner, Everett	ESC	7/23/2016
706	17:04.95	Boden, Andrew	BC	3/20/2016
700	17:07.25	Harkness, Chris	TSC	3/20/2016

100 M BACKSTROKE (1:01.30)

PP	TIME	NAME	TEAM	DATE
831	59.79	Millis, Kyle	UN	7/21/2016
803	1:00.50	Wright, Alexander	ESC	7/21/2016
799	1:00.60	King, Cameron	KING	7/21/2016

200 M BACKSTROKE (2:14.02)

PP	TIME	NAME	TEAM	DATE
876	2:07.08	Wright, Alexander	ESC	3/17/2016
835	2:09.21	Werner, Everett	ESC	7/23/2016
764	2:13.02	King, Cameron	KING	7/23/2016
749	2:13.86	Millis, Kyle	UN	7/23/2016

100 M BREASTSTROKE (1:09.47)

PP	TIME	NAME	TEAM	DATE
959	1:03.98	Hovis, Mitch	KING	6/12/2016
920	1:05.11	Cook, Jonathan	WEST	5/27/2016
890	1:05.98	Graham, Ivan	IST	7/21/2016
868	1:06.63	Lee, Andrew	IST	3/19/2016
812	1:08.29	Yue, Brandon	IST	7/21/2016
796	1:08.77	Phung, Bryan	WEST	6/12/2016
784	1:09.14	Polyakov, Nikita	IST	7/21/2016

200 M BREASTSTROKE (2:32.10)

PP	TIME	NAME	TEAM	DATE
941	2:20.11	Hovis, Mitch	KING	3/17/2016
890	2:23.65	Cook, Jonathan	WEST	7/22/2016
849	2:26.45	Yue, Brandon	IST	7/22/2016
843	2:26.86	Graham, Ivan	IST	3/17/2016
780	2:31.33	Lee, Andrew	IST	3/17/2016
775	2:31.71	Phung, Bryan	WEST	7/22/2016

100 M BUTTERFLY (59.06)

PP	TIME	NAME	TEAM	DATE
859	56.63	Lucco, Henry	BC	7/22/2016
824	57.46	Oh, Micah	KING	3/19/2016
798	58.09	Hovis, Mitch	KING	3/19/2016
784	58.43	Chwaluk, Michael	KING	7/22/2016
782	58.48	Graham, Ivan	IST	7/22/2016
759	59.04	Stenfjord, Anders	CAAT	7/22/2016

200 M BUTTERFLY (2:12.71)

PP	TIME	NAME	TEAM	DATE
846	2:06.19	Wright, Alexander	ESC	3/17/2016
833	2:06.85	Lucco, Henry	BC	7/23/2016
828	2:07.14	Graham, Jared	PAQ	3/4/2016
820	2:07.57	Werner, Everett	ESC	7/23/2016
802	2:08.55	Oh, Micah	KING	3/17/2016
781	2:09.75	Graham, Ivan	IST	3/17/2016
769	2:10.42	Shenkin, Zach	BBST	3/17/2016
757	2:11.07	Elizarov, Alex	KING	3/17/2016
752	2:11.38	Chwaluk, Michael	KING	7/9/2016

200 M INDIVIDUAL MEDLEY (2:14.63)

PP	TIME	NAME	TEAM	DATE
839	2:10.96	Hovis, Mitch	KING	3/20/2016
823	2:11.77	Cook, Jonathan	WEST	7/22/2016
809	2:12.46	Werner, Everett	ESC	7/22/2016
787	2:13.54	Oh, Micah	KING	3/20/2016
780	2:13.92	Wright, Alexander	ESC	1/22/2016

400 M INDIVIDUAL MEDLEY (4:47.52)

PP	TIME	NAME	TEAM	DATE
856	4:34.88	Werner, Everett	ESC	7/21/2016
840	4:36.65	Wright, Alexander	ESC	3/18/2016
804	4:40.71	Hovis, Mitch	KING	3/18/2016
773	4:44.26	Graham, Jared	PAQ	1/16/2016
758	4:45.97	King, Cameron	KING	7/21/2016
755	4:46.31	Cook, Jonathan	WEST	7/21/2016
746	4:47.39	Shenkin, Zach	BBST	3/18/2016



746	4:47.41	Graham, Ivan	IST	3/18/2016
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Year	Age	# SWIMS	Power Points	PNS AVG	National AVG
2016	16	86			
2015	15	70	56232	803.31	805.13
2014	14	73	59565	815.95	811.00
2013	13	79	62528	791.49	795.64
2012	12	106	81640	770.18	775.81
2011	11	85	65093	765.80	761.15

NATIONAL TOP 200 – BOYS SEVENTEEN YEARS – 2015/2016

50 M FREESTYLE (24.66)				
PP	TIME	NAME	TEAM	DATE
848	23.74	Anderson, Thomas	KING	3/20/2016
817	24.10	Nguyen, Dean	CAAT	7/21/2016
814	24.14	Dang, Kevin	KING	12/13/2015
785	24.48	De Priest, Dillon	KING	7/21/2016
784	24.49	Williams, Dale	KING	6/4/2016
779	24.55	Klein, Jason	IST	3/20/2016
776	24.59	Hovis, Mitch	KING	7/21/2016
100 M FREESTYLE (53.96)				
PP	TIME	NAME	TEAM	DATE
816	52.66	Williams, Dale	KING	3/17/2016
800	52.99	Nguyen, Dean	CAAT	5/1/2016
765	53.77	Wayte, Emmett	CAAT	7/23/2016
762	53.83	Leahy, Jacob	IST	3/17/2016
762	53.85	Klein, Jason	IST	3/19/2016
816	52.66	Williams, Dale	KING	3/17/2016
200 M FREESTYLE (1:58.02)				
PP	TIME	NAME	TEAM	DATE
800	1:55.69	Graham, Jared	PAQ	4/30/2016
791	1:56.06	Anderson, Thomas	KING	3/18/2016
762	1:57.34	Williams, Dale	KING	3/18/2016
750	1:57.84	Nguyen, Dean	CAAT	3/18/2016
400 M FREESTYLE (4:13.50)				
PP	TIME	NAME	TEAM	DATE
861	4:00.05	Graham, Jared	PAQ	5/22/2016
734	4:11.81	Shenkin, Zach	BBST	7/22/2016
717	4:13.41	Nguyen, Dean	CAAT	7/22/2016
800 M FREESTYLE (9:05.91)				
PP	TIME	NAME	TEAM	DATE
1500 M FREESTYLE (17:16.41)				
PP	TIME	NAME	TEAM	DATE
883	15:45.03	Graham, Jared	PAQ	7/2/2016
100 M BACKSTROKE (1:00.98)				
PP	TIME	NAME	TEAM	DATE
923	56.58	Anderson, Thomas	KING	3/19/2016
815	59.21	Elhadj, Aaron	BC	12/4/2015
789	59.86	Klein, Jason	IST	3/19/2016
762	1:00.54	Buchanan, James	C	3/19/2016
200 M BACKSTROKE (2:13.67)				
PP	TIME	NAME	TEAM	DATE
837	2:06.86	Elhadj, Aaron	BC	12/5/2015
746	2:11.67	Klein, Jason	IST	3/17/2016
717	2:13.28	Buchanan, James	C	3/17/2016
100 M BREASTSTROKE (1:08.83)				
PP	TIME	NAME	TEAM	DATE
897	1:04.48	Hughes, Robert	KING	3/19/2016
887	1:04.77	Hovis, Mitch	KING	7/21/2016
855	1:05.70	Nguyen, Dean	CAAT	7/21/2016
845	1:05.99	Scott, James	KING	3/19/2016
823	1:06.63	Lee, Andrew	IST	7/21/2016
814	1:06.88	King, Rowan	BBST	7/21/2016
200 M BREASTSTROKE (2:31.29)				
PP	TIME	NAME	TEAM	DATE
922	2:18.78	Hughes, Robert	KING	3/17/2016

788	2:27.95	King, Rowan	BBST	3/17/2016
756	2:30.26	Nguyen, Dean	CAAT	7/7/2016
751	2:30.58	Lee, Andrew	IST	7/22/2016
100 M BUTTERFLY (58.40)				
PP	TIME	NAME	TEAM	DATE
821	56.60	Williams, Dale	KING	6/3/2016
813	56.79	Anderson, Thomas	KING	3/19/2016
795	57.20	Oh, Micah	KING	6/11/2016
776	57.65	Klein, Jason	IST	3/19/2016
775	57.69	Nguyen, Dean	CAAT	1/23/2016
774	57.71	Hovis, Mitch	KING	7/22/2016
750	58.29	Eggenberger, Thomas	BC	3/19/2016
200 M BUTTERFLY (2:11.81)				
PP	TIME	NAME	TEAM	DATE
828	2:05.59	Oh, Micah	KING	7/23/2016
793	2:07.44	Eggenberger, Thomas	BC	3/17/2016
786	2:07.85	Graham, Jared	PAQ	5/1/2016
773	2:08.54	Shenkin, Zach	BBST	7/23/2016
758	2:09.36	Driver, Will	CAAT	7/23/2016
200 M INDIVIDUAL MEDLEY (2:13.54)				
PP	TIME	NAME	TEAM	DATE
842	2:08.45	Hovis, Mitch	KING	7/22/2016
777	2:11.66	Williams, Dale	KING	3/20/2016
765	2:12.29	Crewe, Will	BC	7/22/2016
758	2:12.61	Hughes, Robert	KING	3/20/2016
753	2:12.89	Klein, Jason	IST	3/20/2016
400 M INDIVIDUAL MEDLEY (4:47.91)				
PP	TIME	NAME	TEAM	DATE
795	4:37.98	Hughes, Robert	KING	3/18/2016
772	4:40.67	Hovis, Mitch	KING	7/21/2016
743	4:43.90	Oh, Micah	KING	7/21/2016
739	4:44.36	Shenkin, Zach	BBST	7/21/2016
709	4:47.91	Klein, Jason	IST	3/18/2016

Year	Age	# SWIMS	Power Points	PNS AVG	National AVG
2016	17	60			
2015	16	30	24771	825.70	805.00
2014	15	29	23352	805.24	788.94
2013	14	46	36250	788.04	792.99
2012	13	44	34326	780.13	776.58
2011	12	53	39612	747.39	748.35
2010	11	58	41933	722.98	732.30

NATIONAL TOP 200 – BOYS EIGHTEEN YEARS – 2015/2016

50 M FREESTYLE (24.59)

PP	TIME	NAME	TEAM	DATE
2	22.98	Dang, Kevin	KING	6/11/2016
82	23.97	Anderson, Thomas	KING	6/4/2016
171	24.48	Lempert, Owen	KING	3/18/2016

100 M FREESTYLE (53.72)

PP	TIME	NAME	TEAM	DATE
49	51.98	Dang, Kevin	KING	3/17/2016
110	52.93	Anderson, Thomas	KING	6/5/2016
131	53.12	Kolyvek, Koppi	KING	6/11/2016

200 M FREESTYLE (1:58.14)

PP	TIME	NAME	TEAM	DATE
151	1:57.13	Kolyvek, Koppi	KING	6/12/2016
153	1:57.15	Dang, Kevin	KING	3/18/2016

400 M FREESTYLE (4:14.64)

PP	TIME	NAME	TEAM	DATE
156	4:12.04	Heisey, Grant	CSC	7/22/2016
187	4:14.06	Kolyvek, Koppi	KING	6/12/2016

800 M FREESTYLE (9:27.29)

PP	TIME	NAME	TEAM	DATE
75	8:52.84	Zimmermann, Markus	IST	7/21/2016
183	9:22.58	Anderson, Reid	GAC	7/23/2016

1500 M FREESTYLE (17:52.45)

PP	TIME	NAME	TEAM	DATE
110	17:03.55	Zimmermann, Markus	IST	7/23/2016
162	17:31.31	Conger, David	BC	3/20/2016
182	17:42.83	Hakeman, Colin	BBST	1/24/2016
188	17:43.49	Anderson, Reid	GAC	7/23/2016

100 M BACKSTROKE (1:01.15)

PP	TIME	NAME	TEAM	DATE
11	56.58	Anderson, Thomas	KING	6/27/2016
38	57.63	Avery, Cole	UN	11/20/2015
70	58.54	Elhajj, Aaron	BC	7/21/2016
103	59.23	Kralj, Tim	BC	7/21/2016
108	59.27	Makhervaks, Dave	BC	7/21/2016
173	1:00.63	Dittig, Will	BC	3/19/2016
177	1:00.71	Klein, Jason	IST	7/21/2016
182	1:00.85	Dang, Kevin	KING	3/19/2016
183	1:00.91	Buchanan, James	C	7/21/2016

200 M BACKSTROKE (2:14.45)

PP	TIME	NAME	TEAM	DATE
44	2:06.43	Elhajj, Aaron	BC	3/17/2016
117	2:10.17	Buchanan, James	C	7/23/2016
140	2:11.55	Dang, Kevin	KING	3/17/2016
176	2:13.45	Dittig, Will	BC	3/17/2016
188	2:13.98	Makhervaks, Dave	BC	7/23/2016

100 M BREASTSTROKE (1:08.89)

PP	TIME	NAME	TEAM	DATE
14	1:03.93	Hughes, Robert	KING	6/3/2016
43	1:05.63	Scott, James	KING	6/3/2016
70	1:06.55	Li, Jeffrey	BC	7/21/2016
76	1:06.79	Anderson, Reid	GAC	7/21/2016
132	1:07.93	Limm, Henry	SSCD	3/19/2016
156	1:08.34	Leary-Bignayan, Justin	CAAT	7/21/2016

200 M BREASTSTROKE (2:33.84)

PP	TIME	NAME	TEAM	DATE
18	2:20.32	Hughes, Robert	KING	6/11/2016
32	2:23.15	Limm, Henry	SSCD	6/11/2016
61	2:25.45	Scott, James	KING	6/4/2016
87	2:27.57	Li, Jeffrey	BC	3/17/2016

100 M BUTTERFLY (58.17)

PP	TIME	NAME	TEAM	DATE
182	57.97	Anderson, Thomas	KING	4/14/2016
186	58.00	Evans, Jackson	CAAT	7/23/2016
191	58.04	Kralj, Tim	BC	7/22/2016

200 M BUTTERFLY (2:13.08)

PP	TIME	NAME	TEAM	DATE
65	2:07.30	Avery, Cole	UN	11/21/2015
83	2:08.13	Limm, Henry	SSCD	3/17/2016
138	2:10.75	Li, Jeffrey	BC	7/23/2016
152	2:11.22	Heisey, Grant	CSC	7/23/2016
161	2:11.60	Anderson, Reid	GAC	7/23/2016
166	2:11.95	Licea-Montes, Sergio	IST	3/17/2016

200 M INDIVIDUAL MEDLEY (2:13.35)

PP	TIME	NAME	TEAM	DATE
33	2:06.82	Avery, Cole	UN	11/19/2015
108	2:10.46	Hughes, Robert	KING	7/22/2016
131	2:11.41	Elhajj, Aaron	BC	7/22/2016
179	2:12.80	Li, Jeffrey	BC	7/22/2016
188	2:13.17	Limm, Henry	SSCD	7/8/2016

400 M INDIVIDUAL MEDLEY (4:50.89)

PP	TIME	NAME	TEAM	DATE
40	4:33.97	Avery, Cole	UN	11/20/2015
45	4:34.42	Hughes, Robert	KING	7/21/2016
75	4:38.60	Limm, Henry	SSCD	7/21/2016
132	4:44.47	Elhajj, Aaron	BC	3/18/2016
149	4:46.53	Anderson, Reid	GAC	7/21/2016

Year	Age	# SWIMS	Power Points	PNS AVG	National AVG
2016	18	49			
2015	17	41	32939	803.39	800.94
2014	16	67	52823	788.40	797.55
2013	15	66	51936	786.90	783.89
2012	14	78	62409	800.11	791.65
2011	13	75	57949	772.65	769.91
2010	12	69	50924	738.02	756.56
2009	11	49	33795	689.69	736.64

NATIONAL TOP 200 – JUNIOR (18U) – 2014/2015

50 M FREESTYLE (24.16)

RNK	TIME	NAME	TEAM	DATE
7	22.98	Dang, Kevin	KING	6/11/2016
76	23.74	Anderson, Thomas	KING	3/20/2016
177	24.10	Nguyen, Dean	CAAT	7/21/2016

100 M FREESTYLE (52.83)

RNK	TIME	NAME	TEAM	DATE
79	51.98	Dang, Kevin	KING	3/17/2016
165	52.64	Anderson, Thomas	KING	3/17/2016
172	52.66	Williams, Dale	KING	3/17/2016

200 M FREESTYLE (1:55.46)

RNK	TIME	NAME	TEAM	DATE
199	1:55.46	O'Haver, Zack	KING	7/21/2016

400 M FREESTYLE (4:06.25)

RNK	TIME	NAME	TEAM	DATE
61	4:00.05	Graham, Jared	PAQ	5/22/2016
199	4:06.25	Wright, Alexander	ESC	3/19/2016

800 M FREESTYLE (8:42.37)

RNK	TIME	NAME	TEAM	DATE
20	8:20.43	Graham, Jared	PAQ	4/5/2016
130	8:37.43	Wright, Alexander	ESC	7/21/2016

1500 M FREESTYLE (16:32.43)

RNK	TIME	NAME	TEAM	DATE
17	15:37.98	Graham, Jared	PAQ	1/17/2016
116	16:17.69	Wright, Alexander	ESC	3/20/2016

100 M BACKSTROKE (59.02)

RNK	TIME	NAME	TEAM	DATE
19	56.58	Anderson, Thomas	KING	3/19/2016
69	57.63	Avery, Cole	UN	11/20/2015
147	58.54	Elhaji, Aaron	BC	7/21/2016

200 M BACKSTROKE (2:08.59)

RNK	TIME	NAME	TEAM	DATE
99	2:06.43	Elhaji, Aaron	BC	3/17/2016
125	2:07.08	Wright, Alexander	ESC	3/17/2016
164	2:07.80	Lu, Tyler	KING	7/23/2016

100 M BREASTSTROKE (1:06.74)

RNK	TIME	NAME	TEAM	DATE
24	1:03.62	Dang, Ethan	KING	5/15/2016
33	1:03.93	Hughes, Robert	KING	6/3/2016
35	1:03.98	Hovis, Mitch	KING	6/12/2016
48	1:04.35	Cook, Jonathan	WEST	3/19/2016
104	1:05.63	Scott, James	KING	6/3/2016
110	1:05.70	Nguyen, Dean	CAAT	7/21/2016
120	1:05.90	Houseman, Kevin	BISC	3/19/2016
132	1:05.98	Graham, Ivan	IST	7/21/2016
178	1:06.48	Flores, Alex	KING	3/19/2016
188	1:06.55	Li, Jeffrey	BC	7/21/2016
194	1:06.63	Lee, Andrew	IST	3/19/2016

200 M BREASTSTROKE (2:25.75)

RNK	TIME	NAME	TEAM	DATE
8	2:16.99	Dang, Ethan	KING	7/9/2016
22	2:18.78	Hughes, Robert	KING	3/17/2016
31	2:19.51	Cook, Jonathan	WEST	3/17/2016
42	2:20.11	Hovis, Mitch	KING	3/17/2016
92	2:23.15	Limm, Henry	SSCD	6/11/2016
164	2:25.00	Stride, Brandon	GAC	7/22/2016

183	2:25.45	Scott, James	KING	6/4/2016
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100 M BUTTERFLY (56.87)

RNK	TIME	NAME	TEAM	DATE
160	56.60	Williams, Dale	KING	6/3/2016
165	56.63	Lucco, Henry	BC	7/22/2016
186	56.79	Anderson, Thomas	KING	3/19/2016

200 M BUTTERFLY (2:07.81)

RNK	TIME	NAME	TEAM	DATE
94	2:05.59	Oh, Micah	KING	7/23/2016
115	2:06.19	Wright, Alexander	ESC	3/17/2016
144	2:06.85	Lucco, Henry	BC	7/23/2016
157	2:07.14	Graham, Jared	PAQ	3/4/2016
166	2:07.30	Avery, Cole	UN	11/21/2015
178	2:07.44	Eggenberger, Thomas	BC	3/17/2016
184	2:07.57	Werner, Everett	ESC	7/23/2016

200 M INDIVIDUAL MEDLEY (2:10.02)

RNK	TIME	NAME	TEAM	DATE
69	2:06.82	Avery, Cole	UN	11/19/2015
118	2:08.45	Hovis, Mitch	KING	7/22/2016
153	2:09.09	Cook, Jonathan	WEST	1/22/2016
187	2:09.82	Dang, Ethan	KING	7/22/2016

400 M INDIVIDUAL MEDLEY (4:38.29)

RNK	TIME	NAME	TEAM	DATE
101	4:33.97	Avery, Cole	UN	11/20/2015
112	4:34.42	Hughes, Robert	KING	7/21/2016
125	4:34.88	Werner, Everett	ESC	7/21/2016
157	4:36.65	Wright, Alexander	ESC	3/18/2016

YEAR	# SWIMS	AVG PLACE
2016	55	
2015	39	97.05
2014	42	110.88
2013	55	109.05
2012	50	113.66
2011	29	121.55
2010	32	113.78
2009	42	97.19
2008	49	109.34
2007	53	109.75
2006	56	91.00
2005	82	88.17
2004	106	89.99

EVENT	2009	2010	2011	2012	2013
50 free	24.34	24.48	24.52	24.30	24.25
100 free	52.95	53.46	53.24	53.07	52.96
200 free	1:55.83	1:56.56	1:56.23	1:55.80	1:55.60
400 free	4:06.84	4:08.18	4:07.06	4:05.83	4:06.29
800 free	8:38.53	8:38.91	8:35.80	8:37.5	8:36.72
1500 free	16:33.62	16:38.84	16:34.24	16:26.05	16:31.83
100 back	1:00.12	1:00.42	59.96	59.38	59.37
200 back	2:10.60	2:10.89	2:09.71	2:08.91	2:08.70
100 breast	1:07.78	1:08.18	1:07.60	1:07.04	1:06.95
200 breast	2:27.92	2:28.35	2:26.83	2:25.88	2:25.71
100 fly	57.46	57.78	57.57	57.18	57.09
200 fly	2:08.24	2:09.03	2:08.26	2:07.72	2:08.02
200 i.m.	2:11.15	2:11.66	2:10.98	2:10.15	2:10.37
400 i.m.	4:40.41	4:41.28	4:39.26	4:38.23	4:38.94

NATIONAL TOP 200 – SENIOR – 2014/2015

50 M FREESTYLE (23.28)				
RNK	TIME	NAME	TEAM	DATE
14	22.06	Virva, Dillon	KING	7/1/2016
97	22.98	Dang, Kevin	KING	6/11/2016
100 M FREESTYLE (51.15)				
RNK	TIME	NAME	TEAM	DATE
200 M FREESTYLE (1:52.60)				
RNK	TIME	NAME	TEAM	DATE
400 M FREESTYLE (4:01.01)				
RNK	TIME	NAME	TEAM	DATE
173	4:00.05	Graham, Jared	PAQ	5/22/2016
800 M FREESTYLE (8:37.62)				
RNK	TIME	NAME	TEAM	DATE
52	8:20.43	Graham, Jared	PAQ	4/5/2016
195	8:37.43	Wright, Alexander	ESC	7/21/2016
1500 M FREESTYLE (16:13.76)				
RNK	TIME	NAME	TEAM	DATE
56	15:37.98	Graham, Jared	PAQ	1/17/2016
100 M BACKSTROKE (57.15)				
RNK	TIME	NAME	TEAM	DATE
120	56.58	Anderson, Thomas	KING	3/19/2016
200 M BACKSTROKE (2:05.50)				
RNK	TIME	NAME	TEAM	DATE
100 M BREASTSTROKE (1:04.03)				
RNK	TIME	NAME	TEAM	DATE
157	1:03.62	Dang, Ethan	KING	5/15/2016
192	1:03.93	Hughes, Robert	KING	6/3/2016
196	1:03.98	Hovis, Mitch	KING	6/12/2016
200 M BREASTSTROKE (2:20.69)				
RNK	TIME	NAME	TEAM	DATE
67	2:16.99	Dang, Ethan	KING	7/9/2016
128	2:18.78	Hughes, Robert	KING	3/17/2016
152	2:19.51	Cook, Jonathan	WEST	3/17/2016
175	2:20.11	Hovis, Mitch	KING	3/17/2016
100 M BUTTERFLY (55.05)				
RNK	TIME	NAME	TEAM	DATE
200 M BUTTERFLY (2:04.55)				
RNK	TIME	NAME	TEAM	DATE
161	2:03.79	Oh, Mathias	KING	6/28/2016
200 M INDIVIDUAL MEDLEY (2:06.55)				
RNK	TIME	NAME	TEAM	DATE
400 M INDIVIDUAL MEDLEY (4:32.33)				
RNK	TIME	NAME	TEAM	DATE

YEAR	# SWIMS	AVG PLACE
2016	15	
2015	15	121.33
2014	17	121.41
2013	23	127.82
2012	13	155.53
2011	8	148.00
2010	18	119.77
2009	34	117.94
2008	39	118.33
2007	51	137.62
2006	58	110.31
2005	75	120.84
2004	99	120.92

EVENT	2009	2010	2011	2012	2013
50 free	23.66	23.89	23.74	23.47	23.71
100 free	51.56	52.18	51.78	51.36	51.63
200 free	1:53.75	1:54.53	1:53.85	1:53.24	1:53.65
400 free	4:03.28	4:04.50	4:02.88	4:02.25	4:02.85
800 free	8:33.11	8:35.59	8:32.02	8:33.86	8:30.93
1500 free	16:17.41	16:24.52	16:17.26	16:13.29	16:18.48
100 back	58.86	59.09	58.72	57.89	58.34
200 back	2:08.54	2:08.81	2:07.80	2:06.27	2:07.05
100 breast	1:05.95	1:06.28	1:05.70	1:05.03	1:05.25
200 breast	2:24.26	2:25.07	2:23.45	2:21.75	2:22.33
100 fly	55.81	56.42	56.03	55.43	55.86
200 fly	2:05.86	2:06.86	2:05.61	2:04.73	2:05.75
200 i.m.	2:08.75	2:09.11	2:08.12	2:07.28	2:07.94
400 i.m.	4:36.18	4:36.27	4:34.94	4:33.83	4:34.48